# **Additional file 4: Data extraction instrument based on Peters et al. [1]**

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| **Study details and characteristics** | |
| Author(s) |  |
| Year of publication |  |
| Country of origin (where was the study conducted) |  |
| Participant characteristics: Age, gender, number |  |
| Study design |  |
| Study methods |  |
| **Important results related to the research question of the scoping review** | |
| Concept of health |  |
| Concept health behavior |  |
| Concept work-related stress |  |

**References:**

1. Peters MDJ, Godfrey C, MCInerney P, Munn Z, Tricco AC, Khalil H. Chapter 10. Scoping reviews (version 2020). 2020. In: JBI manual for evidence synthesisis. https://doi.org/10.46658/JBIMES-24-09.