1   **Single-cell multiome and spatial profiling reveals pancreas cell type-specific gene**

2   **regulatory programs driving type 1 diabetes progression**

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Abstract

Cell type-specific regulatory programs that drive type 1 diabetes (T1D) in the pancreas are poorly understood. Here we performed single nucleus multiomics and spatial transcriptomics in up to 32 non-diabetic (ND), autoantibody-positive (AAB+), and T1D pancreas donors. Genomic profiles from 853,005 cells mapped to 12 pancreatic cell types, including multiple exocrine sub-types. Beta, acinar, and other cell types, and related cellular niches, had altered abundance and gene activity in T1D progression, including distinct pathways altered in AAB+ compared to T1D. We identified epigenomic drivers of gene activity in T1D and AAB+ which, combined with genetic association, revealed causal pathways of T1D risk including antigen presentation in beta cells. Finally, single cell and spatial profiles together revealed widespread changes in cell-cell signaling in T1D including signals affecting beta cell regulation. Overall, these results revealed drivers of T1D progression in the pancreas, which form the basis for therapeutic targets for disease prevention.

71

Introduction

72

73 Type 1 diabetes (T1D) is a complex endocrine disorder characterized by autoimmune

74 destruction of beta cells in the pancreatic islets, leading to lifelong dependence on insulin

75 therapy. The destruction of beta cells in T1D is caused by interactions with multiple cell types in

76 and surrounding the islet microenvironment including infiltrating immune cells, other endocrine

77 cells, and endothelial cells[1–3]. Cell types in the pancreas outside the local islet environment,

78 such as exocrine acinar and ductal cells, are also increasingly implicated in T1D

79 pathogenesis[4,5]. Beta cells themselves likely contribute to the development of T1D as well

80 through response to environmental factors, external signaling to immune, beta, and other cell

81 types, and cellular survival[6]. The sequence of events in the pancreas that drives initiation of

82 beta cell autoimmunity and progression through stages of T1D, however, as well as the role of

83 each pancreatic cell type in these processes, remains poorly understood.

84

85 Seroconversion to autoantibody positivity (AAB+) against islet proteins (i.e. self-antigens)

86 precedes T1D onset in nearly all cases and is used as a clinical biomarker of T1D

87 progression[7,8]. Individuals at T1D diagnosis can present with differing number and type of

88 autoantibodies, which are associated with varying rates of disease incidence; for example, the

89 presence of a single islet AAB has a relatively low lifetime risk of T1D while individuals with

90 multiple AAB have disease rates over 90%[9–11]. As clinical presentation of T1D does not occur

91 until a large fraction of beta cells has been destroyed, there is a window of time between

92 seroconversion and T1D onset where disease processes can potentially be halted or reversed[7].

93 Even after onset of T1D, residual beta cell mass could potentially be modulated therapeutically

94 to restore metabolic function[12]. Defining changes in disease-relevant cell types across the

95 stages of T1D progression would both improve our understanding of the mechanisms of T1D as

96 well as reveal potential targets to prevent or reverse disease. Furthermore, an improved

97 understanding of key changes associated with progression would also help identify novel

98 biomarkers of T1D, which are particularly needed in the early stages of disease to identify

99 progressors and candidates for therapeutic intervention[13].

100

101 Single cell technology, the focus of this work, enables profiling of individual cells within the

102 pancreas[5,14]. Previous single cell studies of the pancreas in T1D have been limited in that they

103 focused primarily on gene expression profiling of dispersed cells[4,15], which does not provide

104 information on the spatial localization of cellular transcriptomes within the pancreas nor the

105 genomic elements driving changes in gene activity. Recent developments in spatial
106 transcriptomics enables profiling cells in their native location[16], which enables understanding cell
107 type-specific changes in the context of specific cellular neighborhoods and niches in the
108 pancreas. This is particularly important in the context of T1D which has extensive heterogeneity
109 in disease processes within the pancreas[17]. In addition, single cell epigenome profiling, for
110 example using snATAC-seq or single cell multiome (paired snRNA-seq+snATAC-seq), can
111 reveal transcriptional regulators, *cis*-regulatory elements (cREs), and gene regulatory networks
112 driving altered gene expression in T1D[5,14]. Critically, gene regulatory networks and cREs can be
113 intersected with T1D-associated variation to infer cell type-specific regulatory programs that
114 may play a causal role in driving disease[18,19].

115

116 Previous single cell studies have also been limited in the extent to which they have captured key
117 windows of T1D progression and pathogenesis[4,15]. Specifically, non-diabetic AAB+ donors in
118 these efforts were largely those with single glutamic acid decarboxylase (GAD) autoantibodies[4],
119 which have a relatively lower risk of developing T1D compared to multiple AAB+ donors and do
120 not reflect the full arc of progression to T1D[20]. Furthermore, many of the T1D donors in these
121 studies had long-standing T1D where disease processes are potentially more dormant, whereas
122 profiling donors who had more recently developed T1D may give greater insight into active
123 disease processes. Third, as these studies profiled purified islets, they offer more restricted
124 insight into genomic changes in cells outside of the islet microenvironment during T1D
125 progression, including in exocrine cells which are both altered in T1D as well as implicated
126 causally in the development of T1D[4,18,21].

127

128 In this study, we addressed these limitations by performing single cell gene expression and
129 epigenome profiling in whole pancreas from 32 non-diabetic, non-diabetic single and multiple
130 AAB+, recent-onset T1D, and long-standing T1D organ donors, as well as spatial
131 transcriptomics in a subset of non-diabetic and recent-onset T1D donors. We determined
132 changes in pancreatic cell type abundance, cellular pathways, gene regulatory networks, and
133 cell-cell signaling across these stages of T1D progression and pathogenesis and, using T1D
134 association data, identified pathways and gene networks that may play a causal role in the
135 development of T1D.

136
137 **Results**
138
139 *A comprehensive, multimodal, spatially resolved map of pancreatic cell types*

140   We selected whole pancreas samples from 32 donors in the nPOD biorepository including 11

141   non-diabetic (ND), 9 non-diabetic autoantibody positive (ND AAB+), and 12 T1D which we

142   separated into 7 recent onset (<1 year from diagnosis) and 5 longer duration (>5 years from

143   diagnosis) (**Supplementary Table 1**). Within the ND AAB+ group, most organ donors, by our

144   study design, had multiple autoantibodies (multiple ND AAB+). For all samples, we performed

145   single nucleus RNA-seq (snRNA-seq) and single nucleus ATAC-seq (snATAC-seq) assays and,

146   for eight of the samples, we performed single nucleus multiome (joint snRNA-seq and snATAC-

147   seq in the same nucleus) assays. In addition, for six of the samples, we performed spatial

148   transcriptomics assays using the CosMx Spatial Molecular Imager (**Figure 1A**).

149

150   After extensive barcode quality control and filtering steps, (**see Methods**), we performed

151   integration using Harmony[22] and clustered 276,906 gene expression profiles (**Figure 1B,**

152   **Supplementary Figures 1-2**). We annotated the resulting 18 clusters based on the expression

153   of known cell type marker genes which revealed 12 pancreatic cell types including exocrine

154   (acinar, ductal), endocrine (alpha, beta, delta), immune (T cell, B cell, macrophage, mast),

155   stellate, endothelial, and Schwann cells (**Figure 1B-C, Supplementary Table 2**). Cell type

156   clusters had broadly consistent representation across donors and donor characteristics

157   (**Supplementary Figures 2-3**). We aggregated expression profiles for all cells in the cell type

158   and derived normalized expression levels of each gene using transcripts-per-million (TPM),

159   which revealed, on average, 17,885 genes expressed (TPM>1) per cell type (**Supplementary**

160   **Table 3**). For each cell type, we further identified genes with expression levels specific

161   (FDR<.10) to the cell type which revealed both known as well as previously unreported sets of

162   genes with cell type-specific expression (**Supplementary Table 4**); for example, well-known

163   genes with expression highly specific to beta cells included *INS, IAPP* and *G6PC2* as well as

164   others with no currently known role in beta cell function (e.g., *PLCH2, NRG2, RBFOX3,*

165   *MTUS2).*

166

167   Several cell types displayed multiple sub-clusters representing both known cell sub-types, such

168   as active and quiescent stellate cells, blood vessel (BVEC) and lymphatic endothelial (LEC)

169   cells, and MUC5b+ ductal cells, as well as several potential sub-types of acinar cells (**Figure**

170   **1B,C**). As the genomic properties of these sub-types have not been completely described in

171   previous efforts, we derived sets of marker genes for each sub-type (**see Methods,**

172   **Supplementary Table 4**). For BVECs and LECs, in addition to reported marker genes *PLVAP*

173   (BVECs) and *FLT4* (LECs), we observed specific up-regulation of genes in each sub-type such

174   as *INHBB, BMP6, FCN3,* and *PCAT19* in BVECs and *EFNA5, COLEC12,* and *MYCT1* in LECs.

175   In *MUCB5+*-ductal cells*,* there was up-regulation of *ERN2, CYP2C18, MYO7B,* and *DMBT1*

176   compared to the primary sub-type of ductal cells*.* For acinar cells, the primary cluster, which we

177   annotated as 'basal' acinar cells, was enriched for genes and pathways involved in digestive

178   enzyme production and secretion. Other clusters included 'high-enzyme' acinar cells with higher

179   expression of enzymes such as chymotrypsin (*CTRB1/2),* trypsinogen (*PRSS1, PRSS2*), lipase

180   (*PNLIP*), carboxyl ester lipase (*CEL*), chymotrypsin-like elastase (*CELA3A/B*) and increased

181   oxidative phosphorylation and translation, 'signaling' acinar cells with increased signaling and

182   stress-response activity, and 'signaling/differentiation' acinar cells with increased signaling,

183   metallothionein (*MT1/MT2),* and identity and differentiation genes (*REG1A/B, PTF1A*) (**Figure**

184   **1D**).

185

186   To next characterize the spatial organization of pancreatic cell types, we performed RNA *in situ*

187   hybridization (ISH) of 1,010 genes with CosMx from a subset of donors including three ND and

188   three recent-onset T1D (**Supplementary Table 1, Supplementary Table 5**). We imaged a

189   total of 82.6M transcripts from 71 fields of view (FOV) in whole pancreas sections from three ND

190   (32 FOV) and three recent-onset T1D donors (39 FOV) (**Supplementary Figure 4A**) and

191   assigned transcripts to 392,248 cells overall (80 median genes, 200 median transcripts per cell),

192   using the CosMx default segmentation. We first performed unsupervised clustering of cellular

193   gene expression profiles, which revealed nine distinct clusters including exocrine, endocrine,

194   endothelial, immune and mast cells (**Supplementary Figure 4B**). We next mapped finer-

195   grained cell type annotations from the snRNA-seq atlas using moscot[23] (**Supplementary Figure**

196   **4B,C**), which revealed 14 total cell types and sub-types that were confirmed based on marker

197   gene expression (**Figure 1E**). Spatial neighborhood enrichment using squidpy[24] revealed

198   expected cell types clustering together including acinar sub-types, ductal sub-types, endocrine

199   cells (beta, alpha, delta), and connective cells (e.g., endothelial, immune, stellate) (**Figure 1F**).

200

201   Next, we sought to determine whether spatial neighborhoods form recurrent niches across the

202   pancreas, by defining niches involving a cell type using a gene-gene covariance matrix[25] in a

203   spatial neighborhood of 30 cells. We recovered six niches in total, characterized by cell type

204   abundance (**see Methods**), including three exocrine (acinar-enriched, ductal-enriched, and

205   *MUC5b* ductal-enriched) niches, one endocrine niche, one niche including both endocrine and

206   exocrine cells (endo-exo), and one niche consisting of connective cells (**Figure 1G**). To

207 characterize each niche, we identified spatially variable genes (Moran's I >0.2, p<.05) that
208 captured gene signatures specific to the niche (**Figure 1G**). In the acinar-enriched niche, marker
209 genes from the 'basal' and 'high-enzyme' cell types showed strong spatial clustering (*PRSS2,*
210 *REG1A*). In comparison, the ductal-enriched niche had more spatial association with 'signaling'
211 and 'signaling/differentiation' acinar cells (*MT1X, SOD2, MT2A*). Interestingly, in the *MUC5b*
212 ductal-enriched niche, spatially variable genes were strongly associated with immune
213 interactions (*HSPA1A, HLA-A,* and *B2M*). In addition, the endocrine niche had highly distinct
214 patterns which highlighted multiple endocrine-specific genes (e.g. *INS, GCG, SST,* and *IAPP*)
215 (**Figure 1G**).

216

217 Finally, we determined whether there were changes in abundance of cell types and sub-types in
218 T1D progression based on snRNA-seq data (**see Methods**). There was a significant decrease
219 (likelihood ratio test [LRT], FDR<.10) in beta cells (**Figure 1H, Supplementary Table 6**)
220 although we still observed residual beta cell proportion in T1D particularly in recent-onset
221 (ND=1.5%, recent-onset T1D=0.93%). We also observed significant decrease (FDR<.10) in
222 delta cells in T1D, and increased abundance of multiple immune populations in ND AAB+ and
223 recent-onset T1D. There was also more nominal evidence (p<.05) for altered abundance of
224 specific cell sub-types including 'enzyme-producing' acinar (p=.037) and MUC5b+ ductal cells
225 (p=.049). We next asked whether there were corresponding changes in the abundance of
226 specific niches in T1D in spatial profiles. First, we quantified the pairwise similarity between ND
227 and T1D spatial graphs using Wasserstein distance[26] (**Supplementary Figure 4D**), which
228 revealed significant changes in the underlying structure of endocrine cells (alpha and beta) in
229 T1D. We moreover observed significant changes in the abundance of the endocrine niche, as
230 well as the *MUC5b+* ductal cell niche, in T1D (p<.05) (**Figure 1I**).

231

232 *Comprehensive map of pancreatic cell type accessible chromatin*
233 To understand how the epigenome may drive changes in cell type-specific gene expression in
234 T1D, we next created a matched map of accessible chromatin in pancreatic cell types. For 29
235 nPOD donors we performed snATAC-seq assays, and we also used the snATAC-seq profiles
236 from single cell multiome assays of eight donors described above. After quality control, filtering
237 and initial clustering steps (**see Methods**), we annotated cell type identity by label transfer of
238 the gene expression map using Seurat[27]. After filtering nuclei with low transfer predictions
239 (<0.5), there were 203,348 chromatin profiles mapping to the same cell types and sub-types
240 (**Figure 2A, Supplementary Figures 5,6**). We estimated that label transfer was >97% accurate

241   at the cell type level by comparing the predicted and actual identity of accessible chromatin

242   profiles in single cell multiome data. We also confirmed that predicted cell types had accessible

243   chromatin at the promoter regions of key marker genes (**Figure 2B**). The proportions of each

244   cell type were highly correlated between expression and accessible chromatin maps (r=.98,

245   P=$1.7x10^{-13}$; **Supplementary Figure 7**).

246

247   We identified transcription factor (TF) binding motifs preferentially enriched in each pancreatic

248   cell type and sub-type using chromVAR[28]. At the cell type level, enriched sequence motifs

249   revealed key regulators of each cell type; for example, beta cells and other endocrine cells were

250   enriched for RFX and FOXA motifs, ductal cells for HNF1, ONECUT and TEAD motifs,

251   endothelial cells for ETV, FLI and GABPA motifs, and T cells for RUNX, ETV, and ETS motifs,

252   among others (**Figure 2C, Supplementary Table 7**). Motif enrichments also highlighted

253   regulators that distinguished accessible chromatin profiles of cell types within specific lineages;

254   for example, NEUROD1 and NR3C1 had stronger enrichment in beta compared to other

255   endocrine cells (**Figure 2C**). Acinar cells showed distinct sets of enriched TF motifs across

256   different sub-clusters, including 'signaling' acinar cells which were more enriched for FOS/JUN,

257   ATF and NFE motifs (**Figure 2C,D**, **Supplementary Table 7)**. In 'high-enzyme' acinar cells, the

258   strongest enrichments were for TFs such as ZEB, SNAI1-3, and TCF3-4, which were also the

259   most enriched motifs in acinar cells overall compared to other cell types (**Figure 2C,D**,

260   **Supplementary Table 7**). As structurally related TFs often have similar motifs, we linked TF

261   motifs enriched in sub-clusters to specific TFs in the same structural sub-family with concordant

262   expression patterns. For example, *FOSL2* and *JUNB/D*, as well as *ATF3*, *NFE2L2* and

263   *BACH1/2,* were increased in 'signaling' acinar cells, and *TCF3* had increased expression in

264   'high-enzyme' acinar cells (**Figure 2D**).

