

1 **FYCO1 improves postischemic cardiac remodeling via enhanced autophagic flux and**  
2 **attenuation of proinflammatory signaling**

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44 **Abstract**

45 Acute myocardial infarction (MI) is associated with severe metabolic and oxidative  
46 stress that triggers cardiomyocyte death, pro-inflammatory signaling and progressive  
47 structural remodeling frequently culminating in heart failure. Although significant  
48 advances in reperfusion therapy improved acute survival in patients, therapeutic  
49 strategies that directly target intracellular processes in response to injury remain  
50 limited. One key response mechanism, autophagy, is rapidly activated to ameliorate  
51 ischemic stress. Yet, defective autophagic flux may exacerbate cardiomyocyte injury  
52 and maladaptive tissue remodeling. Here we identify FYCO1 as a cardiomyocyte-  
53 enriched key regulator of autophagy that enhances autophagic flux and promotes  
54 myocardial resilience following ischemic injury. Using cardiomyocyte-specific FYCO1  
55 transgenic mice subjected to permanent coronary ligation, we demonstrate that FYCO1  
56 overexpression limits infarct expansion, reduces cardiomyocyte injury, and preserves  
57 cardiac function during remodeling. In vivo RFP-EGFP-LC3 autophagy reporter analyses  
58 reveal that FYCO1 promotes a sustained increase of autophagic flux by coordinating  
59 autophagosome formation and efficient autolysosomal clearance. Transcriptomic  
60 profiling identifies a cardioprotective gene program in FYCO1-Tg animals subjected to  
61 MI, with suppression of proinflammatory, proapoptotic and stress-response pathways.  
62 Systemic serum cytokine and chemokine profiling as well as transcriptomic analyses of  
63 myocardium confirm reduced inflammatory signaling and subsequent reduction in  
64 macrophage recruitment into the infarct border zone. Together these findings position  
65 FYCO1 as a key regulator of cardiomyocyte autophagy and reveal a previously  
66 unrecognized link between autophagy and inflammation in shaping cardiac remodeling  
67 following myocardial infarction. FYCO1-mediated autophagy promotes myocardial  
68 preservation and functional recovery, highlighting autophagic flux as a promising target  
69 for cardioprotective interventions.

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74 **Keywords:** FYCO1, myocardial infarction, autophagy, autophagic flux, cardioprotection

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91	<b>Nonstandard Abbreviations and Aconyms:</b>	
92	6Ckine	C-C motif chemokine ligand 21
93	AAR	Area at risk
94	AMI	Acute myocardial infarction
95	AMPK	AMP-activated protein kinase
96	ATG5	Autophagy related protein 5
97	Bax	Bcl-2-associated X protein
98	Bcl-2	B-cell lymphoma 2
99	BSA	Bovine serum albumin
100	CCL2	C-C motif chemokine ligand 2
101	CD68	Cluster of Differentiation 68
102	CXCL16	C-X-C motif chemokine ligand 16
103	DAMPs	Danger-associated molecular patterns
104	DC	Detergent compatible
105	EF	Ejection fraction
106	e.g.	exempli gratia
107	EGFP	Enhanced Green Fluorescent Protein
108	FS	Fractional shortening
109	FYCO1	FYVE and coiled-coil domain autophagy adaptor 1
110	GLP-1	Glucagon-like Peptide-1
111	GM-CSF	Granulocyte-Macrophage Colony-Stimulating Factor
112	HRP	Horseradish peroxidase
113	INF	Interferon
114	IL	Interleukin
115	JNK	c-Jun N-terminal kinase
116	KH-1	poly(C)-binding protein
117	LAD	left anterior descending artery
118	LC3	Microtubule-associated protein 1 light chain 3
119	LV	Left ventricle
120	LVIDd	left ventricular internal diameters at diastole
121	LVIDs	left ventricular internal diameters at systole
122	Mac-2	Galectin-3
123	MCP-1	Monocyte chemoattractant protein-1
124	MI	Myocardial infarction
125	MIP1 $\alpha$	Macrophage Inflammatory Protein-1 alpha
126	mRNA	Messenger Ribonucleic acid
127	NLRP3	NLR family pyrin domain containing 3
128	P38 MAPK	p38 mitogen-activated protein kinase
129	p53	Tumor protein p53
130	P62/SQSTM1	Sequestosome-1
131	PCR	Polymerase Chain Reaction
132	Rab7	RAB7, member RAS oncogene family
133	RANTES	Regulated on Activation, Normal T cell Expressed and Secreted
134	RFP	Red Fluorescent Protein
135	RIPA	Radio-Immunoprecipitation Assay
136	RNA	Ribonucleic acid
137	SDS-PAGE	Sodium Dodecyl Sulfate-Polyacrylamide Gel Electrophoresis

138	SEM	Standard Error of the Mean
139	Tg	transgenic
140	TTC	2,3,5-triphenyltetrazolium chloride
141	WT	Wild-type

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185 **Introduction**

186 Ischemic heart disease remains the leading cause of death worldwide [1–3]. Acute  
187 myocardial infarction is defined as acute myocardial injury occurring in the setting of  
188 ischemia which initiates a cascade of cellular injury and maladaptive cardiac  
189 remodeling [4,5]. Despite significant therapeutic advances, AMI remains a leading  
190 cause of global morbidity and mortality, accounting for more than 7 million events  
191 annually worldwide; with mortality rates being especially high in low-and middle-  
192 income regions [1,6,7]. The growing prevalence of diabetes, obesity, and population  
193 aging is expected to further expand the global disease burden [2,8], underscoring the  
194 need for improved prevention and therapy [1]. Following coronary artery occlusion,  
195 cardiomyocytes under ischemic stress experience severe metabolic and oxidative stress  
196 that triggers cell death, pro-inflammatory signaling and progressive structural  
197 remodeling advancing into adverse cardiac remodeling [4,5,9,10]. Although significant  
198 advances in reperfusion therapy improved acute survival in patients [5], therapeutic  
199 strategies that directly target intracellular processes in response to injury remain  
200 limited. Understanding the molecular mechanisms as well as their crosstalk that  
201 defines the cardiac microenvironment after injury represents a critical step toward  
202 developing new cardioprotective interventions [4,11].

203 Autophagy has emerged as a pivotal cellular quality control mechanism that plays a  
204 central role in cardiomyocyte stress adaptation [12–14]. Autophagy is a key adaptive  
205 response to myocardial ischemia, acting as an intracellular quality control system that  
206 removes damaged proteins and organelles when oxygen and nutrient supply are  
207 compromised [12,15–17]. In patients with coronary artery disease and acute  
208 myocardial infarction, dynamic changes in autophagy markers, consistent with an  
209 ischemia-induced increase in autophagosome formation and context-dependent  
210 alterations in autophagic flux were observed [13,15,18]. Several human studies report  
211 altered expression of LC3, Beclin-1, ATG5 and p62 in ischemic and failing hearts  
212 compared with non-ischemic controls [12,13,18–20], indicating that basal autophagy  
213 becomes insufficient or dysregulated as ischemia progresses to chronic adverse  
214 remodeling and subsequent heart failure [12,15,19,21].

215 However, increasing evidence implies that dysregulation of autophagic flux—rather  
216 than mere induction of autophagosome formation—contributes to myocardial injury  
217 and progression towards heart failure [12,14,15,22]. Inefficient autophagic processing  
218 and impaired autolysosomal clearance can lead to accumulation of dysfunctional  
219 proteins and organelles, resulting in cardiomyocyte death and proinflammatory  
220 signaling during post-infarction remodeling [15]. Enhancing autophagic flux—rather  
221 than only increasing autophagosome formation—appears to be a decisive protective  
222 mechanism in ischemic human myocardium [12,20,22–24]. Cardiac biopsies from  
223 ischemic hearts show upregulation of LC3-II and Beclin-1 and, in many cases,  
224 accumulation of p62, which is compatible with enhanced autophagosome formation  
225 but impaired lysosomal clearance—a pattern frequently reported in AMI [13,15,18,19].  
226 Preservation of lysosomal function and coordinated autolysosomal clearance have  
227 been shown to be essential for cardioprotection [12,22,23].

228 Several cardioprotective interventions tested in clinical or translational settings—  
229 including ischemic conditioning strategies [12], GLP-1 analogues [25], metformin  
230 [20,23], and AMPK activators [24]—converge on enhancing autophagic flux rather than  
231 simply stimulating autophagy initiation [12,24]. This flux-centric protection likely

232 explains why therapies that inhibit lysosomal degradation, such as chloroquine  
233 derivatives [12,26], may worsen cardiomyopathy in exposed patients: blocking  
234 autophagolysosomal clearance traps cardiomyocytes in a state of energetic  
235 insufficiency and proteotoxic stress [12,26]. Collectively, the existing human and  
236 translational evidence indicates that boosting autophagic flux may be a therapeutic  
237 opportunity to limit infarct size, preserve viable myocardium, and improve post-  
238 ischemic recovery [12,20,23,24,27].  
239 Beyond its canonical degradative role to maintain intracellular homeostasis, autophagy  
240 has recently also been recognized as an important regulator of cardiac inflammatory  
241 and apoptotic signaling following injury [12,28]. Following MI, necrotic cardiomyocytes  
242 release danger-associated molecular patterns [29–32] that trigger cytokine and  
243 chemokine secretion [33–36] and initiate rapid on-site recruitment of immune cells  
244 into the infarct border zone [31,33,37,38,39]. This early phase inflammatory response  
245 is essential for removal of necrotic debris thereby initiating tissue repair [31,40]. Along  
246 this line, excessive or prolonged immune activation promotes cardiomyocyte cell  
247 death, infarct expansion, and adverse remodeling [11,12,31,32,34,40–43]. However,  
248 the molecular mechanisms that coordinate autophagic activity with inflammatory  
249 remodeling remain incompletely understood. [12,28,44].  
250 FYCO1 is a cardiac enriched regulator of the autophagic machinery that localizes to late  
251 autophagosomal compartments and facilitate their trafficking, thereby enhancing  
252 autophagic flux. Previous studies from our group demonstrated that cardiomyocyte-  
253 specific overexpression of FYCO1 enhances autophagic flux and preserves cardiac  
254 function in heart failure due to pressure overload [45]. Nevertheless, the underlying  
255 mechanisms by which FYCO1-driven autophagy may modulate myocardial injury,  
256 inflammatory and apoptotic signaling and post-infarction remodeling upon ischemia  
257 remain unknown.  
258 Our present study thus investigates the impact of FYCO1-mediated autophagy  
259 enhancement in myocardial remodeling following ischemic injury. Using a permanent  
260 coronary ligation model combined with in vivo a RFP-EGFP-LC3 in vivo autophagy  
261 reporter, transcriptomic profiling and immune phenotyping, we demonstrate that  
262 FYCO1 promotes sustained and balanced autophagic flux in cardiomyocytes, limits  
263 inflammatory signaling and consequently attenuates immune cell recruitment into the  
264 infarct border zone. This coordinated orchestration reshapes the post-infarction  
265 microenvironment, resulting in attenuated apoptotic cell death signaling, reduced  
266 infarct expansion and preservation of cardiac function. Together, our findings position  
267 FYCO1 as a key regulator of cardiomyocyte autophagy and reveal a previously  
268 unrecognized link between autophagy and inflammation in shaping remodeling  
269 following myocardial infarction.  
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279 **Methods**