265

266   For each cell type and sub-type, we next defined candidate *cis*-regulatory elements (cREs). We

267   derived 'pseudo'-bulk accessible chromatin profiles by aggregating reads from all cells for that

268   cell type or sub-type and identified cREs by performing peak calling with MACS2. In total, there

269   were 368,688 cREs across all cell types and an average of 94.3k cCREs per cell type

270   (**Supplementary Table 8)**. Given expanded profiling of pancreatic cell types in our study we

271   determined the proportion of cREs not present in previous catalogs. Among cREs in our study,

272   9.4% and 7.4% were unique compared to a pan-tissue[29] and pancreas-specific[5] cRE catalog,

273   respectively, such as a T cell-specific cRE directly upstream of *ZNF746* (**Figure 2E**). We

274   identified cREs with cell type-specific activity by comparing accessible chromatin profiles across

275   cell types (**Supplementary Table 9, see Methods)**. Cell type-specific cREs were enriched for

276   sequence motifs of key cell type TFs as well as proximity to genes involved in cell type-specific

277   function (**Supplementary Table 10,11**). For example, beta cell-specific cREs were significantly

278   enriched (FDR<.10) for proximity to insulin secretion-related pathways and RFX, FOXA,

279   NEUROD, and NKX6.1 TF motifs, whereas endothelial-specific cREs were significantly enriched

280   for proximity to angiogenesis, blood vessel morphogenesis, and vasculature pathways and FLI,

281   ETS, and ETV TF motifs (**Supplementary Table 10,11**). We also identified cREs specific to

282   several of the sub-types within acinar cells; for example, 'signaling' acinar-specific cREs were

283   enriched for JUN, FOS, and ATF motifs.

284

285   Due to the scarcity of immune populations in the pancreas, the epigenome of resident and

286   infiltrating pancreatic immune cells has not been extensively described. In our study, we

287   identified multiple immune cell types including T cells, macrophages, B cells and mast cells,

288   although available cell numbers only enabled defining cREs in T cells and macrophages. T cell-

289   specific cREs were significantly enriched for proximity to genes involved in T cell activation, T

290   cell receptor complex, and cytokine receptor activity, and motifs for ETS, ETV and RUNX TFs,

291   and macrophage-specific cREs were enriched for immune-related processes and PU.1 and

292   SPIB motifs (**Figure 2F**). Compared to a previous study which profiled several whole pancreas

293   donors, more than double the number of cREs were identified in each cell type (T cells: 58.8k vs

294   24.5k; Macrophages: 114.3k vs 55.7k). The increased number of cREs improved annotation of

295   T1D-associated variants at immune-related loci; for example, at the *PRCKQ* locus likely causal

296   T1D variant rs947474 (PPA=.88) from published fine-mapping data[5] overlapped a pancreatic T

297   cell and macrophage cRE not identified in these cell types in the pancreas previously, and not

298   active in other pancreatic cell types (**Figure 2G**).

299

300   We next predicted networks of genes regulated by TF activity in each pancreatic cell type (**see**

301   **Methods**). We linked cREs to target genes in each cell type using the activity-by-contact (ABC)

302   method, which revealed an average of 46,474 cRE-target gene links per cell type, as well as

303   based on promoter proximity (**Supplementary Table 12**). Using ABC and promoter proximity,

304   genes were linked to, on average, 2.8 cREs per cell type (**Figure 2H**). We identified genes

305   which had highly cell type-specific cRE links (**see Methods**), and genes with highly cell type-

306   specific cRE links included key marker genes such as *INS* in beta cells, *GCG* in alpha cells, *IL2,*

307   *IFNGR1* and *GZMA* in T cells, and *MARCOS* in macrophages. In each cell type, we next

308   constructed gene regulatory networks (GRNs) for 366 TFs by combining (i) cRE-target gene

309   links, (ii) TF sequence motif predictions in cREs, and (ii) TF and target gene expression levels

310   (**Figure 2H, see Methods, Supplementary Data 1**). We then annotated likely cellular functions

311   of TF GRNs by identifying biological pathways with gene sets that significantly overlapped TF

312   GRNs. There were thousands of significant relationships linking TF GRNs to biological

313   pathways across all cell types (Fisher's test, FDR<.10) (**Supplementary Table 13**), which

314   annotated many known regulators of biological pathway activity as well as many putative

315   functions of TFs.

316

317   Finally, we utilized spatial transcriptomics data in combination with cell type-specific TF GRNs to

318   infer TF activity within cell types and sub-types in the pancreas. Briefly, we used a univariate

319   linear model to predict the observed gene expression based on TF–gene interaction weights,

320   from which we scored TFs as active or inactive in each cell type[30]. We identified TFs with

321   endocrine-specific activity in line with the previously described regulators of endocrine cell

322   activity, such as *NEUROD1*, as well as high activity of *PAX6* in beta cells, where it is a key

323   regulator of beta cell identify, function and survival[31] (**Figure 2I,J**). Among other cell types, we

324   inferred high activity for *BHLHA15/MIST1* in acinar cells, where it may play a role in the

325   maintenance of pancreatic acinar identity[32], and highly specific activity for *MEOX2* in endothelial

326   cells and *RUNX3* in T cells (**Figure 2I,J**). Integrating GRNs with spatial transcriptomic profiles

327   thus confirmed the specificity of key TFs regulating pancreatic cell types, including for TFs not

328   measured on the spatial panel directly.

329

330   *Pancreatic cell type gene expression in T1D progression*

331   Changes in genome-wide gene activity within each pancreatic cell type during progression to

332   T1D are poorly understood. We therefore identified genes and biological pathways in each cell

333   type with altered activity in ND AAB+ and T1D. To increase our power to detect changes in

334   endocrine cell types, we also utilized single cell RNA-seq from purified islets of 48 non-diabetic,

335   ND AAB+ (primarily single AAB+), and T1D donors from the HPAP consortium[4,33,34]. For each

336   cell type and sub-type, we derived gene counts per sample, tested for differential expression in

337   single and multiple ND AAB+ and recent and long-standing T1D compared to non-diabetes, and

338   considered genes significant at FDR<.10 (**see Methods**). We further performed gene set

339   enrichment of differential expression results for each cell type and sub-type and identified

340   pathways with significant (FDR<.10) changes in activity in each condition (**see Methods**).

341

342   Marked gene expression changes were observed in beta cells in T1D (**Figure 3A**). In recent-
343   onset T1D, 665 genes in beta cells had significant change (FDR<.10) in expression, where the
344   most up-regulated genes included MHC class I and related (*CD74, B2M*) genes, cytokines and
345   cytokine-induced genes (*IL15*, *GBP2, IFIT3*), cytokine-responsive TFs (*STAT1/4, IRF1*), and
346   components of the 20S proteosome (**Figure 3B, Supplementary Figure 8, Supplementary
347   Table 14**). We also observed up-regulation of MHC class II genes in T1D, particularly *HLA-
348   DPB1.* At the pathway level, there was up-regulation of antigen processing and presentation,
349   interferon signaling, interleukin signaling and JAK-STAT signaling, and down-regulation of
350   oxidative phosphorylation, translation, mitochondrial function, mitosis, mRNA processing,
351   protein folding and localization, ER-Golgi transport, and autophagy (**Figure 3C, Supplementary
352   Table 15**). We examined whether specific pathways up-regulated in T1D showed heterogeneity
353   in expression across beta cells, and several had evidence for bimodal expression patterns most
354   prominently ECM-related pathways but also antigen presentation, while others such as
355   interferon and JAK-STAT signaling did not (**Supplementary Figure 9**). Compared to recent-
356   onset T1D, the largest changes generally differed in long-standing T1D (**Supplementary Figure
357   8**), where antigen presentation and class I MHC genes were less pronounced, interferon
358   signaling was less pronounced although specific IRF TFs had higher expression, and class II
359   MHC genes had stronger up-regulation. There was also stronger down-regulation in long-
360   standing T1D of insulin secretion and beta cell function and genes such as *GLIS3* and *G6PC2*
361   (**Supplementary Table 14,15**)*.*

362

363   Given marked changes in gene expression in beta cells in recent-onset T1D, we further
364   characterized whether these pathways had altered activity within specific localizations in the
365   pancreas. Of the genes with altered expression in beta cells in recent onset T1D and present in
366   the spatial gene panel, almost all (95%) were up-regulated in T1D in spatial profiles (**Figure 3D,
367   Supplementary Figure 10**). Furthermore, multiple up-regulated genes in T1D such as MHC
368   class I genes (e.g. *HLA-A*, *B2M*) showed spatially-dependent expression patterns (Moran's I
369   >0.2) within endocrine, immune and ductal cells (**Figure 3D**). We further characterized
370   pathways in recent-onset T1D with expression profiles dependent on specific niches and altered
371   in T1D progression. We identified pathways in the PROGENy database in LIANA+[35] to predict
372   pathways preferentially active in a niche using a multivariate linear model. We identified
373   multiple pathways with niche-dependent expression, including hypoxia in the endocrine niche
374   (**Figure 3E**). When further assessing T1D-specific changes in pathway expression, pathways

375 related to hypoxia and inflammation such as TNFa and JAK-STAT were differentially active in

376 T1D (**Supplementary Figure 10**).

377

378 In contrast to T1D, few individual genes had significant changes in expression in beta cells in

379 either single or multiple ND AAB+ (**Figure 3A**). We determined whether more subtle changes

380 might be occurring at these stages. Genes altered in recent-onset T1D had significantly

381 correlated effects in multiple ND AAB+, although not in single ND AAB+ (**Figure 3F**). At the

382 pathway level, antigen processing and presentation was up-regulated in both single and multiple

383 ND AAB+, and interferon signaling was up-regulated in multiple ND AAB+ (**Figure 3G,H,**

384 **Supplementary Table 15**). Among key genes in these pathways, MHC class I genes (*HLA-A,*

385 *HLA-B, HLA-C*) and interferon signaling *IRF* TFs were up-regulated in multiple but not in single

386 ND AAB+ (**Figure 3I, Supplementary Table 14**). We also identified pathways altered

387 specifically in single and multiple ND AAB+ and not in T1D; for example, heat stress response

388 was up-regulated in single and multiple ND AAB+, extracellular matrix organization, cytokine-

389 cytokine interactions, and GPCR ligand binding were all down-regulated in multiple ND AAB+,

390 and TGF beta signaling was down-regulated in single ND AAB+ (**Figure 3H, Supplementary**

391 **Table 15)**. Additionally, class II MHC antigen presentation was strongly up-regulated in multiple

392 ND AAB+, but not single ND AAB+, including the class II MHC genes *HLA-DBP1* and *HLA-*

393 *DRB1* (**Supplementary Table 14,15**). These results highlight that single and multiple ND AAB+

394 have both shared and distinct genomic changes in beta cells compared to T1D.

395

396 Changes have been reported in the exocrine pancreas in both T1D and at-risk individuals[21] and

397 in our study, we observed marked changes in exocrine cell gene expression in T1D

398 progression. In 'basal' acinar cells, there were 276 genes with altered expression in recent-

399 onset T1D, almost all of which (95%) had decreased expression (**Figure 3A, Supplementary**

400 **Table 14**). Basal acinar and other acinar sub-types showed down-regulation of numerous

401 pathways in recent-onset T1D including those related to signaling, stimulus response,

402 metabolism, and protein transport (**Figure 3A, Supplementary Table 15**). In multiple ND AAB+,

403 the 'basal' and 'high-enzyme' acinar sub-types showed higher expression of genes related to

404 amino acid metabolism, which is necessary for enzyme production, as well as carbohydrate and

405 glucose metabolism, insulin signaling, immune signaling, transcriptional activity, and respiration

406 (**Figure 3J, Supplementary Table 15**). We also observed down-regulation of genes in ductal

407 cells in recent-onset and long-duration T1D associated with small molecule transport, stimulus

408   response, cytokine signaling and RNA processing, but no evidence for changes in ND AAB+

409   (**Supplementary Table 15**).

410

411   Other cell types in islets and the surrounding micro-environment also had significant changes in

412   activity across entire pathways during progression to T1D. In alpha cells, while antigen

413   presentation, interferon signaling, and other pathways were increased in T1D, in contrast to

414   beta cells there were few changes in single or multiple ND AAB+ (**Figure 3J, Supplementary**

415   **Table 15**). Delta cells showed more prominent changes in multiple ND AAB+, including

416   increased hypoxia and heat stress response and cell cycle-related pathways and decreased

417   signaling pathways, as well as in single ND AAB+ (**Figure 3J, Supplementary Table 15**). In

418   endothelial cells there was increased IL2 and JAK-STAT signaling as well as SCF/KIT signaling,

419   which promotes angiogenesis[36,37], in recent-onset T1D (**Figure 3J, Supplementary Table**

420   **14,15**). In activated stellate cells, there was increased expression of genes associated with fibrin

421   clotting and decreased expression of translation in ND AAB+, and down-regulation of many

422   pathways in recent-onset T1D (**Supplementary Table 14,15**). While we did not observe

423   evidence for significant changes in gene or pathway activity in immune (T cell, macrophage)

424   cells, this could be due to the small number of cells profiled for these cell types.

425

426   Together, these results reveal key genes and pathways altered in pancreatic cell types in ND

427   AAB+ and T1D donors with both shared and distinct changes in ND AAB+ compared to T1D,

428   which in ND AAB+ included antigen presentation, interferon signaling, ECM-related and stress

429   response pathways in beta cells and metabolism and immune signaling in acinar cells.

430

431   *Changes in the pancreatic cell type-specific epigenome in T1D progression*

432   We next examined to what extent altered gene and pathway activity in pancreatic cell types in

433   T1D progression is driven by changes in the epigenome of ND AAB+ and T1D donors using

434   snATAC-seq profiles from 29 nPOD donors.

435

436   First, we identified cREs in each cell type with altered activity in T1D progression using a linear

437   mixed model to account for pseudo-replication (**see Methods**). We observed significant

438   changes (FDR<.10) in cRE activity in ND AAB+ and T1D for most pancreatic cell types

439   (**Supplementary Table 16**). Beta cell cREs with increased activity in recent-onset T1D were

440   significantly enriched (FDR<.10) for sequence motifs of steroid hormone receptors (NC3C1,

441   NR3C2), NF-Y (NFYA, NFYB, NFYC), interferon response factors (IRF2, IRF7), and stress-

442 response TFs (ATF4, STAT1, CEBPG) among others (**Figure 4A, Supplementary Table 17**).

443 Conversely, cREs with decreased activity in T1D were significantly enriched for sequence motifs

444 of TFs involved in core beta cell functions, such as HNF1 and RFX, with many beta cell identity

445 TFs (NKX6.1, PDX1) and other TF families including FOXA and MEF showing more nominal

446 enrichment (**Figure 4A, Supplementary Table 17**). We also identified sequence motifs

447 enriched in beta cell cREs altered in ND AAB+, including IRF, TCF and STAT TF motifs in cREs

448 with increased activity and MEF, RFX, and NFAT TFs in cREs with decreased activity, although

449 other T1D-associated motifs such as HNF1 showed no change in ND AAB+ (**Figure 4A,**

450 **Supplementary Table 17**). Sequence motifs were also enriched cREs altered in T1D

451 progression for other pancreatic cell types, such as MEF and RFX TF motifs in alpha cells,

452 RUNX TF motifs in activated stellate cells, STAT TF motifs in endothelial cells, and FOS/JUN

453 motifs in ductal cells.

454

455 We determined next whether TF motifs enriched in T1D-associated cREs in pancreatic cell

456 types had broader, genome-wide changes in activity in T1D progression by modeling sequence

457 motif accessibility across individual cells using chromVAR[28] (**see Methods**). In beta cells, we

458 observed consistent changes in the genome-wide accessibility of specific sequence motifs in

459 T1D progression, including increasing accessibility of IRF motifs and decreasing accessibility of

460 RFX, FOXA, and MEF motifs from ND AAB+ to T1D states (**Figure 4B, Supplementary Table**

461 **18**). In other cases, sequence motifs had different patterns in ND AAB+ and T1D, such as

462 decreased accessibility of HNF1 and increased accessibility of PAR-related and hormone

463 receptor TFs in T1D only and opposed accessibility of SIX TFs in ND AAB+ and T1D. While

464 alpha cells showed similar increases in accessibility of hormone receptor, stress-response, and

465 PAR-related TFs in T1D progression as in beta cells, there were also several marked

466 differences such as increased accessibility of MEF and RFX motifs in ND AAB+ and recent-

467 onset T1D, respectively (**Figure 4B, Supplementary Table 18).**

468

469 We used TF GRNs to determine which TFs drive changes in pathway activity in T1D

470 progression. In beta cells, pathways altered in ND AAB+ and T1D had highly specific links to TF

471 GRNs, suggesting key regulators of pathway activity in T1D progression (**Figure 4C,**

472 **Supplementary Table 13**). For example, pathways up-regulated in beta cells in T1D and ND

473 AAB+ such as interferon signaling were linked to GRNs for IRF TF motifs and antigen

474 processing and presentation were linked to NFY, IRF and NFkB TF GRNs, while down-

475 regulated pathways in T1D such as ER and Golgi-related processes were linked to CREB3L1,

476   XBP1 and other TF motifs (**Figure 4C, Supplementary Table 13**). We also identified TF GRNs

477   linked to pathways altered specifically in ND AAB+, such as heat stress related pathways and

478   HSF TF GRNs, extracellular matrix-related pathways and ETS, ELK and ELF TFs, and GPCR

479   signaling pathways and RFX and FOXA GRNs (**Figure 4C, Supplementary Table 13**). While

480   we observed a strong change in HNF1 motif accessibility, as well as HNF1A expression, in beta

481   cells in T1D (**Figure 4B,D**), no pathways linked to the HNF1 GRN had significant change in

482   expression in T1D. However, there was a more nominal change in beta cell development and

483   function pathways linked to the HNF1 GRN in T1D (**Figure 4D, Supplementary Table 13**),

484   supporting that reduced HNF1 activity likely underlies altered beta cell function in T1D, as has

485   been shown in the context of type 2 diabetes[38].

487   Similarly, in other pancreatic cell types, TF GRNs were linked to pathways with altered activity in

488   ND AAB+ or T1D. For example, in enzyme-high acinar cells, metabolic pathways altered in ND

489   AAB+ were linked to GRNs for specific TFs such as glucose metabolism and HNF1, amino acid

490   metabolism and STAT1, and oxidative phosphorylation and MEF and FOS TF GRNs (**Figure

491   4E, Supplementary Table 13**). In activated stellate cells, fibrin-related pathways up-regulated

492   in ND AAB+ were significantly linked to ELK, HOX, CEBP and other TF GRNs. In endothelial

493   cells, IL2 and JAK-STAT signaling pathways up-regulated in T1D were strongly linked to NFkB

494   (REL, RELA) and IRF TF GRNs, and SCF/KIT signaling was also linked to HOX family TF

495   GRNs, among others. We further explored changes in TF activity inferred from spatial gene

496   expression profiles of TF GRNs across cell types, which revealed increased activity of immune

497   regulation, inflammation and signaling TFs (e.g. STAT3, RBPJ, FOSL2, JUND), and reduced

498   activity of endocrine-related TFs (e.g. PAX6, GLI3, MAFA, INSM1, NEUROD1), in T1D

499   compared to non-disease (**Supplementary Figure 11**).

501   We next annotated specific beta cell cREs altered in T1D progression with putative target genes

502   and assessed changes in regulatory programs at specific loci. There were 114 beta cell cREs

503   with altered activity in T1D progression linked to genes with significant changes in expression.

504   For example, a beta cell cRE on chromosome 14 in the first intron of *TSHR* had increased

505   accessibility in recent-onset T1D and was linked to *TSHR,* which had among the largest

506   increases in expression in recent-onset T1D (**Figure 4F**). We identified similar cREs up-

507   regulated in recent-onset T1D linked to genes with highly up-regulated expression including

508   *HLA-A* (**Figure 4F***),* as well as *CD74, GAD1, IL15,* and *STAT1/4.* In other cases, we observed

509   epigenomic changes in beta cells that may precede changes in expression of cognate target

510   genes. For example, a cRE upstream of *IAPP* had reduced accessibility in early T1D although

511   *IAPP* itself only had a significant decrease in expression in longer-duration T1D.

512

513   Given pathways and transcriptional regulators with altered cell type activity in T1D progression,

514   we determined whether any changes prior to T1D onset showed evidence for a role in genetic

515   risk of T1D. We tested for enrichment of cREs linked to genes in each pathway for T1D

516   associated variants genome-wide (excluding the MHC locus) using fgwas[18,39] (**see Methods**). In

517   beta cells, several pathways altered in ND AAB+ were enriched for T1D-associated variants

518   including antigen processing and presentation (log enrich=4.48), class II MHC antigen

519   presentation (log enrich=4.74), and interferon signaling (log enrich=6.00) as well as several

520   extracellular interaction-related processes (focal adhesion, laminin interactions) and GPCR

521   signaling (**Figure 4G**). By comparison, multiple other pathways previously implicated in driving

522   T1D risk in beta cells such as apoptosis, autophagy, mitophagy, and senescence, showed

523   limited to no enrichment (**Figure 4G**). Among other cell types, we found evidence for enrichment

524   of immune, metabolism, and transcription related pathways in 'high-enzyme' as well as 'basal'

525   acinar cells (**Supplementary Figure 12**).

526

527   We further identified specific T1D risk loci that may alter regulatory activity of disease-enriched

528   pathways in key cell types such as beta cells, T cells and other immune populations, and

529   exocrine cells during T1D progression. We identified candidate causal variants at known T1D

530   loci by overlapping cREs altered in T1D progression with published fine-mapping data[5]. In beta

531   cells, multiple candidate causal variants at the *IRF1* locus overlapped cREs with increased

532   activity in T1D including at the promoter and downstream of *IRF1* (**Figure 4H, Supplementary**

533   **Table 19**). There was increased beta cell expression of *IRF1* through stages of T1D progression

534   and *IRF1* is a driver of beta cell interferon responses, which is a pathway broadly enriched for

535   T1D associated variants (**Figure 4G**). Conversely, at the *STAT4* locus we identified cREs with

536   increased activity in beta cells as well as T cells, although candidate causal variants for T1D at

537   the *STAT4* locus only overlapped cREs active in T cells (**Figure 4I**). This finding supports that

538   while increased *STAT4* activity in beta cells is observed in T1D, the *STAT4* locus more likely

539   affects T1D risk through altered T cell function.

540

541   Together these results reveal transcriptional regulators and networks altered in T1D

542   progression, including those regulating pathways that likely play a causal role in the

543   development of T1D such as antigen presentation, interferon signaling, and extracellular

544   interactions in beta cells.

545

546   *Changes in pancreatic cell-cell signaling in T1D progression*

547

548   External signaling between cell types is a key driver of changes in cell type-specific regulation

549   and function, and therefore we finally identified cell-cell signaling interactions in the pancreas

550   altered in T1D progression.

551

552   We first inferred cell-cell interactions in snRNA-seq data for non-diabetes, ND AAB+ and T1D

553   using 1,939 ligand-receptor pairs in CellChat[40] (**see Methods**), which revealed 87,650

554   interactions significant (FDR<.10) in at least one condition (**Supplementary Table 20)**.

555   Grouping ligands into functional categories revealed classes of outgoing signals preferentially

556   produced by each cell type; for example, hormones, neuropeptides, and cell adhesion

557   molecules from endocrine cells, and enzymes from exocrine cells (**Supplementary Figure 13,**

558   **Supplementary Table 21**).

559

560   We identified cell-cell interactions with changes in activity in T1D progression using a

561   permutation test and considered changes significant at FDR<.10 (**see Methods**). Overall, there

562   was a reduction in the number and strength of interactions in recent-onset and long-standing

563   T1D compared to non-diabetes, which was largely driven by exocrine cells (**Figure 5A**). In both

564   ND AAB+ and recent-onset T1D there was increased strength of interactions involving

565   endocrine cells and other cell types, although the total number of interactions was reduced

566   (**Figure 5A**). We further identified cell-cell interactions among cells in spatial niches and

567   determined changes in T1D using spatial transcriptome profiles. We identified spatially co-

568   expressed ligand-receptor (LR) interactions by Moran's bivariant extension in SpatialDM[41] using

569   LR pairs from CellChat[40]. We compared the number of detected interactions considering each

570   FOV as technical replicates of a donor and observed significant heterogeneity across donors

571   and, like dispersed cell data, fewer interactions in T1D compared to ND donors (H-

572   statistic=19.6, p=.0015) (**Figure 5A**).

573

574   Among specific cell types, endocrine cells displayed significant increases in both outgoing and

575   incoming signaling in recent-onset T1D (**Figure 5B,C**). We also observed significant increases

576   in incoming signaling to endothelial, ductal, and activated stellate cells, as well as nominal

577 changes in 'basal' and 'high-enzyme' acinar, immune, and stellate cells, in recent-onset T1D.
578 Summarizing signaling by functional category revealed broad classes of cell type-specific
579 signals altered in T1D; for example, beta and other endocrine cells had increased signaling from
580 cell adhesion molecules, whereas T cells had increased antigen presentation and interleukin
581 signaling (**Figure 5D**). We further examined changes in signaling between specific pairs of cell
582 types in T1D progression (**Supplementary Table 22**). Significant changes (FDR<.10) in recent-
583 onset T1D included increased incoming and outgoing signaling involving beta cells, including
584 between beta cells themselves (**Figure 5C**), as well as increased signaling for alpha cells,
585 outgoing signaling from 'high-enzyme' acinar cells and incoming signaling to endothelial cells.
586
587 Given the importance of external signaling to beta cells in T1D, we focused specifically on
588 signals involving beta cells. In recent-onset T1D, autocrine/paracrine signals incoming to beta
589 cells with significant changes in activity included cell adhesion molecules *NRXN1*, *CADM1,* and
590 *NEGR1* from all endocrine cell types and the secreted factor *BMP5* from beta cells (**Figure 5E)**.
591 In addition, high-enzyme acinar cells had increased signaling of trypsinogen (**Figure 5E)**, and
592 stellate cells had increased signaling of ECM and cell adhesion molecules to beta cells. Among
593 immune cells, signals with significant changes in signaling to beta cells included *GZMA* and
594 *CCL5* from T cells and *VSIR*, *GRN*, and *LGALS9* from macrophages (**Figure 5E**). In return, beta
595 cells had increased signaling of *IL7* and MHC class I genes *HLA-A* and *HLA-C* to T cells, as well
596 as increased signaling of *BMP5*, *EFNA5*, *DLK1,* and *ANGPTL2* to macrophages. Notably,
597 multiple beta-immune cell signals altered in T1D map to T1D risk loci (e.g. *DLK1, HLA-A, HLA-*
598 *C, IL7R*)[18].
599
600 We next identified differential interactions (p<0.05) in spatial profiles by performing a likelihood
601 ratio test, which provided support for many T1D-associated interactions identified in dispersed
602 cell data. For example, interactions involving HLA class I (e.g., *HLA-C*)*, APP, SPP1,* and *BMP5,*
603 as well as ECM-related interactions, were altered in T1D (**Figure 5F,G**). We also identified
604 additional interactions enriched in T1D donors, for example between migration inhibitory factor
605 *MIF* and its transmembrane receptor *CD74*, consistent with previous studies[42], and involving
606 several chemokines. Next, we identified spatially-co-expressed ligand-receptor pairs using
607 Morans' I score in Liana+[35]. We obtained the top interactions associated with each niche using
608 non-negative matrix factorization (**see Methods**). In T1D, an interaction between *APP* and
609 *CD74* was enriched in the endocrine niche, where APP is involved in inflammation and could
610 promote immune responses in T1D (**Supplementary Figure 14**). Conversely, interactions

611 involving *INS*, *IGF1R*, and *INSR* and *CALM1*, among others, were enriched in the endocrine
612 niche from non-disease donors (**Supplementary Figure 14**).
613
614 Several ligands altered in T1D progression BMP5 and GRN (granulin) are growth factors that
615 have not been previously implicated in T1D. We determined the effects of *in vitro* exposure to
616 these ligands on gene expression using the beta cell model EndoC-BH1. Exposing beta cells to
617 BMP5 in culture revealed 1,926 genes with significant change (FDR<.10) in expression, where
618 the most up-regulated genes were *ID1-4* and *SMAD6-7,* known targets of BMP that regulate
619 proliferation and differentiation, and the beta cell identity gene *MAFA* (**Figure 5H,**
620 **Supplementary Table 23**). More broadly, BMP5 exposure up-regulated pathways (FDR<.10)
621 related to TGF beta signaling, glycolysis, secretion, and lipid metabolism, and down-regulated
622 pathways such as antigen presentation and chemokine signaling (**Figure 5H)**. Second, granulin
623 encodes secreted proteins produced by macrophages and ductal cells. Upon exposure to
624 granulin, 491 genes had significant change (FDR<.10) in expression including up-regulation of
625 beta cell function and insulin secretion genes *MAFA, ISL1*, *SOX4, CRY2* and down-regulation of
626 apoptosis related genes *PEA15, PDCD5,* and *CCAR1* (**Figure 5I, Supplementary Table 24**)*.*
627 More broadly, granulin up-regulated pathways related to cholesterol and glycerolipid metabolism
628 and down-regulated interleukin signaling and inflammation, transcription and translation, and
629 cell death.
630
631 These results together reveal broad changes in predicted cell-cell signaling in T1D progression
632 most prominently among endocrine cells and niches but also involving other cell types, including
633 altered signals in T1D that modulate T1D-relevant regulatory programs in beta cells.
634
635 **Discussion**
636 Single cell and spatial profiling of human pancreas donors revealed extensive changes in the
637 abundance, regulation, and signaling of specific cell types in T1D progression, including
638 processes that play a likely causal role in driving disease. In beta cells, class I and class II MHC
639 antigen presentation and interferon signaling pathways, TF regulators of these pathways, and
640 cREs linked to genes in these pathways all had up-regulated activity in recent-onset T1D and
641 ND AAB+. Antigen presentation was altered as early as single ND AAB+ donors, suggesting
642 that aberrant antigen presentation in beta cells may be an initial triggering event in T1D. Further,
643 the heterogenous activity of antigen presentation pathways in beta cells suggests that subsets
644 of beta cells may initiate the immune responses. Antigen presentation and interferon signaling

645   pathways in beta cells were broadly enriched for T1D-associated variants and specific risk loci

646   for T1D were linked to key genes in these pathways such as *IRF1*. In contrast, we found limited

647   evidence that pathways directly related to apoptosis, as well as other processes implicated in

648   T1D in beta cells such as autophagy, senescence, and mitophagy, harbor T1D risk, and are

649   thus more likely consequences of disease. It has been long hypothesized that beta cells affect

650   genetic risk of T1D through increased cell death[43–49]. Our results support that beta cells may

651   primarily contribute to T1D risk via the initiation or exacerbation of immune responses, which

652   necessitates different cellular models and phenotypic readouts to understand their role in

653   disease.