280 **Animals and Ethical Approval**

281 All animal procedures complied with the institutional and national Guidelines for the  
282 Care and Use of Laboratory Animals and were approved by the Ministry of Agriculture,  
283 Rural Areas, European Affairs and Consumer Protection of Schleswig-Holstein  
284 (Germany) ([MELLUR ID- V 242/ - 13649/2018 (32-4/18)]) and were performed  
285 according to EU Directive 2010/63/EU and ARRIVE-guidelines. Double-transgenic mice  
286 cardiomyocyte-specific FYCO1-overexpressing alongside a RFP-EGFP-LC3 reporter  
287 (C57BL/6-Tg(CAG-RFP/EGFP/Map1lc3b)1Hill/J, strain# 027139, The Jackson Laboratory,  
288 Bar Harbor, ME USA), as well as their RFP-EGFP-LC3 reporter littermates (8-12 weeks  
289 old) were bred and housed in a temperature- and humidity-controlled facility on a 12-h  
290 light/dark cycle with free access to food and water. Animals were monitored daily and  
291 randomly assigned to experimental groups. Animals that displayed surgical  
292 complications or died perioperatively were excluded.

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294 **Murine Model of Myocardial Infarction (MI)**

295 Myocardial ischemia was induced by permanent surgical ligation of the left anterior  
296 descending (LAD) coronary artery. Mice were anesthetized with 2% isoflurane delivered  
297 in oxygen, intubated with a 20-gauge catheter, and ventilated using a rodent ventilator.  
298 A left thoracotomy was performed through the fourth intercostal space to expose the  
299 heart. The pericardium was gently opened, and the LAD was visualized running  
300 between the pulmonary artery and the left atrium. A 7-0 nylon suture was passed  
301 beneath the LAD approximately 1–2 mm from its origin. For permanent MI, the suture  
302 was tied securely, resulting in immediate blanching and hypokinesis of the anterior LV  
303 wall. Sham-operated mice underwent the same thoracotomy and suture placement  
304 without ligation. After closure of the chest wall and extubation, mice were placed on a  
305 warming pad until fully recovered.

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307 **RNA Extraction and bulk RNA Sequencing**

308 For transcriptomic profiling, myocardial tissue was harvested from the infarcted left  
309 ventricle (LV) of WT and cardiomyocyte-specific FYCO1-transgenic mice 3 days after  
310 permanent LAD ligation. Hearts were rapidly excised, and the infarct border zone of the  
311 LV was carefully dissected, snap-frozen in liquid nitrogen and stored at -80 °C until  
312 further processing. Total RNA was extracted from heart tissue using RNA Extraction Kits  
313 (Quick-RNA Miniprep Plus Kit # R1057, ZymoResearch) according to the manufacturer's  
314 instructions. RNA purity and concentration were assessed spectrophotometrically, and  
315 RNA integrity was evaluated prior to library preparation. RNA sequencing libraries were  
316 generated from high quality total RNA and processed by Novogene (Cambridge, UK)  
317 according to the company's standard workflow. Briefly, mRNA was enriched,  
318 fragmented, and reverse transcribed, followed by second strand synthesis, end-pair,  
319 adaptor ligation, PCR amplification, and library quality assessment. Sequencing was  
320 performed on a Illumina platform to generate paired-end reads. Raw reads underwent  
321 quality control, adaptor removal, and filtering of low-quality reads. Clean reads were  
322 aligned to mouse reference genome employing a standard splice-aware aligner. Gene  
323 expression levels were quantified and normalized, and differential expression analysis  
324 between WT and FYCO1-Tg samples was performed using established bioinformatic  
325 pipeline. Genes exhibiting adjusted  $P < 0.05$  were deemed significantly differentially

326 expressed. Downstream analyses included principal component analyses, heatmap  
327 visualization, volcano plot presentation, and gene ontology pathway enrichment.

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### 329 **Serum cytokine and chemokine profiling**

330 To assess systemic inflammatory responses on protein level following myocardial  
331 infarction, blood samples were collected from WT and FYCO1-trangenic mice 3 days  
332 post ligation. Whole blood was allowed to clot at room temperature, centrifuged to  
333 yield serum, aliquoted, and stored at -80°C until analysis. Circulating levels of cytokine,  
334 chemokines and cardiac injury markers were quantified using a multiplex bead-based  
335 immunoassay platform (Mouse Cardiovascular Disease Panel 1 7-Plex-Discovery  
336 Assay®, Mouse Cardiovascular Disease Panel 2 9-Plex-Discovery Assay®, Mouse  
337 Cytokine 44-Plex-Discovery Assay®, Eve Technologies, Calgary, AB, Canada) according  
338 to the manufacturer's instructions. This platform enables simultaneous detection of  
339 multiple analytes from small serum volumes using a fluorescent bead-based  
340 technology. Assessed analytes included pro-inflammatory cytokines, anti-inflammatory,  
341 chemokines, and cardiac Troponin T. Samples were processed in parallel under  
342 standardized conditions, with concentrations interpolated from provider-generated  
343 standard curves. Data were subsequently used for comparative analysis between WT  
344 and FYCO1-Tg groups.

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### 346 **Western Blotting**

347 Mouse hearts were homogenized in RIPA buffer supplemented with protease and  
348 phosphatase inhibitors (complete™, Mini, EDTA-free Protease-Inhibitor-Cocktail #  
349 04693159001, Roche; Phosphatase Inhibitor Cocktail 2, # P5726, Sigma, Phosphatase  
350 Inhibitor Cocktail 3, # P0044, Sigma). Protein concentrations were quantified by DC  
351 assay. Samples (20–40 µg) were separated by SDS–PAGE, transferred to Nitrocellulose  
352 membranes. For quantification of total protein membranes were incubated in Ponceau  
353 S (# P7170, Sigma), before being blocked in 5% BSA for 1–2 h. Membranes were  
354 incubated overnight at 4°C with antibodies anti-FYCO1 (NovusBiologicals, # 47266),  
355 anti-LC3B (CellSignaling, #2775), anti-p62 (CellSignaling, #5114), anti-Atg5  
356 (CellSignaling, #2630), anti-Rab7 (Sigma, # R4779), anti-Bcl-2 (Proteintech, # 68103),  
357 anti-Bax (CellSignaling, #14796), Caspase 3 (CellSignaling, #9662), cleaved Caspase 3  
358 (CellSignaling, #9661), Caspase 7 (CellSignaling, #9492), cleaved Caspase 7  
359 (CellSignaling, #9491), Caspase 9 (CellSignaling, #9508), or cleaved Caspase 9  
360 (CellSignaling, #9507). After washing, HRP-conjugated secondary antibodies were  
361 applied for 1 h at room temperature, and signal was visualized using enhanced  
362 chemiluminescence. Protein targets were normalized against total protein.

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### 364 **Histology and Immunohistochemistry**

365 Hearts were fixed in 4% paraformaldehyde, dehydrated in a sucrose gradient and  
366 embedded in Tissue-Tek O.C.T. (Sakura# 4583). Sections (5 µm) were stained with  
367 Masson's trichrome (Sigma# HT15) according to the manufacturer's instructions to  
368 quantify fibrosis. Immunohistochemistry and immunofluorescence were performed  
369 after blocking and incubation with primary antibodies (anti-Mac-2 (Cedarlane, #  
370 CL8942AP), anti-CD68 (abcam, ab53444), anti-MCP-1 (abcam, ab308523) or cleaved  
371 Caspase 7 (CellSignaling, #9491)). Fluorescent secondary antibodies Alexa Fluor® 647  
372 goat anti-rat (Jackson, # 112-605-167), Alexa Fluor® 546 goat anti-rabbit (Invitrogen, #

373 A-11035) and DAPI were used for visualization by confocal microscopy (Zeiss LSM 880  
374 with Airyscan, Zeiss GmbH, Jena, Germany). Analysis was performed using ImageJ  
375 software.

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### 377 **Assessment of Autophagic Flux (In Vivo Reporter Model)**

378 In vivo, autophagic flux was assessed using RFP-EGFP-LC3 transgenic reporter mice  
379 (C57BL/6-Tg(CAG-RFP/EGFP/Map1lc3b)1Hill/J, strain# 027139, The Jackson Laboratory,  
380 Bar Harbor, ME USA). Hearts were harvested at designated time points after LAD  
381 ligation, fixed in 4% paraformaldehyde, cryoprotected, and sectioned into 5- $\mu$ m slices.  
382 Sections were mounted with antifade medium and imaged by confocal microscopy  
383 using identical acquisition settings across groups. Autophagosomes were identified as  
384 yellow puncta (EGFP<sup>+</sup>/RFP<sup>+</sup>), whereas autolysosomes were detected as red-only puncta  
385 (RFP<sup>+</sup>) due to GFP quenching in the acidic lysosomal environment.

386

### 387 **Infarct Size Measurement (Evans Blue and TTC Staining)**

388 Myocardial area at risk (AAR) and infarct size were assessed 3 days and 30 days post MI  
389 using Evans Blue and 2,3,5-triphenyltetrazolium chloride (TTC) staining. Hearts were  
390 harvested, and flushed with 1% Evans Blue via retrograde injection through the aorta,  
391 while the heart was still beating, to delineate the non-ischemic perfused myocardium,  
392 which stained dark blue. Hearts were frozen briefly at -20°C to facilitate slicing.  
393 Transverse sections (1 mm thick) were incubated in 2% TTC at 37°C for 15–20 min. TTC-  
394 stained viable myocardium appeared red, whereas infarcted tissue remained pale. The  
395 AAR (Evans Blue–negative region), infarct area (TTC-negative region within the AAR),  
396 and total left ventricular area were quantified using ImageJ.

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### 398 **Echocardiography**

399 Cardiac function after myocardial infarction was assessed by transthoracic  
400 echocardiography using a high-frequency small-animal imaging system (Vevo 1,100  
401 ultrasound system (VisualSonics, FUJIFILM, Japan)) equipped with a 30–40 MHz  
402 transducer. Mice were lightly anesthetized with 1–2% isoflurane to maintain a  
403 physiological heart rate, and placed on a temperature-controlled platform. Parasternal  
404 long-axis and short-axis views were obtained to visualize the infarcted anterior wall. M-  
405 mode recordings at the mid-papillary level were used to measure left ventricular  
406 internal diameters at diastole (LVIDd) and systole (LVIDs). Ejection fraction (EF) and  
407 fractional shortening (FS) were calculated.