654

655   In addition to shared pathways, gene activity in beta cells and other pancreatic cell types had

656   distinct changes in ND AAB+ compared to recent-onset T1D, revealing that genomic profiles

657   prior to T1D onset are only partially intermediate to those in T1D. In addition, the lack of

658   individual genes with highly significant changes expression in ND AAB+ suggests that changes

659   at these stages are likely more subtle, in contrast to previous reports[4]. Several pathways in

660   beta cells were altered specifically in multiple and single ND AAB+ such as heat shock

661   response and ECM organization. Heat shock responses are activated by a variety of stressors,

662   promote antigen presentation in beta cells, and can act as chaperones for antigens and thus

663   may plausibly contribute to the initiation of autoimmunity[50,51]. The breakdown of ECM is also an

664   important process in T1D, as both a precursor to immune invasion as well as by affecting

665   intrinsic beta cell function[52]. We observed a similar pattern of both shared and distinct changes

666   in the epigenome of beta cells in ND AAB+ compared to T1D, including increased NEUROD1

667   activity and decreased SIX TF activity. There were also shared and distinct features in T1D

668   based on the duration of disease; for example, a more pronounced reduction in beta cell

669   function in long-standing T1D.

670

671   In contrast to beta cells, changes in gene activity in alpha cells were largely restricted to after

672   the onset of T1D, including for antigen presentation and interferon response pathways and

673   transcriptional regulators of these pathways. This supports that immune responses are more

674   pronounced within beta cells compared to alpha cells prior to T1D onset, which may reflect

675   differences in immune targeting as well as the intrinsic properties of each cell type. The latter is

676   supported by multiple *in vitro* studies showing pronounced responses of beta cells to external

677   T1D-relevant stressors[19]. A previous study revealed changes in alpha cell function and gene

678   expression in single ND AAB+ donors using data from the HPAP consortium[53], although there

679   were overall few genes with altered expression in this study which supports our findings that

680   genomic changes in alpha cells prior to T1D onset are likely subtle. In addition, several TF

681   families such as RFX and MEF2 had different patterns of accessibility between alpha cells and

682   beta cells in T1D progression, further highlighting the unique responses of each cell type to

683   disease progression. Conversely to alpha cells, delta cells had altered activity of multiple

684   pathways related to stress and inflammatory responses in single and multiple ND AAB+, as well

685   as decreased abundance in T1D, suggesting they may play an as-of-yet unappreciated role in

686   T1D progression.

687

688   Given that we profiled whole pancreas donors, our study was uniquely placed to reveal changes

689   in the exocrine pancreas compared to previous single cell studies which used purified islets[4,15].

690   We identified multiple clusters of acinar and ductal cell types which had distinct genomic profiles

691   and may represent heterogeneous sub-types of these cell types. In acinar cells, sub-clusters

692   were broadly related to enzyme production and signaling responses, and previous reports

693   highlighted similar heterogeneity in secretory and idling acinar cells[54]. Similar hormone

694   producing and signaling states have been reported in endocrine cells[55], and thus may represent

695   a common property of secretory cells. Resolving exocrine sub-clusters revealed genomic

696   changes within specific exocrine sub-types in T1D. Enzyme-producing acinar and *MUC5B*+

697   ductal cells were more abundant in ND AAB+ donors, and multiple acinar sub-types had altered

698   metabolism, immune, and transcriptional pathways, as well as increased signaling to beta cells,

699   in T1D progression. Specific pathways within acinar cells altered in T1D progression also

700   harbored T1D-associated variants, further supporting a role for exocrine pancreas in T1D risk[4,18]

701   and providing new in-roads to determine how cellular processes in acinar cells contribute

702   causally to T1D.

703

704   Signaling relationships between pancreatic cell types revealed incoming and outgoing external

705   signals during progression to T1D. Cell-cell signaling between immune and beta cells

706   highlighted known signals in T1D, such as granzyme B incoming to beta cells and class I MHC

707   presented by beta cells[56,57], as well as potential mechanisms of genes implicated in T1D genetic

708   risk such as *DLK1* and *IL7* signaling from beta cells to immune cells[18]. Additional signals

709   incoming to beta cells in T1D such as BMP5 and granulin have no prior known role in disease.

710   BMP5 has increased autocrine/paracrine signaling in T1D and *in vitro* suppressed antigen

711   presentation- and chemokine-related genes and enhanced expression of several genes linked

712   to beta cell proliferation and function. Other BMP proteins have been shown to both enhance

713   and inhibit beta cell function, maturity, and proliferation[58,58–60], where the direction of effect may

714   depend on the level of BMP signaling. Granulin suppresses class I MHC expression and T cell

715   infiltration of ductal adenocarcinoma cells in the context of pancreatic cancer and has been

716   shown to promote proliferation in mouse models of beta cells[61,62]. Signaling pathways altered in

717   T1D, particularly those involved in T1D genetic risk, may represent therapeutic areas for

718   preserving beta cell function to prevent or reverse T1D.

719

720   There were multiple limitations of our study that could be used to inform directions for future

721   studies. For example, while we grouped non-diabetic donors by number of autoantibodies,

722   there is additional granularity in stages of T1D stages; for example, stage 2 of T1D is marked by

723   both autoantibody positivity and reduced beta cell function[63]. Future studies may therefore

724   utilize islet functional measures to help refine characterization of T1D stages for genomic

725   analyses. In addition, heterogeneity in T1D pathogenesis has been defined based on criteria

726   such as first-developed autoantibody, HLA background, age and other factors[64–67], and

727   continued collection of larger sample numbers will enable understanding genomic changes

728   within donors mapping to disease sub-groups. As immune subsets infiltrating the pancreas

729   arise from pancreatic lymph nodes (pLNs)[68], studies combining pLN data with pancreas data

730   from matched donors will be valuable in understanding the role of immune cells in driving T1D

731   progression in the pancreas. Finally, expanded spatially-resolved profiling of cells will continue

732   to help reveal cell type-specific changes within disease-related cellular niches and

733   neighborhoods.

734

735   In summary, our study revealed gene regulatory changes in pancreatic cell types in T1D

736   progression and highlighted pathways, regulatory networks, and signals that may play a causal

737   role in T1D; efforts that inform both new directions for mechanistic studies and novel targets for

738   therapies to prevent or reverse T1D. We provide these data and maps in visualization tools

739   (available at http://t1d-pancreas.isletgenomics.org) to further enhance their utility to the research

740   community. More broadly, our study highlights the utility of single cell multiomics and spatial

741   analysis to reveal insight into cellular processes underlying progression to complex disease.

742

743   **Methods**

744   *Sample selection*

745   Whole pancreas tissue was obtained from the Network for Pancreatic Organ Donors with

746   Diabetes (nPOD) biorepository according to federal guidelines with informed consent obtained

747 from each donor's legal representative. Studies were considered exempt and approved by the

748 Institutional Review Board (IRB) of the University of California San Diego. We selected 7 T1D

749 donors with more recent onset (<1 year from diagnosis) and 5 T1D donors with longer duration

750 (>5 years from diagnosis), along with 11 age- and sex-matched non-diabetic (ND) individuals.

751 We also selected 9 non-diabetic donors with T1D autoantibodies (ND TD AAB+), the majority of

752 which had multiple antibodies although one donor was single GAD+. In total, 32 donors were

753 obtained for genomic profiling (**Supplementary Table 1**).

754

755 *Single cell assays*

756 *Tissue homogenization*

757 Flash-frozen pancreas tissue was homogenized using mortar and pestle on liquid nitrogen. ~40

758 mg of ground tissue was used as input for the different single nucleus assays.

759

760 *Generation of single nucleus ATAC-seq data*

761 Roughly 40 mg of ground pancreas tissue was resuspended in 1 ml of nuclei permeabilization

762 buffer (10 mM Tris-HCl (pH 7.5), 10 mM NaCl, 3 mM $MgCl_2$, 0.1% Tween-20 (Sigma), 0.1%

763 IGEPAL-CA630 (Sigma), 0.01% digitonin (Promega) and 1% fatty acid-free BSA (Proliant,

764 68700) in molecular biology-grade water). Nuclei suspension was filtered with a 30-µm filter

765 (CellTrics, Sysmex) and then incubated for 5 min at 4 °C on a rotator. Nuclei were pelleted

766 with a swinging-bucket centrifuge (500 × g, 5 min, 4 °C; Eppendorf, 5920 R) and washed

767 with 1 ml wash buffer (10 mM Tris-HCl (pH 7.5), 10 mM NaCl, 3 mM $MgCl_2$, 0.1% Tween-20,

768 1% BSA (Proliant, 68700) in molecular biology-grade water). Nuclei were pelleted and

769 resuspended in 10 µl of 1x Nuclei Buffer (10x Genomics). Nuclei were counted using a

770 hemocytometer, and 15,360 nuclei were used for tagmentation. snATAC-seq libraries were

771 generated using the Chromium Single Cell ATAC Library & Gel Bead Kit v1.1 (10x Genomics,

772 1000175), Chromium Chip H Single Cell ATAC Kit (10x Genomics, 1000161) and indexes

773 (Single Index Kit N Set A, 1000212) following manufacturer instructions. Final libraries were

774 quantified using a Qubit fluorometer (Life Technologies), and the nucleosomal pattern was

775 verified using a TapeStation (High Sensitivity D1000, Agilent). Libraries were sequenced on

776 NextSeq 500, HiSeq 4000 and NovaSeq 6000 sequencers (Illumina) with the following read

777 lengths (Read1 + Index1 + Index2 + Read2): 50 + 8 + 16 + 50.

778

779   *Generation of single nucleus RNA-seq data*

780   Roughly 40 mg of ground pancreas tissue was suspended in 500 µL of nuclei buffer: 0.1%

781   Triton-X-100 (Sigma-Aldrich, T8787), 1× EDTA free protease inhibitor (Roche or Pierce), 1 mM

782   DTT, and 0.2 U/µL RNase inhibitor (Promega, N211B), 2% BSA (Sigma-Aldrich, SRE0036) in

783   PBS. Sample was incubated on a rotator for 5 min at 4 °C and then pelleted with a swinging

784   bucket centrifuge (500× g, 5 min, 4 °C; 5920 R, Eppendorf). Supernatant was removed and

785   pellet was resuspended in 400 µl of sort buffer [1 mM EDTA and RNase inhibitor (0.2 U/µl) in

786   2% BSA (Sigma-Aldrich, SRE0036) in PBS] and stained with DRAQ7 (1:100; Cell Signaling

787   Technology, 7406). 75,000 nuclei were sorted using an SH800 sorter (Sony) into 50 µl of

788   collection buffer [RNase inhibitor (1 U/µl) and 5% BSA (Sigma-Aldrich, SRE0036) in PBS].

789   Sorted nuclei were then centrifuged at 1000g for 15 min (Eppendorf, 5920R; 4°C, ramp speed of

790   3/3), and supernatant was removed. Nuclei were resuspended in 18 to 25 µl of reaction buffer

791   [RNase inhibitor (0.2 U/µl) and 1% BSA (Sigma-Aldrich, SRE0036) in PBS] and counted using a

792   hemocytometer. 16,500 nuclei were loaded onto a Chromium controller (10x Genomics).

793   Libraries were generated using the 10x Genomics, Chromium Next GEM Single Cell 3' GEM,

794   Library & Gel Bead Kit v3.1 (10x Genomics, 1000121), Chromium Next GEM Chip G Single Cell

795   Kit (10x Genomics, 1000120) and indexes (Single Index Kit T Set A, 10x Genomics, 1000213 or

796   Dual Index Kit TT Set A, 10x Genomics, 1000215) according to the manufacturer specifications.

797   Complementary DNA was amplified for 12 PCR cycles. SPRISelect reagent (Beckman Coulter)

798   was used for size selection and cleanup steps. Final library concentration was assessed by the

799   Qubit dsDNA HS Assay Kit (Thermo Fisher Scientific), and fragment size was checked using a

800   TapeStation (High Sensitivity D1000, Agilent). Libraries were sequenced using a NextSeq 500

801   and a Novaseq6000 (Illumina) with the following read lengths

802   (Read1 + Index1 + Index2 + Read2): 28 + 8 + 0 + 90 (single index) or

803   28 + 10 + 10 + 90 (dual index).

804

805   *Generation of joint single-nucleus RNA and ATAC-seq data (Multiome)*

806   ~40 mg ground tissue was resuspended in 1 ml of wash buffer (10 mM Tris-HCl (pH 7.4),

807   10 mM NaCl, 3 mM MgCl$_2$, 0.1% Tween-20 (Sigma), 1% fatty acid-free BSA (Proliant, 68700),

808   1 mM DTT (Sigma), 1x protease inhibitors (Thermo Fisher Scientific, PIA32965),

809   1 U µl^{-1} RNasin (Promega, N2515) in molecular biology-grade water). Nuclei suspension was

810   filtered with a 30-µm filter (CellTrics, Sysmex) and pelleted with a swinging-bucket centrifuge

811   (500 × g, 5 min, 4 °C; Eppendorf, 5920 R). Nuclei were resuspended in 400 µl of sort

812   buffer (1% fatty acid-free BSA, 1x protease inhibitors (Thermo Fisher Scientific, PIA32965),

813    $1\,U\,\mu l^{-1}$ RNasin (Promega, N2515) in PBS) and stained with 7-aminoactinomycin D (7-AAD;

814    $1\,\mu M$; Thermo Fisher Scientific, A1310). A total of 120,000 nuclei were sorted using an SH800

815   sorter (Sony) into $87.5\,\mu l$ of collection buffer ($1\,U\,\mu l^{-1}$ RNasin (Promega, N2515), 5% fatty

816   acid-free BSA (Proliant, 68700) in PBS). Nuclei suspension was mixed in a ratio of 4:1 with 5x

817   permeabilization buffer ($50\,mM$ Tris-HCl (pH 7.4), $50\,mM$ NaCl, $15\,mM$ $MgCl_2$, 0.5% Tween-

818   20 (Sigma), 0.5% IGEPAL-CA630 (Sigma), 0.05% digitonin (Promega), 5% fatty acid-free BSA

819   (Proliant, 68700), $5\,mM$ DTT (Sigma), 5x protease inhibitors (Thermo Fisher Scientific,

820   PIA32965), $1\,U\,\mu l^{-1}$ RNasin (Promega, N2515) in molecular biology-grade water) and

821   incubated on ice for $1\,min$ before pelleting with a swinging-bucket centrifuge ($500\,\times\,g$,

822    $5\,min$, $4\,°C$; Eppendorf, 5920 R). Supernatant was gently removed, and $\sim10\,\mu l$ were left

823   behind to increase nuclei recovery. A total of $650\,\mu l$ of wash buffer ($10\,mM$ Tris-HCl (pH 7.4),

824    $10\,mM$ NaCl, $3\,mM$ $MgCl_2$, 0.1% Tween-20 (Sigma), 1% fatty acid-free BSA (Proliant, 68700),

825    $1\,mM$ DTT (Sigma), 1x protease inhibitors (Thermo Fisher Scientific, PIA32965),

826    $1\,U\,\mu l^{-1}$ RNasin (Promega, N2515) in molecular biology-grade water) was added with minimal

827   disturbance of the pellet, and samples were centrifuged again with a swinging-bucket centrifuge

828   ($500\,\times\,g$, $5\,min$, $4\,°C$; Eppendorf, 5920 R). Supernatant was gently removed without

829   disturbing the pellet, leaving $\sim2–3\,\mu l$ behind. Approximately $7–10\,\mu l$ of 1x Nuclei Buffer (10x

830   Genomics) were added, and nuclei were gently resuspended. Nuclei were counted using a

831   hemocytometer, and 18,300 nuclei were used as input for tagmentation. Single-cell multiome

832   ATAC and gene expression libraries were generated following manufacturer instructions

833   (Chromium Next GEM Single Cell Multiome ATAC$\,+\,$Gene Expression Reagent Bundle, 10x

834   Genomics, 1000283; Chromium Next GEM Chip J Single Cell Kit, 10x Genomics, 1000234;

835   Dual Index Kit TT Set A, 10x Genomics, 1000215; Single Index Kit N Set A, 10x Genomics,

836   1000212) with the following PCR cycles: 7 cycles for pre-amplification, 8 cycles for ATAC index

837   PCR, 7 cycles for complementary DNA (cDNA) amplification, and 12 cycles for RNA index PCR.

838   Final libraries were quantified using a Qubit fluorometer (Life Technologies), and the size

839   distribution was checked using a TapeStation (High Sensitivity D1000, Agilent). Libraries were

840   sequenced on NextSeq 500 and NovaSeq 6000 sequencers (Illumina) with the following read

841   lengths (Read1$\,+\,$Index1$\,+\,$Index2$\,+\,$Read2): ATAC (NovaSeq 6000),

842    $50\,+\,8\,+\,24\,+\,50$; ATAC (NextSeq 500 with custom recipe), $50\,+\,8\,+\,16\,+\,50$; RNA

843   (NextSeq 500, NovaSeq 6000), $28\,+\,10\,+\,10\,+\,90$

844

845   *Quality control and filtering*

846   Single nuclei ATAC data was processed and aligned to reference genome hg38, and duplicate
847   reads were removed using Cellranger ATAC (version 1.1.0). Chromatin accessibility for each
848   sample was quantified in 5kb genome windows as previously described[69]. Nuclei with less than
849   1000 unique ATAC-seq fragments were removed. Initial quality control was performed to retain
850   cells in each sample using the following metrics unique usable reads > 5000, fraction promoters
851   used > 0.01, TSS enrichment (TSSe) > 0.3 using scanPy v1.8.0. Doublets were removed using
852   Amulet v1.0 per sample[70]. Single nucleus ATAC-seq datasets were processed and aligned to
853   reference genome hg38, and duplicate reads were removed using Cellranger ATAC v1.1.0.
854   Chromatin accessibility for each sample was quantified in 5kb genome windows as previously
855   described[69]. Nuclei with less than 1000 unique ATAC-seq fragments were removed. Initial
856   quality control was performed to retain cells in each sample using the following metrics unique
857   usable reads > 5000, fraction promoters used > 0.01, TSS enrichment (TSSe) > 0.3. Doublets
858   were removed using Amulet v1.0 per sample[70].

859

860   Single nuclei RNA samples were processed using Cellranger (version 6.0.1) with reference
861   genome hg38[71]. Individual samples were processed for quality initially by removing nuclei with
862   less than 500 expressed genes. Doublets were detected for each sample using DoubletFinder
863   (version 2.0.3) using an expected doublet rate of 4% for all samples[72]. In effort to reduce
864   ambient RNA contamination largely driven by acinar cells, we utilized SoupX (version 1.6.2) and
865   selected acinar marker genes, REG1A and PRSS1, to estimate contamination rates[73]. Gene
866   expression count matrices were then corrected for this predicted contamination, these correct
867   counts were used for both clustering and downstream analysis.   Single nucleus RNA-seq
868   datasets were processed using Cellranger v6.0.1 with reference genome hg38[71]. Individual
869   samples were processed for quality initially by removing nuclei with less than 500 expressed
870   genes. Doublets were detected for each sample using DoubletFinder using an expected doublet
871   rate of 4% for all samples[72]. In an effort to reduce ambient RNA contamination largely driven by
872   acinar cells, we utilized SoupX and selected acinar marker genes, REG1A and PRSS1, to
873   estimate contamination rates[73]. Gene expression count matrices were then corrected for this
874   predicted contamination, these correct counts were used for both clustering and downstream
875   analysis.

876

877   Paired multiome data was processed, aligned, and multiplet reads were removed using
878   cellranger arc (version 2.0.0) with the reference genome hg38. Individual sample quality control
879   was done using both modalities to remove low quality nuclei without a minimum of 500

880   expressed genes and 1000 ATAC-seq fragments. Ambient RNA contamination was removed

881   using SoupX (version 1.6.2) using the same parameters as previously described. Doublets were

882   detected and removed for both modalities using DoubletFinder (version 2.0.3) and Amulet

883   (version 1.0), with the same parameters as above for single modality data[70,72]. Paired multiome

884   datasets were processed, aligned, and multiplet reads were removed using cellranger arc

885   (version 2.0.0) with the reference genome hg38. Individual sample quality control was done

886   using both modalities to remove low quality nuclei without a minimum of 500 expressed genes

887   and 1000 ATAC-seq fragments. Doublets were detected and removed for both modalities using

888   DoubletFinder and Amulet, with the same parameters as above for single modality data[70,72].

889

890   *Clustering*

891   *Gene expression*

892   After individual sample quality control, high quality barcodes from single modality snRNA-seq

893   and the RNA modality of our multiome data were clustered for 40 samples (32 snRNA and 8

894   snRNA multiome) using Seurat (version 4.3)[74]. Quality control metrics such as high

895   mitochondrial percentage (>1%), high number of genes detected (>4,000 genes), and high

896   number of RNA counts (>7,500) were used to remove low quality barcodes. A combined

897   clustering was created using principal components (PCs) from PCA of gene expression. We

898   used Harmony[8] (version 1.0.3) to correct the PCs for batch effects across samples, sex, and

899   sequencing technology. Clusters were removed with low number of cells (<10 cells) and with

900   quality metrics such as number of detected genes and RNA counts lower than other clusters.

901   Additional doublet cells were removed based on the expression of 2+ canonical markers from

902   unrelated cell types.

903

904   We leveraged gene expression profiles specific to the wide array of pancreatic cells from

905   previous work to broadly label each snRNA-seq cluster as one of the following types: alpha

906   (*GCG*), beta (*INS*), endothelial (*PLVAP*), lymphatic endothelial (*FLT4*), ductal (*CFTR*), acinar

907   (*REG1A*), stellate (*PDGFRB*), and variety of immune cells including T-cells (*CD3D*),

908   macrophages (*C1QC*), and mast cells (*KIT*) (**Supplementary Table 2**). Using cell type markers

909   previously used to annotate cell type and sub-type populations such as activated stellate

910   (*COL6A3*) and quiescent stellate (*SPARCL1*) we were able to annotate these clusters. We

911   identified previously characterized ductal subtype MUC5b ductal cells from the presence of

912   known marker genes such as *MUC5B, TIFF3*, and *CRISP3*[54].

913

914   Marker genes of acinar sub-clusters were identified using DESeq2[76] (version 1.34), followed by

915   gene set enrichment of sub-cluster marker genes in KEGG[77–79] and REACTOME[80] pathways

916   using fGSEA[81] (version 1.20). In brief this was done by first creating two sets of sample pseudo-

917   bulk count matrices of SoupX corrected gene expression for each cell type, one set which has

918   the summation of count per sample per gene for that cell type and another with the summation

919   of counts per sample per gene for all other cell types. We then performed DESeq for each cell

920   type by concatenating these two matrices as our input and using cell type as outcome variable

921   with sample ID as a covariate.

922

923   *Accessible chromatin*

924   We first merged 40 samples (32 snATAC samples, 8 multiome snATAC samples) from 29

925   donors using read counts in 5kb windows using Signac[82](version 1.9.0). We then performed

926   latent semantic indexing (LSI) of the combined snATAC data using Signac[82]. Harmony (version

927   1.0.3) was used to correct for batch effects using the covariates sample, sex, and sequencing

928   technology[75]. Clustering was performed on the batch-corrected PCs using graph-based Leiden

929   clustering. We removed nuclei with a TSS enrichment (TSSe) score <2, and removed clusters

930   with less than 10 cells or with overall lower quality metrics, such as fraction of read in peaks,

931   number of ATAC fragments per barcode, and fraction of reads in promoters compared to other

932   clusters. After an initial window-based clustering, we called peaks using MACS2[83] (version

933   2.2.7.1) (parameters: -q 0.05 --nomodel --keep-dup all) on each cluster and then repeated the

934   entire clustering process using a consensus set of peaks merged across clusters. Additional

935   doublets were manually removed based off the presence of promoter accessibility of other cell

936   type marker genes. This was done using 9 known marker genes (*INS, GCG, REG1A,REG2B,*

937   *CTRB2, PRSS1,PRSS2, CFTR, C1QC*); promoter region was considered 2kb upstream of the

938   TSS. Data was clustered again after the removal of doublets. To identify cell types, we first

939   assigned gene names to peaks that overlapped 2kb upstream of TSS and gene body using the

940   gene activity function in Signac and then determined gene activity in established marker genes

941   for each cell type and sub-type.

942

943   We next performed label transfer on the snATAC object using our gene expression map as

944   reference and the peak-based chromatin data as query in Signac. Due to the size of the

945   chromatin data, prior to label transfer we randomly split the barcodes in the object into smaller

946   subsets. We used the 2k most highly variable features from the gene expression map to derive

947   transfer anchors using canonical correlation analysis (CCA). These anchors were then used to

948 transfer to our chromatin map using the TransferData function in Seurat (version 4.3). After
949 each subset object was done with label transfer, we merged the objects and re-clustered all the
950 chromatin data together using the same methods described above. Finally, we removed cells
951 with low prediction scores (max.predicted.score<0.5), and all cells passing this threshold were
952 labelled with the predicted cell type annotation. For acinar cells, we summed the prediction
953 scores of all acinar subtypes then filtered by a combined acinar max.predicted.score <0.5.

954

955 To determine the accuracy of label transfer, we utilized single cell multiome data where the
956 identity of the accessible chromatin profile is already known from the paired gene expression
957 profile. Since the gene expression and chromatin profiles for these nuclei were analyzed
958 separately, we could use them as an independent check to determine how many barcodes were
959 correctly labeled. We identified multiome barcodes present both chromatin and gene
960 expression maps, and then calculated the percentage of accessible chromatin barcodes with
961 matching cell type assignments in label transfer and from the paired gene expression profile.
962 Due to the limited transferring of subtypes in the chromatin modality, we calculated a
963 percentage at both the sub-type and primary cell type levels.

964

965 *Generation of spatial transcriptomics data*
966 Pancreatic tissue from six nPOD organ donors - three with T1D (6228, 6247, 6456) and three
967 without diabetes (6431, 6339, 6229), matched by age and sex - was selected for spatial
968 transcriptomic profiling on the CosMx platform (NanoString, Seattle, WA). For each donor, five
969 consecutive FFPE tissue sections from the pancreatic body region were cut at a thickness of 4
970 microns. Sections #1, #2, #4, and #5 were mounted on the back of VWR Superfrost Plus Micro
971 Slides, centered within the scanning area. After sectioning, the slides were air-dried overnight at
972 room temperature, sealed, and immediately shipped with desiccant and ice packs to the
973 NanoString facility (Seattle, Washington), where they were processed within two weeks of
974 receipt. Section #3 was triple-stained for CD3, insulin, and glucagon using chromogen-based
975 immunohistochemical staining using the Mach2 Double Stain 1/Mach2 Double Stain 2 HRP-AP
976 Polymer Detection Kit according to the manufacturer's instructions (Biocare Medical, Pacheco,
977 CA) and chromogens used included Betazoid DAB (CD3), Warp Red (insulin), and Ferangi Blue
978 (glucagon; all from Biocare Medical). Slides were then counterstained with hematoxylin. After
979 staining, the slide was digitized at 20X magnification using an Aperio CS2 slide scanner (Leica
980 Biosystems, Inc., Wetzlar, Germany), and this image served as a reference for field-of-view
981 (FOV) selection during CosMx data processing. The FOVs were selected by prioritizing specific

982   features such as insulitic islets, islets with few insulin-positive cells, insulin-negative islets, and

983   areas of inflammation in acinar tissue. The gene panel used for spatial imaging included 1010

984   total genes, including a fixed panel of 1000 genes on the Human Universal Cell Characterization

985   RNA Panel and 10 additional custom genes selected for this project. The imaging experiments

986   using the CosMX platform were performed at NanoString (Seattle, WA). Cell segmentation was

987   performed by NanoString using Giotto[84], which included using immunofluorescence for

988   glucagon to mark islets, CD3 or CD45 to mark immune cells, and PanCK for ductal cells +

989   DAPI.

990

991   *Quality control and transcriptomic clustering of segmented cells*

992   For downstream analysis of spatial transcriptomes, we used the python toolkits Scanpy[85] and

993   Squidpy[24]. For each slide, we imported matrices containing the gene expression, metadata and

994   positions of segmented cells. We defined a unique cell name and created a merged anndata

995   object with data from all the slides. We adopted a standard filtering strategy, removing cell with

996   less than 10 detected genes and removing genes detected in less than 300 cells. We then

997   normalized the counts per cell, such that every cell has the same total count after normalization

998   (1e6), and we log-transformed the counts.

999

1000   *Clustering of segmented cells and cell type annotation in spatial data*

1001   To cluster the segmented cells we first integrated the samples using scVI v1.1.2[86]. We

1002   performed integration by condition using the slide as a categorical covariate. We then used the

1003   latent representation to create a shared nearest neighbor graph and compute UMAP for two-

1004   dimensional visualization. We performed hierarchical clustering on the scVI latent space at

1005   resolutions of 0.5 and 0.7 and we identified 15 and 16 transcriptomic clusters for ND and T1D

1006   respectively. To annotate cell types, we identified marker genes enriched in each cluster for

1007   knowledge-based cell type annotation. We detected endocrine cells by hormone expression,

1008   beta (*INS*, *IAPP*) and alpha (*GCG*, *TTR*); we also identified exocrine cells positively expressing

1009   epithelial marker *EPCAM*, ductal (*SOX9*, *KRT19*) and acinar (*EGF*, *DLL1*, *JAG1*); we further

1010   annotated endothelial cells (*PECAM1*, *VWF*), fibroblasts (*VIM*, *COL1A1*), immune cells (*CD4*,

1011   *CD8A*), and mast cells (*CPA3*, *TPSAB1*).

1012

1013   *Cell type label transfer from reference snRNA-seq data*

1014   To achieve a finer annotation on the spatial context, we transferred the cell type labels from the

1015   dissociated reference to the spatial data using spatial mapping function from moscot v0.3.5[87].