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### 409 **Statistical Analysis**

410 Data are expressed as mean  $\pm$  SEM. Comparisons between groups were made by one-  
411 way ANOVA followed by Tukey's multiple-comparison test or by unpaired t-tests where  
412 appropriate. Statistical significance was defined as  $p < 0.05$ . Analyses were performed  
413 using GraphPad Prism (v.11).

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420 **Results**

421 **Cardiomyocyte-specific FYCO1 overexpression limits infarct expansion and preserves**  
422 **contractile function following myocardial infarction**

423 To investigate the potential role of FYCO1 in modulating cardiac injury and remodeling,  
424 we subjected cardiomyocyte-specific FYCO1 transgenic (FYCO1-Tg) mice and wild-type  
425 (WT) littermates to permanent ligation of the left anterior descending (LAD) coronary  
426 artery (Figure 1a). Our previous work demonstrated, that FYCO1 expression was  
427 selectively increased in cardiomyocytes of transgenic animals, and baseline cardiac  
428 morphology and function were indistinguishable between genotypes [45]. Following  
429 permanent coronary artery occlusion, morphology and function were evaluated by  
430 echocardiography and histology at 3 and 30 days post ligation. Early injury responses  
431 were evaluated 3 days post myocardial infarction (MI). At this time point, FYCO1-Tg  
432 mice exhibited significantly reduced levels of circulating Troponin T (Figure 1g),  
433 indicating attenuated acute cardiomyocyte injury. Consistent with this observation,  
434 histological analysis revealed reduced scar formation (Figure 1f) in transgenic animals  
435 compared to WT controls. Despite this reduction in overall tissue injury, reduction in  
436 cardiac function was comparable between groups (Figure 1h), as reflected by  
437 equivalent ejection fraction (EF) in the early phase post infarction.

438 We next evaluated the impact of FYCO1 overexpression on long-term post-infarction  
439 remodeling. 30 days post MI, when post-infarction remodeling is stable, FYCO1-Tg mice  
440 displayed a significantly reduced infarct size (Figure 1i). This structural preservation  
441 translated into significant improvement in cardiac function, with transgenic animals  
442 displaying near-normal ejection fractions (Figure 1j), while WT mice exhibited  
443 persistent contractile impairment.

444 To further delineate the extent of myocardial injury, we performed Evans Blue/TTC  
445 staining to distinguish perfused, ischemic and necrotic myocardial regions.

446 Interestingly, early after ligation, FYCO1-Tg mice exhibited a larger ischemic but viable  
447 myocardial area, suggesting enhanced tissue salvage potential within the area at risk  
448 (Figure 1b,c). Consistent with this early-phase observation, analysis after completed  
449 remodeling revealed a significantly larger perfused myocardial region in FYCO1-Tg  
450 hearts, accompanied by diminished ischemic and necrotic regions compared with WT  
451 controls (Figure 1 d,e).

452 Collectively, these results indicate that cardiomyocyte-specific overexpression mitigates  
453 myocardial injury and limits adverse remodeling following MI, ultimately preserving  
454 myocardial viability and cardiac function.

455

456 **FYCO1 promotes autophagic flux following myocardial infarction**

457 To enable direct in vivo visualization of autophagy dynamics, FYCO1 transgenic mice  
458 were crossed with tandem fluorescent RFP-EGFP-LC3 reporter mice [45–47], enabling  
459 assessment of autophagosome formation and autolysosomal processing in  
460 cardiomyocytes. This reporter expresses autophagosomal marker LC3, fused to two  
461 fluorophores with distinct pH sensitivity (Figure 2a). While both green EGFP and red  
462 RFP signals are stable in neutral vesicles, EGFP fluorescence is quenched upon  
463 lysosomal acidification, allowing for discrimination between autophagosomes and  
464 autolysosomes by confocal microscopy. While both fluorophore signals are preserved  
465 in autophagosomes, resulting in yellow puncta (RFP+EGFP+; yellow), the acidic  
466 environment in autolysosomes quenches EGFP fluorescence, which therefore appear

467 as red puncta (RFP+EGFP-; red). Analysis of confocal microscopy revealed that FYCO1-  
468 Tg mice displayed increased numbers of both autophagosomes (RFP+EGFP+; yellow)  
469 and autolysosomes (RFP+EGFP-; red) compared to WT mice under basal conditions,  
470 indicating enhanced but coordinated and “balanced” autophagic flux. Specifically, the  
471 proportional increase of both vesicles suggest sustained autophagosome formation as  
472 well as efficient autolysosomal clearance, indicating an overall augmentation of  
473 autophagic flux rather than accumulation of stalled intermediates.

474 In WT mice, acute ischemia following ligation induced transient activation of  
475 autophagy, consistent with a stress-induced response (Figure 2b,c) [12,14,48].  
476 However, 30 days post MI after completed cardiac remodeling, WT hearts displayed  
477 marked accumulation of autolysosomes (Figure 2d,e), suggesting impaired clearance  
478 and dysregulated autophagic turnover during cardiac remodeling [49–53]. In contrast,  
479 FYCO1-Tg hearts maintained elevated levels of autophagosomes and autolysosomes  
480 throughout both the acute and chronic phase after ligation, without evidence of  
481 pathological accumulation of either vesicles. Quantitative analysis revealed, that while  
482 being overall enhanced – autophagosome formation and autolysosomal clearance  
483 remained proportionally coupled, suggesting a sustained autophagic flux. These  
484 findings indicate, that FYCO1 enhances the efficiency of the autophagic cascade,  
485 promoting continuous cargo processing and preventing maladaptive accumulation of  
486 autophagic vesicles observed in WT myocardium (Figure 2d,e).

487 In WT mice, acute ischemia following ligation induced transient activation of  
488 autophagy, consistent with a stress-induced response [12,14,54] . However, 30 days  
489 post MI after completed cardiac remodeling, WT hearts displayed marked  
490 accumulation of autolysosomes, suggesting impaired clearance and dysregulated  
491 autophagic turnover during cardiac remodeling [15,50-53]. In contrast, FYCO1-Tg hearts  
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493 the acute and chronic phase after ligation, without evidence of pathological  
494 accumulation of either vesicles. Quantitative analysis revealed, that while being overall  
495 enhanced – autophagosome formation and autolysosomal clearance remained  
496 proportionally coupled, suggesting a sustained autophagic flux. These findings indicate,  
497 that FYCO1 enhances the efficiency of the autophagic cascade, promoting continuous  
498 cargo processing and preventing maladaptive accumulation of autophagic vesicles  
499 observed in WT myocardium.

500

#### 501 **FYCO1 overexpression augments autophagic signaling and autophagosome turnover** 502 **upon ischemia**

503 To further validate the imaging-based confocal microscopy assessments of increased  
504 autophagic flux, we quantified protein expression of key autophagy regulators and  
505 markers of autophagosome formation. 3 days post MI, WT mice displayed an  
506 anticipated stress-induced activation of autophagy [12,52,55] , characterized by  
507 increased levels of Atg5, Beclin-1, Rab7, p62, and LC3-II alongside elevated LC3-II/I  
508 ratio, consistent with an acute autophagic response to ischemic injury (Figure 3a-l).  
509 Conversely, FYCO1-Tg hearts displayed significantly higher levels of these autophagy-  
510 related proteins under basal and ischemic conditions, indicating that FYCO1  
511 overexpression not only enhances the last steps of the autophagy cascade but  
512 preconditions the entire cardiomyocyte autophagic machinery. Notably, the most  
513 prominent differences were observed in LC3-II abundance and the LC3-II/I ratio (Figure

514 3g,h), canonical indicators of autophagosome formation and turnover. Given that  
515 FYCO1 has previously been described in facilitating autophagosomal transport toward  
516 lysosomes [45], the substantial increase in LC3-II and LC3-II/I ratio supports our  
517 hypothesis that FYCO1 enhances autophagosome formation and efficient flux through  
518 the autophagy pathway, while preventing accumulation of vesicles. Consistent with  
519 these protein expression data and the assessment of the autophagic flux using the RFP-  
520 EGFP-LC3 reporter, we observed a concurrent upregulation of Rab7 (Figure 3l), a key  
521 regulator of late endosomal trafficking and autophagosome-lysosome fusion [56,57],  
522 again suggesting enhanced FYCO1-dependent progression of autophagosomes toward  
523 compartment degradation. Notably, elevated levels of autophagy markers persisted  
524 after completion of cardiac remodeling, indicating sustained activation of autophagic  
525 machinery in FYCO1-Tg myocardium (Figure 3m-t). In contrast to autophagy  
526 dysregulation evident in WT hearts during chronic remodeling, this persistent  
527 activation occurred within the context of “balanced” autophagic flux, as supported by  
528 results of tandem LC3 reporter confocal analyses (Figure 2d,e). Collectively, these  
529 protein expression data support the concept that FYCO1 promotes a sustained and  
530 coordinated activation of the autophagy machinery, with efficient autophagosome  
531 formation, trafficking and autolysosomal degradation in ischemic myocardium.

532

### 533 **Transcriptomic profiling reveals a cardioprotective gene program in FYCO1-Tg hearts**

534 To define the molecular programs associated with FYCO1-mediated cardioprotection,  
535 we performed bulk RNA sequencing on myocardial tissue from FYCO1-Tg mice and WT  
536 controls following ischemic injury. Transcriptomic profiling revealed a distinct gene  
537 expression signature in FYCO1-Tg myocardium, characterized by coordinated  
538 suppression of inflammatory and pro-apoptotic pathways alongside activation of  
539 adaptive tissue remodeling programs. Gene enrichment analysis demonstrated  
540 pronounced suppression of pro-inflammatory signaling networks (Figure 4b), including  
541 diminished expression of cytokines and chemokines (Figure 4c). In parallel, transcripts  
542 associated with apoptotic signaling cascades (Figure 4d) were significantly reduced,  
543 indicating blunted cardiomyocyte death programs under FYCO1 overexpression.  
544 Notably, several signaling pathways previously implicated in maladaptive cardiac  
545 remodeling were also suppressed. In particular, p53 signaling networks, which  
546 orchestrate stress responses and cell death following MI, were significantly  
547 downregulated in FYCO1-Tg hearts. Transcripts promoting regulated ECM turnover and  
548 infarct zone stabilization were upregulated in FYCO1-Tg hearts, while those associated with  
549 fibrotic remodeling were attenuated. These transcriptomics shifts align with the observed  
550 attenuation of scar size and structural and functional preservation in FYCO1-Tg hearts.  
551 Together, these transcriptomic data hints towards a FYCO1-driven shift towards a  
552 cardioprotective transcriptional landscape, characterized by inhibition of inflammatory  
553 and apoptotic signaling and improved remodeling, potentially supporting functional  
554 recovery in response to ischemic injury.