1016 First, we performed pseudo-bulking of dissociated data using decoupler v1.6.0[30]. We found the

1017 optimal combination of parameters for the spatial mapping task by hyperparameter tunning per

1018 FOV and we used cosine distance between the modalities. For the annotation mapping, we

1019 selected the label of the annotated cell with the highest matching probability.

1020

1021 *Identification of spatial cellular neighborhoods*

1022 Cellular neighborhoods in the spatial context were computed per FOV utilizing the squidpy[24]

1023 function spatial_neighbors, where we utilized generic coordinates and considered 30 nearest

1024 neighbors.

1025

1026 *Identification and annotation of multicellular spatial niches*

1027 To identify multicellular niches, we computed the covet representation implemented in envi

1028 v0.3.0[25] per FOV. We used the default parameters, which included 64 genes to represent the

1029 covariance matrix. We then created a shared nearest neighbor graph using the covet

1030 representation and performed unsupervised Leiden clustering with a resolution of 0.2. To

1031 annotate the clusters, we evaluated the relative cell type abundance in each group per fov and

1032 performed hierarchical clustering. We aggregated 'Acinar basal', 'Acinar High Enz', 'Acinar

1033 signal' and 'Acinar sig/diff' subtypes in the acinar niche, 'Ductal' and 'MUC5b ductal'subtypes in

1034 the ductal niche, 'Alpha', 'Beta' and 'Delta' subtypes in the endocrine niche and 'Act stellate', 'Q.

1035 stellate', 'Endothelial', 'Macrophage' and 'T cells' in the connective tissue niche.

1036

1037 *Downstream analysis:*

1038 *Final peak calling and signal tracks*

1039 Cell type specific set of chromatin peaks were derived using MACS2[83] v2.2.7.1 on the final cell

1040 type annotations of our chromatin map using the following parameters -q 0.05 --nomodel --keep-

1041 dup all. These peak calls were used to accessible chromatin signal tracks in UCSC genome

1042 browser[88].

1043

1044 *Marker CREs*

1045 Cell type-specific cREs were derived for each cell type and subtype. We first created a set of

1046 union peaks across the whole dataset. This was achieved by limiting peak size for all called

1047 peaks to 300bp by centering any peaks larger than 300bp at their summit and extending

1048 coordinates 150bp in either direction. We then grouped peaks based on overlap to create

1049 clusters of peaks. Within each cluster, the peak with the highest read count at its summit was

1050   identified as the reference peak for the region. We then generated a list of peaks that did not
1051   overlap any of the reference peaks and iteratively identified additional reference peaks again
1052   until no peaks remained.
1053
1054   We used this set of union peaks to calculate two sets of sample level pseudo-bulk matrices per
1055   cell type as follows: first, we aggregated the number of ATAC fragments within peaks per donor
1056   per cell type, then for each cell type created a second matrix with the summation of fragments
1057   from all other cell types. Normalized counts matrices were generated by dividing number of
1058   fragments within a peak by total number of fragments for that sample in that cell type then
1059   multiplying by scaling factor (1e6). Cell type specific regulatory elements were then determined
1060   for each cell type by comparing the normalized counts matrix for a given cell type with the
1061   normalized counts matrix of all other cell types summed together. To test enrichment of a given
1062   peak for each cell type, we performed a logistic regression model using sample id as a covariate
1063   and corrected for multiple tests using the Benjamini-Hochberg correction method (FDR<0.1).
1064   We limited the marker cREs per cell type to the top 5,000 cREs ranked by fold-change.   We
1065   performed sequence motif enrichment of marker cREs for each cell type compared to a
1066   background of all cREs in the cell type using HOMER[89] v5.0.1 and retained enriched motifs at
1067   FDR<.01. We also tested for gene set enrichment in marker cREs using GREAT[90](version
1068   4.0.4).
1069
1070   *Calculation of TPM*
1071   We derived gene expression profiles for each cell type by creating aggregate count matrices by
1072   donor per cell type. Using GENCODE v38 [91] GRCh38.p13 gene size annotations we calculated
1073   transcript per million (TPM) to normalize for gene size.
1074
1075   *Cell type proportion changes*
1076   We first scaled the counts for each cell type in a sample to 10,000 total cells per sample. For
1077   several cell types we excluded samples with abnormally high counts (sample 6278 for beta and
1078   delta; sample 6393 for T cells and B cells; sample 6375 for MUC5b+ ductal cells). We then
1079   created a linear model of the log transformed counts as a function of disease status (ND, ND
1080   AAB+, recent-onset T1D, long-duration T1D), age, sex, and BMI, as well as a linear model
1081   without the disease status variable. We performed comparison of the nested models using a
1082   likelihood ratio test in package lmtest[92] in R and considered p-values from the test significant at
1083   .05.

1084

1085   *Differential gene expression*

1086   To determine disease-related changes in gene expression, we performed differential analysis

1087   using DESeq2[76] v1.34. Using the snRNA- seq data, we derived pseudo-bulk count matrices for

1088   each cell type by aggregating all barcodes of a donor for each gene on a per cell type basis. We

1089   created the count matrices from the SoupX[73] corrected expression counts, and then rounded

1090   counts in the matrix to the nearest integer. We included sex, age, and BMI, as well as proportion

1091   of beta cells, as covariates in the model. For endocrine cell types, we included expression

1092   counts from scRNA-seq of 48 donors from the HPAP consortium[93] derived from a previously

1093   created single cell map[34], and included an additional covariate in the model for cohort. For a

1094   given cell type, we only used samples with at least 20 cells, except for long-duration T1D beta

1095   cells where we included all samples. In addition, genes were only tested for a cell type if

1096   detected in at least 2 samples per tested condition and if there was total of at least 10 counts

1097   across all tested conditions. We further excluded genes for each cell type that are established

1098   marker genes for a different cell type. Multiple test correction was performed using Benjamini-

1099   Hochberg correction and we considered genes significant at FDR<.10.

1100

1101   *Differential cRE accessibility*

1102   Using cell type specific peak calls from MACS2[83] v2.2.7.1 per cell type we created peak by

1103   barcode fragment count matrices all snATAC-seq donors for each disease condition. Lowly

1104   accessible peaks were removed from analysis, as determined by the average accessibility of

1105   peak across all samples less than median accessibility of all peaks across all samples. In

1106   addition, for each cell type samples were removed with less than 10 barcodes in that cell type.

1107   Lastly, cell types with less than 10 cells were not used in this analysis. We tested each disease

1108   condition against non-diabetic using glmer[94] in R using the logistic regression model [Peak

1109   accessibility ~ Disease + scale(FRiP) + scale(count) + (1|Sample)] using a binary peak count

1110   matrix. We used the fixed covariates of fraction reads in peak (FRiP) and ATAC fragment count

1111   (count) to account for sequencing depth variation and used sample ID as a random effect to

1112   adjust for sample variation. We used sample as random effect to mediate the pseudo-replication

1113   side effect of barcode level analysis. Cell types with more than 30k cells were subsampled down

1114   to 10k for this analysis. Disease related fold change was calculated by the following formula:

1115   (mean(disease peak accessibility) /mean(non-diabetic peak accessibility)). Multiple test

1116   correction was performed using the Benjamini-Hochberg method and we considered cREs

1117   significant at FDR<.10.

1118

Pathway enrichment during T1D using gene expression input

1119

1120   To test for pathways enriched by disease, we performed gene set enrichment analysis
1121   (GSEA)[95,96]. Using the results from our differential expression analysis input genes were ranked
1122   using the following formula (-log10(pvalue)*log2FoldChanges), and fGSEA[81] v1.20 was run
1123   using both KEGG[77−79] and REACTOME[97−103] databases [parameters: eps=0.0, minSize = 0,
1124   maxSize = 1000]. Enriched pathways were filtered down using an FDR cutoff of 10%.

1125

Motif Enrichment

1126

1127   We used chromVAR[20] to measure z-scored motif accessibility in snATAC-seq data. To do so,
1128   we prepared peak count data for input to chromVAR by converting the fixed peak sparse count
1129   matrix into a SummarizedExperiment and estimated GC content bias using chromVAR's built in
1130   method[20,21]. Human TF motifs from JASPAR 2022[22] were accessed using the JASPAR2022
1131   Bioconductor package[23] and motifs were annotated to peaks using motifmatchr[24]. The
1132   SummarizedExperiment and motif annotations were used as inputs into chromVAR's
1133   computeDeviations function to derive GC bias corrected motif accessibility z-scores.

1134

Motifs Enriched in Cell Types

1135

1136   TF motifs were filtered for those with an accessibility >1.2 based on chromVAR's built in
1137   computeVariability function. Cell types with fewer than 50 cells were excluded. Cell type motif
1138   accessibility z-scores were averaged and plotted with pheatmap[25] and RColorBrewer[26].

1139

Motifs Enriched in Acinar Subtypes

1140

1141   After sub-setting the motif matrix to barcodes from acinar cells, we averaged motif accessibility
1142   of each acinar subtype per sample then tested each motif using a two-way ANOVA across
1143   acinar subtypes also including a donor variable. We then calculated FDR on the p-values using
1144   qvalue[104]. To identify which specific subtype a significant motif was most enriched in, motifs
1145   were further tested using a two-way ANOVA comparing motif accessibility within the subtype to
1146   the average motif accessibility for the other acinar subtypes together also including a donor
1147   variable. P-values for each motif were corrected by Holm's method. Motifs were annotated to
1148   sub-clusters based on being significant in the pan-subtype ANOVA, significant in the post-hoc
1149   ANOVA with Holm's correction, and having the highest average deviation score in the given
1150   cluster.

1151

Motif Differential Accessibility

1152

1153 To identify motifs with differential accessibility across disease states we used a linear mixed

1154 model using the lmerTest package[105]. We identified motifs in a cell type enriched in cREs with

1155 altered activity in ND AAB+ or T1D. For these motifs, accessibility was modeled by barcode

1156 using encoded variables to contrast autoantibody, recent-onset and long-duration T1D

1157 independently against non-diabetic controls. Scaled fractions of reads in peaks and scaled

1158 number of counts were used as fixed effect covariates and a random effect for sample was used

1159 to control for pseudo-replication. Samples with less than 10 cells in the given cell type were

1160 excluded and cell types with fewer than 50 cells, or disease states with fewer than 20 cells and

1161 3 samples were not tested. We obtained p-values from the resulting models. Motif accessibility

1162 was averaged by sample and disease state to make boxplots. Average motif accessibility per

1163 condition was generated by averaging sample average motif accessibility and volcano plots

1164 were generated by comparing difference in motif accessibility vs negative log10 q values, with a

1165 difference threshold of 0.25 and q-value cutoff of 0.05 (5% FDR) for dashed lines and coloring

1166 and labeling of samples.

1167

1168 *Motif enrichment in differential accessible CREs*

1169 To identify TF motifs enriched in cREs differential accessibility in each cell type, we used

1170 HOMER[106] (version 5.0.1). For each cell type, we identified cREs with nominal association

1171 (uncorrected p<.05) and split cREs by fold change as input, and user HOMER function

1172 findMotifsGenome with a background of all cREs for the cell type with a size parameter of 200

1173 and a masked version of the human genome hg38. Multiple test correction was done using the

1174 Benjamini-Hochberg method, and significant motifs were considered at FDR<.10.

1175

1176 *ABC analysis*

1177 To link cREs to target genes we used Activity-by-contact (ABC)[107] v0.2. This was done by first

1178 creating .bam files for each cell containing only barcodes from the accessible chromatin map.

1179 Since the HiC reference panel used was in hg19 genome build, cell type bams and peaks were

1180 coverted to hg19 using CrossMap[108] v0.6.3, and we called peaks for each cell type with MACS2

1181 v2.2.7.1 using this genome build. To further improve enhancer activity prediction, we used

1182 publicly available H3K27ac ChIP-seq data for acinar, ductal, alpha, beta, and delta cells[109]. We

1183 predicted candidate regions and enhancer activity for each cell type using the following flags: --

1184 peakExtendFromSummit 250, --nStrongestPeaks 150000, and all genes with a TPM greater

1185 than 1 as ubiquitously expressed genes. After ABC analysis, links were converted back to hg38

1186   using CrossMap. We identified genes with cell type-specific cRE link profiles by calculating the

1187   proportion of the total number of ABC links for that gene by cell type and calculating Shannon

1188   entropy based on the proportion.

1189

1190   *Constructing TF gene regulatory networks*

1191   To determine gene regulatory networks (GRNs), we constructed units of transcription factors

1192   linked to cCREs linked to genes. We first used a position frequency matrix (PFMatrixList object)

1193   of TF DNA-binding preferences from the JASPAR 2022 database[110] and width-fixed peaks[111] as

1194   input to perform TF binding motif analysis. We used the 'matchMotifs' function in the R package

1195   motifmatchr[112] v.1.21.0 to infer cell type specific cREs bound by each TF. We linked cREs

1196   bound by each TF to target genes based on proximity to the gene promoter (±5 kb of a TSS in

1197   GENCODE V19 or through Activity-by-contact (ABC) links [107,113] at a score cutoff of .015. TF

1198   GRNs were retained for analysis if the network includes fewer genes then the 90th percentile of

1199   number of genes linked to a given TF. In addition to ensure TF GRNs were active in the

1200   associated cell type, we removed any TF GRNs with an average TF expression (TPM) less than

1201   5.

1202

1203   *Identification of cell type specific TF-modules and pathways enrichment*

1204   For each pancreatic cell population, we identified pathways and TF modules enriched using our

1205   identified marker CREs. In brief this was done for each cell type by deriving CREs associated

1206   with KEGG and REACTOME paths using the bedtools intersection TF-module gene linked

1207   CREs with union peaks accessible in that cell type. These union peak based pathways were

1208   tested for enrichment using fGSEA. We used the logistic regression marker CRE results to rank

1209   peaks using the following formula (-log10(pvalue)*log2FoldChanges). Similarly, we tested for TF

1210   modules enriched in each cell type by defining union peaks associated with a TF either

1211   proximally or through ABC; then using the logistic regression marker CRE results to rank peaks

1212   and test for enrichment using fGSEA. For both analyses, we used the Benjamini-Hochberg

1213   method for multiple test correction and retained results with an FDR < .10.

1214

1215   *Identification of TF GRNs linked to biological pathways altered in T1D*

1216   To identify regulators of enriched pathways for each cell type, we next tested enrichment of

1217   each TF-module in pathways identified in our fGSEA analysis. We performed Fisher's exact test

1218   to test for overlap in genes in each TF GRN and genes in each biological pathway in KEGG and

1219   REACTOME for each cell type. We performed multiple test correction using FDR and

1220 considered TF GRNs linked to a pathway at FDR<.10. Next, we filtered results to biological
1221 pathways with significantly altered expression in T1D and TF motifs belonging to TF sub-
1222 families with differentially accessibility in T1D from chromVAR[114] results.
1223
1224 *Genetic association enrichment*
1225 We tested for enrichment of T1D associated variants using summary statistics from a published
1226 genome-wide association study[5]. We defined groups of cREs in multiple ways; first, by
1227 identifying all cREs in each cell type linked to genes in each biological pathway in KEGG and
1228 REACTOME using ABC and promoter proximity links and, second, by identifying cREs in each
1229 cell type in GRNs for each TF. We calculated Bayes Factors (BFs) for each variant with minor
1230 allele frequency (MAF)>.05 genome-wide, excluding all variants at the MHC locus, using the
1231 method of Wakefield[115]. We then tested for enrichment of T1D associated variants in groups of
1232 cREs genome-wide using fgwas v0.3.6[39] with a block size (-k) of 2,500.
1233
1234 We also tested for enrichment of fine-mapped T1D risk variants using finrich[116], which compares
1235 the cumulative posterior probability of a set of variants in an annotation to a null distribution
1236 drawn from permutations of a background set of annotations. For each enrichment analyses
1237 using subsets of cREs in a cell type, we used the posterior probabilities in credible sets from a
1238 previously published GWAS[5], the full set of cREs for the cell type as background, and 10,000
1239 permutations.
1240
1241 We overlapped cREs in each cell type with credible sets of variants at known T1D signals from
1242 a published fine-mapping study. We further determined which cREs had at least nominal
1243 evidence (uncorrected p<.05) for differential accessibility in ND AAB+ or T1D.
1244
1245 *Cell-cell interactions*
1246 The gene expression data was pre-filtered prior to running CellChat[40] v1.1.3. First, any cell type
1247 represented by fewer than 20 cells for a sample was excluded. Next, cell types that appeared in
1248 fewer than two samples within a control or disease group were excluded from that group.
1249
1250 We considered a ligand expressed in a specific cell type if the average expression of the ligand
1251 in the cell type was greater than half the standard deviation (SD) of its average expression
1252 across all cells in at least two samples. After applying these filters, we ran CellChat using the
1253 RNA data slot of the Seurat object across the entire CCdb with default parameters except for

1254   'trim = 0' in the "computeCommunProb" command and 'thresh=1' in the "subsetCommunication"

1255   command[40]. Each control and disease group were processed independently. Ligands from the

1256   CellChat database (CCdb) were grouped into high level categories by manual curation using

1257   UniProt[117] and GeneCard[118,119] (listed in **Supplementary Table 21**). Gene families were

1258   downloaded using biomart[120] in R.

1259

1260   Results from different conditions were consolidated and subjected to FDR correction using the

1261   Benjamini-Hochberg method with the q-value[104] package.   Predicted interactions were

1262   considered with an FDR<0.1 and an IS above the second quartile were considered for

1263   downstream interpretation.   To remove residual background contamination due to highly

1264   expressed genes, the following interactions were blacklisted in all cell sources except the ones

1265   listed: *INS* in beta cells, *GCG* in alpha cells, *SST* in delta cells, *PRSS1/2/3* in acinar cells,

1266   *CD8A, CD8B, CD8B2* in T cells, and *CD4* in T cells and macrophages.

1267

1268   To assess the significance of differences between conditions, we randomly permuted sample

1269   IDs among conditions and re-performed the CellChat analysis 100 times and comparing these

1270   outcomes with the observed CellChat results. The permutations were produced and filtered

1271   using the identical parameters as those for the observed data. Next, we aggregated the

1272   Interaction Strength (IS) across different "units" by summing all Ligand-Receptor (LR) pairs

1273   within a unit and normalizing this sum by the number of significant interactions for each

1274   condition (for example, the total of all incoming ligands to Beta cells in non-diabetic samples

1275   divided by the number of significant interactions identified in that condition). We then quantified

1276   the difference in effect size (IS-effect size) across contrasts: ND AAB+ vs. ND, recent-onset

1277   T1D vs. ND, and long-duration T1D vs. ND. A p-value was calculated by comparing the

1278   observational results against the simulations using the formula: the number of instances where

1279   simulation IS-effect size exceeded observational IS-effect size, divided by the number of

1280   permutations. Subsequently, p-values were corrected for multiple tests using the Benjamini-

1281   Hochberg method. We considered only interactions with an FDR less than 0.10 as significant.

1282

1283   *Functional Analysis of spatial genomics profiles*

1284   We inferred TF and pathway activities utilizing the package Liana v1.1.0[35]. For TF activity

1285   inference, we use the cell type-specific GRNs derived from single cell multiome. We then fit a

1286   univariate linear model to infer the interaction wights. To identify cell type-specific TFs we

1287   performed a t-test overestimating the variance of each group and filtered TFs according to an

1288   adjusted p-value <0.05. We inferred pathway activities using the PROGENy model[35]. We used

1289   weights of the top 500 responsive genes ranked by p-value. We then fit a multivariate linear

1290   model to obtain the weights corresponding to pathway interactions. As with the TF activity

1291   analyses, we identified cell type specific pathways by performing a t-test overestimating the

1292   variance of each group.

1293

1294   *Cell-Cell communication*

1295   We analyzed cell-cell communication in spatial transcriptomic data using SpatialDM v0.2.0[41].

1296   We performed the analysis per condition, and per donor, having each FOV as technical

1297   replicate. For this study, the parameters l and cutoff were set to 100, and 0.2 to represent the

1298   spatial context. Additionally, we computed the weight matrix using the single-cell mode and we

1299   extracted the ligand-receptor interactions from the CellChat database[40]. To compute the global

1300   Morans' I score and the local spot detection, we used the z-score method.

1301

1302   *EndoC-Bh1 stimulation experiments and RNA-sequencing*

1303   A total of 25,000 EndoC-BH1 cells were seeded in media composed of DMEM (Corning,

1304   10014CV), 2% BSA (Sigma, A1470), 3.5×10^{-4}% 2-mercaptoethanol (Gibco, 21985023),

1305   0.12% Nicotinamide (MilliporeSigma, 481907), 5.5 ng/mL transferrin (MilliporeSigma, T8158),

1306   6.7 pg/mL Sodium Selenite (Sigma, 214485), and 1% Penicillin-Streptomycin (Gibco,

1307   15140122) on a 96-well (CellTreat Scientific Products, 229105) plate coated with ECM (Sigma,

1308   E1270) and Fibronectin (Sigma, F1141). The recombinant protein concentrations used were:

1309   1ug/ml PGRN and 50ng/ml BMP5. EndoC-βH1 cells were obtained from Human Cell Design.

1310   RNA was isolated using the RNeasy Mini Kit (Qiagen) from EndoC-Bh1 cells either stimulated

1311   or unstimulated with each ligand. Samples included three replicates each for PGRN and its

1312   untreated controls, and six replicates each for BMP5 and its untreated controls. RNA integrity

1313   was assessed using a 2200 TapeStation (Agilent Technologies), and all samples achieved an

1314   RNA Integrity Number (RIN) greater than 7. Ribodepleted total RNA libraries were prepared

1315   using the TruSeq Stranded Total RNA Library Prep Gold kit (Illumina, Catalog #20020599) and

1316   sequenced at the UCSD Institute for Genomic Medicine on an Illumina NovaSeq S4 platform.

1317

1318   *Bulk RNA-seq analysis*

1319   Quality control of the sequencing data was assessed using FastQC[121]. Transcript quantification

1320   was performed using Salmon[122] with default parameters and the hg38 reference indexes.

1321   Counts were imported into R using the tximport[123] package, and genes with fewer than 10 reads

1322   were excluded. Differential gene expression analysis was conducted using DESeq2[76], applying

1323   a false discovery rate (FDR) threshold of less than 0.1. For pathway enrichment analysis, the

1324   fGSEA package was employed using the "stat" column from DESeq2 results. fGSEA analysis

1325   was restricted to gene sets containing more than 10 and fewer than 500 terms. Pathways were

1326   corrected for multiple testing using FDR with a threshold of 0.1, and only pathways belonging to

1327   the KEGG[77,79] or REACTOME[80] databases were considered.

1328   **Figure legends**

1329

1330   **Figure 1. Cell type-specific map of gene expression in the pancreas**. (A) Design of study

1331   profiling human pancreas from ND, ND AAB+ and T1D donors using single cell assays. (B)

1332   Uniform manifold approximation and projection (UMAP) plot showing clustering of 276,906

1333   nuclei from single nuclear RNA-seq of 32 whole pancreas donors from the nPOD biorepository.

1334   Clusters are labeled based on cell type and sub-type annotations. (C) Dot plot showing the

1335   normalized expression levels of selected known marker genes for pancreatic cell types and sub-

1336   types. (D) Dot plot of genes with preferential expression across different sub-types of acinar

1337   cells (top left), and normalized enrichment score (NES) of pathways enriched in each subtype

1338   using fGSEA (top right). Donor transcripts per million (TPM) of selected genes with preferential

1339   expression in different sub-types of acinar cells. (E) Representative FOV per condition (ND: top,

1340   T1D: bottom) showing (from left to right) immunofluorescence, coarse cell type annotation with

1341   the spatial gene panel directly, and finer-grained cell type annotation transferred from the

1342   snRNA-seq data. (F) Matrix plots showing the neighborhood enrichment of cell types based on

1343   spatial neighbors. (G) Stacked barplot illustrating the relative abundance of each cell type in

1344   each multicellular niche (left). Dot plot showing the normalized gene expression levels of

1345   spatially variable genes across multi-cellular pancreatic niches (right). (H) Normalized cell

1346   counts for selected pancreatic cell types and sub-types organized by donor T1D and ND AAB+

1347   status. ** FDR<.10, * uncorrected p<.05. (I) Stacked barplot showing the relative abundance of

1348   each multi-cellular niche per condition. Niches with * have altered abundance in ND samples

1349   (p<0.05).

1350

1351   **Figure 2. Cell type-specific map of accessible chromatin in the pancreas**. (A) Uniform

1352   manifold approximation and projection (UMAP) plot showing clustering of 203,348 nuclei from

1353   single nuclear ATAC-seq of 29 whole pancreas donors from the nPOD biorepository. Clusters

1354   are labeled with cell type and sub-type identity based on label transfer from the gene expression

1355   map. (B) Genome browser showing cell type-specific accessible chromatin signal at the

promoter regions of known marker genes for pancreatic cell types. (C) Heatmap showing genome-wide accessibility from chromVAR of sequence motifs for selected transcription factors (TF) across cell types (left), and boxplots showing donor-level accessibility of selected TF sequence motifs across cell types (right). (D) Genome-wide accessibility of sequence motifs for TFs with preferential enrichment in specific sub-types of acinar cells (left), and log fold-change in expression for genes in structural sub-families for the enriched TF motifs (right). (E) Number of cREs identified across all cell types and the percentage of cREs that do not overlap previous catalogs of cREs from Zhang et al and Chiou et al (top). Example of a pancreatic T cell-specific cRE novel to this study compared to previous catalogs at the *ZNF746* locus. (F) Sequence motifs for TFs enriched in cREs with activity specific to each cell type (left) and barplots showing -log10 p-values of gene sets enriched for proximity to cell type-specific cREs using GREAT. (G) Example of a cRE active in pancreatic T cells and macrophages that overlaps a candidate causal T1D risk variant at the *PRCKQ* locus. (H) Number of gene-CRE links per gene per cell type (top) and schematic of TF gene regulatory network (GRN) creation (bottom). (I) Matrix plot showing the scaled Z-score of TF activities for top TFs identified for each cell type using a t-test with overestimated variance. (J) Spatial plot of selected TFs showing the TF activity profile (top), and cell type distribution for the respective cell type (bottom).

Figure 3. Cell type-specific changes in gene expression in T1D progression. (A) Number of genes in each pancreatic cell type with significant (FDR<.10) changes in expression in ND AAB+ or T1D status compared to non-diabetes. Endocrine cell types include scRNA-seq data from HPAP donors (top). Number of biological pathways enriched in genes with up- and down-regulated expression in each cell type in ND AAB+ or T1D (bottom). (B) Volcano plot showing differential expression results in beta cells in recent-onset T1D compared to ND. (C) Bar plot showing normalized enrichment score (NES) of biological pathways enriched in up- and down-regulated genes in beta cells in recent-onset T1D (bottom). (D) Scaled expression in spatial profiles of genes with up-regulated expression in T1D in beta cells (left). Spatially-dependent expression of selected genes (HLA-A, B2M) up-regulated in T1D in each cell type (right). (E) Biological pathways with differential expression within spatial niches in T1D compared to ND in spatial profiles. (F) Scatterplot of log fold-change in expression of genes in beta cells in single or multiple ND AAB+ compared to recent-onset T1D (top) and longer-duration T1D (bottom). Line shown in each plot is from a linear model of log fold-change values, and p-values are from Spearman correlation. (G) Normalized enrichment score (NES) of biological pathways enriched in differential expression results of recent-onset T1D and multiple ND AAB+. Pathways are

1390   colored based on significant enrichment (FDR<.10) in either, or both, disease states. (H)

1391   Normalized enrichment score of biological pathways enriched in differential expression results in

1392   beta cells across each T1D state (single ND AAB+, multiple ND AAB+, recent-onset T1D, and

1393   long-duration T1D) compared to non-diabetes. Red stars are for pathways with significant

1394   enrichment (FDR<.10) in each state. (I) Log fold-change of expression of selected MHC and

1395   interferon related genes in beta cells in each state compared to ND. Red stars indicate genes

1396   with significant change in expression (FDR<.10) and red dots indicate more nominal change in

1397   expression (un-corrected p<.05). (J) Normalized enrichment score (NES) of biological pathways

1398   enriched in genes with up- and down-regulated expression in ND AAB+ and T1D in other

1399   pancreatic cell types. Red stars indicate pathways with significant enrichment (FDR<.10).

1400

1401   **Figure 4. Epigenomic changes in pancreatic cell types in T1D progression.** (A) Fold

1402   enrichment of sequence motifs for transcription factors (TFs) enriched in beta cell cREs with up-

1403   regulated or down-regulated activity in recent-onset T1D (top) or ND AAB+ (bottom). (B) Box

1404   plots showing donor-level genome-wide accessibility of selected TF motifs in beta cells (left) and

1405   alpha cells (right) from chromVAR across non-diabetes (ND), ND AAB+ (AAB) and recent-onset

1406   T1D (T1D). (C) TF GRNs enriched for overlap with genes in biological pathways in beta cells

1407   altered in T1D progression. (D) Biological pathways in beta cells enriched for overlap with the

1408   HNF1A GRN (top). Beta cell expression of HNF1A in T1D progression (middle). Beta cell

1409   activity of biological pathways linked to the HNF1A GRN in T1D progression (bottom). (E)

1410   Genome browser views of the *TSHR* (top) and *HLA-A* (bottom) loci where beta cell cREs with

1411   altered activity in T1D were linked to genes with concordant changes in expression in T1D. (F)

1412   Genome-wide enrichment of T1D-associated variants in beta cell cREs linked to pathways with

1413   altered expression in ND AAB+. (G) Genome browser view of T1D associated variants and

1414   beta cell accessible chromatin in non-diabetes, ND AAB+ and T1D at the *IRF1* locus, where

1415   candidate T1D variant overlaps a beta cell cRE with altered activity in T1D progression. (H)

1416   Genome browser view of T1D associated variants and both beta cell and T cell accessible

1417   chromatin in non-diabetes, ND AAB+, and T1D at the *STAT4* locus. Candidate T1D variants at

1418   this locus overlap a T cell cRE but not a beta cell cRE.