555

### 556 **Serum cytokine and chemokine screening revealed reduced inflammatory signaling 557 alongside reduced chemoattractant expression upon FYCO1 overexpression**

558 To further delineate the influence of FYCO1 on inflammatory responses following MI,  
559 we performed systemic serum cytokine and chemokine profiling in FYCO1-transgenic  
560 and WT mice in early phase acute ischemia, using a multiplex bead-based

561 immunoassay platform. Consistent with the cardioprotective transcriptional signatures  
562 observed by RNA sequencing, FYCO1-transgenic animals exhibited a significant  
563 attenuation of circulating cytokine levels, affecting both pro-inflammatory and anti-  
564 inflammatory mediators (Figure 5a). Canonical pro-inflammatory cytokines including IL-  
565 6, IL-1 $\beta$  and INF $\gamma$  (Figure 5b,c) were significantly diminished in FYCO1-transgenic mice  
566 compared to controls. Of note, several cytokines associated with immune cell  
567 activation and leukocyte recruitment, such as INF $\gamma$  and GM-CSF were also found  
568 reduced. Interestingly anti-inflammatory cytokines, including IL-10, IL-11 and IL-16  
569 (Figure 5d,e) were also decreased, indicating a global attenuation of systemic  
570 inflammation rather than a simple shift toward an anti-inflammatory phenotype. This  
571 attenuated anti-inflammatory protein signature translated into an overall reduced  
572 chemokine abundance in FYCO1-Tg mice (Figure 5f), particularly for monocyte-  
573 attracting chemokines (Figure 5f,g) such as CCL2/MCP-1 and CCL12/MCP-5, indicating  
574 reduced recruitment signals for circulating monocytes to injured myocardium. Similarly,  
575 several additional chemokines associated with leukocyte migration and immune cell  
576 trafficking were decreased, including CCL5/RANTES, CXCL16, CCL3/MIP-1 $\alpha$  and  
577 CCL21/6Ckine (Figure 5f,h-j), which have been implicated in the recruitment of  
578 monocytes, macrophages and T cells during the inflammatory phase following MI [58-  
579 60].

#### 580 **FYCO1 overexpression limits systemic and local inflammatory signaling and immune** 581 **cell recruitment into infarct border zone**

582 To determine, whether these systemic signaling patterns translate into altered immune  
583 cell recruitment within the myocardium of FYCO1-transgenic mice post MI, we  
584 performed immunofluorescence staining of infarct border zone tissue. Macrophage  
585 accumulation in the border zone was assessed using the established macrophage  
586 markers Mac-2 (Galectin-3) and CD68, in order to identify activated macrophages in  
587 infarcted myocardium [58,59]. Confocal imaging revealed a marked reduction of  
588 Mac2+ (Figure 6a,b) and CD68+ (Figure 6a,c) macrophages within the infarct border  
589 zone of FYCO1-transgenic hearts compared to intense accumulation in WT controls  
590 during acute ischemic phase post MI, indicating diminished immune cell recruitment at  
591 the site of injury. Consistent with reduced levels of circulating chemokines identified in  
592 serum profiling, MCP-1 (CCL2) staining within infarcted myocardium, and known to be  
593 localized in injured cardiomyocytes, activated fibroblasts and infiltration immune cells,  
594 was profoundly diminished. Monocyte chemoattractant protein MCP-1 is a key  
595 chemokine for the recruitment of circulating monocytes during early the inflammatory  
596 phase after myocardial infarction [61]. The scarcity of MCP-1 expression in border  
597 infarct zone in FYCO1-transgenic myocardium (Figure 6a,d) signifies not only decreased  
598 systemic inflammatory signaling but decreased local chemoattractant signaling as well.  
599 Quantification of MCP-1 expression in injured myocardium alongside Mac2+ and CD68+  
600 cells across multiple border zone regions confirmed an overall reduction in  
601 macrophage recruitment in FYCO1-transgenic hearts. Notably, this reduction of  
602 chemoattractant expression and immune cell recruitment occurred despite a  
603 comparable initial reduction of ejection fraction, suggesting that FYCO1 actively  
604 orchestrates inflammatory signaling following ischemia, and not only being a result of  
605 reduced initial myocardial dysfunction.

606 Collectively, these immunofluorescence and serum profiling analyses demonstrate that  
607 FYCO1 overexpression suppresses both systemic proinflammatory signaling and local

608 chemokine-driven immune cell recruitment within infarct border zone, resulting in a  
609 potentially more favourable cardiac microenvironment post injury. This ameliorated  
610 inflammatory microenvironment aligns with the observed enhanced myocardial  
611 function and improved remodeling (Figure 1) in hearts of FYCO1-transgenic mice.

612

### 613 **FYCO1 overexpression alleviates apoptosis induction in acute ischemia**

614 To further determine how FYCO1-driven autophagy regulation mediates  
615 cardioprotection, we next analyzed key regulators and executioners of apoptosis in WT  
616 and FYCO1-Tg hearts following injury. Immunoblotting revealed a substantial reduction  
617 in the abundance of late executing caspases caspase-3, caspase-7 and caspase-9 in  
618 FYCO1-transgenic myocardium compared to WT controls. More importantly, the  
619 cleaved (activated) forms of these caspases were markedly decreased, and the ratio of  
620 cleaved to full-length caspase proteins was significantly lowered in transgenic hearts.  
621 These findings indicate restrained activation of the terminal apoptotic cascade (Figure  
622 7j-o).

623 To spatially delineate apoptotic signaling in the myocardium, we performed confocal  
624 immunofluorescence staining for cleaved caspase 7, a pivotal executor of apoptosis  
625 during ischemia. In WT hearts, a strong cleaved caspase-7 signal was detected in  
626 cardiomyocytes of the infarct border zone. Both cytosolic accumulation and nuclear  
627 translocation, hallmarks of active apoptotic cell death execution [62,63], were  
628 observed in WT myocardium. In contrast, FYCO1 manifested a scarcity of cleaved  
629 caspase-7 positive cells, with significantly diminished signals in both the cytosol and  
630 the nucleus, signifying alleviated activation and propagation of apoptosis signaling in  
631 cardiomyocytes of these mice.

632 Consistent with suppression of the late steps in the apoptotic cascade, analysis of  
633 upstream mitochondrial-induced apoptosis regulators further supported an anti-  
634 apoptotic and cardioprotective microenvironment in FYCO1-Tg myocardium. The pro-  
635 apoptotic Bcl-2 family member Bax (Figure 7i) was significantly downregulated, while  
636 the the anti-apoptotic protein Bcl-2 (Figure 7h) was upregulated in transgenic hearts.  
637 This shift in the Bax/Bcl-2 balance towards a survival-promoting state suggests a  
638 FYCO1-dependent stabilization of mitochondrial integrity, which reduces upstream  
639 activation of intrinsic apoptotic pathways as well as augmentation of proinflammatory  
640 signaling.

641 Collectively, these findings demonstrate that FYCO1 overexpression suppresses  
642 activation of both upstream mitochondrial-derived regulators and downstream  
643 execution components of the apoptotic machinery, resulting in reduced apoptotic cell  
644 death following ischemia. This attenuation of apoptotic signaling, orchestrated by  
645 FYCO1-driven autophagy activation, likely contributes to the improved myocardial  
646 integrity and functional preservation observed in FYCO1-Tg mice following myocardial  
647 infarction.

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655 **Discussion**

656 Here, we demonstrate that overexpression of FYCO1 robustly enhances autophagic flux  
657 in the ischemic myocardium, leading to attenuation of cardiac injury, inflammatory  
658 burden, and post-infarct remodeling. Moreover, we provide mechanistic evidence that  
659 restoring autophagic flux—rather than simply stimulating autophagosome formation—  
660 is a key determinant of cardiomyocyte survival after acute myocardial infarction. As  
661 impaired autophagosome–lysosome fusion and defective degradation have been  
662 shown to be central contributors to ischemia–reperfusion injury [12,15,50,56,64],  
663 these data position FYCO1 as a potentially targetable node in myocardial protection  
664 signaling.

665 We show that enhancing autophagic flux, rather than merely increasing  
666 autophagosome number, is beneficial for protecting the ischemic myocardium. While  
667 ischemia is known to transiently induce autophagy as a stress response, inefficient  
668 autophagic processing and impaired lysosomal clearance frequently occur during  
669 remodeling, resulting in accumulation of dysfunctional proteins and organelles that  
670 exacerbate adverse remodeling [15,65]. Several clinical and translational studies have  
671 described increased LC3-II and Beclin-1 levels during MI or in failing human hearts  
672 [12,19,55,66], but these changes often coexist with p62 accumulation [15,19,67,68],  
673 suggesting impaired clearance rather than efficient turnover [14,64]. This distinction is  
674 critical: Accumulated autophagosomes without lysosomal degradation or accumulation  
675 of autolysosomes may worsen proteotoxic stress, fuel mitochondrial dysfunction, and  
676 promote apoptosis [12,53,54,57,64,69]. In contrast, utilizing a RFP-EGFP-LC3 in vivo  
677 reporter [45–47], our results show that FYCO1 overexpression enhances autophagic  
678 flux, likely by facilitating autophagosomal transport alongside promoting lysosomal  
679 degradation, thereby maintaining efficient cargo degradation throughout both acute  
680 and chronic phases following myocardial infarction. Specifically, we observed enhanced  
681 levels of both autophagosomes and autolysosomes and the absence of accumulation  
682 of either vesicles, consistent with a robust and balanced increase in autophagic flux.  
683 This enhancement of autophagic flux in FYCO1-overexpressing hearts was  
684 accompanied by increased levels of several other key autophagy markers—including  
685 Atg5, p62, Beclin-1 and Rab7. This sustained increased autophagic flux appears critical  
686 for preserving cellular homeostasis within the ischemic myocardium, promoting  
687 enhanced clearance of damaged components and preventing maladaptive remodeling.  
688 This integrates well with prior studies suggesting that lysosomal dysfunction represents  
689 a rate-limiting step in autophagy during ischemia–reperfusion injury [12,50,56], as  
690 observed in lysosomal storage diseases where defective autophagosome–lysosome  
691 fusion leads to autophagosome accumulation and cardiomyopathy [12,51–53,57,69–  
692 74], and that interventions targeting this bottleneck—such as spermidine treatment to  
693 enhance lysosomal function and flux—confer significant cardioprotection [75,76].  
694 Transcriptomic and serum cytokine and chemokine profiling analyses indicate that  
695 FYCO1-mediated autophagy profoundly reshapes the inflammatory landscape within  
696 the injured myocardium. Myocardial infarction triggers a tightly coordinated  
697 inflammatory response, wherein damaged cardiomyocytes release danger-associated  
698 molecular patterns that provoke cytokine and chemokine secretion and drive rapid  
699 recruitment of circulating immune cells into the infarct border zone [4,31,33,34]. This  
700 early inflammatory phase is dominated by proinflammatory monocytes and  
701 macrophages, which collectively participate in clearance of necrotic debris thereby

702 modulating myocardial remodeling [4,33,60,77,78]. However, excessive inflammation  
703 early post-MI contributes to cardiomyocyte death, extracellular matrix degradation,  
704 and adverse remodeling [9,11,31,41]. While a certain amount of inflammation is  
705 required for debris clearance and wound healing, persistent or excessive activation of  
706 innate immunity exacerbates myocardial damage [4,58,74,79,80].  
707 Autophagy plays a central role in controlling innate immune activation by degrading  
708 damaged mitochondria, aggregated proteins, and intracellular DAMPs before they can  
709 trigger downstream inflammatory signaling [12,28,81]. Previous studies have  
710 demonstrated that impaired autophagic flux amplifies NLRP3 activation and promotes  
711 cytokine secretion, exacerbating post-ischemic tissue injury [64,82]. By restoring  
712 lysosomal degradation and reducing substrate overload, these upstream triggers are  
713 attenuated, thereby curtailing inflammasome-driven cytokine production. In this  
714 context, an interesting and unexpected finding is that FYCO1 overexpression attenuates  
715 pro-inflammatory signaling and immune cell infiltration into the infarct border zone.  
716 Our data show significant reductions in pro-inflammatory cytokines, and other pro-  
717 inflammatory mediators as well as circulating chemokines such as CCL2/MCP-1,  
718 CCL12/MCP-5, CCL5/RANTES, CXCL16, CCL3/MIP-1 $\alpha$  and CCL21/6CKine in FYCO1-  
719 overexpressing mice, accompanied by markedly diminished recruitment of neutrophils,  
720 monocytes, and macrophages to the infarct border zone [4,11]. Reduced levels of  
721 circulating and tissue chemokines—including CCL2/MCP-1, a key regulator of monocyte  
722 mobilization from the bone marrow and splenic reservoirs—may underlie the  
723 decreased presence of inflammatory macrophages in the border zone [83,84]. Previous  
724 studies have shown that CCL2/MCP-1 signaling is a major determinant of monocyte  
725 accumulation and macrophage-driven matrix degradation after MI [61,84]. Inhibition of  
726 this axis reduces infarct expansion and supports adaptive healing. Consistently,  
727 immunofluorescence analysis of FYCO1-Tg myocardium revealed lower MCP-1  
728 expression in cardiac tissue, as well as a decrease in total infiltrating macrophages and  
729 a shift away from pro-inflammatory macrophage phenotypes. Moreover, our data  
730 indicate not only a reduction in total macrophages but also a shift in macrophage  
731 polarization, with fewer pro-inflammatory macrophages present in FYCO1-  
732 overexpressing hearts. Excessive M1 macrophage activity has been associated with  
733 matrix degradation, heightened oxidative stress, and impaired angiogenesis during  
734 post-MI remodeling [58,84]. In contrast, a balanced or M2-skewing macrophage  
735 response supports debris clearance, tissue repair, and scar maturation [29,59,60,77,84-  
736 86]. Together, these findings indicate that FYCO1 alters the early post-MI inflammatory  
737 milieu, creating a myocardial environment more conducive to cardiomyocyte survival  
738 and functional recovery. We hypothesize that the anti-inflammatory actions of FYCO1  
739 are likely rooted in its ability to maintain intact and appropriately regulated autophagic  
740 flux, thereby promoting removal of defective organelles or other cellular debris such as  
741 defective proteins.  
742 Our data further show that enhanced autophagic flux attenuates apoptosis induction in  
743 the infarct border zone. Specifically, in FYCO1-overexpressing mice, we observed a  
744 significant reduction of protein levels of both key executioner and initiator components  
745 of the apoptotic cascade, including Bax, cleaved caspase-3, caspase-7, and caspase-9.  
746 At the same time, expression of the anti-apoptotic protein Bcl-2 was preserved.  
747 Likewise, immunofluorescence staining revealed a pronounced decrease in nuclear  
748 cleaved caspase-7 signal, indicating that not only activation but also nuclear

749 translocation of executioner caspase-7 is limited in FYCO1-overexpressing hearts.  
750 Collectively, these findings identify FYCO1 as a potent modulator of the balance  
751 between survival and death signaling in cardiomyocytes exposed to ischemic stress.  
752 These observations are in line with the well-established crosstalk between autophagy  
753 and apoptosis, particularly via the Beclin-1–Bcl-2 interaction and shared stress  
754 pathways such as JNK and p38 MAPK [87–92]. When autophagic flux is impaired,  
755 damaged mitochondria accumulate and become a major source of cytochrome c  
756 release, subsequent caspase-9 activation, and downstream caspase-3/7–mediated  
757 execution [12,64]. Several studies in myocardial ischemia–reperfusion models have  
758 shown that blocking autophagy or disrupting mitophagy exacerbates ROS production  
759 and apoptotic cell death, whereas interventions that restore autophagic flux blunt  
760 caspase activation and reduce infarct size [12,64,93–95]. In this context, our finding  
761 that FYCO1 enhances autophagic clearance and simultaneously reduces caspase-3,  
762 caspase-7, and caspase-9 activation supports a model in which efficient removal of  
763 dysfunctional organelles is a key mechanism underlying its anti-apoptotic effects.  
764 In parallel, improved protein quality control via autophagy-mediated homeostasis  
765 preserves ATP production under ischemic conditions and thus confers protection  
766 against apoptosis as well as a shift of cell death toward necrosis and necroptosis  
767 [12,50,75,64,70,96]. Importantly, apoptotic loss of cardiomyocytes is a major  
768 determinant of infarct expansion, wall thinning, and adverse ventricular remodeling in  
769 both experimental models and patients [11,97–99]. Thus, enhanced autophagic flux via  
770 FYCO1 may protect cardiomyocytes on multiple levels: it removes damaged organelles  
771 before they can initiate death signaling, prevents an excessive inflammatory response,  
772 and maintains a more favourable energetic state [12,27,52,64,73,100–104]. Prior work  
773 has shown that even modest reductions in cardiomyocyte apoptosis after MI translate  
774 into meaningful improvements in left ventricular function and long-term outcomes  
775 [97–99]. In our study, the combination of diminished nuclear cleaved caspase-7 and  
776 lower levels of caspase-3/7/9 is accompanied by a higher ejection fraction, smaller  
777 infarct size, and less fibrosis in FYCO1-overexpressing mice. These associations suggest  
778 that the anti-apoptotic actions of FYCO1 contribute to an improved structural and  
779 functional phenotype post MI.  
780 FYCO1 overexpression preserved left ventricular ejection fraction, reduced infarct size,  
781 and attenuated adverse ventricular dilation. These improvements in cardiac function  
782 likely stem from the combined effects described above: reduced apoptosis, diminished  
783 inflammatory injury, and enhanced clearance of damaged organelles. Structurally,  
784 Masson’s trichrome staining revealed decreased fibrosis and improved scar  
785 organization in FYCO1–overexpressing mice. Excessive fibrosis is a hallmark of  
786 maladaptive remodeling that stiffens the ventricle and impairs systolic and diastolic  
787 function [4,5,11]. By preserving viable myocardium and reducing inflammatory and  
788 apoptotic signaling, FYCO1 mitigates the stimuli that drive collagen deposition. These  
789 findings align with prior translational evidence demonstrating that interventions  
790 improving autophagic flux—whether through metabolic stimuli [12,55,70], genetic  
791 modulation [12,14,45,57,98], or pharmacologic agents [12,24,25,49,76,105,106]—may  
792 favourably influence post-MI remodeling [15,56,107–109].  
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## 796 **Translational Perspectives**

797 Despite accumulating mechanistic evidence supporting a protective role of autophagy  
798 in MI, no clinically approved therapies exist that specifically target autophagic flux  
799 [20,73,110]. Most candidate autophagy-enhancing interventions in humans exert  
800 broad, pleiotropic metabolic effects and do not directly modulate autophagosome–  
801 lysosome fusion or lysosomal clearance [73,108,111,112]. Early-phase trials of  
802 trehalose [48,107,113], spermidine [76,106,114–117], and KH-1 [118] demonstrate  
803 feasibility but remain largely exploratory and have not demonstrated targeted flux  
804 correction. Our findings suggest that FYCO1, which improves autophagic flux in a  
805 targeted manner and yields substantial cardioprotection in vivo, may represent another  
806 target potentially of interest for future translational studies. Additional work could aim  
807 to identify upstream activators of FYCO1, develop small molecules that stabilize or  
808 enhance its activity, or use peptide mimetics that preserve its functional domains.

809

## 810 **Limitations and Future Directions**

811 Although our study provides mechanistic and functional evidence for FYCO1-mediated  
812 cardioprotection, several limitations deserve to be mentioned. First, the use of  
813 overexpression models may not reflect the physiological regulation of FYCO1; dose–  
814 response studies and loss-of-function experiments will thus be necessary to define the  
815 boundaries of its protective effects. Second, as autophagic flux influences many cellular  
816 processes, some observed benefits—such as reduced inflammation—may arise from  
817 secondary or downstream effects. Parsing direct versus indirect contributions of FYCO1  
818 will require more targeted pathway analysis and the analysis of communication  
819 pathways between cell types, alongside its manipulation. Finally, translation to human  
820 disease requires a deeper understanding of FYCO1 expression patterns in human  
821 myocardium, particularly in patient cohorts exhibiting impaired myocardial autophagic  
822 flux. Integration with clinical biomarker data could help to identify patients who might  
823 benefit from potential flux-targeting therapies.

824

## 825 **Conclusions and outlook**

826 Collectively, our findings suggest that FYCO1, via enhancing autophagic flux, improves  
827 cardiomyocyte homeostasis upon ischemia and modulates the post-MI  
828 microenvironment from one dominated by inflammatory injury and cell death towards  
829 cell survival, repair, and improved remodeling. This combined mechanism—  
830 suppression of inflammatory signaling and apoptotic cell death via improved  
831 autophagic flux and likely indirect reduction of immune recruitment through decreased  
832 cardiomyocyte death and governed mitochondria quality control—may provide a  
833 coherent biological explanation for the robust cardioprotective effects observed. Our  
834 results align with emerging literature demonstrating that therapeutic strategies  
835 enhancing autophagic flux, can modulate the inflammatory milieu and improve  
836 myocardial healing. Our study extends this concept by identifying FYCO1 as a specific  
837 regulator that integrates autophagy, inflammation, apoptotic cell death and cell  
838 survival towards a cardioprotective response.

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850

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855

856 **Disclosures**

857 None.

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1349 **Figure Legends**

1350 **Figure 1: Cardiomyocyte-specific FYCO1 overexpression limits infarct expansion and**  
1351 **preserves cardiac function following myocardial infarction**

1352 (a) Schematic illustration of the study design of our conducted *in vivo* study. (b,d)  
1353 Illustrative images of LV sections stained with EvansBlue/TTC-staining 3 days and 30  
1354 days post MI. The graphs represent the statistical quantification of perfused, ischemic  
1355 and necrotic area 3 days (c) and 30 days (e) post MI (n=2-3, 6 sections analyzed per  
1356 heart sample). (f) Illustrative brightfield images of LV stained with masson trichrome 30  
1357 days post MI. (g) Serum Troponin T levels 3 days post MI. Statistical quantification of  
1358 masson trichrome-stained LV sections for midline infarct size 30 days post MI (i) (n=11-  
1359 14, 3 images per specimen). Ejection fraction measurements 3 days (h) and 30 days (j)  
1360 post MI performed by echocardiography (n=7-18).

1361

1362 **Figure 2: FYCO1 promotes sustained and balanced autophagic flux following**  
1363 **myocardial infarction and protects against pathological accumulation of**  
1364 **autolysosomes which benefits remodeling**

1365 (a) Schematic representation of *in vivo*-RFP-EGFP-LC3-construct. (b,d) Illustrative  
1366 confocal images showing colocalization of RFP (red) and EGFP (green) of RFP-EGFP-LC3  
1367 tandem fluorophore in immunohistochemistry demonstrating autophagosome (RFP+  
1368 EGFP+ ; yellow) and autolysosome (RFP+ EGFP- ;red) presence in heart sections of  
1369 RGFP and FYCO1-TGxRGFP mice. The graphs represent the statistical quantification of  
1370 colocalization analysis of red and green fluorescence in confocal microscopy images 3  
1371 days (c) and 30 days (e) post MI (n=3-9, 6 images analyzed per section).

1372

1373 **Figure 3: FYCO1 overexpression augments autophagic signaling and autophagosome**  
1374 **turnover upon ischemia**

1375 (a-d) Westernblot images and quantification of autophagy markers FYCO1 (e, m), LC3 I  
1376 (f,n), LC3 II (g,o), LC3 II/I (h,p), Atg5 (i,q), Beclin-1 (j,r), p62 (k,s) and Rab7 (l,t) on  
1377 protein level in FYCO1-TGxRGFP compared to RGFP mice (WT control) 3 days and 30  
1378 days post MI. Protein levels determined by densitometry of westernblots, normalized  
1379 against total protein (n=4-17).

1380

1381 **Figure 4: Transcriptomic profiling reveals a cardioprotective gene expression program**  
1382 **in FYCO1-Tg hearts**

1383 Bulk RNA sequencing was performed on left ventricular tissue obtained from WT and  
1384 FYCO1-Tg mice 3 days post MI (n=5-6). Differential gene expression analysis revealed a  
1385 distinct FYCO1-dependent transcriptional signature, characterized by suppression of  
1386 inflammatory and stress-response pathways. (a) Volcano plot showing significantly up-  
1387 and downregulated genes in FYCO1-Tg LAD versus WT LAD hearts. Heatmaps  
1388 illustrating differential expression of genes involved in (b) cytokine-cytokine receptor  
1389 interaction, (c) chemokine signaling and (d) apoptosis signaling.

1390

1391 **Figure 5: Serum cytokine and chemokine screening revealed reduced inflammatory**  
1392 **signaling alongside reduced chemoattractant expression under FYCO1 overexpression**

1393 Serum cytokine (a-e) and chemokine (f-j) levels were quantified in WT and FYCO1-Tg  
1394 mice 3 days following MI (n=6). Quantification of markers was performed using the

1395 Mouse Discovery Assay (Eve Technologies, Calgary, AB, Canada), a multiplex bead-  
1396 based immunoassay platform.

1397

1398 ***Figure 6: FYCO1 overexpression limits systemic and local inflammatory signaling and***  
1399 ***immune cell recruitment into infarct border zone***

1400 (a) Illustrative confocal images showing macrophage infiltration into the infarct zone 3  
1401 days post MI. LV sections are stained with MAC2, CD68 and MCP-1 antibody with DAPI.  
1402 Graphs represent the statistical quantification of MAC2 (b), CD68 (c) and MCP-1 (d)  
1403 signal relative to WT control (analyzed with ImageJ; n=2-5, 10 images analyzed per  
1404 section).

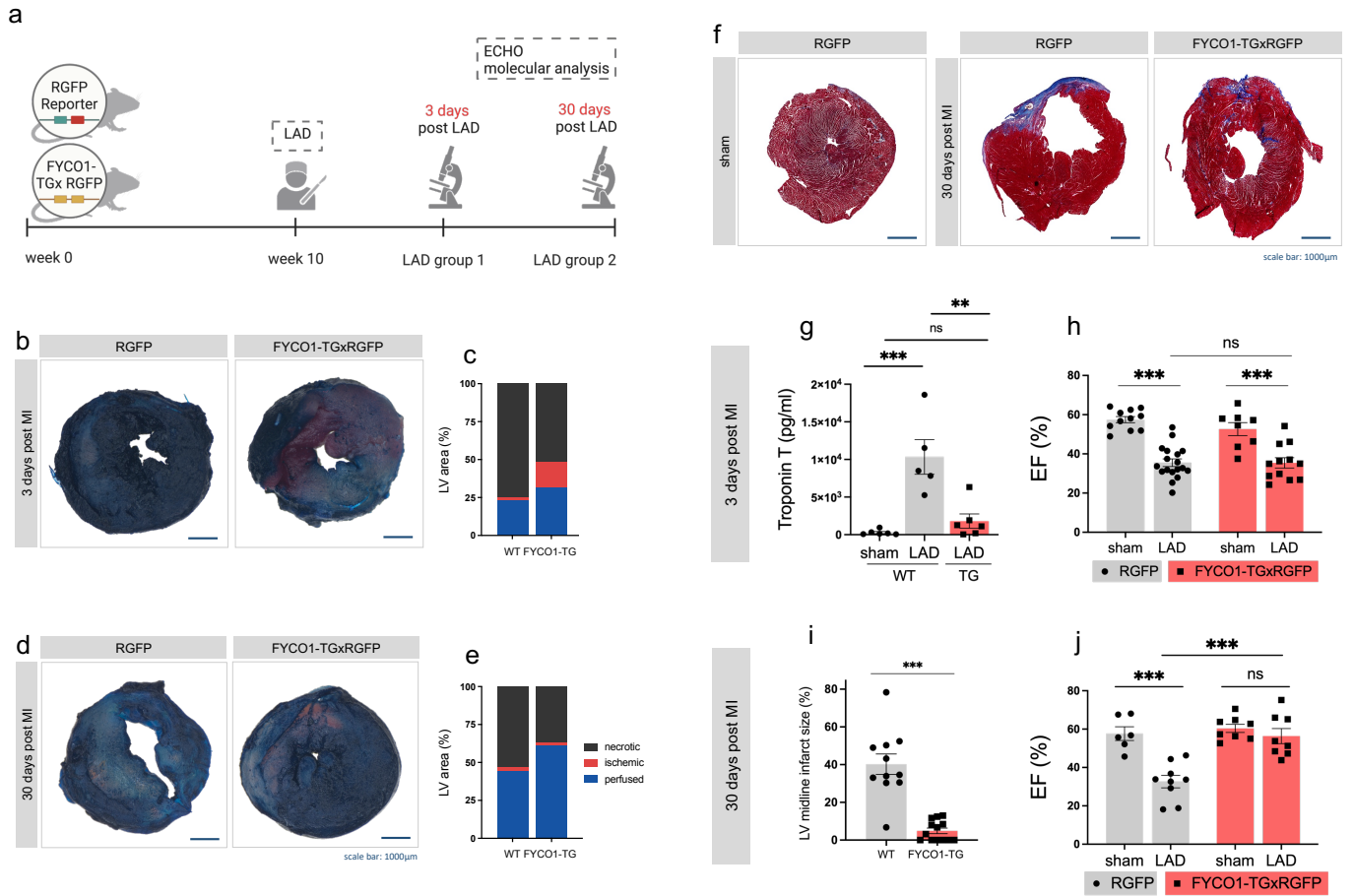
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1406 ***Figure 7: FYCO1 overexpression alleviates apoptosis induction in acute ischemia***

1407 (a) Illustrative confocal images showing colocalization of cleaved Caspase7 (pink) and  
1408 DAPI (blue). Colocalization analysis for the translocalization of cleaved Caspase7 into  
1409 the nucleus as well as the presence of cleaved Caspase7 in the cytosol. Graphs (b,c)  
1410 represent the statistical quantification of colocalization analysis of pink and blue  
1411 fluorescence in confocal microscopy images 3 days days post MI (n=4-7, 12 images  
1412 analyzed per section). (d-g) Westernblot images and quantification of apoptosis  
1413 markers Bcl-2 (h), Bax (i), cleaved Caspase 3 (j), cleaved/full Caspase 3 (k), cleaved  
1414 Caspase 7 (l), cleaved/full Caspase 7 (m), cleaved Caspase 9 (n) and cleaved/full  
1415 Caspase 9 (o) on protein level in FYCO1-TGxRGFP compared to RGFP mice (WT control)  
1416 3 days post MI. Protein levels determined by densitometry of westernblots. (n=6-17).

1417

**Figure 1**



**Figure 2**

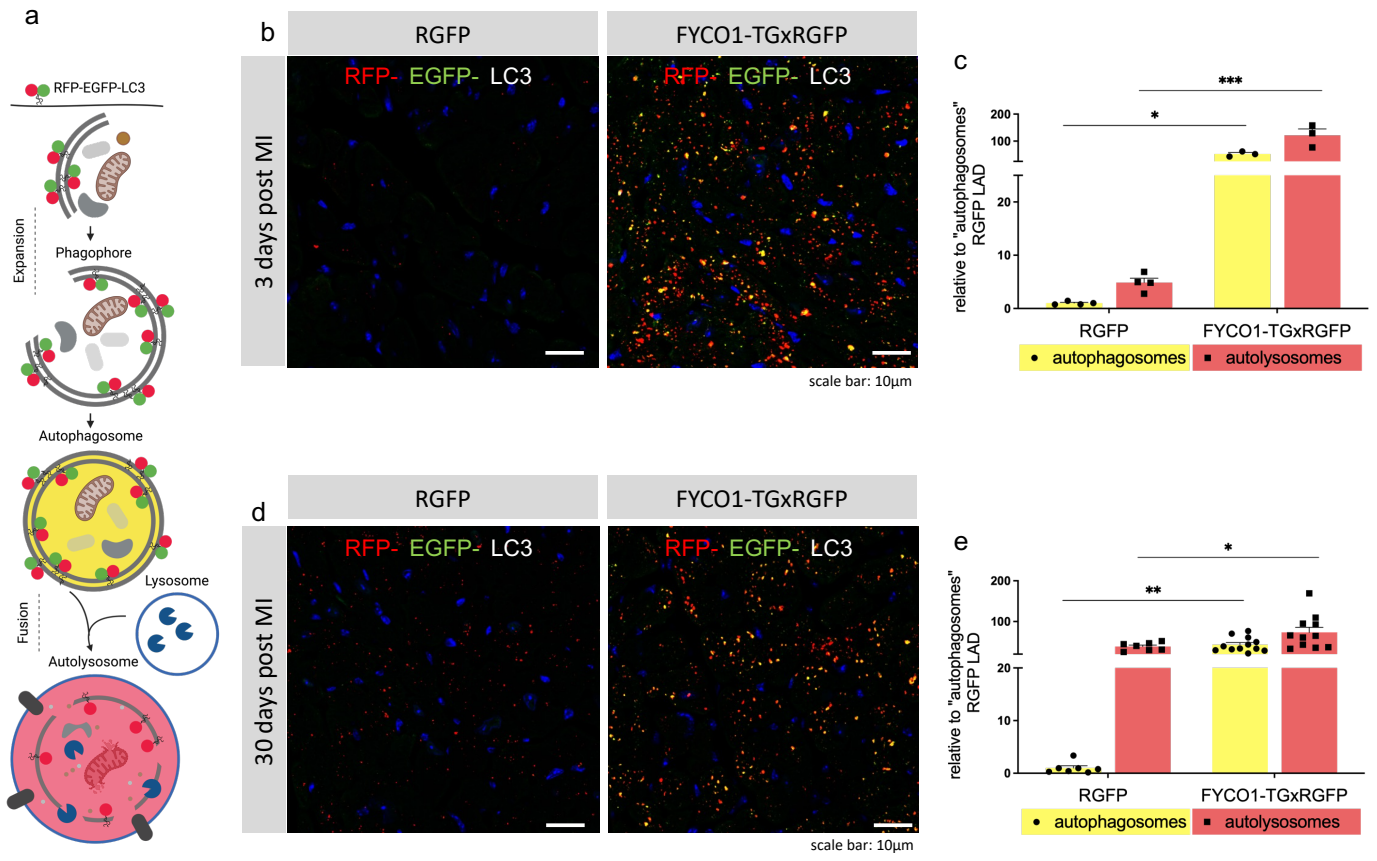
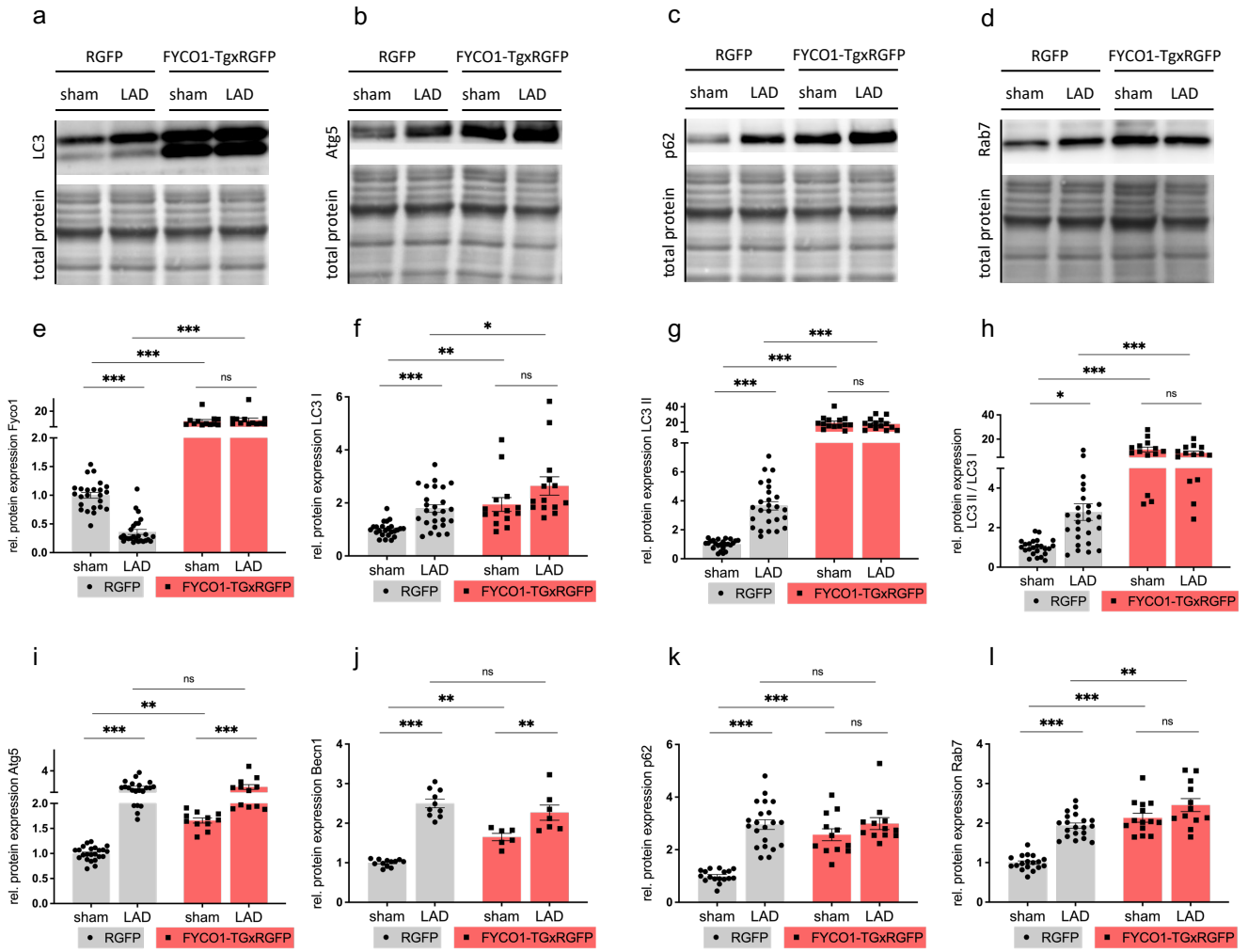
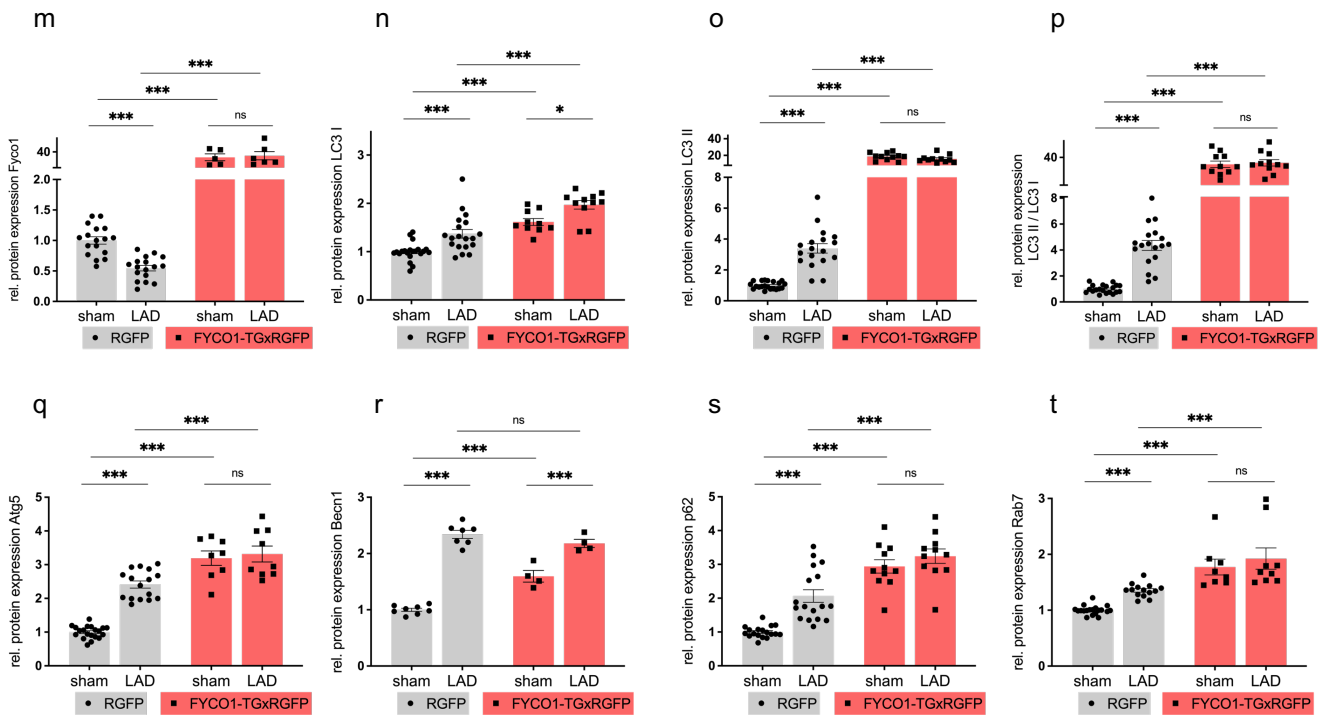


Figure 3

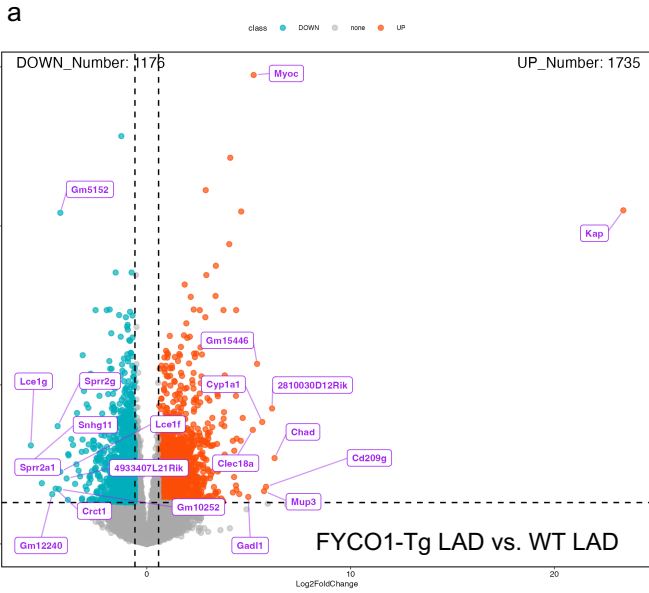
3 days post MI



30 days post MI



**Figure 4**



**up-regulated  
in FYCO1-TG LAD vs. WT LAD**

**Functional Group**

Anti-inflammatory /  
immune modulation

Anti-fibrotic / ECM remodeling

Neurohormonal protection

Metabolic adaptation

Angiogenesis / vascular  
remodeling

**down-regulated  
in FYCO1-TG LAD vs. WT LAD**

**Functional Group**

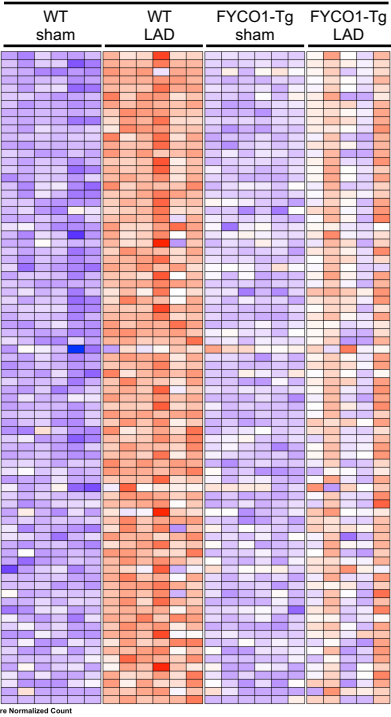
Pro-inflammatory

ECM and remodeling  
suppression

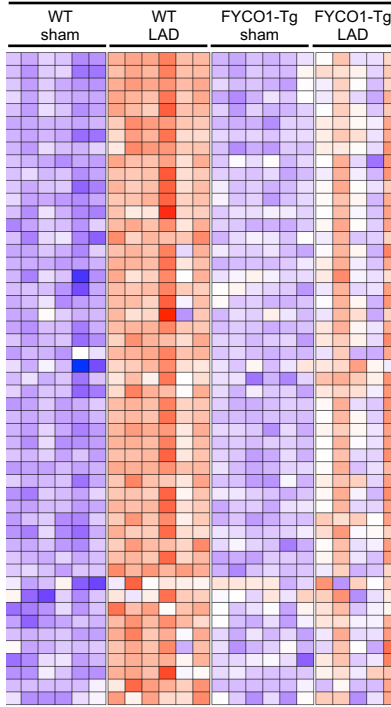
Immune cell recruitment

Neural / neuroinflammatory  
tone

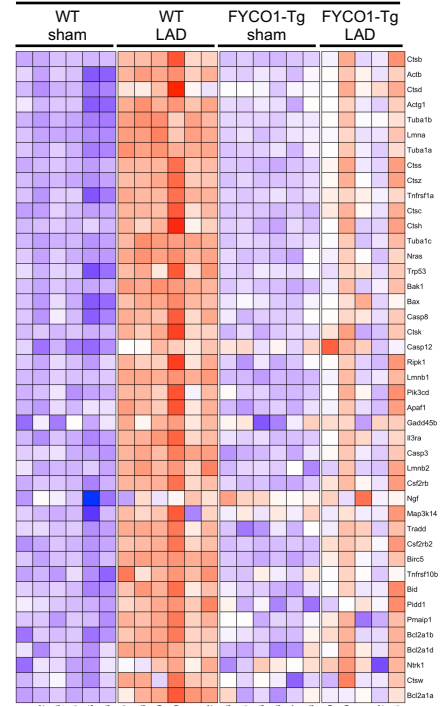
**b  
Cytokine-cytokine receptor interaction**



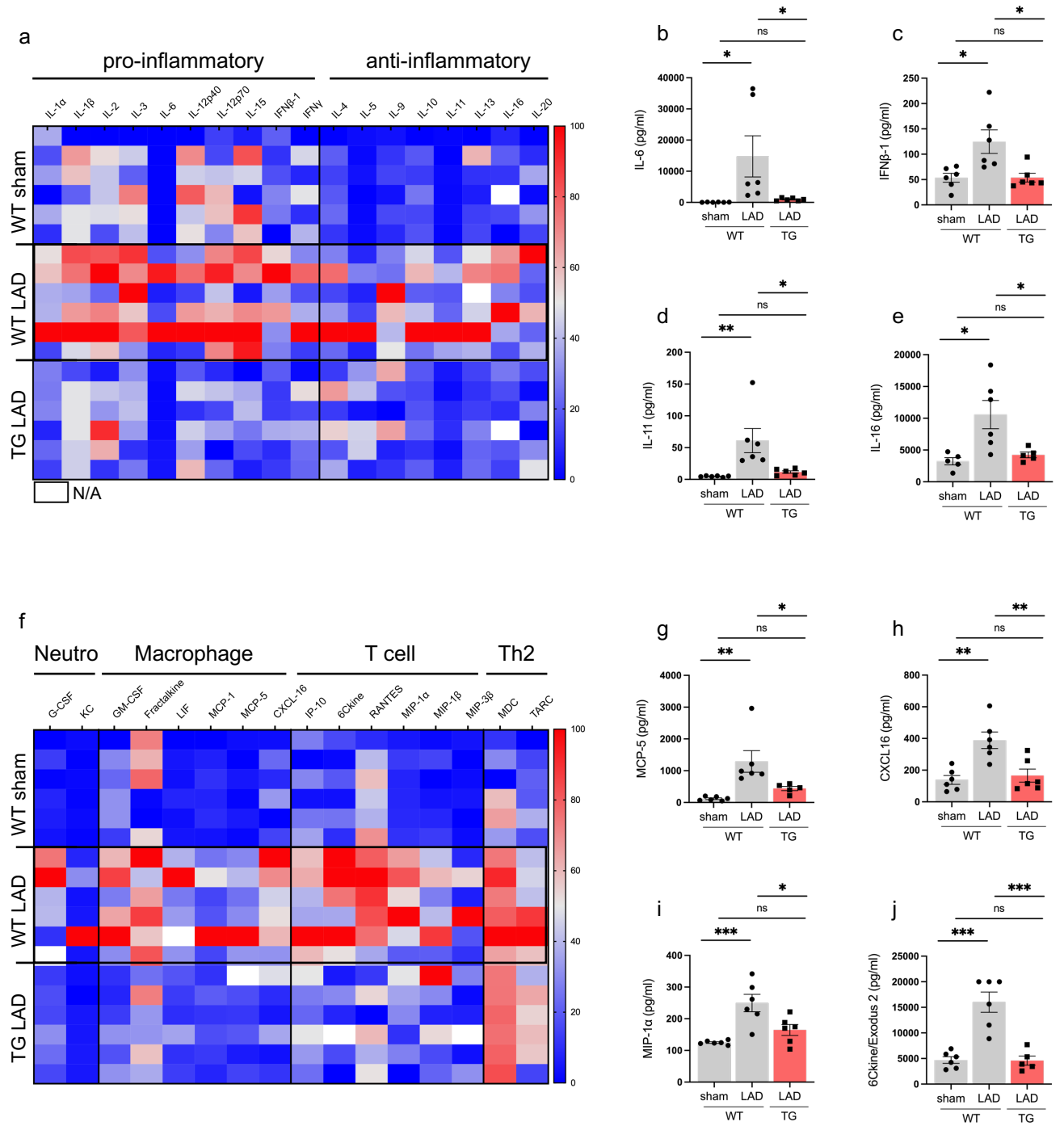
**c  
Chemokine signaling**



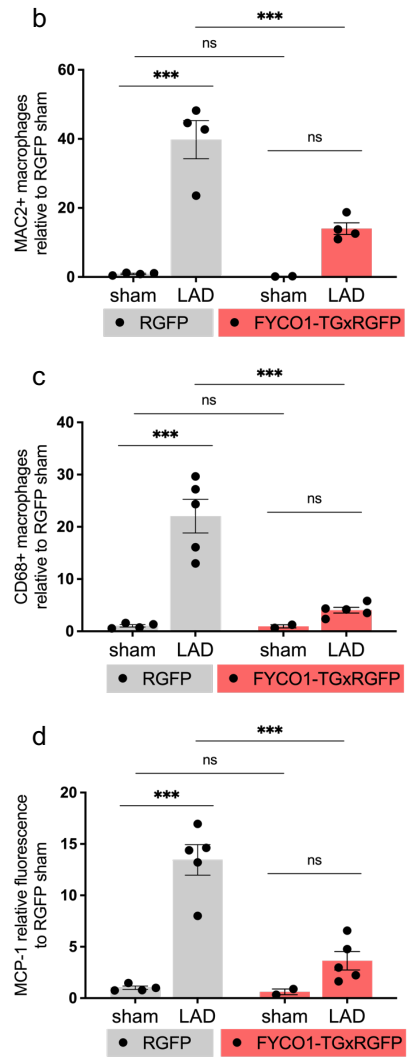
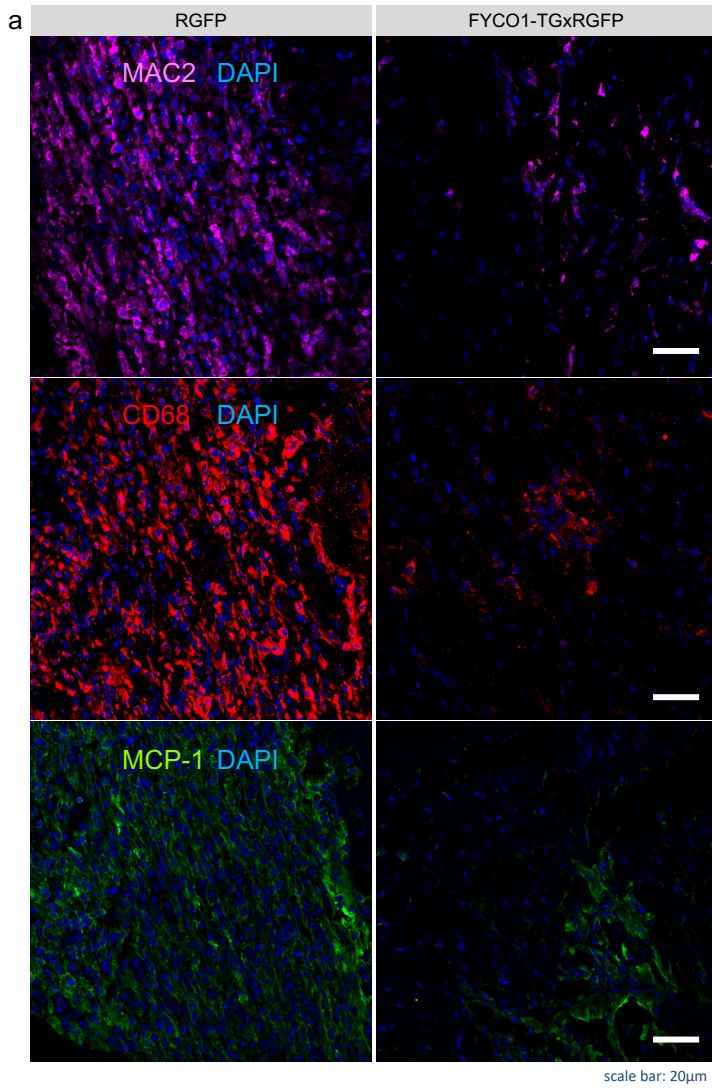
**d  
Apoptosis signaling**



**Figure 5**



**Figure 6**



**Figure 7**