1419

1420   **Figure 5. Cell-cell signaling networks altered in T1D progression.** (A) Summary of total

1421   interaction strength (top) and number of interactions (middle) for each pancreatic cell type

1422   lineage in non-diabetes, ND AAB+, recent-onset T1D and long-duration T1D. Bar plot showing

1423   the number of ligand receptor interactions identified per donor in spatial slides (bottom). (B)

Heatmap showing normalized interaction strength of outgoing and incoming signals for each cell type among donors which were non-diabetes, ND AAB+, recent-onset T1D and long-duration T1D. Stars represent the significance of the difference in interaction strength in each disease state compared to non-diabetes using permutations. **FDR<.01, *FDR<.05. (C) Difference in strength of interactions between beta cells and other pancreatic cell types and sub-types in ND AAB+, recent-onset T1D and long-duration T1D. **FDR<.01, *FDR<.05. (D) Interaction strength of outgoing and incoming signals for each cell type summarized by broad functional categories. **FDR<.01, *FDR<.05. (E) Normalized interaction strength in recent-onset T1D and non-diabetes for ligands with significant change in incoming or outgoing signal involving beta cells. (F) Heatmap per donor showing the interaction score of the top ligand-receptor interactions from a likelihood ratio test comparing ND and T1D donors. (G) Spatial plots of a representative FOV per condition (T1D: top, ND: bottom) highlighting, from left to right, spots where the interaction between HLA-C and CD8A presented a significant spatial pattern and the cell types where this interaction occurs. (H) Volcano plot showing genes with up- and down-regulated expression in EndoC-BH1 cells after treatment with BMP5 compared to no treatment (left). Biological pathways enriched in genes with up- and down-regulated expression in BMP5 exposure (right). (I) Volcano plot showing genes with up- and down-regulated expression in EndoC-BH1 cells after treatment with granulin (GRN) compared to no treatment (left). Biological pathways enriched in genes with up- and down-regulated expression after GRN exposure (right).

Code availability

All code used for this article has been made available at https://github.com/Gaulton-Lab/nPOD and https://github.com/theislab/spatial_pancreas

Data availability

Raw data can be accessed from GEO under the accession numbers GSE273594, GSE273597, GSE273598. Single cell maps can be visualized at http://t1d-pancreas.isletgenomics.org.

Author contributions

R.L.M. performed single cell analyses and wrote the manuscript. S.J. performed spatial analyses and wrote the manuscript. W.E., L.T., E.B., C.M., K.K, R.E., H.M., J.C., E.G., and A.H. performed single cell analyses. C.Z. and D.B. performed sample collection and processing. G.W. performed single cell and spatial analyses. M.M. generated single cell genomics data. K.V. performed in vitro treatment experiments. I.K. and M.A. performed sample collection and

1458   processing. S.P. supervised single cell data analysis and contributed to the design of the study.

1459   F.J.T. supervised the spatial data analyses. M.S. designed and supervised the study. K.J.G.

1460   designed and supervised the study, performed analyses, and wrote the manuscript.

1461

1474

1475   **Declaration of interests**

1476   The following conflicts of interest are reported for several authors. K.J.G has done consulting for

1477   Genentech, received honoraria from Pfizer, holds stock in Neurocrine biosciences, and his

1478   spouse is employed by Altos Labs, Inc. J.C. and R.M.E hold stock in and are employed by

1479   Pfizer Inc. F.J.T. consults for Immunai, Singularity Bio, CytoReason, Cellarity and Omniscope,

1480   and has ownership interest in Dermagnostix and Cellarity.

1481

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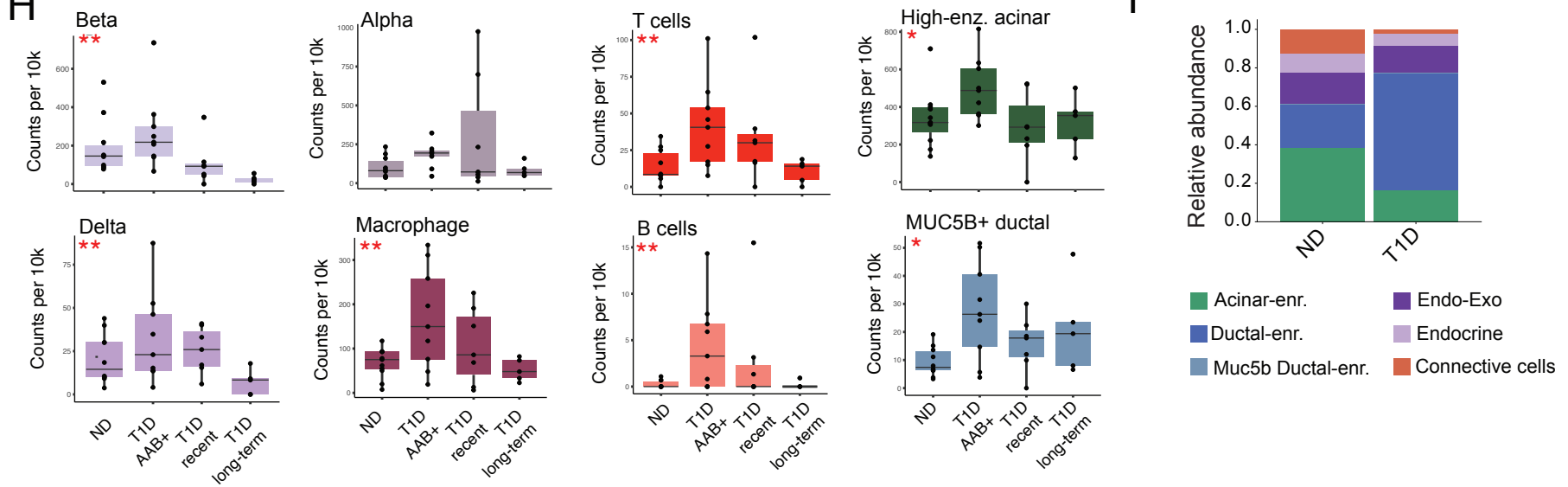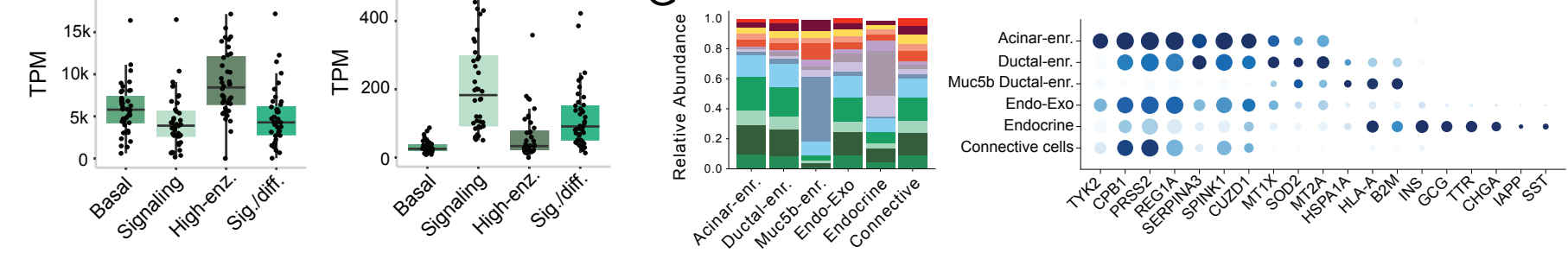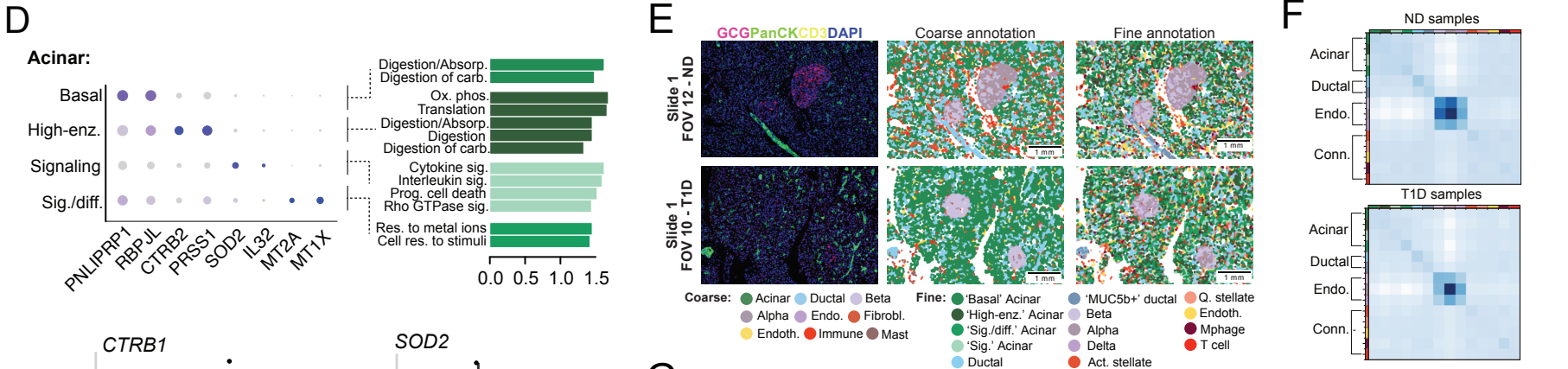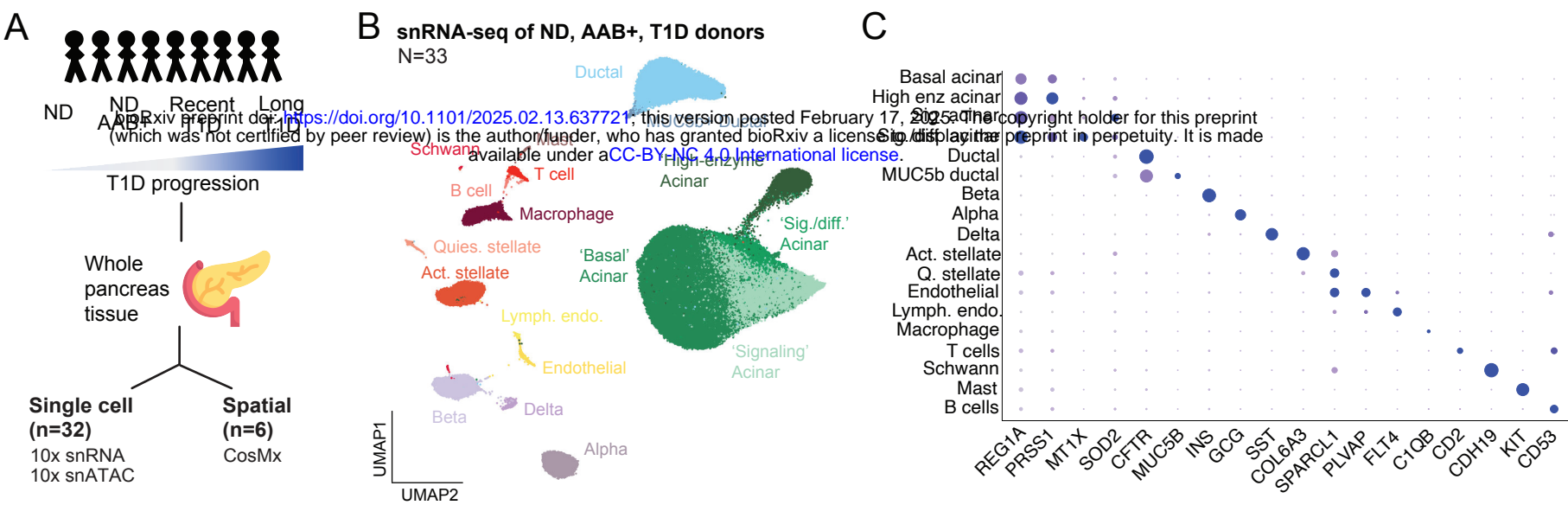
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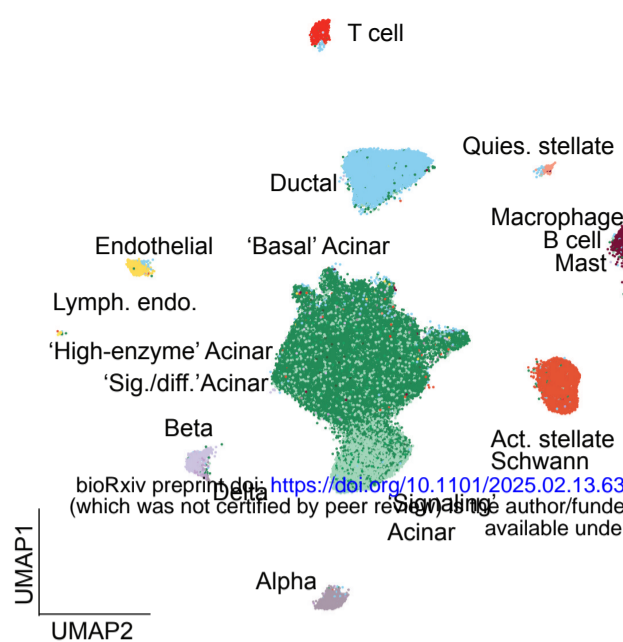
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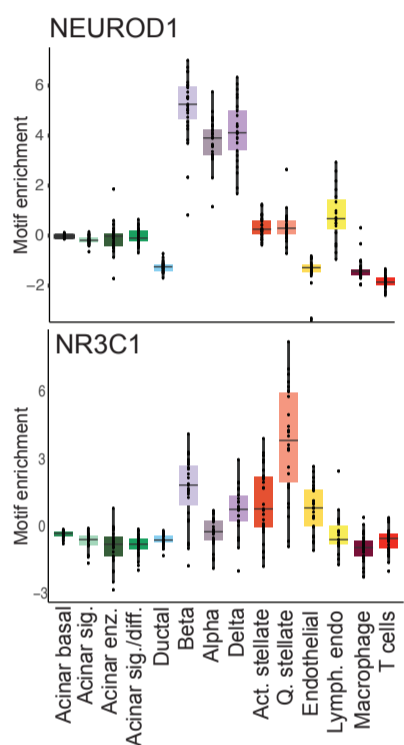1756   level estimates improve gene-level inferences. *F1000Research* **4**, 1521 (2015).

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A **snATAC-seq of 33 ND, AAB+ and T1D donors:**

A

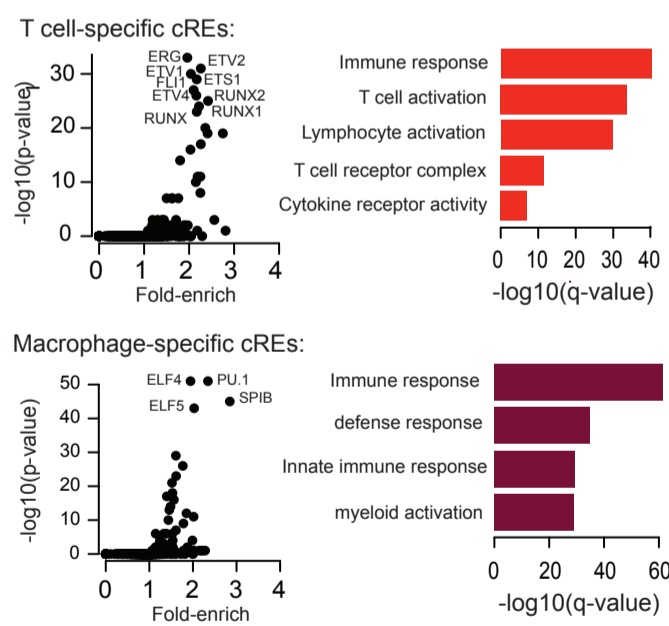Beta cell cRE up-reg T1D:

Beta cell cRE down-reg T1D:

Beta cell cRE up-reg AAB+:

Beta cell cRE down-reg AAB+:

B

Beta cell chromVAR:

Alpha cell chromVAR:

C

Beta cell pathways:

Interferon sig.

Antigen proc. and pres.

ER Golgi transport

Translation

Resp. to heat stress

Signaling by TGFb

D

HNF1A GRN:

HNF1A expr.:

Recent-onset T1D:

E

High-enz. acinar pathways:

Amino acid metab.

Glucose metab.

Oxidative Phos.

F

G

Beta cell altered in AAB+:

Other beta cell:

H

IRF1 T1D locus:

I

STAT4 T1D locus: