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## Metabolic reprogramming of synovial fibroblasts in osteoarthritis by inhibition of pathologically overexpressed pyruvate dehydrogenase kinases

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Damerau, A., Kirchner, M., Pfeiffenberger, M., Ehlers, L., Do Nguyen, D.H., Mertins, P., Bartek, B., Maleitzke, T., Palmowski, Y., Hardt, S., Winkler, T., Buttgerit, F., Gaber, T.

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6

7 **Authors:** Alexandra Damerau<sup>1,2</sup>, Marieluise Kirchner<sup>3</sup>, Moritz Pfeiffenberger<sup>1,2</sup>, Lisa Ehlers<sup>1,2</sup>, Duc Ha Do  
8 Nguyen<sup>1,2</sup>, Philipp Mertins<sup>3</sup>, Benjamin Bartek<sup>4</sup>, Tazio Maleitzke<sup>4,5,6</sup>, Yannick Palmowski<sup>4</sup>, Sebastian  
9 Hardt<sup>4</sup>, Tobias Winkler<sup>4,5,6,7</sup>, Frank Buttgereit<sup>1,2</sup> and Timo Gaber<sup>1,2\*</sup>

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### 11 **Affiliations**

12 <sup>1</sup> Charité – Universitätsmedizin Berlin, corporate member of Freie Universität Berlin and Humboldt-  
13 Universität zu Berlin, Department of Rheumatology and Clinical Immunology, Berlin, Germany

14 <sup>2</sup> German Rheumatism Research Centre (DRFZ) Berlin, a Leibniz Institute, Berlin, Germany

15 <sup>3</sup> Berlin Institute of Health and Max-Delbrück-Centrum for Molecular Medicine, Germany

16 <sup>4</sup> Charité – Universitätsmedizin Berlin, corporate member of Freie Universität Berlin and Humboldt-  
17 Universität zu Berlin, Center for Musculoskeletal Surgery, Berlin, Germany

18 <sup>5</sup> Berlin Institute of Health at Charité – Universitätsmedizin Berlin, BIH Biomedical Innovation  
19 Academy, BIH Charité Clinician Scientist Program, Berlin, Germany

20 <sup>6</sup> Julius Wolff Institute, Berlin Institute of Health at Charité – Universitätsmedizin Berlin, Germany

21 <sup>7</sup> Berlin Institute of Health Center for Regenerative Therapies, Berlin Institute of Health at Charité –  
22 Universitätsmedizin Berlin, Berlin, Germany

23

### 24 **\* Correspondence**

25 Dr. rer. nat. Timo Gaber

26 Charité – Universitätsmedizin Berlin, Department of Rheumatology and Clinical Immunology

27 Charitéplatz 1, 10117 Berlin

28 Tel: +49 (0)30 450 513 125; Fax: +49 (0)30 450 513 917

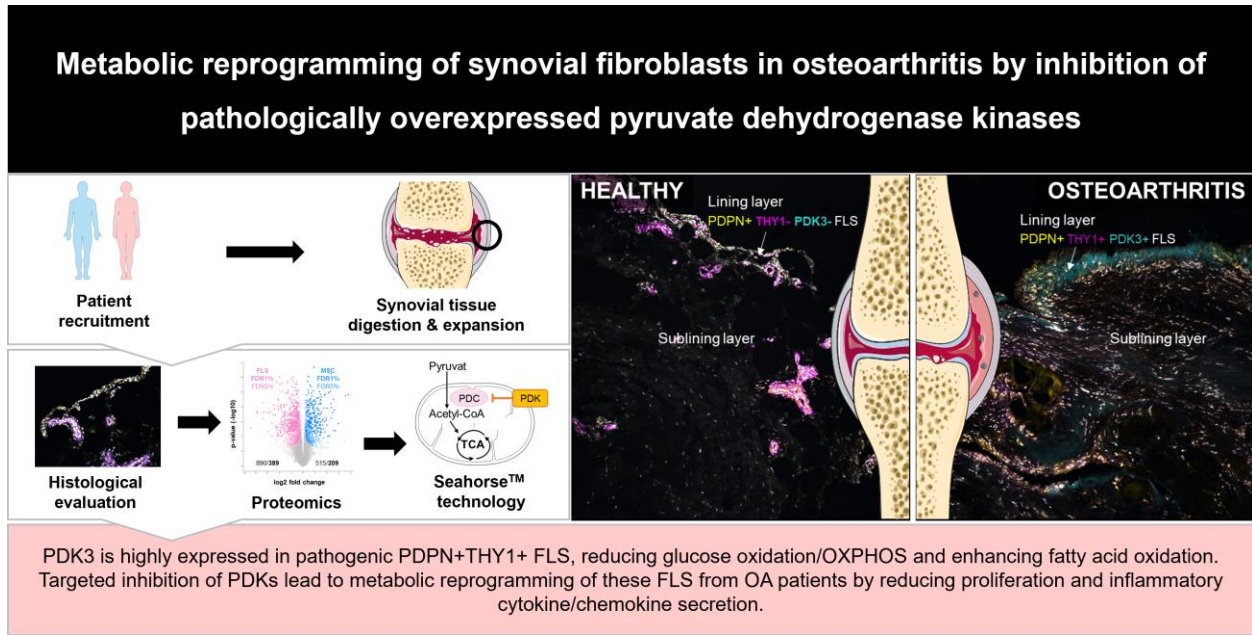
29 [timo.gaber@charite.de](mailto:timo.gaber@charite.de)

30 **Abstract**

31 Osteoarthritis (OA) is the most common degenerative joint disease and a major cause of age-related  
32 disability worldwide, mainly due to pain, the disease's main symptom. Although OA was initially classified  
33 as a non-inflammatory joint disease, recent attention has been drawn to the importance of synovitis and  
34 fibroblast-like synoviocytes (FLS) in the pathogenesis of OA. FLS can be divided into two major  
35 populations: thymus cell antigen 1 (THY1)- FLS are currently classified as quiescent cells and assumed to  
36 destroy bone and cartilage, whereas THY1+ FLS are invasively proliferative cells that drive synovitis. Both  
37 THY1- and THY1+ FLS share many characteristics with fibroblast-like progenitors – mesenchymal stromal  
38 cells (MSC). However, it remains unclear whether synovitis-induced metabolic changes exist in FLS from  
39 OA patients and whether metabolic differences may provide a mechanistic basis for the identification of  
40 approaches to precisely convert the pathologically proliferative synovitis-driven FLS phenotype into a  
41 healthy one. To identify novel pathological mechanisms of the perpetuation and manifestation of OA, we  
42 analyzed metabolic, proteomic, and functional characteristics of THY1+ FLS from patients with OA.  
43 Proteome data and pathway analysis revealed that an elevated expression of pyruvate dehydrogenase kinase  
44 (PDK) 3 was characteristic of proliferative THY1+ FLS from patients with OA. These FLS also had the  
45 highest podoplanin (PDPN) expression and localized to the sublining but also the lining layer in OA  
46 synovium in contrast to the synovium of ligament trauma patients. Inhibition of PDKs reprogrammed  
47 metabolism from glycolysis towards oxidative phosphorylation and reduced FLS proliferation and  
48 inflammatory cytokine secretion. This study provides new mechanistic insights into the importance of FLS  
49 metabolism in the pathogenesis of OA. Given the selective overexpression of PDK3 in OA synovium and  
50 its restricted distribution in synovial tissue from ligament trauma patients and MSC, PDKs may represent  
51 attractive selective metabolic targets for OA treatment. Moreover, targeting PDKs does not affect cells in  
52 a homeostatic, oxidative state. Our data provide an evidence-based rationale for the idea that inhibition of  
53 PDKs could restore the healthy THY1+ FLS phenotype. This approach may mitigate the progression of OA

54 and thereby fundamentally change the clinical management of OA from the treatment of symptoms to  
55 addressing causes.

56 **Graphical Abstract**



57

58 **Keywords**

59 synovial fibroblasts, THY1, mesenchymal stromal cells, metabolism, synovitis, proteomics, metabolic  
60 engineering

## 61 **Introduction**

62 Osteoarthritis (OA) is the most common age-related degenerative joint disease affecting more than 500  
63 million people worldwide in 2019, with women being disproportionately more frequently affected by the  
64 condition (Hunter et al., 2020). To date, OA remains the leading cause of joint pain and age-related  
65 disability. OA was initially classified as a non-inflammatory joint disease – a consequence of early  
66 observations based on the relative lack of neutrophils in the synovial fluid and the absence of a systemic  
67 inflammatory manifestation compared with rheumatoid arthritis (RA) (Berenbaum, 2013; Sokolove and  
68 Lepus, 2013). However, the complex pathogenesis of OA involves a diverse interplay between various  
69 humoral factors, cell types, and tissues, characterized by progressive articular cartilage degradation,  
70 thickening of the subchondral bone, development of osteophytes, fibrosis, and synovitis (Mathiessen and  
71 Conaghan, 2017; Wang et al., 2018). Synovitis has been recognized as the main driver of joint pain for a  
72 long time (O'Neill and Felson, 2018). Recently, attention has been drawn to the underlying mechanisms of  
73 synovitis in the multifactorial etiology of OA.

74 Fibroblast-like synoviocytes (FLS) were identified as key drivers of inflammatory joint destruction in OA  
75 (Bhattaram and Chandrasekharan, 2017; Muller-Ladner et al., 2007). Based on single-cell RNA sequencing  
76 (scRNA-seq) data from RA and OA synovial tissue biopsies, FLS have been functionally divided into two  
77 major populations based on the expression of thymus cell antigen 1 (THY1, CD90) (Cai et al., 2019; Croft  
78 et al., 2019; Mizoguchi et al., 2018). The THY1- destructive FLS phenotype is restricted to the synovial  
79 lining layer, may stimulate osteoclastogenesis via Receptor Activator of NF- $\kappa$ B Ligand secretion, and has  
80 been assumed to promote bone erosion under pathological conditions. In contrast, THY1+ FLS of the  
81 sublining layer have been classified as invasive proliferative cells with immune effector function that  
82 secrete proinflammatory cytokines and thus drive synovitis (Cai et al., 2019; Croft et al., 2019; Mizoguchi  
83 et al., 2018). ScRNA-seq from RA synovial tissue has revealed that proliferative and thus metabolically  
84 more active THY1+ FLS are characterized by increased glycolysis and diminished but intact oxidative  
85 phosphorylation (OXPHOS) compared with non-invasive, quiescent THY1- FLS (de Oliveira et al., 2019;

86 McGarry and Fearon, 2019; Mizoguchi et al., 2018). Comparative analyses between FLS from patients with  
87 RA or OA and inflammation-unexposed cells such as mesenchymal stromal cells (MSC) or unexposed FLS  
88 are scarce. Pathologically altered cell metabolism, including increased glycolytic enzymes and  
89 intermediates, has been attributed to joint inflammation and disease progression in RA (Masoumi et al.,  
90 2020), while OA tissue often served as a control. Inhibition of essential glycolytic enzymes such as  
91 hexokinase 2 (HK2) by the use of 2-deoxyglucose has been shown to change the phenotype of RA FLS by  
92 reducing the secretion of proinflammatory cytokines, invasiveness, cell proliferation, and migration rate *in*  
93 *vitro* (Bustamante et al., 2018; Garcia-Carbonell et al., 2016). Inactivation of glycolysis further attenuated  
94 bone and cartilage damage in a model of RA (Abboud et al., 2018; Bustamante et al., 2018; Garcia-  
95 Carbonell et al., 2016).

96 While the introduction of disease-modifying antirheumatic drugs has revolutionized the treatment of RA  
97 (Smolen et al., 2020), OA therapy is still limited to pain control, physiotherapy, and arthroplasty in severe  
98 cases (Pendleton et al., 2000). Therefore, a better understanding of the pathogenesis of OA considering the  
99 well-established pathomechanisms of RA might facilitate the identification of pathomechanisms that may  
100 serve as potential novel therapeutic targets.

101 We hypothesize that synovitis-induced metabolic imbalances mark chronic local inflammation-exposed  
102 FLS from patients with OA. We assume that this imbalance cumulates in a pathological proliferative,  
103 prolific, inflammatory, and metabolically active phenotype (THY1+ FLS) that differs from inflammation-  
104 unexposed FLS/MSC. The identification of metabolic differences will provide new insights into  
105 pathomechanisms which will finally allow identifying potential novel therapeutic targets for developing  
106 disease-modifying osteoarthritis drugs (DMOADs), ultimately mitigating cartilage degeneration.

107 As a source for inflammation-unexposed FLS, we used phenotypically indistinguishable bone marrow-  
108 derived MSC, not exposed to direct chronic or acute inflammation since the use of FLS from healthy  
109 patients as the best inflammation-unexposed control is not justifiable for ethical reasons (Denu et al., 2016;  
110 Ugurlu and Karaoz, 2020). We compared MSC with FLS from patients with OA regarding the phenotype,  
111 differentiation, proliferation, and metabolism and with FLS from patients with ligament trauma regarding

112 proliferation and cytokine/chemokine secretion. We confirmed these cells as fibroblast-like, inflammation-  
113 unexposed control cells. In this context, the use of mass spectrometry-based shotgun proteomics allowed  
114 for global quantitative protein expression profiling: We newly identified an enhanced expression of  
115 pyruvate dehydrogenase kinase (PDK) isoforms in active proliferative and prolific PDPN+THY1+ FLS  
116 from patients with OA. PDKs inhibit the pyruvate dehydrogenase (PDH) complex by preventing the  
117 decarboxylation of pyruvate, thereby limiting its entry into the tricarboxylic acid (TCA) cycle and thus the  
118 electron flux via the electron-transport chain, finally reducing mitochondrial ATP production (Woolbright  
119 et al., 2019). By inhibiting PDK activity, we confirmed its pathogenic role as a gatekeeper for cell metabolic  
120 processes and fibroblast proliferation and secretion of inflammatory cytokines. Microanatomy of the  
121 synovial tissue was histologically analyzed to visualize the spatial distribution of PDK3 and the different  
122 FLS phenotypes in the lining and sublining layer. In contrast to previous reports (Abuwarwar et al., 2018;  
123 Croft et al., 2019), we identified an abnormal high abundance of PDPN+THY1+ FLS in the lining layer  
124 with the majority of PDPN+ cells localized in both the synovial lining and sublining layer in the OA  
125 synovium. Finally, we performed pathway analyses to identify metabolic alterations and functional  
126 experiments to determine the potential of targeted inhibition of PDKs in OA to develop DMOADs.  
127 Given the selective abnormal overexpression of PDK3 in OA synovium and its restricted distribution in  
128 synovial tissue from ligament trauma patients, especially PDK3 represents the distinct mechanistic  
129 difference between health and disease to serve as an attractive selective target for OA therapy without  
130 affecting cells being in a homeostatic, oxidative state such as observed for non-inflammatory MSC or low-  
131 grade inflamed FLS from patients with ligament injuries. Thus, this approach might be safer than global  
132 inhibition of glycolysis using, e.g., 2-DG.

## 133 **Material and Methods**

### 134 *Tissue and ethics statement*

135 Human bone marrow-derived MSC were obtained from patients undergoing total hip replacement (provided  
136 by the Center of Musculoskeletal Surgery, Charité–Universitätsmedizin Berlin and distributed via the

137 “Tissue Harvesting” core facility of the BCRT, donor list in Supplementary Table 1). As previously  
138 described, MSC isolation and characterization (Damerou et al., 2020). FLS were isolated from (i) tibial  
139 plateau samples excised during knee arthroplasty for OA and (ii) synovial tissue sections from trauma  
140 patients collected during anterior cruciate ligament (ACL) reconstruction for an ACL rupture (provided by  
141 the Center of Musculoskeletal Surgery, Charité–Universitätsmedizin Berlin, donor list in Supplementary  
142 Table 1). Study design and protocols were approved by the Charité–Universitätsmedizin Ethics Committee  
143 and performed according to the Helsinki Declaration (ethical approval EA1/012/13, January 2013,  
144 EA1/146/21, May 2021).

#### 145 ***Digestion of the synovium and culture of FLS***

146 The synovium was dissected and separated from fat tissue as fat can compromise the viability of isolated  
147 cells. After washing the tissue with 0.5% bovine serum albumin (Sigma-Aldrich) and 5 mM EDTA in  
148 phosphate-buffered saline (PBS/BSA/EDTA; pH 7.4), the tissue was transferred into a 15 ml tube  
149 containing digestion buffer: DMEM GlutaMAX™ (Gibco) supplemented with 1U Liberase TL (Roche)  
150 and 100 µg/ml DNase (Roche). Subsequently, the tube was incubated at 37°C for 45 min in a MACSmix™  
151 Tube Rotator (Miltenyi Biotec). Samples were transferred to a 75 cm<sup>2</sup> flask and incubated in DMEM  
152 supplemented with 10% fetal calf serum (FCS; Biowest), 100 µg/ml penicillin (Gibco), and 100 µg/ml  
153 streptomycin (Gibco), in the following referred to as normal medium (NM) in a humidified atmosphere  
154 (37°C, 5% CO<sub>2</sub>).

#### 155 ***Antibodies***

156 Staining for flow cytometry was performed using antibodies from Miltenyi Biotec against CD73-APC  
157 (REA804), CD90-FITC (REA897), CD105-APC-Vio770 (REA794), CD14-PE (REA599), CD20-PE  
158 (REA780), CD34-PE (REA1164), CD45-PE (REA747), HLA-DR-PE (REA805), PDPN-PE (REA446),  
159 CD10-PE-Vio770 (REA877), CD26-APC (FR10-11G9). Isotype control antibodies (Miltenyi Biotec) were  
160 utilized to verify the staining. Antibodies against Vimentin-A488 (monoclonal, EPR3776, 1:200, ab185030,  
161 Abcam), Collagen type 1 (unconjugated, monoclonal, IgG1, 1:200, ab6308, Abcam), THY1-A568



162 (monoclonal, EPR3133, 1:100, ab201848, Abcam), PDK3 (unconjugated, polyclonal, IgG, 1:200, Thermo  
163 Fisher Scientific), PDPN (unconjugated, monoclonal, NC-08, 1:200, BioLegend), pPDHA1 [p Ser293]  
164 (Alexa 488, polyclonal, IgG, 1:200, NB110, Novus Biologicals), Ki67 (unconjugated, polyclonal, IgG,  
165 1:1000, ab15580, Abcam), MitoTracker™ Green FM (1:100, Thermo Fisher Scientific) and the secondary  
166 antibodies goat anti-rat A647 (1:500, Thermo Fisher Scientific), goat anti-mouse A546 (1:500, Thermo  
167 Fisher Scientific), goat anti-rabbit A546 (1:500, Thermo Fisher Scientific), and donkey anti-rabbit A488  
168 (1:500, Thermo Fisher Scientific) were used for immunofluorescence analysis. Isotype control antibodies  
169 were utilized to verify the staining: Recombinant Alexa Fluor® 568 Rabbit IgG isotype control (monoclonal,  
170 EPR25A, ab209613, Abcam), purified Rat IgG2a,  $\lambda$  isotype control (monoclonal, G013C12, BioLegend),  
171 and rabbit IgG isotype control (Thermo Fisher Scientific).

#### 172 ***Alizarin Red S assay***

173 Alizarin Red S assay was performed for calcium quantification as previously described (Pfeiffenberger et  
174 al., 2020) and quantified at 562 nm (reference wavelength 630 nm). In brief, cells were differentiated using  
175 StemMACS™ OsteoDiff medium (Miltenyi Biotech) and normalized to cells in NM. The assay was  
176 performed in duplicates.

#### 177 ***Proliferation, viability, cytotoxicity assay***

178 Assays were performed according to the manufacturer's instructions.  $1 \times 10^4$  cells per well were seeded in a  
179 flat bottom 96-Well plate (Greiner Bio-one). Proliferation was assessed using the Cell Proliferation ELISA,  
180 BrdU (colorimetric) assay (Roche), Thymidine Incorporation assay (Thermo Fisher Scientific), and cell  
181 count via Neubauer Chamber (Sigma-Aldrich). Cells were treated with 1  $\mu$ g/ml actinomycin D (neg ctrl) to  
182 suppress transcription and thus proliferation. Viability was analyzed using the Cell Proliferation Reagent  
183 WST-1 Kit (Sigma-Aldrich). Samples were mixed with WST-1 solution and incubated for 2 h at 37°C, 5%  
184 CO<sub>2</sub>. Cytotoxicity Detection LDH Kit (Sigma-Aldrich) was used to detect cytotoxic effects of DCA (0.5,  
185 1, 5, 10, and 25 mM) after 24 h at 37°C, 5% CO<sub>2</sub>. In addition, to induce LDH release via cell death, cells  
186 were incubated with 2% Triton X-100 (Sigma-Aldrich) for 24 h (high ctrl).

187 ***Proteome analysis***

188 Cell pellets were resuspended in SDC buffer (1% Sodium deoxycholate, 100 mM Tris-HCl pH 8, 1 mM  
189 EDTA, 150 mM NaCl, 10 mM dithiothreitol, 40 mM Chloroacetamide), heated for 10 minutes at 95°C,  
190 cooled down to RT, and incubated with 25 U Benzoylase (Merck) for 30 minutes. After centrifugation for  
191 20 minutes at 400 x g, protein extracts were collected and subjected to tryptic digestion. To each sample  
192 (100 µg protein) 2 µg sequence-grade Trypsin (Promega) and 2 µg Lysyl Endopeptidase LysC (Wako) was  
193 added and incubated overnight at 37°C. The digestion was stopped by adding trifluoroacetic acid (final  
194 concentration 1%), and peptides were desalted and cleaned up using StageTips protocol (Rappsilber et al.,  
195 2003). Peptide samples were eluted from StageTips (80% acetonitrile, 0.1% formic acid), and after  
196 evaporating the organic solvent, peptides were resolved in sample buffer (3% acetonitrile/ 0.1% formic  
197 acid). Two analytical runs using 1 µg of peptide material were performed for each replicate. Peptides were  
198 separated on a 20 cm reversed-phase column (75 µm inner diameter, packed with ReproSil-Pur C18-AQ  
199 (1.9 µm, Dr. Maisch GmbH) using a 200 min gradient with a 250 ml/min flow rate of increasing Buffer B  
200 concentration (from 2% to 60%) on a High-Performance Liquid Chromatography system (Thermo Fisher  
201 Scientific). Peptides were measured on a Q Exactive Plus Orbitrap instrument (Thermo Fisher Scientific).  
202 The mass spectrometer was operated in the data-dependent mode with a 70K resolution,  $3 \times 10^6$  ion count  
203 target, and maximum injection time of 120 ms for the full scan, followed by Top 10 MS2 scans with 17.5K  
204 resolution,  $1 \times 10^5$  ion count target, and maximum injection time of 60 ms. Dynamic exclusion was set to 30  
205 sec. Raw data were processed using the MaxQuant software package (v1.6.3.4) (Tyanova et al., 2016) and  
206 a decoy human UniProt database (HUMAN.2019-07), containing forward and reverse sequences. The  
207 search included variable modifications of oxidation (M), N-terminal acetylation, deamidation (N and Q),  
208 and fixed modification of carbamidomethyl cysteine. Minimal peptide length was set to six amino acids,  
209 and a maximum of two missed cleavages was allowed. The FDR was set to 1% for peptide and protein  
210 identifications. Unique and razor peptides were considered for quantification. MS2 identifications were  
211 transferred between runs with the “Match between runs” option. The integrated LFQ (label-free)  
212 quantitation algorithm was applied.

213 Reverse hits, contaminants, and proteins identified by site were filtered out, and statistical data analysis was  
214 performed using the Perseus software (v 1.6.2.1). For statistical analyses, 5 biological replicates for each  
215 condition (FLS and MSC) were defined as groups, and a minimum of 3 LFQ intensity values in at least one  
216 group was required. Missing values were imputed with low-intensity values simulating the detection limit  
217 of the mass spectrometer. Differences in protein abundance between the groups were calculated using the  
218 two-sample Student's t-test. Proteins passing the FDR-based significance cut-off (1 and 5%) were  
219 considered differentially expressed. GO enrichment analysis was performed in Perseus with a background  
220 set of all detected proteins. Terms were filtered for p-value (corrected) <0.02, number of proteins in  
221 category (set size) >2. Reduction of terms was achieved using REVIGO with the following settings:  
222 medium reduction, against the *homo sapiens* database, SimRel similarity measure, and without an order of  
223 terms (Supek et al., 2011). Complete proteome data are available via ProteomeXchange with identifier  
224 PXD027215.

#### 225 ***Metabolic analysis using Seahorse™ technology***

226 Metabolic characterization was performed using a Seahorse XFe96 Extracellular Flux Analyzer (Seahorse  
227 Bioscience). Briefly,  $1 \times 10^5$  cells were seeded into the Seahorse XF Cell Culture Microplate (Agilent  
228 Technology). For analysis, cells were resuspended in XF assay media (Agilent Technology) supplemented  
229 with 10 mM glucose (Sigma-Aldrich), 1 mM pyruvate (Sigma-Aldrich), and 2 mM glutamine (Sigma-  
230 Aldrich). The Cell Mito Stress Test was performed using 2  $\mu$ M oligomycin, 1.5  $\mu$ M FCCP (carbonyl  
231 cyanide-p-trifluoromethoxy-phenyl-hydrazone), 0.5  $\mu$ M rotenone, and 0.5  $\mu$ M antimycin A (RotAA)  
232 purchased from Agilent Technologie. The Glycolytic Rate Assay was performed using 0.5  $\mu$ M RotAA and  
233 50 mM 2-Deoxy-D-glucose (Sigma-Aldrich), and purchased from Agilent Technologies. Mitochondrial  
234 stress and glycolytic parameters were measured via OCR in pmol/min/ $1 \times 10^5$  cells. Metabolic parameters  
235 were calculated according to the manufacturer's instructions (Agilent Technologies).

236 ***Metabolic inhibition of PDKs***

237 DCA was applied in a 5 mM (Sigma-Aldrich) concentration with or without 4  $\mu$ M etomoxir (ETO; Agilent  
238 Technologies) to cells seeded in the Seahorse XF Cell Culture Microplate and incubated for 2 h at 37°C in  
239 a non-CO<sub>2</sub> incubator.

240 ***ATP measurement***

241 Intracellular ATP levels were measured using the ATPlite 1step Luminescence Assay System (Perkin  
242 Elmer), a method based on the reaction of ATP with luciferase and D-luciferin.  $1 \times 10^5$  cells per well  
243 (duplicates) were seeded in Corning® flat bottom, black 96-Well plates (Sigma-Aldrich). Luminescence  
244 was measured with a Spectra Max Gemini EM luminescence microplate reader (Molecular Devices) and  
245 normalized to background levels.

246 ***Glucose and lactate analysis***

247 Glucose and lactate contents were measured using the Biosen C-line analyzer (EKF Diagnostic).  $1 \times 10^5$   
248 cells per well (triplicates) were seeded in 12-Well plates (Greiner Bio-one) and cultured in DMEM without  
249 FCS (Ctrl) or treated with 5 mM DCA for up to 7 days (37°C, 5% CO<sub>2</sub>).

250 ***Cytokine and chemokine quantification in cell culture supernatants***

251 Cell culture supernatants were immediately stored at -80 °C. The concentration of cytokines and  
252 chemokines in pg/ml per  $5 \times 10^3$  cells was determined according to the manufacturer's instructions using the  
253 multiplex suspension assay (Bio-Rad Laboratories). The following cytokines and chemokines (lower  
254 detection limit) were measured: interleukin (IL)-6, IL-8, tumor necrosis factor (TNF) $\alpha$ , vascular endothelial  
255 growth factor A (VEGFA), granulocyte-macrophage colony-stimulating factor (GM-CSF), monocyte  
256 chemotactic protein-1 (MCP-1)/ Chemokine (C-C Motif) Ligand (CCL) 2, macrophage inflammatory  
257 protein (MIP)-1 $\alpha$ /CCL3 and MIP-1 $\beta$ /CCL4.

258 ***Flow cytometry analysis***

259 Flow cytometry staining was performed on ice in U-bottom 96-Well plates (Greiner Bio-one) using a  
260 combination of the antibodies mentioned above. After blocking the unspecific binding of Fc-receptors using

261 a solution containing 5 mg/ml human IgG (IgG1 66.6%, IgG2 28.5%, IgG3 2.7%, IgG4 2.2%; Flebogamma,  
262 Grifols), cells were washed in PBS/BSA/Azide, and antibody staining was performed for 15-20 min  
263 according to the manufacturer's instructions. Cells were washed and centrifuged at 400 x g for 4 min and  
264 resuspended in PBS/BSA/Azide. Shortly before analysis, cells were incubated with 1 µg/ml 4',6-diamidino-  
265 2-phenylindole (DAPI; Sigma-Aldrich) for 2 min at RT to exclude dead cells.  
266 Samples were measured using a MACS Quant Analyzer 10 (Miltenyi Biotec) and analyzed with FlowJo™  
267 software (version 7.6.4 and 10.7.1, Tree Star). The gating strategy is depicted in Supplementary Fig. 1 and  
268 Supplementary Fig. 2.

### 269 ***Immunofluorescence staining***

270 Immunofluorescence staining was performed in the dark at RT. Cells were fixed with 4% paraformaldehyde  
271 (PFA; Electron Microscopy Sciences) for 8 min, washed with PBS (3x1 min), and permeabilized using  
272 PBS/0,1% Tween®20 (Qbiogene Inc.) for 10 min. Subsequently, unspecific binding sites were blocked with  
273 PBS/5% FCS for 30 min. Afterward, the primary antibody was diluted in PBS/5% FCS/0.1% Tween®20  
274 and incubated according to the manufacturer's instructions, followed by washing with PBS/0.1% Tween®20  
275 (3x1 min). The secondary antibody was diluted in PBS/5% FCS/ 0.1% Tween®20 and applied for 2 h,  
276 washed with PBS/0.1% Tween®20 (3x1 min) and nuclei staining was performed using DAPI (1 µg/ml  
277 diluted in PBS/0.1% Tween®20, 15 min). Imaging was performed with the laser scanning fluorescence  
278 microscope LSM 710 (Carl Zeiss) using lasers of specific wavelengths. Image analysis was performed  
279 using FIJI ImageJ 1.52p (National Institutes of Health).

### 280 ***RNA isolation, cDNA synthesis, and quantitative PCR (qPCR)***

281 Total RNA was isolated according to the manufacturer's instructions using the RNeasy® Mini Kit (Qiagen).  
282 TaqMan® Reverse Transcription Reagents Kit (Applied Biosystems Inc.) was used for cDNA synthesis.  
283 Quantification of gene expression was performed by qPCR in the Stratagene Mx3000P™ (Agilent  
284 Technologies Inc.) using the DyNAmo ColorFlash SYBR Green qPCR Kit (Thermo Fisher Scientific)  
285 according to the manufacturer's instructions. The qPCR was performed in duplicates with a non-template

286 control (NTC) for each master-mix using the following temperature profile: 7 min at 95°C, 60 cycles with  
287 7 s at 60°C and 10 s denaturation at 95°C, and 9 s at 72°C. After every run, a melting curve analysis was  
288 performed to confirm primer specificity. In cases where the amplification curve did not reach the threshold  
289 within the cycles, the value of the maximum cycle number was used. Data were normalized to the  
290 elongation-factor 1- $\alpha$  (*EF1A*) expression using the  $\Delta C_t$ -method. All primers were purchased from TIB  
291 Molbiol (Table 1).

292 **Table 1: Sequences of primers used for qPCR.**

<b>Gene</b>	<b>Sequence of forward primer</b>	<b>Sequence of reverse primer</b>
<i>EF1A</i>	TGTGCTGTCCTGATTGTTGC	GTAGGGTGGCTCAGTGGAAT
<i>PDPN</i>	GACTCCGCTCGGAAAGTTCT	ACACCTTCCACATCGTTCCC
<i>THY1</i>	GACCCGTGAGACAAAGAAGC	GCCCTCACACTTGACCAGTT
<i>VIM</i>	GGACCAGCTAACCAACGACA	AAGGTCAAGACGTGCCAGAG
<i>CD9</i>	CATGCTGGGACTGTTCTTCG	GATAAACTGTTCCACGCCCC
<i>TNC</i>	GACAATGAGATGCGGGTCAC	CGCTGACAGGAATGCTCTTC
<i>DCN</i>	CCTTTGGTGAAGTTGGAACG	TCGCACTTTGGTGATCTCAT
<i>FSP1</i>	TCTTGGTTTGATCCTGACTGCT	TCACCCTCTTTGCCCGAGTA
<i>FNI</i>	GGTGACACTTATGAGCGTCCTAAA	AACATGTAACCACAGTCTCATGTG
<i>HAS1</i>	GGAGATTCGGTGGACTACGT	CGCTCCACATTGAAGGCTAC
<i>HAS2</i>	TGTCGAGTTTACTTCCCGCC	CAGCGTCAAAGCATGACCC
<i>HAS3</i>	TGTGCAGTGTATTAGTGGGCCCTT	TTGGAGCGCGTATACTTAGTT
<i>COL1A1</i>	CAGCCGCTTCACCTACAGC	TTTTGTATTCAATCACTGTCTTGCC
<i>COL3A1</i>	CTTTGTGCAAAAGGGGAGCT	TGGGTTGGGGCAGTCTAATT
<i>SUOX</i>	TCCCATGTGCGTGAGTTACT	AGGTACAGGCAGATGGTTCC
<i>ICAMI</i>	CGACTGGACGAGAGGGATTG	GATAGGTTCCAGGGAGGCGTG
<i>VCAMI</i>	GGGAAGATGGTCGTGATCCT	TCGTACCTTCCCATTCACT
<i>ITGB3</i>	ACCAGTAACTGCGGATTGG	TCCGTGACACACTCTGCTTC
<i>VEGFA</i>	AGCCTTGCCTTGCTGCTCTA	GTGCTGGCCTTGGTGAGG
<i>SLC2A1</i>	AACCACTGCAACGGCTTAGA	TCACGGCTGGCACAAAATA
<i>SLC2A3</i>	ACCGGCTTCTCATTACCTT	AGGCTCGATGCTGTTCACT
<i>LDHA</i>	ACCCAGTTTCCACCATGATT	CCCAAAATGCAAGGAACACT
<i>LDHB</i>	TTGTCTTCTCCGCACGACTG	GTCTGAGCCGAAACCTACC
<i>PDK1</i>	GAGAGCCACTATGGAACACCA	GGAGGTCTCAACACGAGGT
<i>PDK2</i>	ATGAAAAGAGATCAACCTGCTTCC	GGCTCTGGACATACCAGCTC
<i>PDK3</i>	CGCTCTCCATCAAACAATTCTT	CCACTGAAGGGCGGTTAAGTA
<i>CPT1A</i>	TCCAGTTGGCTTATCGTGGTG	TCCAGAGTCCGATTGATTTTTGC
<i>PDHA1</i>	ATGGAATGGGAACGTCTGTTG	CCTCTCGGACGCACAGGATA
<i>SLC7A11</i>	GGACAAGAAACCCAGGTGGT	GCAGATTGCCAAGATCTCAAGT
<i>HK1</i>	CACATGGAGTCCGAGGTTTATG	CGTGAATCCCACAGGTAACCTC
<i>SLC16A1</i>	CTAGCTGCGTGGTACTGG	CCGGCTGTTACCCAACTAAC

294 ***Statistical analysis***

295 Statistical analysis was performed using the GraphPad® Prism V.8.4.1 software (La Jolla, USA). All values  
296 are shown as box plots (centerline, median; box limits, upper and lower quartiles; whiskers, maximum and  
297 minimum values; all data points) or as scatter dot plot (median) if not indicated otherwise. Mann-Whitney  
298 U test was applied for independent datasets, while dependent datasets were compared by means using the  
299 Wilcoxon-signed rank test t (\*p<0.05, \*\*p<0.01, \*\*\*p<0.001) if not indicated otherwise.

300 **Results**

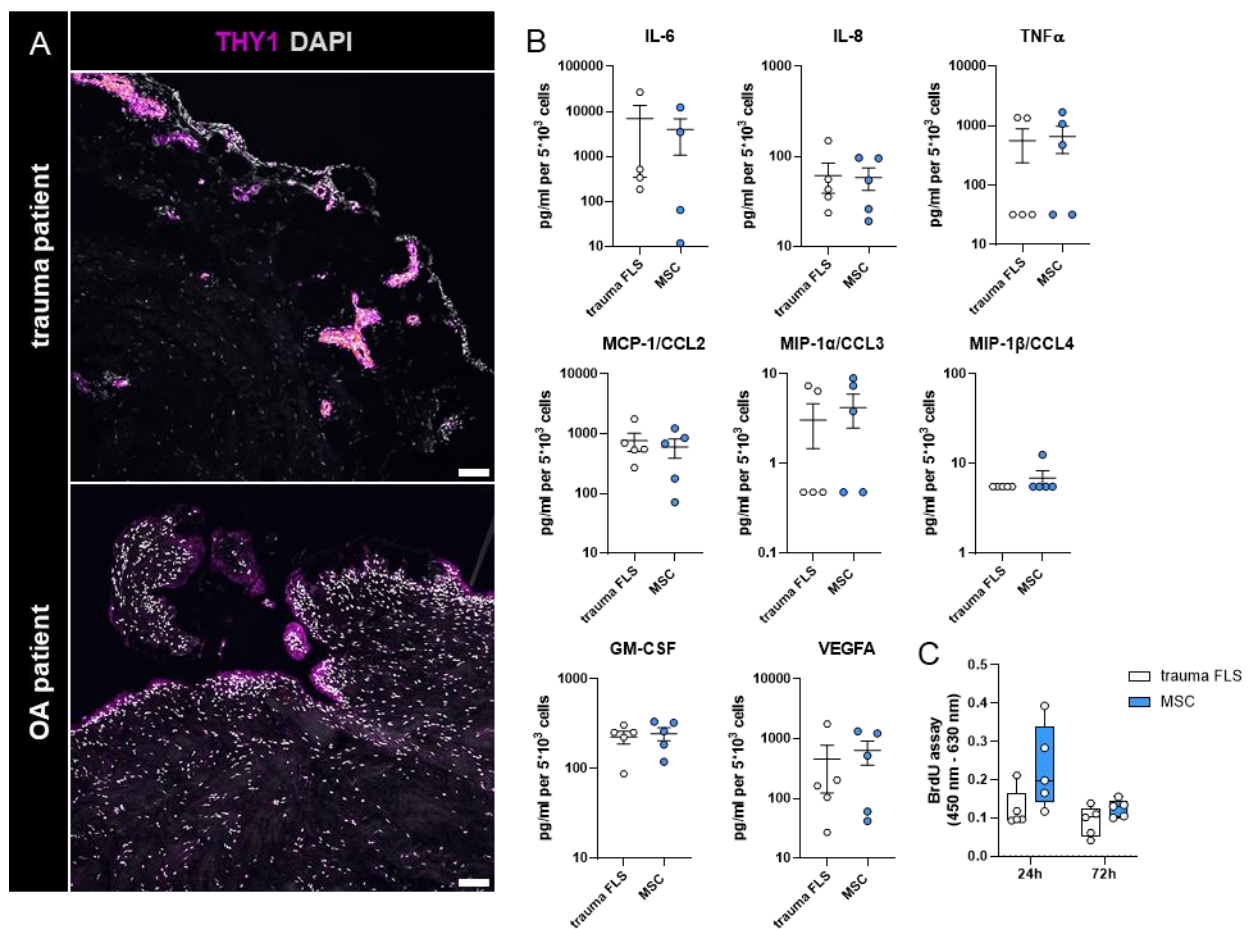
301 ***FLS from patients with ligament injuries demonstrate THY1+ FLS prevalent around blood vessels, while***  
302 ***inflammation-unexposed MSC show a similar cytokine and chemokine pattern***

303 Hypothesizing that chronic local inflammation induces metabolic imbalances in FLS which lead to a  
304 proliferative, prolific, inflammatory, and metabolically-active phenotype, we analyzed the expression of  
305 THY1 – the marker to distinguish proliferative THY1+ and quiescent THY1- FLS – in synovial tissue  
306 sections from patients with OA compared with synovial tissue sections from trauma patients without signs  
307 of chronic inflammation (e.g., patients undergoing ACL reconstruction for an ACL rupture). Synovial tissue  
308 sections from OA patients demonstrate THY1+ FLS in the lining and the sublining layer, whereas THY1+  
309 FLS from trauma patients were restricted to the synovial sublining layer close to capillary structures (Fig.  
310 1A).

311 To completely rule out any inflammatory effects caused by low-grade acute inflammation, we compared  
312 FLS from patients with ligament injuries with their progenitor cells, MSC, not exposed to local  
313 inflammation analyzing their cytokine/chemokine release and proliferation rate (Fig. 1B, Fig. 1C).  
314 Although we observed specific levels of the proinflammatory cytokines IL-6, IL-8, TNF $\alpha$ , and GM-CSF,  
315 as well as the chemokines CCL2, CCL3, CCL4, and the proangiogenic VEGFA, we confirmed a similar  
316 secretion pattern in both cell types (Fig. 1B). However, we would like to stress that the bone marrow-  
317 derived MSC we used, were obtained from patients with OA who have low-grade systemic inflammation,  
318 similar to FLS from patients with ligament injuries who have low-grade acute inflammation (due to both



319 the injury and the surgery). Thus, both, source of cells and surgical intervention may explain these low  
 320 levels for IL-8, TNF $\alpha$ , and the chemokines CCL2, CCL3, and CCL4. Of note, IL-6, GM-CSF, and VEGFA  
 321 are known to be abundantly expressed by MSC presumably for maintenance, self-renewal, proliferation,  
 322 migration, and maintenance of oxygen supply (Ayala-Cuellar et al., 2019; Najjar et al., 2021; Ullah et al.,  
 323 2015). Moreover, the proliferation rate of both cell types was also similar (Fig. 1C). These data indicate  
 324 that neither FLS from ligament trauma patients nor MSC from OA patients demonstrate signs of  
 325 inflammation or contribute to inflammation and tissue expansion.

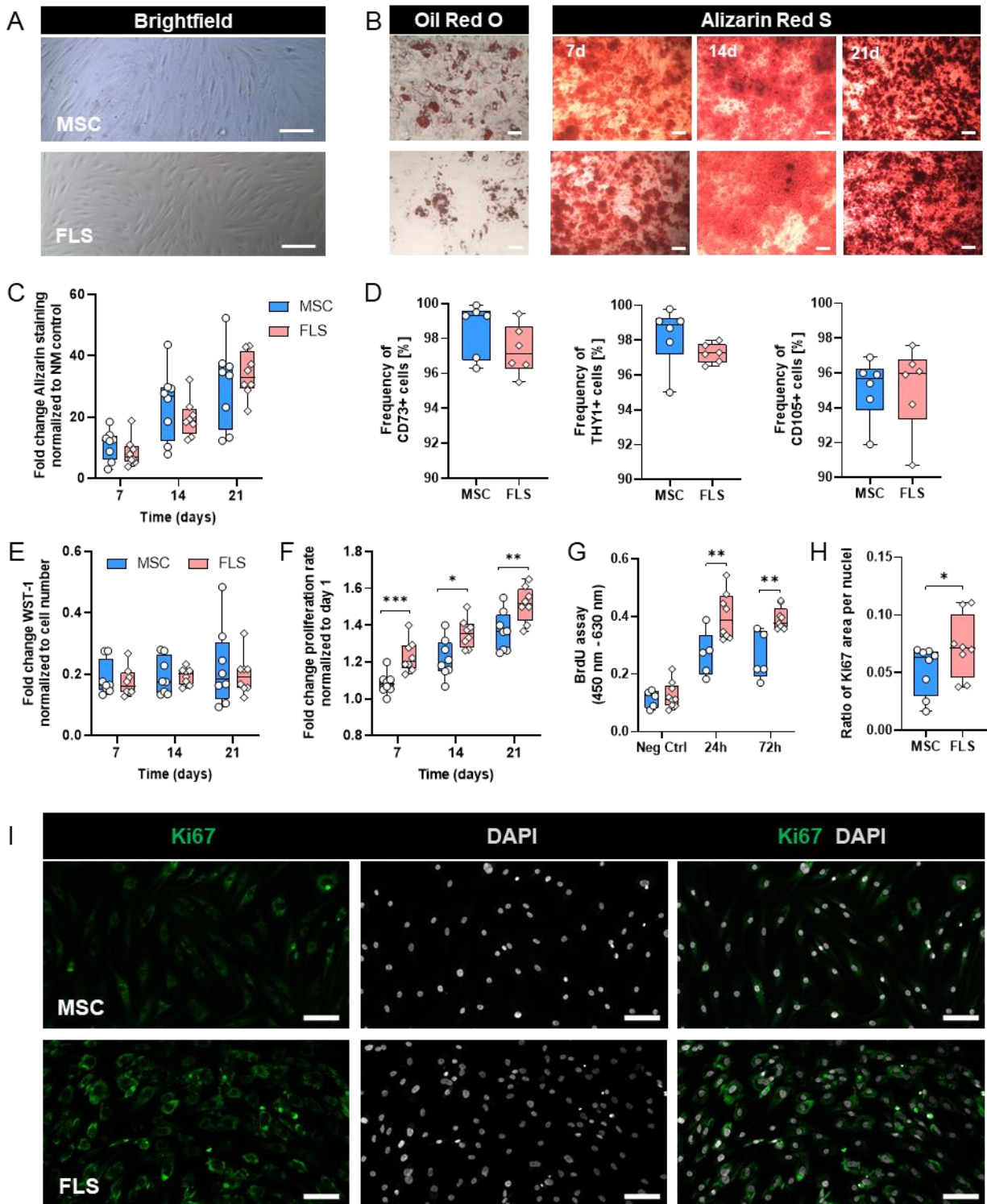


326

327 **Fig. 1.** Cellular localization and spatial distribution of THY1+ FLS in synovial tissue sections from both patients with OA and trauma without signs  
 328 of chronic inflammation (trauma FLS) and cytokine and chemokine patterns compared with inflammation-unexposed progenitor cells (MSC). (A)  
 329 Confocal microscopy of OA and trauma synovium (both representative of n=5). DAPI: gray, THY1: magenta. Scale bars show 100  $\mu$ m. (B)  $5 \times 10^3$   
 330 cells of MSC and FLS from trauma patients were cultured in a 24-well plate at 37  $^{\circ}$ C and 5% CO $_2$ . Supernatants were collected after 72 hours and  
 331 analyzed via multiplex cytokine detection assay. (C) After 24 hours and 72 hours, a BrdU assay was conducted to explore the proliferation rate  
 332 (n=5) of trauma FLS and MSC. Data in B are shown as scatter dot plots box plots (mean with SEM) and for C as box plots (centerline, median; box  
 333 limits, upper and lower quartiles; whiskers, maximum and minimum values; all data points). Statistics: Two-tailed Mann-Whitney U test.

334 *FLS from patients with OA demonstrate a stem cell-like phenotype similar to MSC but have a higher*  
335 *proliferation rate*

336 Since FLS are derived from MSC, they share the function of maintaining and regenerating tissue structure  
337 by means of production, accumulation, and deposition of extracellular matrix components. Both cell types  
338 can respond to various inflammatory and non-inflammatory factors secreted by activated immune cells and  
339 damaged tissues. To identify commonalities and differences between both cell types, we firstly compared  
340 phenotypic features of FLS obtained from patients with OA with non-inflammatory MSC (Supplementary  
341 Table 1) according to the minimal criteria for MSC (Dominici et al., 2006). Both FLS and MSC  
342 demonstrated plastic adherence and the characteristic slim elongated spindle-shaped cell morphology under  
343 standard culture conditions using brightfield microscopy (Fig. 2A) and the capacity to differentiate into  
344 adipocytes and osteocytes (Fig. 2B, Fig. 2C). Flow cytometric analysis revealed a similar expression pattern  
345 of CD73, THY1, and CD105 touted as stem cell markers with >90% expression within the respective  
346 populations (Fig. 2D), whereas negative markers such as CD14, CD20, CD34, CD45, and HLA-DR  
347 accounted for <8% (Supplementary Fig. 1A; gating strategy in Supplementary Fig. 1B). Analyzing the  
348 cellular vitality of both cell types, we observed a similar activity of mitochondrial dehydrogenases (WST-  
349 1 assay) within three weeks normalized to cell numbers (Fig. 2E). When comparing cell growth and  
350 proliferation of both cell types, we measured significantly higher proliferation rates in the fibroblast  
351 population from OA synovial tissue compared with the non-inflammatory MSC as determined by cell count  
352 (Fig. 2F), BrdU assay (Fig. 2G), Ki67 staining (Fig. 2H, Fig. 2I), and 3H-thymidine assay (Supplementary  
353 Fig. 3).



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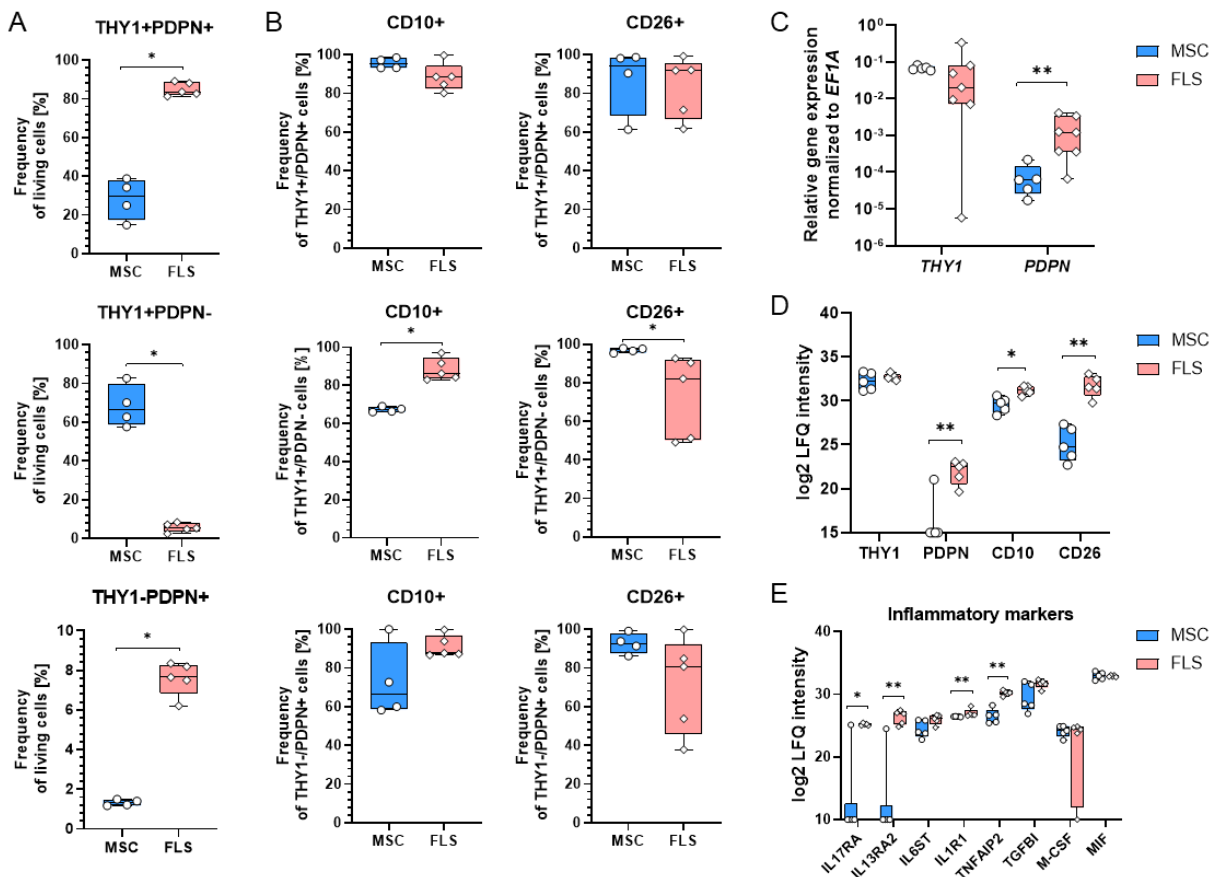
**Fig. 2.** FLS from patients with OA are similar to MSC in morphology and minimal criteria that define MSC, but they have a significantly higher proliferation rate. (A) Cells were characterized by plastic adherence, and (B) their differentiation capacity towards adipogenesis using Oil Red O staining and osteogenesis using Alizarin Red S staining (scale bars = 100 μm). (C) Alizarin Red S staining was quantified (562 nm, reference wavelength 630 nm) for n=8. (D) The surface expression of CD73, THY1 and CD105 was evaluated using flow cytometry (n=6). (E) WST-1 assay was conducted to confirm metabolically active cells after 7, 14, and 21 days of cultivation (n=8) normalized to the counted cell number. (F) Cells were cultivated under normoxic conditions (37°C, 5% CO<sub>2</sub>) and counted after day 1, 7, 14, and 21 to determine the proliferation rate. (G) BrdU assay was conducted after 24 hours and 72 hours to analyze the proliferation rate (n=5-8). Neg Ctrl = Negative control cells treated with 1 μg/ml

362 actinomycin D to suppress transcription and thus proliferation. (H) Image quantification was performed to determine the percentage of Ki67 per  
363 nuclei (triplicates per data point) using ImageJ (n=8). (I) Confocal microscopy of inflammation-exposed FLS and non-exposed MSC (both  
364 representative of n=8). DAPI: gray, Ki67: green. Scale bars show 100  $\mu$ m. Data are shown as box plots (centerline, median; box limits, upper and  
365 lower quartiles; whiskers, maximum and minimum values; all data points). Statistics: Two-tailed Mann-Whitney U test; p-values are indicated in  
366 the graphs with \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

### 367 ***Non-inflammatory MSC show a different expression pattern of PDPN, THY1, and peptidases CD10 and*** 368 ***CD26***

369 Mapping the distribution of distinct cell subsets within the FLS and MSC populations expanded *in vitro*,  
370 we measured the surface expression of selected fibroblast and inflammatory markers including podoplanin  
371 (PDPN), THY1, peptidase neutral endopeptidase (CD10), and dipeptidyl-peptidase IV (CD26) using flow  
372 cytometry (Fig. 3A, Fig. 3B, gating strategy in Supplementary Fig. 2). THY1 positivity was observed in  
373 more than 90% of both FLS and MSC; the number of THY1- cells was significantly higher in FLS (Fig.  
374 3A). FLS demonstrated a significantly higher expression of PDPN. PDPN and THY1 have been reported  
375 to discriminate the FLS of the synovial lining layer (PDPN+THY1-) from FLS of the sublining layer  
376 (PDPN+THY1+) associated with different pathological functions leading to bone erosion and synovitis,  
377 respectively (Abuwarwar et al., 2018; Croft et al., 2019). *In vitro* expanded FLS show a significant subset  
378 of PDPN+THY1+ cells (83.6%) and smaller subsets of PDPN+THY1- (7.6%) and PDPN-THY1+ (5.3%)  
379 cells, representing the typical pattern of pericytes. PDPN-THY1- (2.5%) cells were almost absent (Fig. 3A).  
380 PDPN induction has been described under inflammatory conditions (Ekwall et al., 2011; Quintanilla et al.,  
381 2019). The central subpopulation of MSC (PDPN-THY1+: 66.5%) did not express PDPN. We observed a  
382 similar pattern in the transcriptome (Fig. 3C) and proteome data (Fig. 3D).  
383 We then analyzed the surface expression of peptidases CD10 and CD26, which have been reported to be  
384 highly expressed in inflamed tissue (Nemoto et al., 1999; Ospelt et al., 2010; Solan et al., 1998) and the  
385 proliferative fibroblast subset (Ding et al., 2020; Soare et al., 2020). CD10 and CD26 were highly expressed  
386 on PDPN+THY1+ and PDPN+THY1- subpopulations of both FLS and MSC expanded *in vitro* (Fig. 3B).  
387 In PDPN-THY1+ cells, CD26 expression was significantly higher in MSC than in FLS, whereas the  
388 opposite was true for CD10. The surplus of CD10 and CD26 observed in the proteome analysis (Fig. 3D)  
389 may be attributed to the shedding of CD26 from the cell surface (Klemann et al., 2016).

390 However, analyses of global proteome data revealed the expected predominance of inflammatory proteins  
 391 in FLS from patients with OA triggered by synovitis compared with MSC: We observed a significantly  
 392 higher expression of IL-17 receptor  $\alpha$  (IL17RA), IL-13 receptor  $\alpha 2$  (IL13RA2), IL-1 receptor type 1  
 393 (IL1R1), and TNF $\alpha$ -induced protein 2 (TNFAIP2), as well as a numerically higher expression of IL-6  
 394 cytokine family signal transducer (IL6ST) and transforming growth factor beta-induced (TGFB1) protein  
 395 (Fig. 3E). However, we need to consider that bone marrow-derived MSC were obtained from patients with  
 396 OA. They have low-grade systemic inflammation, similar to how FLS from patients with ligament injuries  
 397 have low-grade acute inflammation also due to surgery. Thus, the source of cells and surgical intervention  
 398 may explain these low levels for IL-8, TNF $\alpha$ , and the chemokines CCL2, CCL3, CCL4, whereas IL-6, GM-  
 399 CSF, and VEGFA are known to be abundantly expressed by MSC presumably for maintenance, self-  
 400 renewal, proliferation, migration, and maintenance of oxygen supply.



401

402 **Fig. 3.** The proportion of inflammation-exposed FLS subsets compared to the non-exposed MSC. (A) The proportion of FLS subsets in OA synovial  
403 tissue (n=5) and MSC (n=4) about THY1+PDPN+, THY1+PDPN- and THY1-PDPN+ cells were evaluated by flow cytometry. (B) Proportions of  
404 CD10+ and CD26+ cells in THY1+PDPN+, THY1+PDPN- and THY1-PDPN+ cells (n=3-5). (C) Gene expression of *THY1* and *PDPN* was  
405 normalized to the housekeeper gene *EF1A* (n=5-7). (D) LFQ (label-free quantitation) intensity values of the proteins THY1, PDPN, CD10, and  
406 CD26 (n=5). (E) LFQ intensities for 8 inflammatory markers in MSC and FLS (n=5). Data are shown as box plots (centerline, median; box limits,  
407 upper and lower quartiles; whiskers, maximum and minimum values; all data points). Statistics: Two-tailed Mann-Whitney U test; p-values are  
408 indicated in the graphs with \*p<0.05, \*\*p<0.01. Legend: M-CSF = macrophage colony stimulating factor, MIF = macrophage migration inhibitory  
409 factor.

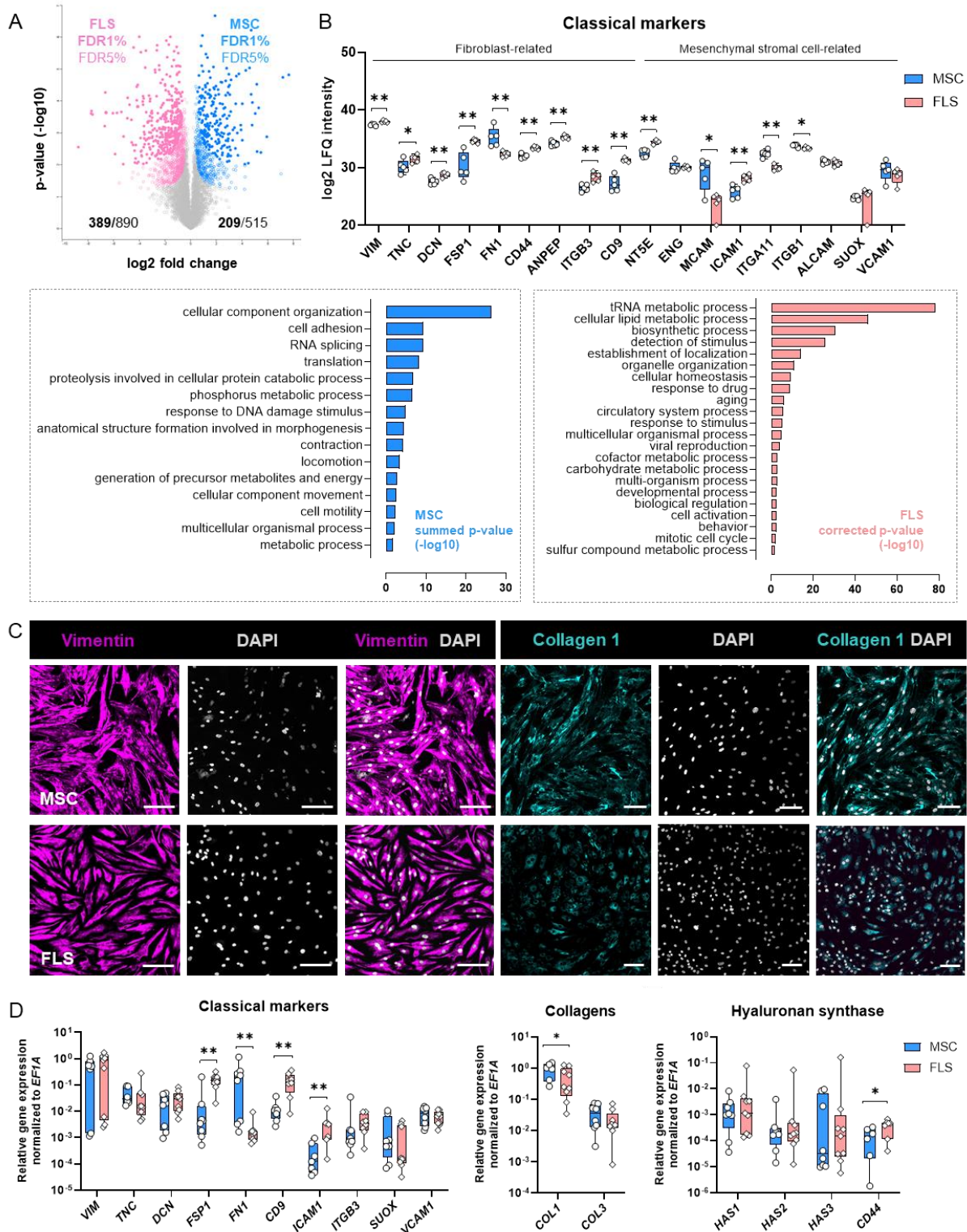
### 410 ***FLS from patients with OA show different protein signatures compared with non-inflammatory MSC***

411 A global proteome comparison of FLS and MSC revealed 592 (1405) differentially expressed proteins when  
412 applying a false discovery rate (FDR) cut-off of 1% (5%) while exhibiting a matching protein expression  
413 pattern for 90.4% (77.4%) (Supplementary Fig. 4). We found 389 (890) proteins with a significantly higher  
414 expression in FLS and 209 (515) proteins higher expressed in MSC (Fig. 4A). GO enrichment analysis for  
415 biological processes associated the majority of differentially expressed proteins (at FDR1%) to the clusters  
416 of ‘cellular component organization’ and ‘cell adhesion’ for MSC enriched proteins and to ‘tRNA metabolic  
417 process’ and ‘lipid metabolic processes’ for FLS enriched proteins (Fig. 4A, REVIGO-terms).

418 The inspection of expression profiles of well-established marker proteins revealed higher levels of most  
419 classical fibroblast markers in FLS than in MSC, including vimentin (VIM), tenascin c (TNC), decorin  
420 (DCN), fibroblast-specific protein 1 (FSP1), CD44, alanine aminopeptidase (ANPEP), integrin beta 3  
421 (ITGB3), and CD9 (Fig. 4B). Conversely, stem cell-related markers such as melanoma cell adhesion  
422 molecule (MCAM; CD146), integrin subunit alpha 11 (ITGA11), and beta 1 (ITGB1) showed a lower  
423 protein expression in FLS than in MSC. Notably, the expression of fibroblast-related fibronectin 1 (FN1)  
424 was lower in FLS than in MSC, while the opposite was true for stem cell-related Ecto-5'-nucleotidase  
425 (NT5E; CD73) and intercellular adhesion molecule 1 (ICAM1; CD54) (Fig. 4B).

426 Immunofluorescence microscopy confirmed protein expression of vimentin (Fig. 4C). Using the same  
427 approach, we looked at collagen type 1 and observed a higher expression in MSC (Fig. 4C). For a subset  
428 of genes, we analyzed the expression on a transcriptional level (Fig. 4D). Protein expression data were not  
429 entirely congruent with gene expression data. While *FSP1*, *FN1*, *CD9*, *ICAM1*, collagen type 1 alpha 1  
430 (*COL1A1*), and CD44 showed good agreement of differential expression on the transcriptome and proteome  
431 level, congruency was limited concerning *VIM*, *TNC*, and *DCN* where differences in expression could not

432 be detected on the transcriptional level (Fig. 4D with Fig. 4B). These findings emphasize the importance of  
433 different methodological approaches to identify deviations in the expression and functionality of cellular  
434 markers.



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**Fig. 4.** Distinct protein and mRNA expression between inflammation-exposed FLS and non-exposed MSC. (A) Volcano plot of proteome data (LFQ intensities) comparing synovial fibroblasts (FLS, red) and mesenchymal stromal cell (MSC, blue). The colored dots indicate significant differentially expressed proteins (false discovery rate (FDR) of 1% (bold) and 5% cut-off,  $S_0$  of 0.1). GO enrichment analysis for biological processes of FLS (red) and MSC (blue) enriched proteins (FDR1% significant). REVIGO-terms and their corresponding corrected p-values ( $-\log_{10}$  transformed) are shown as bar graphs. (B) Protein abundance of classical fibroblast- and MSC-related markers ( $n=5$ ). Shown are  $\log_2$  transformed

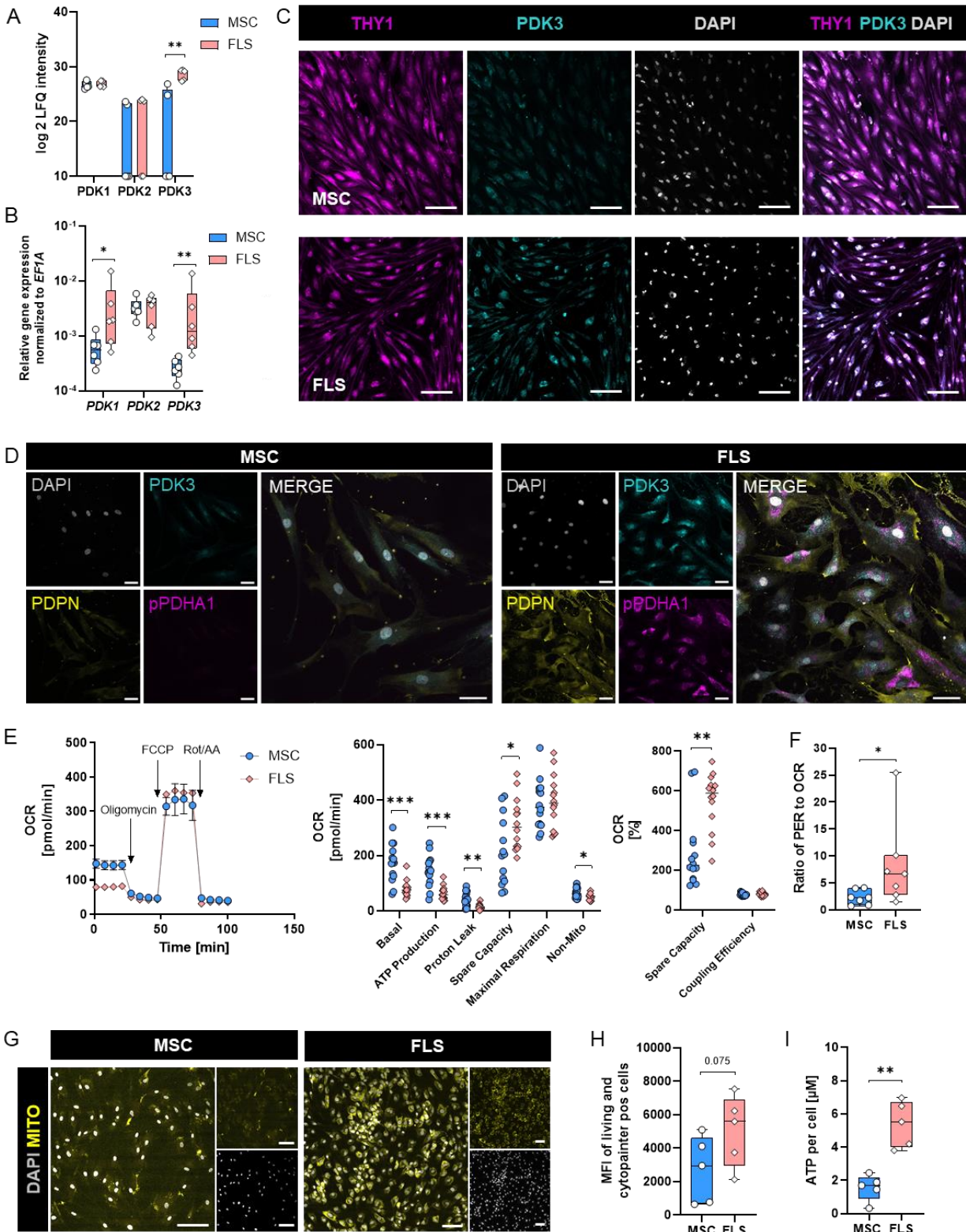


441 LFQ intensity values. (C) Representative images for vimentin (magenta), collagen type 1 (cyan), and DAPI (gray) are shown. Scale bars show  
442 100  $\mu\text{m}$  (n=5). (D) Total RNA extraction was performed from MSC and FLS. Gene expression of classical markers, collagens, and hyaluronan  
443 synthase-related genes was performed using SYBR Green and normalized to the housekeeper gene *EF1A*. B, D are shown as box plots (centerline,  
444 median; box limits, upper and lower quartiles; whiskers, maximum and minimum values; all data points). Statistics: Two-tailed Mann-Whitney U  
445 test; p-values are indicated in the graphs with \*p<0.05, \*\*p<0.01. Legend: ENG = endoglin, CD105; ALCAM = activated leukocyte cell adhesion  
446 molecule, CD166; SUOX = sulfite oxidase; VCAM1 = vascular cell adhesion molecule 1, CD106; HAS = Hyaluronan synthase.

#### 447 ***FLS from patients with OA show a higher PDK3 expression than non-inflammatory MSC***

448 We observed an enrichment of GO-terms involving metabolic processes, such as RNA metabolic process,  
449 macromolecule metabolic process, and cellular lipid metabolic process in the protein data obtained from  
450 FLS (Supplementary Table 2, Supplementary Table 3). Investigating the protein expression level of  
451 metabolic genes, we identified a significantly higher expression of PDK3 in proliferative FLS compared  
452 with non-inflammatory less proliferative MSC ( $\log_2$  FC = 3.01, p-value = 0.024; Fig. 5A). mRNA  
453 expression analysis of the four PDK isoforms (PDK4 not detectable) confirmed this finding (Fig. 5B).  
454 Additionally, we visualized PDK3 in THY1+ cells using immunofluorescence (Fig. 5C). PDK3 functions  
455 as a kinase well-known to inactivate Pyruvate Dehydrogenase E1 Subunit Alpha 1 (PDHA1) by  
456 phosphorylation, thereby limiting the entry of pyruvate into the TCA cycle and mitochondrial pyruvate  
457 oxidation via OXPHOS (Wang et al., 2021). Therefore, we first visualized the inactive, phosphorylated  
458 (Ser293) Pyruvate Dehydrogenase E1 Subunit Alpha 1 (PDHA1) and its expression with PDPN expression  
459 *in vitro* (Fig. 5D). Secondly, we compared the mitochondrial oxygen consumption rate (OCR) in FLS and  
460 non-inflammatory MSC using the Agilent Seahorse™ system (Fig. 5E). FLS demonstrated a significantly  
461 lower basal respiration, non-mitochondrial respiration, proton leak, and a lower mitochondrial ATP  
462 production than MSC despite a higher spare respiratory capacity (Fig. 5E). Furthermore, FLS demonstrated  
463 a significantly higher PER/OCR ratio, indicating that glycolysis is entirely functional but less essential to  
464 feed OXPHOS (Fig. 5F). Of note, the higher spare respiratory capacity suggests a higher number of  
465 mitochondria per cell and/or more cristae per mitochondria per cell in FLS, suggesting a functional  
466 inhibition of oxidation compared to MSC. To determine the differences in the number of mitochondria in  
467 both cell types, we visualized mitochondria by immunofluorescence microscopy, confirming our cellular  
468 respiration data (Fig. 5G). Additionally, we analyzed the retention of the mitochondrial Cytopainter™ dye  
469 using flow cytometry and confirmed the higher number of mitochondria in FLS compared with MSC (Fig.

470 5H). These data are supported by proteomic data, identifying 45 regulated mitochondrial proteins at  
471 FDR1% (121 at FDR5%), with the majority expressed in FLS 35 out of 45 at FDR1% (99 out of 121 at  
472 FDR5%) and more mitochondrial membrane proteins expressed in FLS 16 versus 0 at FDR1% (36 versus  
473 4 at FDR5%) (Supplementary Table 4). Interestingly, despite a lower basal OCR, FLS demonstrate a  
474 significantly higher steady-state energy load (ATP per cell) than MSC (Fig. 5I). These findings can be  
475 accounted for by the upregulation of PDK3 facilitating rapid energy production through glycolysis – a  
476 metabolic profile in line with OA's pathological proliferative fibroblast subset.



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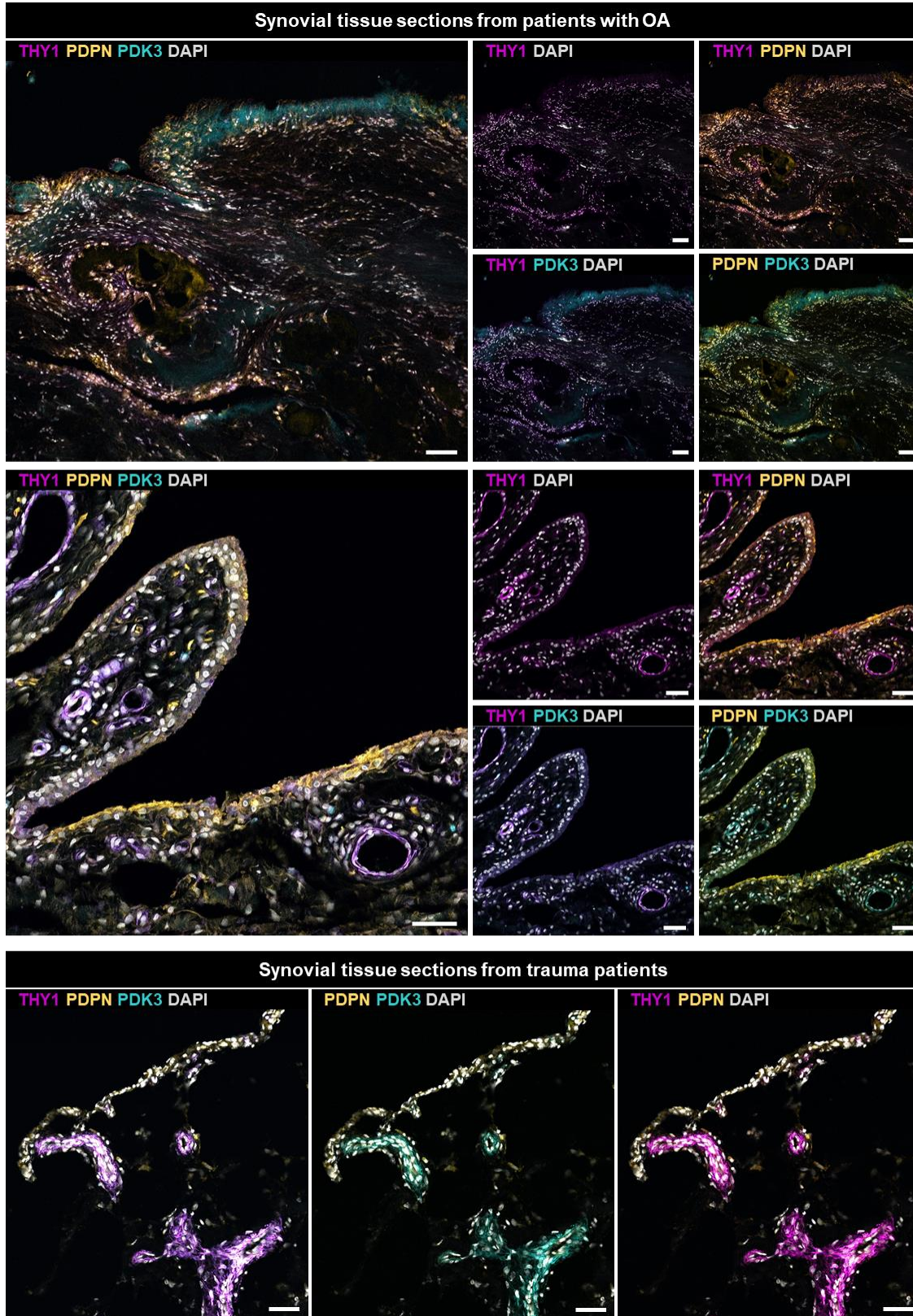
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**Fig. 5.** PDK3 expression is up-regulated in FLS in patients with OA (A). Protein abundance of pyruvate dehydrogenase kinase (PDK) isoforms (n=5). log<sub>2</sub> transformed LFQ intensity values using FDR1% significant data are shown. (B) Gene expression of *PDK1-3* was normalized to the housekeeper gene *EF1A*. (C) Representative images for THY1 (magenta), PDK3 (cyan), and DAPI (gray) are shown. Scale bars show 100 μm

481 (n=4). (D) Exemplary images for PDPN (yellow), PDK3 (cyan), phospho-(Ser293)-PDHA1 (magenta), and DAPI (gray) are shown. Scale bars  
482 show 50  $\mu\text{m}$ . (E) Profile of Seahorse XF Mito Stress Test data for oxygen consumption rate (OCR) for non-inflammatory MSC and FLS from  
483 patients with osteoarthritis with arrows indicating injections into media of the specific stressors oligomycin, carbonyl cyanite-4 (trifluoromethoxy)  
484 phenylhydrazine (FCCP), and rotenone/antimycin A (Rot/AA). Seahorse<sup>TM</sup> technology results are shown for OCR in pmol/min per  $1 \times 10^5$  cells and  
485 percentage (n=14). Non-Mito = non-mitochondrial oxygen consumption. (F) Ratio of proton efflux rate (PER) to oxygen consumption rate (OCR)  
486 using Seahorse<sup>TM</sup> technology (n=7). (G) Representative images for Mito Tracker staining (yellow) and DAPI (gray) are shown. Scale bars show  
487 100  $\mu\text{m}$  (n=4). (H) Geometric mean intensity proportion of FLS and MSC concerning Cytopainter<sup>TM</sup> staining was evaluated by flow cytometry  
488 (n=5). (I) Intracellular ATP levels per cell were measured using the ATP-lite 1step Luminescence Assay System (n=5). Data are shown as box plots  
489 (centerline, median; box limits, upper and lower quartiles; whiskers, maximum and minimum values; all data points), except D, which is represented  
490 as scatter dot plot (median). Statistics: Two-tailed Mann-Whitney U test; p-values are indicated in the graphs with \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

#### 491 ***Synovial tissue from patients with OA exhibits a marked PDK3 expression.***

492 Since cell fate and metabolism are highly adaptive to the local microenvironment, we (i) analyzed the  
493 expression of PDK3 in synovial tissue sections from patients with OA undergoing knee arthroplasty (ii)  
494 compared these data with synovial tissue sections from trauma patients without signs of chronic  
495 inflammation, and (iii) visualized cellular localization and spatial distribution of PDK3 as well as FLS  
496 subsets in histological sections using immunofluorescence microscopy (Fig. 6, Supplementary Fig. 5).  
497 Interestingly, most cells in OA tissue samples were PDPN+THY1+, broadly distributed in deeper sublining  
498 regions and more prominent around capillary structures but also in the synovial lining layer, which is in  
499 contrast to previous reports (Abuwarwar et al., 2018; Croft et al., 2019) (Fig. 6, Supplementary Fig. 5A).  
500 Only a few cells were PDPN+THY1-, mainly localized adjacent to the lining layer. Expression of PDK3  
501 was observed in the majority of PDPN+THY1+ cells in both superficial lining and deeper sublining areas  
502 of the synovium, with the highest expression observed in the lining layer (Fig. 6, Supplementary Fig. 5B).  
503 Synovial tissue sections from trauma patients without signs of chronic inflammation demonstrate two  
504 distinct FLS subsets with unique spatial distribution: PDPN+THY1- FLS were confined to the lining layer,  
505 whereas PDPN+THY1+ FLS were not distributed widely in the sublining layer but were close to capillary  
506 structures. Finally, we verified our *in vitro* approach by detecting PDPN+THY1+PDK3+ FLS in *ex vivo*  
507 synovial tissue, confirming a high PDK3 expression as in PDPN+THY1+ FLS from OA patients expanded  
508 *in vitro*.



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**Fig. 6.** Proportions of FLS subsets and cellular localization and spatial distribution of PDK3 in synovial tissue sections from both patients with OA and trauma without signs of chronic inflammation. Confocal microscopy of OA and trauma synovium (both representative of n=5). DAPI: gray, THY1: magenta, PDPN: yellow, PDK3: cyan. Scale bars show 100  $\mu$ m.

513 ***Metabolic pathway analysis corresponds with high expression levels of PDK3 in OA FLS***

514 Using *Pathview* to integrate and display proteomic data (FDR1% significant data) on KEGG pathway maps  
515 comparing FLS and non-inflammatory MSC; we first focused on proteins primarily involved in the  
516 glycolytic pathway as an ATP source (Luo and Brouwer, 2013; Luo et al., 2017). We found that proteins  
517 responsible for glucose uptake were increased in MSC compared to FLS. In contrast, enzymes that convert  
518 glucose to pyruvate, such as ADP-specific glucokinase (ADPGK) and aldolase C (ALDOC), were more  
519 abundant in FLS. This observation is consistent with the greater dependency of MSC on glycolysis and the  
520 higher PER to OCR ratio in FLS (Supplementary Fig. 6A, Supplementary Fig. 7).

521 Interestingly, we did not observe any differences in the transcriptional abundance of selected glycolytic  
522 genes (Supplementary Fig. 6B). Although lactate producing lactate dehydrogenase (LDH) A and its  
523 excretion transporter solute carrier family 16 member 3 (SLC16A3) were increased in MSC on protein  
524 level, an increase in the lactate to pyruvate converting enzyme LDHB and the lactate importer SLC16A1  
525 was only observed on a transcriptional level (Supplementary Fig. 6C, Supplementary Fig. 7). Enzymes of  
526 the ethanol catabolic pathway, including alcohol dehydrogenase (ADH) 1B, ADH1C, and ADH5, were  
527 significantly increased in FLS, indicating a specific need to detoxify ethanol produced by, e.g., lipid  
528 peroxidation. (Supplementary Fig. 6C, Supplementary Fig. 7). MSC showed high levels of enzymes  
529 facilitating the metabolic conversion of pyruvate for gluconeogenesis or the TCA cycle, e.g., pyruvate  
530 carboxylase (PC) and phosphoenolpyruvate carboxykinase 2 (PCK2). In contrast, pyruvate dehydrogenase  
531 phosphatase (PDP1) – an antagonist of PDK – was more abundant in FLS (Supplementary Fig. 6D,  
532 Supplementary Fig. 7). In addition, FLS showed higher transcription of *PDHAI* – a gene encoding for the  
533 PDK target protein PDH (Supplementary Fig. 6B).

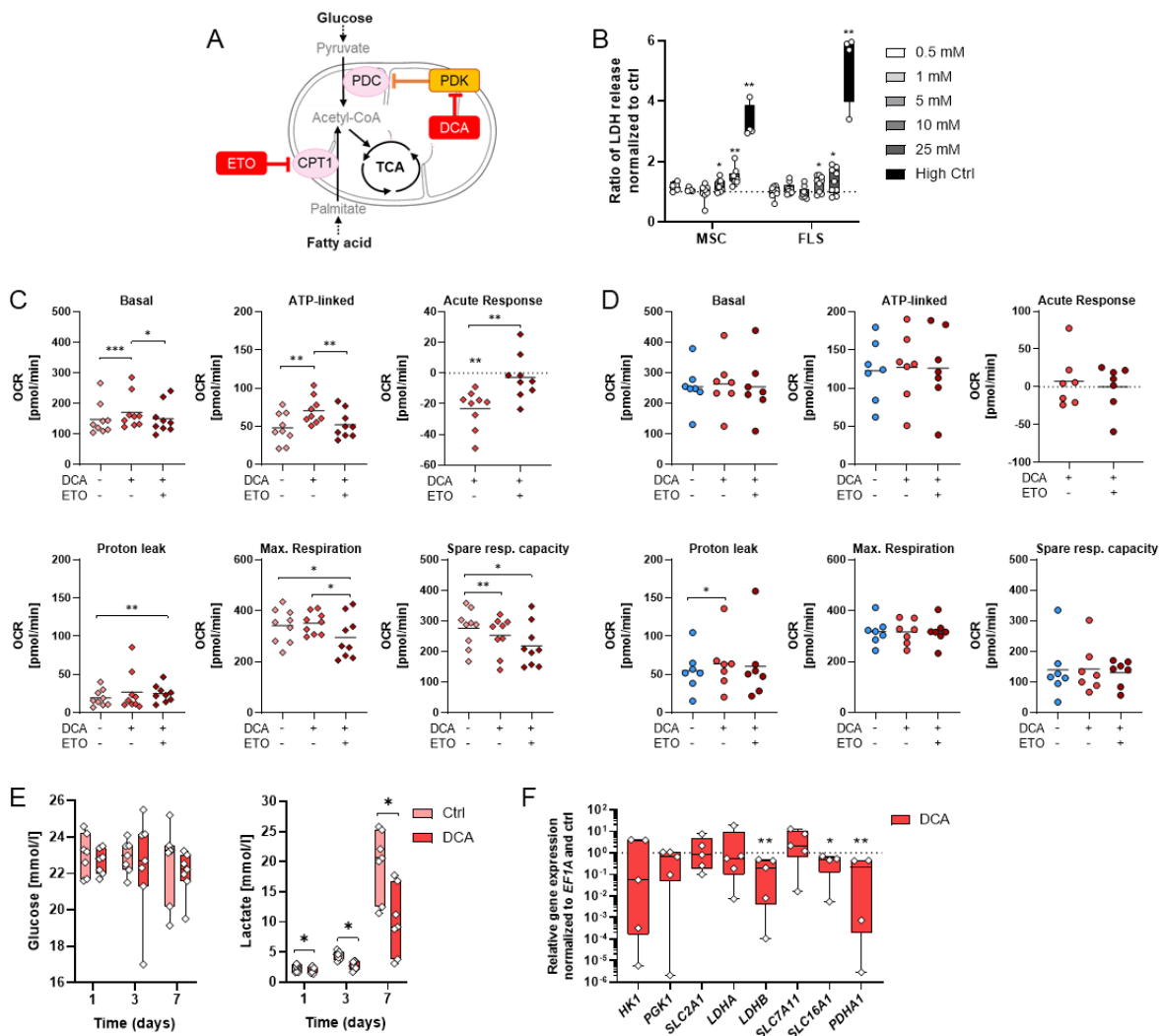
534 Concerning the OXPHOS related protein pattern, we did not observe significant differences in the majority  
535 of proteins identified (Supplementary Fig. 6E, Supplementary Fig. 7). However, key enzymes of  
536 mitochondrial beta-oxidation that mediate acetyl-CoA generation for the TCA cycle by catabolic break-  
537 down of long-chain fatty acid molecules showed a significantly higher expression in FLS than in MSC  
538 (Supplementary Fig. 6F, Supplementary Fig. 7). Examples include acyl-CoA:cholesterol acyltransferase

539 (ACAT), hydroxyacyl-CoA dehydrogenase (HADH), and acetyl-CoA synthetase (ACS). Of note, carnitine  
540 palmitoyltransferase (*CPT1A*) – the key enzyme of the carnitine-dependent transport of long-chain fatty  
541 acid molecules across the mitochondrial inner membrane – was highly expressed on transcriptional  
542 (Supplementary Fig. 6B, Supplementary Fig. 7) but not on protein level (Supplementary Fig. 6F,  
543 Supplementary Fig. 7). Similar to the OXPHOS related protein pattern, we did not observe significant  
544 differences in the majority of proteins related to the glycogen pathway (Supplementary Fig. 6G,  
545 Supplementary Fig. 7). Conversely, most identified proteins involved in the pentose phosphate pathway  
546 (PPP) were significantly more expressed in FLS than in MSC (Supplementary Fig. 6H, Supplementary Fig.  
547 7), pointing towards an anabolic inflammatory proliferative metabolically active phenotype of the  
548 PDPN+THY1+ FLS subset. Moreover, higher expression of enzymes of the oxidative PPP branch and the  
549 glutathione metabolism in FLS indicate a reactive oxygen detoxicating phenotype (Supplementary Fig. 7,  
550 Supplementary Fig. 8) and promotion of nucleotide synthesis. In addition, cell cycle regulator proteins such  
551 as CyclinD1 showed higher expression levels in FLS supporting cell cycle progression consistent with a  
552 cancer-like phenotype (Supplementary Fig. 9, Supplementary Fig. 10). Finally, we identified an enhanced  
553 enzyme expression of the glycosaminoglycan (GAG) catabolic pathway in FLS, indicating their potential  
554 to damage the extracellular matrix (Supplementary Fig. 11).

555 ***Blocking PDK3 diminishes lactate secretion, enhances OXPHOS, and reduces the proliferative***  
556 ***phenotype of THY1+ FLS***

557 Based on our findings, we assumed that the high PDK3 expression in THY1+ FLS from patients with OA  
558 shifts the cells' metabolism towards glycolysis and results in a proliferative phenotype. Thus, we  
559 hypothesized that metabolic reprogramming of FLS by inhibiting PDK using dichloroacetate (DCA)  
560 reverses this phenotype (Fig. 7A). Using the LDH cytotoxicity assay, we identified a DCA concentration  
561 of 5 mM as non-lethal but effective and applied this concentration in the following experiments (Fig. 7B).  
562 Additionally, we blocked acetyl-CoA entry into the TCA cycle by incubating FLS and MSC for 2 hours  
563 with DCA alone and combined with ETO, respectively. We analyzed their OCR using Seahorse™  
564 technology (Fig. 7C, Fig. 7D). In FLS, incubation with 5 mM DCA resulted in a significant increase in

565 basal respiration, ATP-linked, and acute response OCR that were all blocked in combination with ETO. In  
 566 contrast, proton leak was enhanced by combined treatment with DCA and ETO, while maximal respiration  
 567 and spare respiratory capacity were reduced (Fig. 7C). These effects were not seen in MSC (Fig. 7D). In  
 568 addition, we observed an increase in lactate secretion over time that was attenuated by DCA treatment (Fig.  
 569 7E). Of note, glucose uptake was not affected. Finally, DCA treatment significantly reduced the  
 570 transcriptional expression of *LDHB* – the enzyme converting lactate to pyruvate – and of the lactate importer  
 571 *SLC16A1* as well as of the catalytic PDH complex subunit (*PDHA1*) (Fig. 7F).



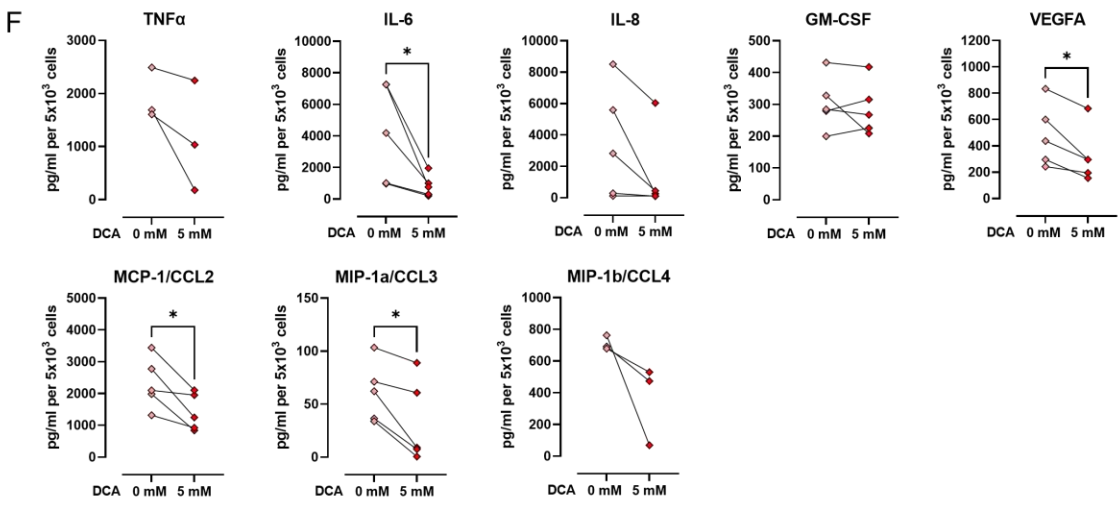
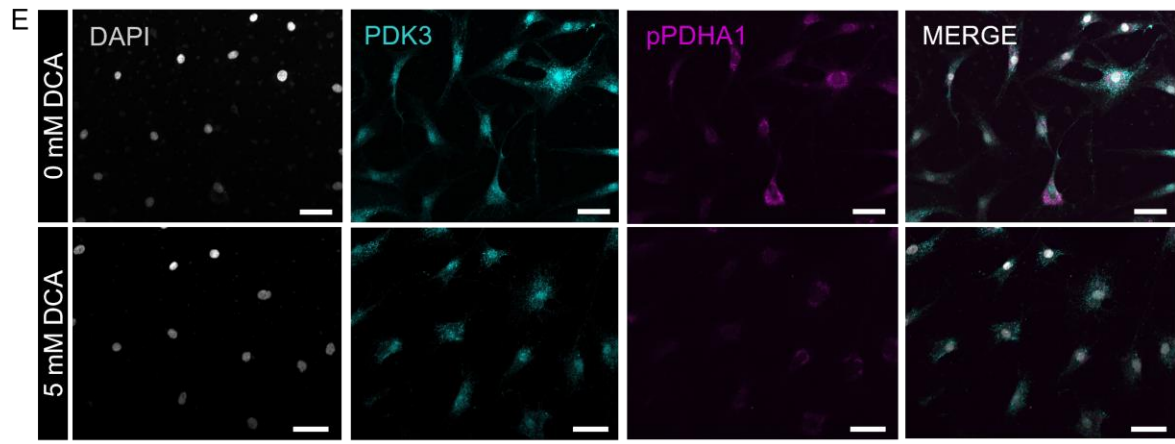
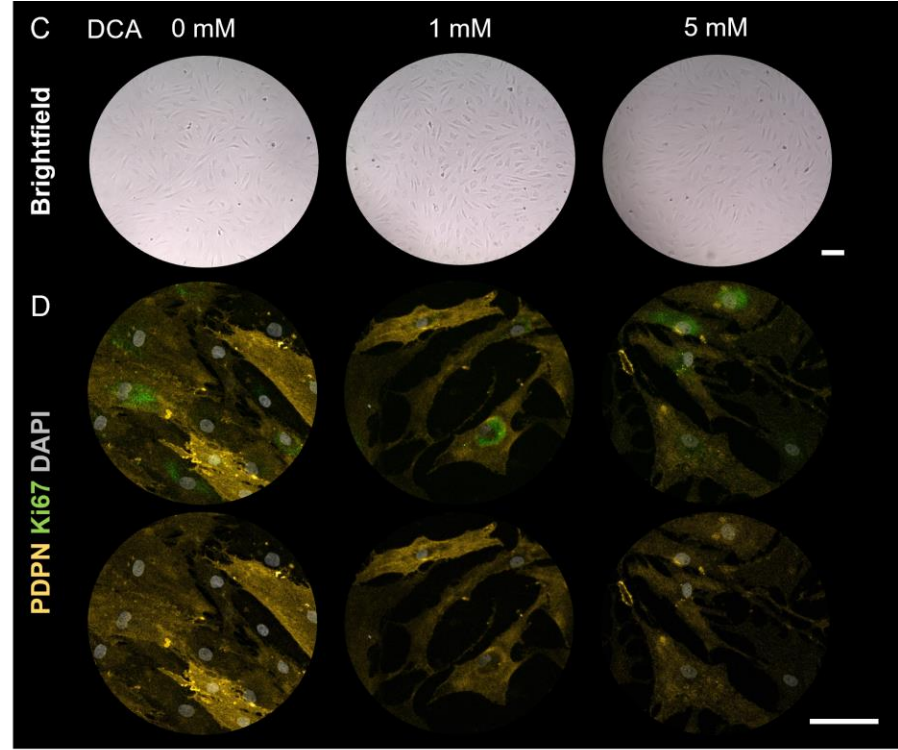
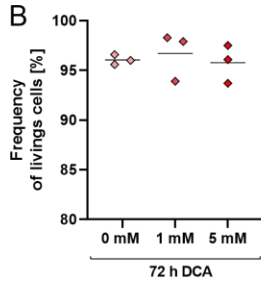
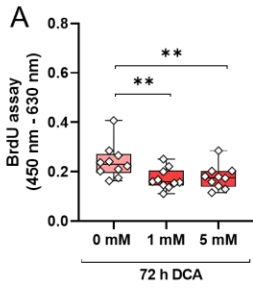
572

573 **Fig. 7.** PDK blockade unleashes the metabolic flux towards oxidative phosphorylation. (A) Schematic overview of the impact of DCA and ETO on  
 574 cell metabolism. (B) LDH assay was performed after 24 hours and different dichloroacetate (DCA) concentrations (0.5, 1, 5, 10, and 25 mM DCA).  
 575 High Ctrl = 2% Triton X-100 to induce LDH release n=4-9. (C) Oxygen consumption rates (OCR) are shown for synovial fibroblasts in osteoarthritis  
 576 (FLS) and (D) mesenchymal stromal cells (MSC) treated with DCA, DCA, and ETO or left untreated (n=7-9). OCR in pmol/min using  $1 \times 10^5$  cells.  
 577 (E) Glucose and lactate content was analyzed after day 1, 3, and 7 (n=7). (F) Total RNA extraction was performed from synovial fibroblasts treated  
 578 with 5 mM DCA or left untreated after 3 days. Gene expression of selected pathway-relevant genes was normalized to the housekeeper gene *EF1A*



579 and untreated control (ctrl) for n=4-5. Data are shown as box plots (centerline, median; box limits, upper and lower quartiles; whiskers, maximum  
580 and minimum values; all data points), except *C, D*, which are represented as scatter dot plots (mean). Statistics: *B* Wilcoxon signed-rank test; *C-E*  
581 Wilcoxon matched-pairs signed-rank test; *F* one sample t-test; p-values are indicated in the graphs with \*p<0.05, \*\*p<0.01. Legend: SLC2A1 =  
582 solute carrier family 2 member 1, GLUT-1; SLC7A11 = solute carrier family 7 member 11; SLC16A1 = solute carrier family 16 Member 1,  
583 monocarboxylate transporter 1.

584 Having confirmed that DCA increases the metabolic flux, we investigated whether DCA-mediated  
585 metabolic reprogramming impacted the proliferation rate of FLS from patients with OA. To this end, we  
586 examined FLS proliferation with and without DCA after 24 h (Supplementary Fig. 12A) and 72 h of  
587 incubation using BrdU assay (Fig. 8A), 3H-thymidine assay (Supplementary Fig. 12B, MSC proliferation  
588 rate: Supplementary Fig. 12D, Supplementary Fig. 12E) and cell counting (Supplementary Fig. 12C).  
589 Compared with untreated FLS at baseline, we observed that DCA significantly reduced cell proliferation,  
590 indicating a potential mechanism of action that could be exploited in the form of anti-osteoarthritic drugs.  
591 Notably, the DCA-mediated reduction of cell proliferation was not accompanied by a decrease in cell  
592 survival (Fig. 8B, Fig. 8C) but by a slight decline in PDPN expression (Fig. 8D) and phosphorylation of  
593 PDHA1 (Fig. 8E). Finally, DCA treatment also reduced secreted amounts of the proinflammatory cytokines  
594 IL-6, IL-8, TNF $\alpha$ , and GM-CSF and for the chemokines CCL2, CCL3, CCL4, and the proangiogenic  
595 VEGFA and thus, confirmed that metabolic reprogramming of FLS from patients with OA also resets their  
596 proliferation and humoral inflammatory response to normal levels (Fig. 8F).



598 **Fig.8.** Shifting glycolysis to OXPHOS by inhibition of PDKs results in reduced proliferation without causing cell death. (A) BrdU assay was  
599 conducted to analyze the proliferation rate of FLS in OA (n=10). Dichloroacetate (DCA) concentrations: 0, 1, and 5 mM. (B) Proportion of FLS  
600 without (0 mM) and with (1 mM and 5 mM) DCA were evaluated by flow cytometry (n=3). (C) Representative brightfield images of FLS cultured  
601 with or without DCA. Scale bar shows 100  $\mu$ m. (D) Confocal microscopy of FLS with or without DCA treatment (n=3). DAPI: grey, PDPN: yellow,  
602 Ki67: green. Scale bars show 100  $\mu$ m. (E) Representative confocal images of FLS from OA patients treated with (5 mM) and without (0 mM) DCA  
603 for 72 hours. PDK3 (cyan), phospho-(Ser293)-PDHA1 (magenta), and DAPI (grey). Scale bars show 50  $\mu$ m. (F) Supernatants were collected after  
604 72 hours and analyzed via multiplex cytokine detection assay. Data of A are shown as box plots (centerline, median; box limits, upper and lower  
605 quartiles; whiskers, maximum and minimum values; all data points), B is represented as scatter dot plot (mean), and C as before-after (symbols and  
606 lines). Statistics: Paired t-test; p-values are indicated in the graphs with \*p<0.05, \*\*p<0.01.

## 607 **Discussion**

608 Synovitis is a well-known feature of immune-mediated inflammatory joint diseases like RA. Recently,  
609 attention has been drawn to the role of synovitis in the complex pathogenesis of OA – a disease traditionally  
610 classified as a non-inflammatory degenerative joint disease (Berenbaum, 2013; Sokolove and Lepus, 2013).  
611 A metabolic shift towards glycolysis is a hallmark of inflammatory cells, whereas OXPHOS is  
612 characteristic of homeostatic and anti-inflammatory cells (Chimenti et al., 2015). Thus, we hypothesized  
613 that inflammation-exposed FLS from patients with OA are metabolically altered compared with  
614 inflammation-unexposed fibroblast-like mesenchymal control cells – bone marrow-derived MSC – leading  
615 to a pathological proliferative and glycolytically active FLS phenotype.  
616 Although fibroblasts have recently been defined as tissue-resident MSC found in the interstitial space of all  
617 organs (Di Carlo and Peduto, 2018), we firstly confirmed THY+ MSC not affected by inflammatory stimuli  
618 as a valid fibroblast-like, non-inflammatory control (Fig. 1-3). Therefore, we showed that these MSC could  
619 not be distinguished from generic fibroblasts according to the current definition criteria for MSC (Dominici  
620 et al., 2006) (Fig. 2). Comparing FLS from OA patients with MSC about surface markers, we identified  
621 PDPN and THY1 expressed on both FLS and MSC. At the same time, a higher expression of PDPN was  
622 indicative of a fibroblast phenotype (Fig. 2). Analyzing protein expression and transcriptional response in  
623 FLS and MSC concerning so-called fibroblast and stem cell markers, we could not identify any unique  
624 characteristic marker for either cell type (Fig. 2). Secondly, FLS from patients with ligament injuries  
625 experienced by low-grade acute inflammation demonstrate a similar degree of inflammatory cytokine  
626 secretion and proliferation to MSC (Fig. 1). Of note, THY+ FLS from these patients are localized around  
627 blood vessels within the synovium. In contrast, we found that in OA, THY1+ cells were localized to both  
628 the synovial lining and sublining layer but less prevalent around the blood vessels as previously described

629 (Mizoguchi et al., 2018). Finally, comparing FLS from OA patients with MSC not affected by inflammatory  
630 stimuli, we observed a different surface expression pattern of PDPN, THY1, and peptidases CD10 and  
631 CD26, a predominance of inflammatory proteins, and an increased proliferation rate in inflammation-  
632 exposed FLS from patients with OA (Fig. 2 and 3).

633 THY1+ FLS from patients with RA have recently been reported to adopt a glycolytic phenotype and  
634 demonstrate aberrantly increased cell growth in inflammatory niches (Mizoguchi et al., 2018). However,  
635 little is known about metabolic and functional alterations in FLS from patients with OA. Applying proteome  
636 analysis revealed an enrichment of GO-terms related to metabolic processes in FLS that are – unlike MSC  
637 – exposed to local inflammation, which can be attributed to pathogenic proliferative PDPN+THY1+ FLS  
638 due to the negligible number of PDPN+THY1- FLS in our isolation procedure (Fig. 4). As a novel finding,  
639 we noted that PDKs were highly expressed in pathogenic proliferative FLS compared to non-inflammatory  
640 MSC (Fig. 5). This was especially true for PDK3 – the isoenzyme with the highest activity and binding  
641 affinity for the PDH domain (Baker et al., 2000). In the OA synovium, FLS exhibited a prominent increase  
642 in PDK3 in PDPN+THY1+ cells of the lining layer compared to FLS from trauma patients without signs  
643 of chronic inflammation (Fig. 6). These PDK3+PDPN+THY1+ cells may (i) drive osteophyte development  
644 because THY1 was recently found to be essential for osteoblastogenesis (Paine et al., 2018) and (ii) increase  
645 cell survival and expansion associated with PDPN expression similar to many cancers (Krishnan et al.,  
646 2018). Based on these findings, we propose that the prominent PDPN expression and the PDK3-mediated  
647 metabolic shift of THY1+ FLS contribute to the pathogenesis of OA. However, it still remains unclear if  
648 the inflammatory milieu itself contributes to these changes.

649 All four known PDK isozymes (1-4) in human mitochondria are gatekeeping enzymes inhibiting the PDH  
650 complex (Linn et al., 1969). PDK1 and PDK3 have been shown to be involved in the hypoxia-induced  
651 metabolic shift towards glycolysis and better cell survival of highly proliferative cancer cells (Lu et al.,  
652 2008; Lu et al., 2011; Papandreou et al., 2006). Enhanced expression of PDKs correlated with  
653 phosphorylated PDHA1, a decrease in basal OCR, ATP-linked OCR, and coupling efficiency despite a  
654 higher spare respiratory capacity, a higher number of mitochondria/mitochondrial cristae, and

655 mitochondrial proteins as well as an increased glycolytic extracellular acidification (Fig. 5). Thus, they  
656 provide high amounts of ATP to the cellular energy pool and building blocks, as evidenced by high levels  
657 of steady-state ATP and the higher proliferation rate of these cells compared with non-inflammatory MSC.  
658 Since these findings persisted after isolation from the inflammatory environment and up to 4 cell passages  
659 *in vitro*, we assume a ‘trained’ metabolic adaptation of FLS to the inflammatory environment.

660 Despite previous reports on the transcriptional induction of glycolytic enzymes in FLS from patients with  
661 RA or OA (Bustamante et al., 2018; Garcia-Carbonell et al., 2016; Zhang et al., 2019; Zhao et al., 2016;  
662 Zou et al., 2017), we did not observe an induction of glycolytic enzyme expression in FLS using mass  
663 spectrometry (Supplementary Fig. 6). However, we observed an increase in glycolytic flux indicated by a  
664 high PER/OCR ratio (Fig. 5) and elevated lactate production (Fig. 7), although the carbon source of this  
665 effect is not extracellular glucose, can be assumed for fatty acid oxidation (FAO) but still needs to be  
666 elucidated (Fig. 7). In contrast, the expression of both glycolytic enzymes fueling the PPP and key enzymes  
667 of the PPP itself were increased in FLS compared to MSC. This fact supports the observation of higher cell  
668 proliferation in FLS than in MSC, underpinned by increased expression of cell cycle proteins, mediate cell  
669 transformation, and are involved in cancer-associated signaling pathways (Supplementary Fig. 7-10). It  
670 should be noted that the PPP flux is also up-regulated in proliferative transformed pannus-forming FLS  
671 from patients with RA (Ahn et al., 2016).

672 However, key regulatory enzymes of carbon and energy flux seem to vary in the variety of fibroblast niches,  
673 fibroblast subsets, and fibrotic diseases (Hewitson and Smith, 2021). For instance, activation of PDKs is  
674 assumed to be an essential metabolic switch to a fibrotic Warburg-like phenotype in renal and cardiac  
675 fibroblasts (Smith and Hewitson, 2020; Tian et al., 2020). Furthermore, PDKs have been proposed to be a  
676 sensitive marker of increased FAO (Pettersen et al., 2019). We also observed an association of PDK3  
677 expression and a shift from glucose to fatty acids as a primary energy source as indicated by a higher  
678 expression of enzymes catalyzing FAO and fatty acid synthesis (FAS) (Supplementary Fig. 7), as well as  
679 the attenuation of DCA-mediated enhancement of OCR by ETO (Fig. 7). With regard to the contribution

680 of OA FLS to cartilage degradation, we identified a higher expression of enzymes facilitating cellular GAG  
681 degradation in FLS compared with MSC (Supplementary Fig. 11).  
682 Finally, we confirmed that metabolic reprogramming of FLS by inhibiting PDKs and PDK-mediated  
683 PDHA1 phosphorylation using DCA shifts glycolytic metabolism to OXPHOS marked by decreasing  
684 lactate synthesis (Fig. 7) while reducing proliferation, proinflammatory cytokine, and chemokine secretion  
685 as well as PDPN expression without causing cell death (Fig. 8). We verified PDKs as potential  
686 pharmacological targets (Stacpoole, 2017). Given the selective overexpression of PDK3 in OA synovium  
687 and its restricted distribution in synovial tissue from trauma patients, PDKs represent the distinct  
688 mechanistic difference between healthy and diseased FLS. Therefore, they may serve as attractive selective  
689 targets for treating arthritis without affecting cells being in a homeostatic, oxidative state and, thus, might  
690 be safer than global inhibition of glycolysis (Hay, 2016).

## 691 **Conclusion**

692 This is the first study to identify PDK isoforms as contributors to metabolic changes in active proliferative  
693 synovial fibroblasts, namely PDPN+THY1+ FLS, in OA. Hypothesizing that synovitis-induced metabolic  
694 imbalances characterize chronic local inflammation exposed FLS in patients with OA, this study  
695 demonstrates that inhibition of PDKs – newly identified as overexpressed in OA – metabolically  
696 reprogrammed pathogenic proliferative THY1+ synovial fibroblasts as evidenced by a reduction of  
697 proliferation and cytokine-secretion. We newly identified PDPN+THY1- FLS in the synovial lining and  
698 PDPN+THY1+ FLS surrounding vessels in synovial specimens from trauma patients without signs of  
699 chronic inflammation. Moreover, we observed an increase in PDPN+THY1+ FLS in the lining layer as  
700 characteristic of OA synovium, with the majority of PDPN+ cells localized in both the synovial lining and  
701 sublining layer. Additional studies are required to understand how the expression of PDK in FLS subsets  
702 and their response to PDK inhibition varies in different joints and clinical contexts in OA, including the  
703 severity of disease activities, the prognosis of joint destruction, and response to therapies. Our studies also  
704 derive the well-founded presumption that PDKs represent a potential pharmacological target and novel

705 approach for combination therapy in OA and may serve as a target for pathogenic subsets of tissue cells in  
706 other human diseases.

### 707 **Code Availability**

708 The authors declare that *Pathview* is an open-source software package distributed under GPLv3. *Pathview*  
709 downloads and uses KEGG data.

### 710 **Data availability**

711 The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium via the  
712 PRIDE (Perez-Riverol et al., 2019) partner repository with the dataset identifier PXD027215. Reviewer  
713 account details: reviewer\_pxd027215@ebi.ac.uk (username), 5NW9PTFY (password).

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### 721 **Authors contributions**

722 Alexandra Damerou: Conceptualization; data curation; formal analysis; funding acquisition, investigation;  
723 methodology; project administration, validation, visualization, writing-original draft; writing – review &  
724 editing. Marieluise Kirchner: Formal analysis; methodology; writing – review & editing. Moritz  
725 Pfeiffenberger: Methodology; writing – review & editing. Lisa Ehlers: Methodology; writing – review &  
726 editing. Duc Ha Do Nguyen: Methodology; writing – review & editing. Philipp Mertins: Methodology;

727 writing – review & editing. Benjamin Bartek: Resources; writing – review & editing. Tazio Maleitzke:  
728 Resources; writing – review & editing. Yannick Palmowski: Resources; writing – review & editing.  
729 Sebastian Hardt: Resources; writing – review & editing. Tobias Winkler: Resources; writing – review &  
730 editing. Frank Buttgerit: Data curation; funding acquisition; supervision; writing – review & editing. Timo  
731 Gaber: Conceptualization; data curation; project administration; supervision; validation, writing-original  
732 draft; writing – review & editing.

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### 736 **Competing interests**

737 The authors have declared that no competing interests exist.



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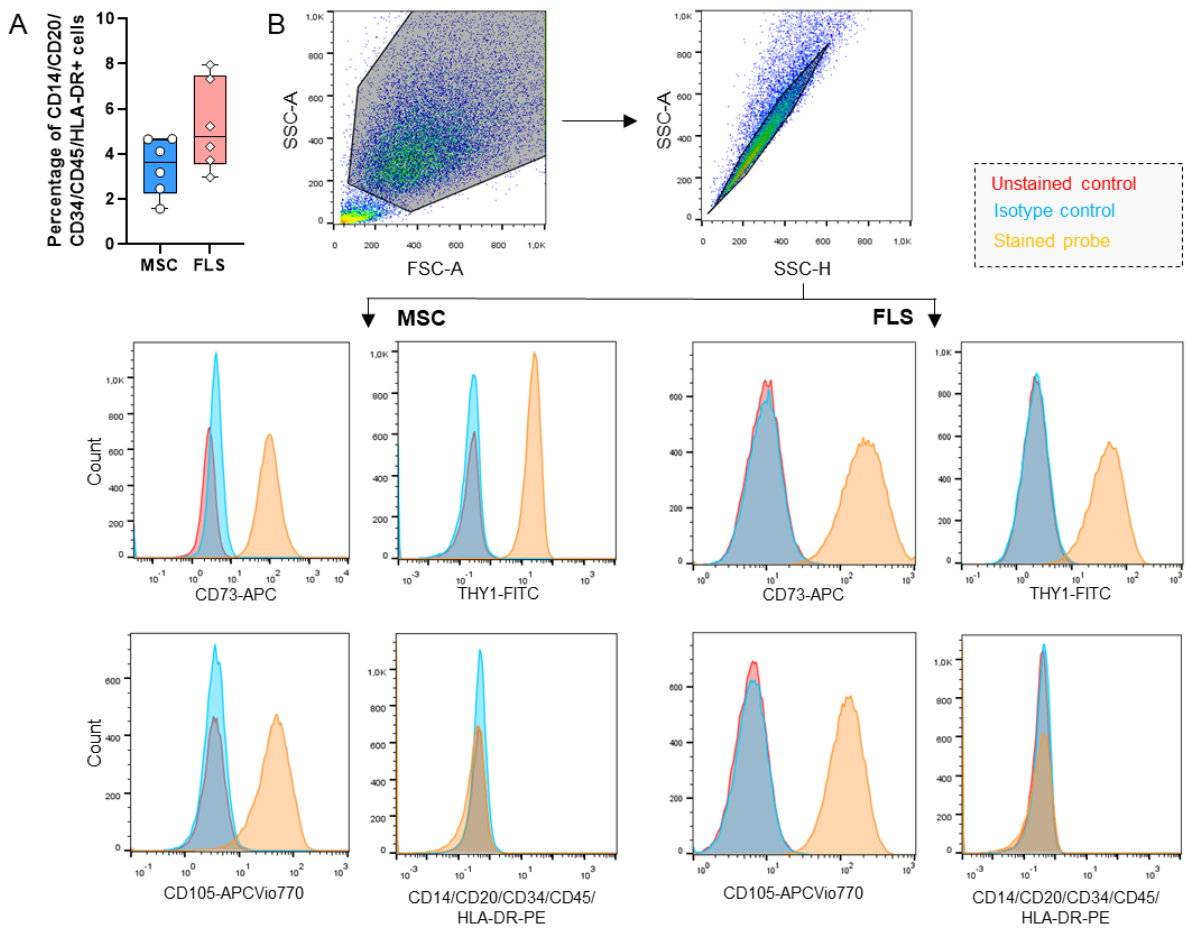
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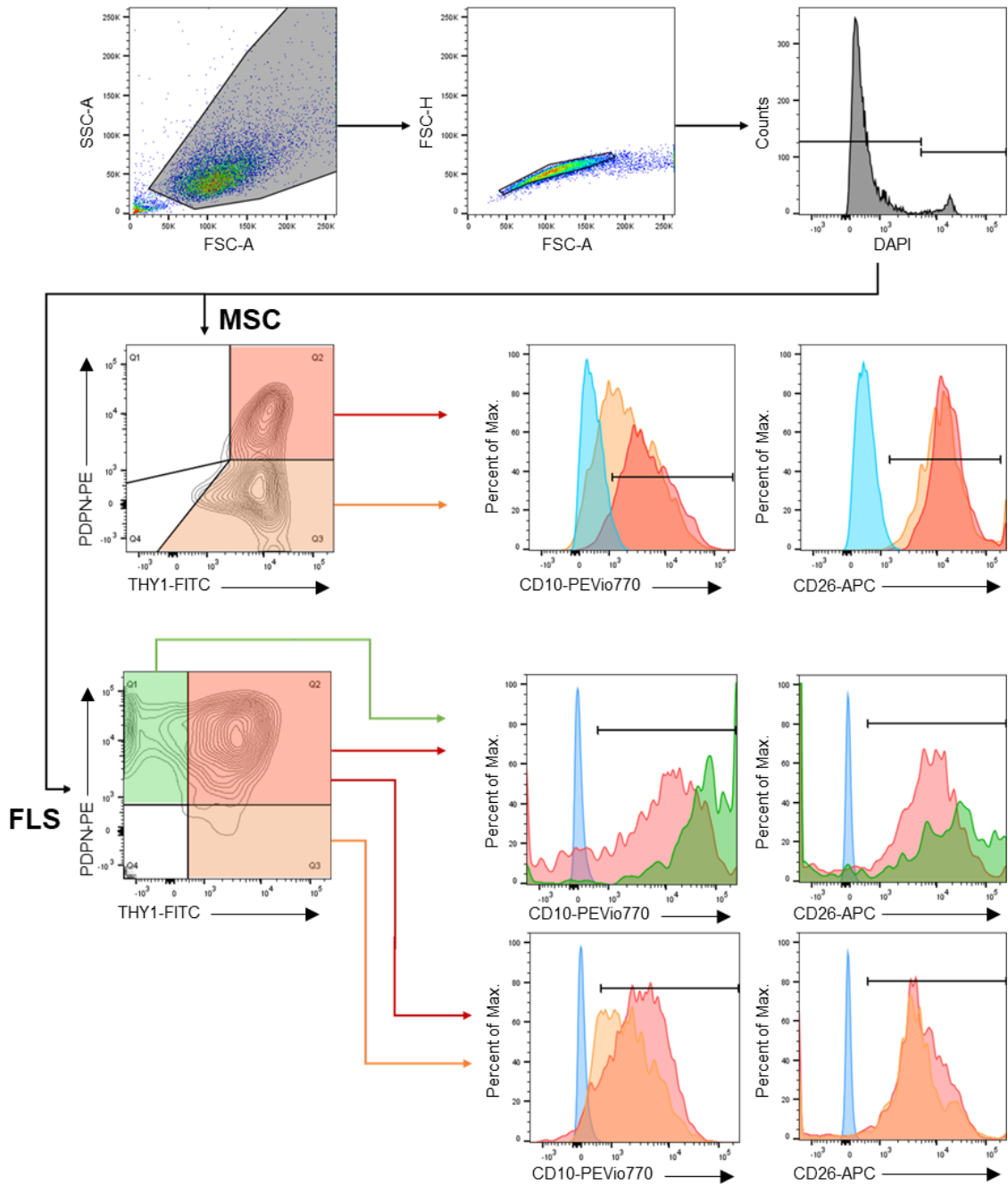
## Supplementary Figures



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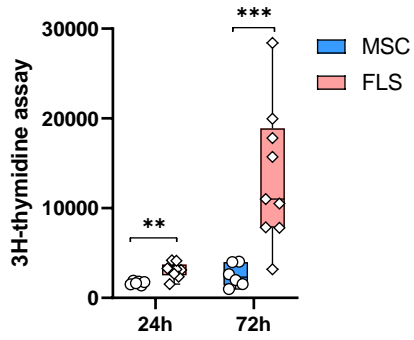
3 **Supplementary Fig. 1.** Flow cytometric characterization of FLS from patients with OA and MSC. (A) Surface expression of  
 4 CD14, CD20, CD34, CD45, HLA-DR was evaluated using flow cytometry (n=6). Data are shown as box plots (center line,  
 5 median; box limits, upper and lower quartiles; whiskers, maximum and minimum values; all data points). Statistics: Two-tailed  
 6 Mann-Whitney U test. (B) Gating strategy. Cells were gated using a forward-scatter and side-scatter plot. Doublets were  
 7 excluded according the side-scatter area and height pattern. The fractions were analyzed by flow cytometry using the  
 8 MACSQuant® Analyzer 10. Each histogram was overlaid with the corresponding isotype control to identify positively stained  
 9 cells.





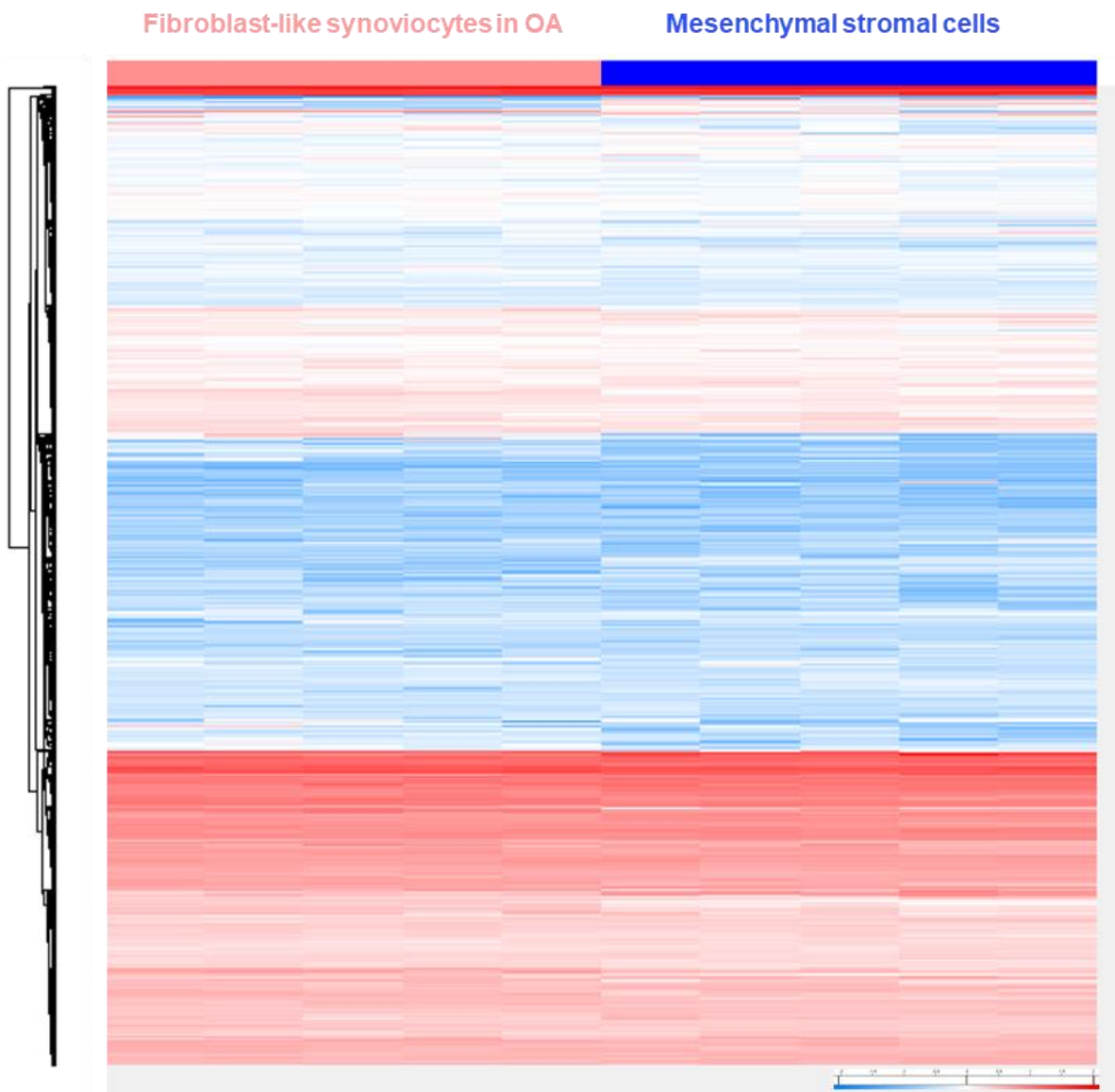
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11 **Supplementary Fig. 2.** Gating strategy. Cells were gated using a forward-scatter and side-scatter plot. Doubts were excluded  
 12 according the forward-scatter area and height pattern and DAPI was used to exclude dead cells. MSC and FLS were subdivided  
 13 into PDPN+THY1+, PDPN+THY1-, and PDPN-THY1+ cell subsets. These cell subsets were characterized by the expression  
 14 of CD10 and CD26, respectively. Histogram was overlaid with the corresponding unstained control (blue) to identify positively  
 15 stained cells.



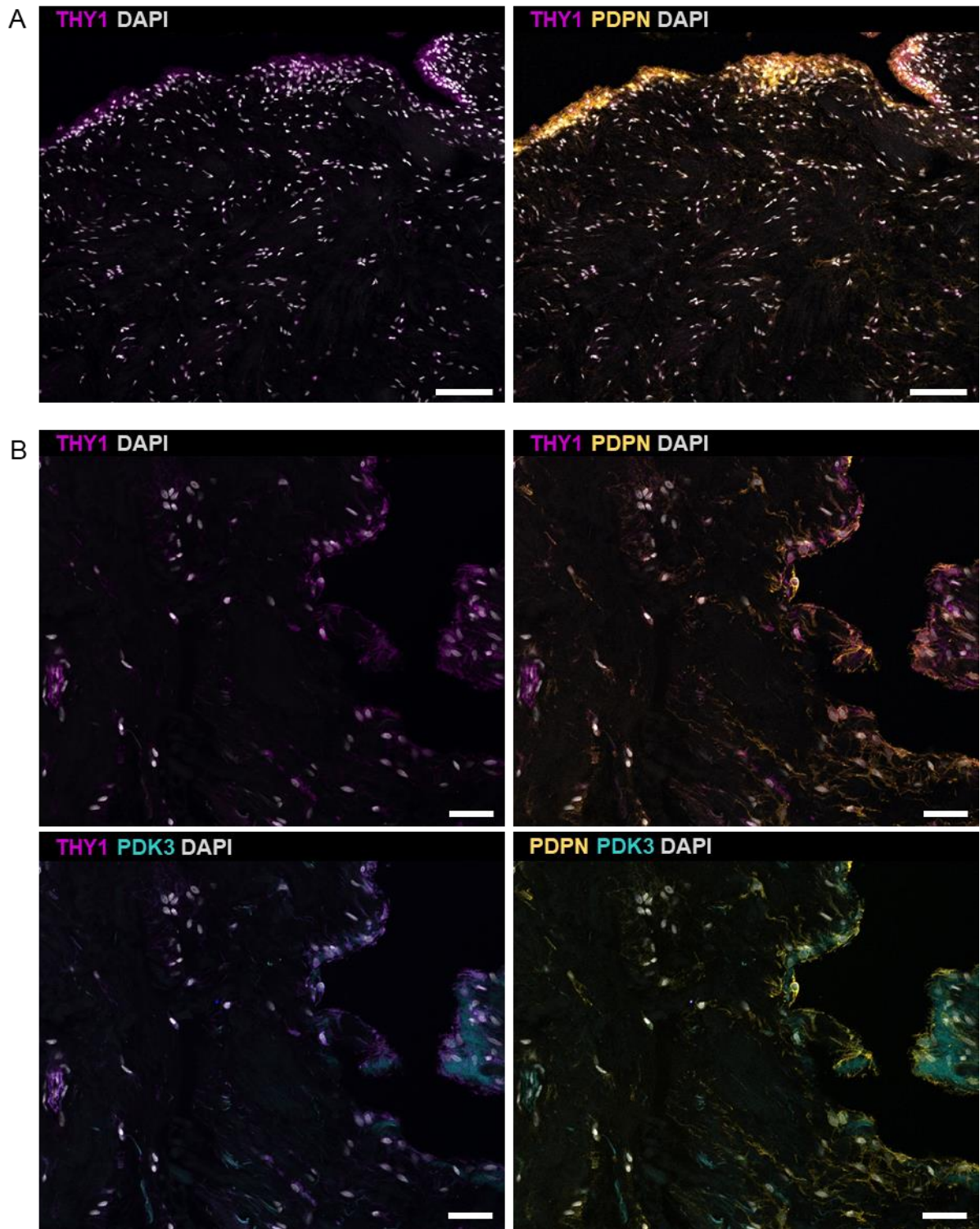
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17 **Supplementary Fig. 3.** 3H-thymidine assay. 3H-thymidine assay was conducted after 24 h and 72 h to analyze the proliferation  
 18 rate of synovial fibroblasts (FLS, n=9) and mesenchymal stromal cells (MSC, n=6) from patients with OA. Data are shown as  
 19 box plots (center line, median; box limits, upper and lower quartiles; whiskers, maximum and minimum values; all data points).  
 20 Statistics: Two-tailed Mann-Whitney U test; p-values are indicated in the graphs with \*\*p<0.01, \*\*\*p<0.001.



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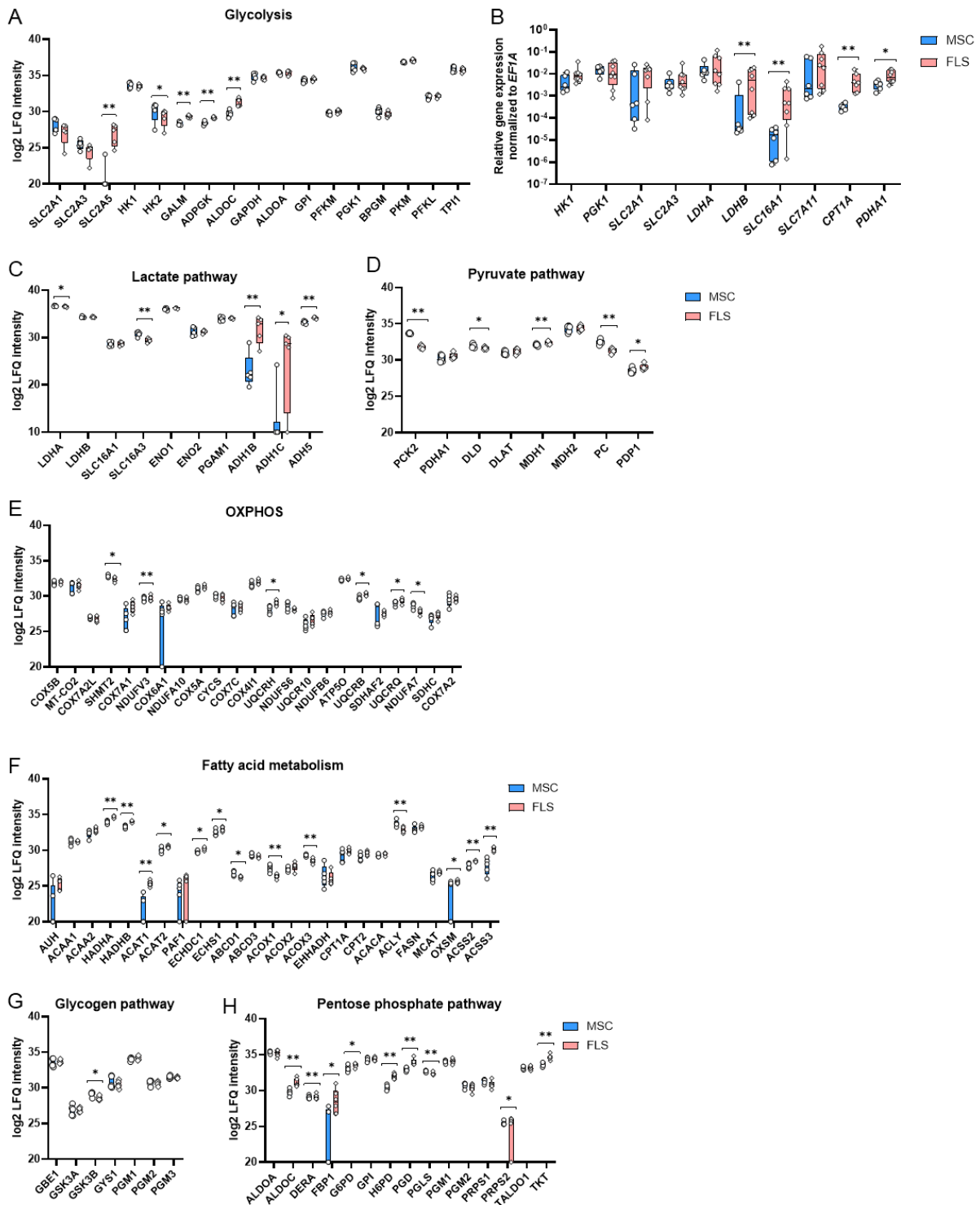
22 **Supplementary Fig. 4.** Heatmap of proteome data comparing synovial fibroblast and mesenchymal stromal cells from  
23 patients with OA (n=5).



24

25 **Supplementary Fig. 5.** Confocal microscopy of OA synovium. (A, B) Proportions of fibroblast subsets and cellular localization  
 26 and spatial distribution of PDK3 in synovial tissue sections from patients with OA (exemplary images of two donors). DAPI:  
 27 gray, THY1: magenta, PDPN: yellow, PDK3: cyan. Scale bars show 50  $\mu$ m.

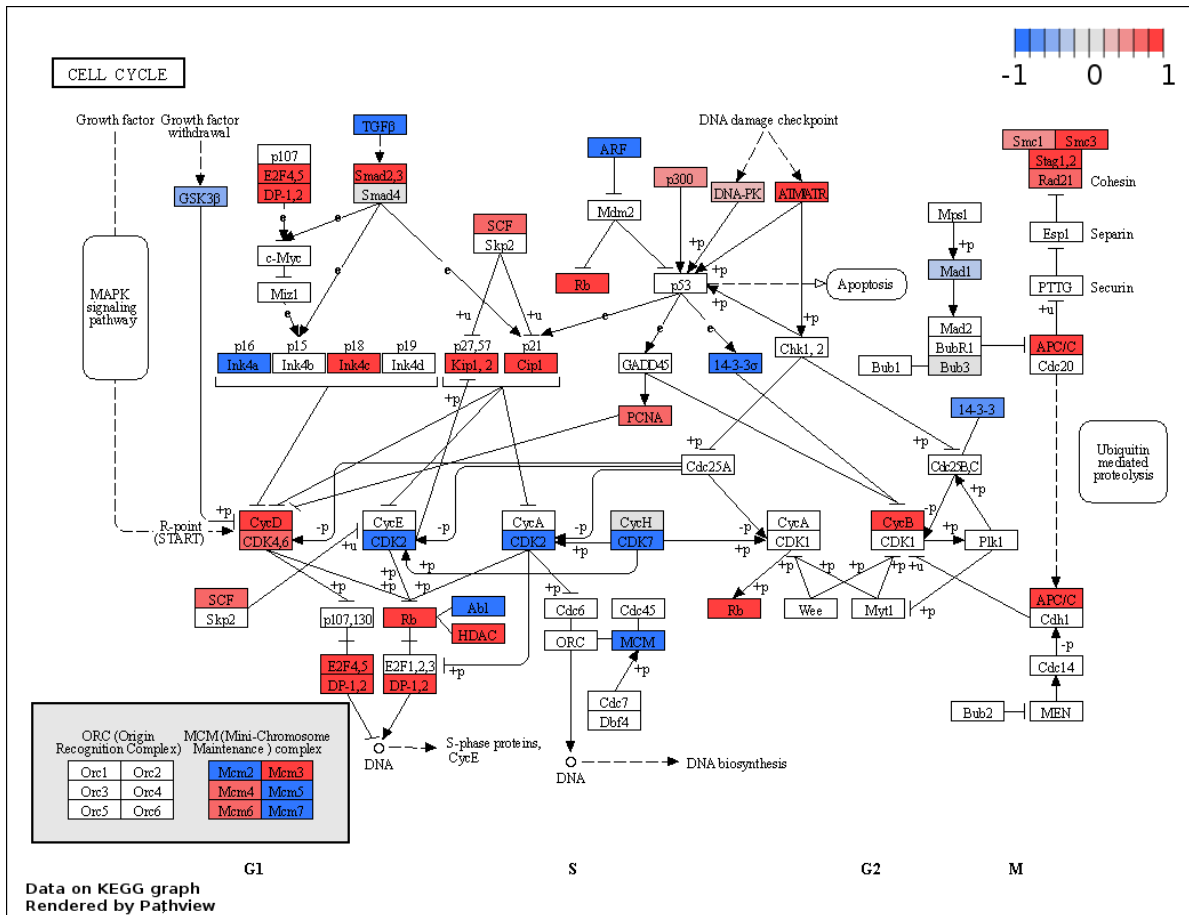
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30 **Supplementary Fig. 6.** Metabolic pathway analysis correlates with the highly expressed pyruvate dehydrogenase kinase 3 in  
 31 synovial fibroblasts in osteoarthritis. *A, C-H* Protein abundance of individual proteins belonging to indicated pathways (n=5).  
 32 Shown are log<sub>2</sub> transformed LFQ intensity values. (A) Glycolysis-related proteins. (B) Gene expression of selected pathway-  
 33 relevant genes was normalized to the housekeeper gene *EF1A* (MSC: n=6; FLS: n=8). (C) Lactate pathway, (D) Pyruvate  
 34 pathway, (E) Oxidative phosphorylation, (F) Fatty acid metabolism, (G) Glycogen pathway, Pentose phosphate pathway (PPP).  
 35 Data shown as box plots (centre line, median; box limits, upper and lower quartiles; whiskers, maximum and minimum values;  
 36 all data points). Statistics: Two-tailed Mann-Whitney U test; p-values are indicated in the graphs with \*p<0.05, \*\*p<0.01.





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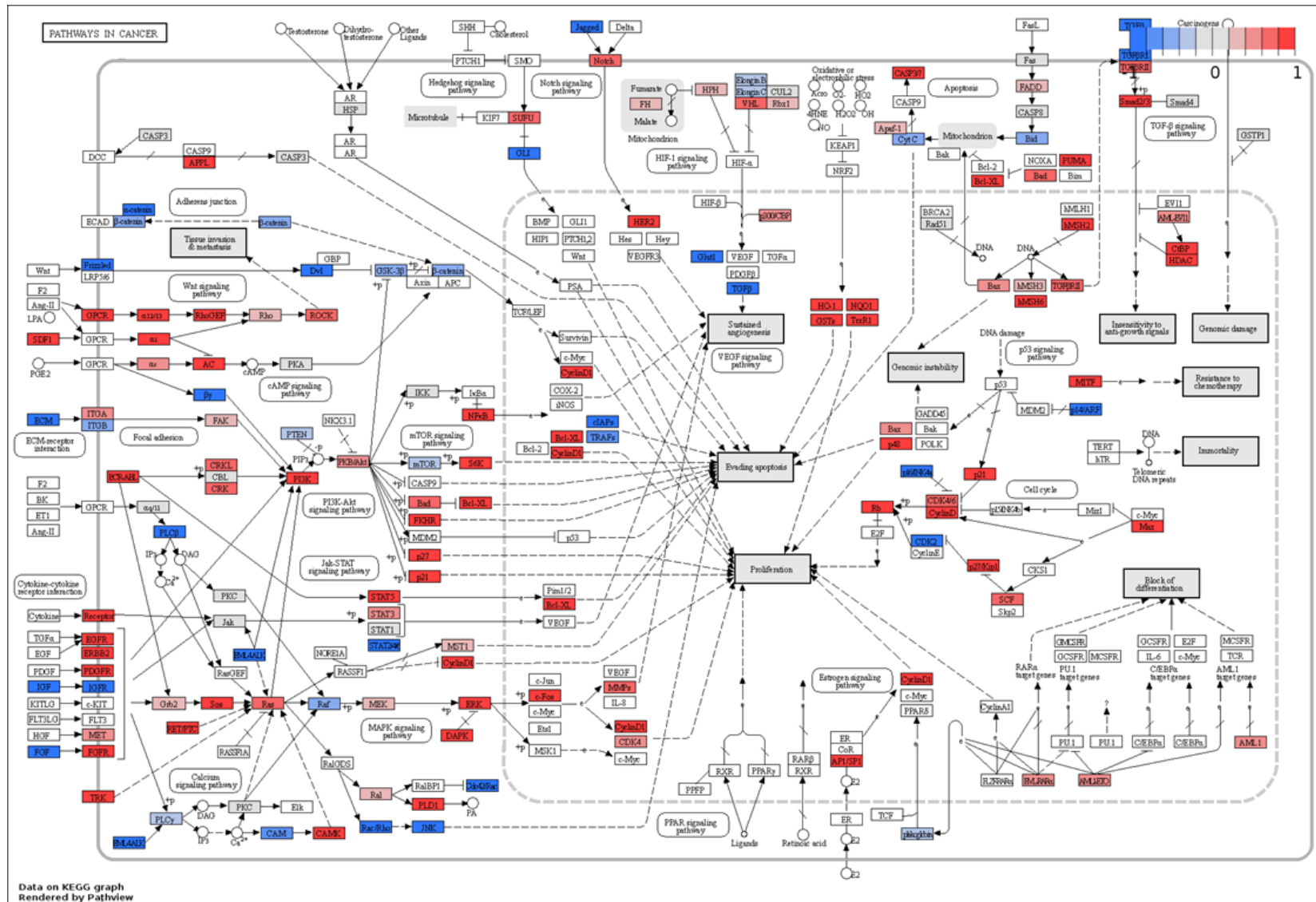
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**Supplementary Fig. 8.** Cell cycle. Overview of proteomic data on KEGG pathway maps using Pathview comparing synovial fibroblasts (FLS; n=5) and non-inflammatory mesenchymal stromal cells (MSCs, (n=5) from patients with osteoarthritis.

Legend: Red (+1) = highly expressed in FLS; blue (-1) = highly expressed in MSCs.



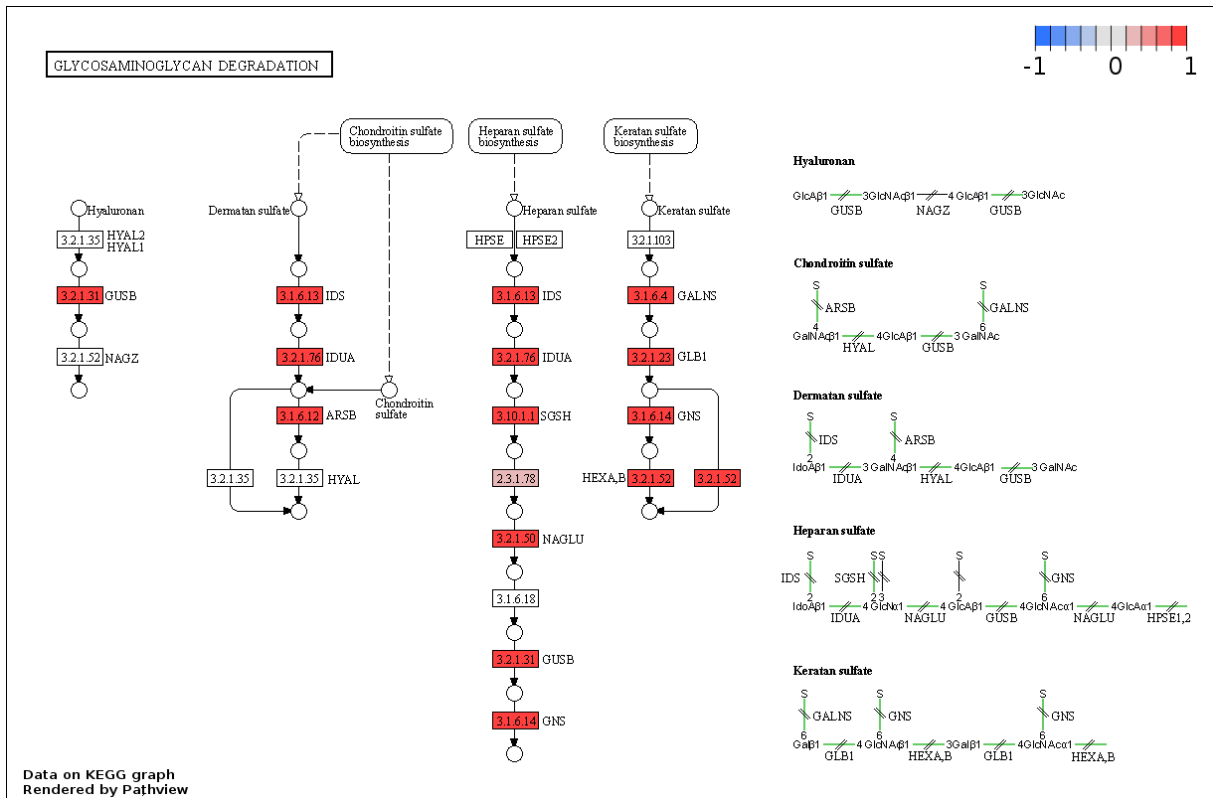
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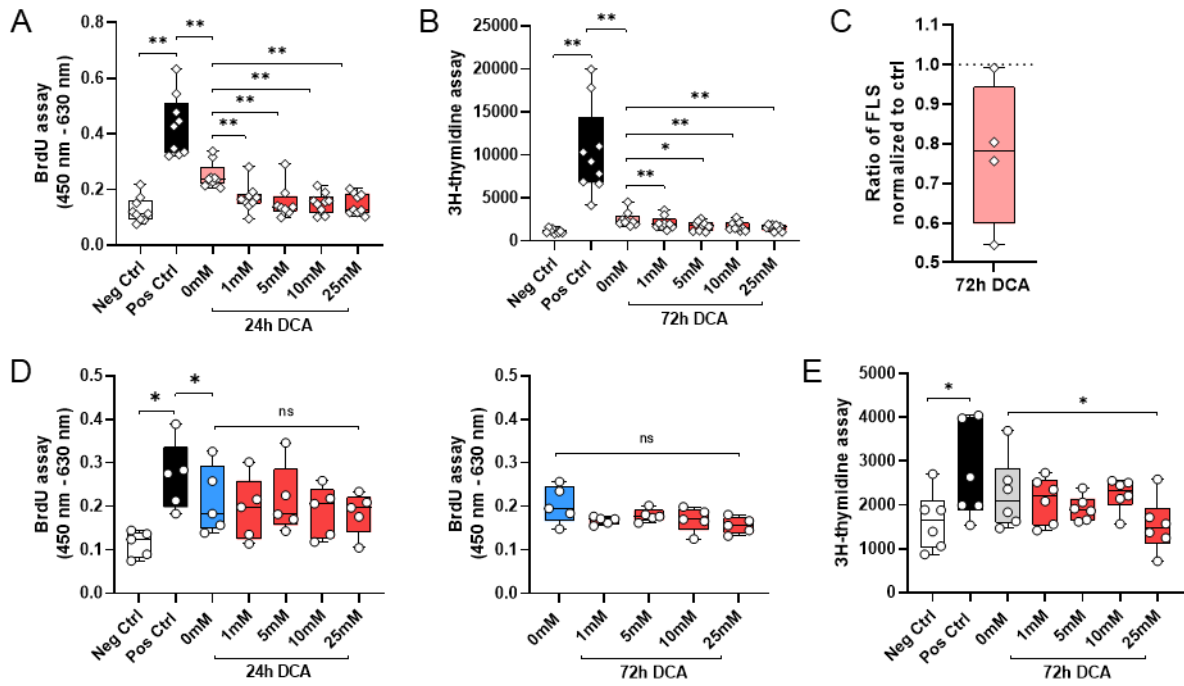
**Supplementary Fig. 9.** Pathways in cancer. Overview of proteomic data on KEGG pathway maps using Pathview comparing synovial fibroblasts (FLS; n=5) and non-inflammatory mesenchymal stromal cells (MSCs, (n=5) from patients with osteoarthritis. Legend: Red (+) = highly expressed in FLS; blue (-) = highly expressed in MSCs.





48

49 **Supplementary Fig. 10.** Glycosaminoglycan degradation. Overview of proteomic data on KEGG pathway maps using  
 50 Pathview comparing synovial fibroblasts (FLS; n=5) and non-inflammatory mesenchymal stromal cells (MSCs, n=5) from  
 51 patients with osteoarthritis. Legend: Red (+1) = highly expressed in FLS; blue (-1) = highly expressed in MSCs.



52

53 **Supplementary Fig. 11.** Effects of dichloroacetate (DCA) on cell proliferation. (A) BrdU assay and (B) 3H-thymidine assay  
 54 were conducted to analyze the proliferation rate of synovial fibroblasts in osteoarthritis (n=10). (C) Ratio of synovial fibroblasts  
 55 (FLS) cultured with 5 mM DCA compared to the untreated control using Neubauer chamber. (D) BrdU assay and (E) 3H-  
 56 thymidine assay were conducted to analyze the proliferation rate of mesenchymal stromal cells (MSC; n=5). Neg Ctrl =  
 57 Negative control cells treated with 1 µg/ml actinomycin D to suppress transcription and thus proliferation. Pos. Ctrl = 100%  
 58 StemMACS™. Dichloroacetate (DCA) in different concentrations: 1, 5, 10, 25 mM. Statistical significance was determined  
 59 using the Wilcoxon matched-pairs signed rank test. All data are shown as boxplots with median, interquartile range, max  
 60 and min values and all data points; p-values are indicated in the graphs with \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, ns=not significant.

## Supplementary Tables

62 **Supplementary Table 1.** Donor information.

Synovial fibroblasts from OA patients			Mesenchymal stromal cells from OA patients			Synovial fibroblasts from trauma patients		
Donor	Age	Sex	Donor	Age	Sex	Donor	Age	Sex
FLS 1	58	m	MSC 1	62	w	non-OA 1	26	m
FLS 2	66	w	MSC 2	58	m	non-OA 2	25	w
FLS 3	81	w	MSC 3	52	m	non-OA 3	28	m
FLS 4	84	m	MSC 4	64	w	non-OA 4	29	w
FLS 5	83	m	MSC 5	65	m	non-OA 5	21	m
FLS 6	70	m	MSC 6	74	m			
FLS 7	67	m	MSC 7	71	m			
FLS 8	67	w	MSC 8	56	m			
FLS 9	71	w	MSC 9	48	w			
FLS 10	81	w	MSC 10	76	w			
FLS 11	70	w	MSC 11	86	m			
FLS 12	71	w	MSC 12	63	w			
FLS 13	66	m	MSC 13	74	w			
FLS 14	59	m	MSC 14	70	m			
FLS 15	80	w	MSC 15	56	w			
FLS 16	87	w	MSC 16	73	w			

Category value	Total size	Selection size	Category size	Intersection size	Enrichment factor	P-value	Benj. Hoch. FDR
RNA metabolic process	6214	389	1179	22	0,29808	4,11E-15	1,20E-12
nucleobase-containing compound metabolic process	6214	389	1576	49	0,49666	7,78E-11	1,13E-08
small molecule metabolic process	6214	389	1226	123	1,6026	2,99E-09	2,90E-07
RNA processing	6214	389	490	6	0,1956	1,20E-08	8,76E-07
macromolecule metabolic process	6214	389	2660	117	0,70263	3,01E-08	1,75E-06
mRNA metabolic process	6214	389	442	6	0,21685	1,77E-07	8,58E-06
cellular nitrogen compound metabolic process	6214	389	1822	77	0,67509	2,99E-06	0,0001089
vitamin metabolic process	6214	389	70	16	3,6513	3,55E-06	0,00011479
alcohol metabolic process	6214	389	266	36	2,1619	4,47E-06	0,00012661
response to chemical stimulus	6214	389	1229	111	1,4428	4,79E-06	0,00012661
cellular ketone metabolic process	6214	389	434	50	1,8404	7,12E-06	0,0001727
organic acid metabolic process	6214	389	428	49	1,8288	1,03E-05	0,0002147
mRNA processing	6214	389	300	4	0,21299	1,83E-05	0,00035577
cellular lipid metabolic process	6214	389	356	42	1,8846	2,16E-05	0,00038347
lipid metabolic process	6214	389	445	49	1,759	2,78E-05	0,00044988
response to stimulus	6214	389	2373	184	1,2386	3,33E-05	0,00051029
hormone metabolic process	6214	389	51	12	3,7587	4,21E-05	0,00061256
biosynthetic process	6214	389	1547	68	0,70217	7,74E-05	0,000979
multicellular organismal process	6214	389	873	80	1,4639	7,24E-05	0,000979
nitrogen compound metabolic process	6214	389	1899	88	0,74025	7,49E-05	0,000979
protein targeting	6214	389	288	5	0,27733	0,00013761	0,0016018
cellular aldehyde metabolic process	6214	389	27	8	4,7331	0,00014652	0,0016399
viral reproduction	6214	389	427	11	0,41152	0,00016252	0,0017516
homeostatic process	6214	389	431	45	1,6678	0,00018354	0,0018624
xenobiotic metabolic process	6214	389	68	13	3,0539	0,0001856	0,0018624
protein transport	6214	389	734	26	0,56585	0,00019656	0,0019066
cellular aromatic compound metabolic process	6214	389	97	16	2,6349	0,00020849	0,0019515
cell activation	6214	389	222	27	1,9428	0,00034646	0,0029653
response to drug	6214	389	147	20	2,1734	0,00047597	0,0039573
organelle organization	6214	389	1254	56	0,71337	0,00056343	0,0045544
ion transport	6214	389	222	26	1,8709	0,00074023	0,0058218
multi-organism process	6214	389	247	28	1,8109	0,00078256	0,0059927
response to stress	6214	389	1136	92	1,2937	0,0011549	0,0086172
cellular component organization	6214	389	2206	114	0,82551	0,0012807	0,008967
developmental process	6214	389	1555	120	1,2327	0,0012511	0,008967
regulation of transport	6214	389	481	45	1,4945	0,0015213	0,010296
behavior	6214	389	129	17	2,1051	0,0016151	0,010681
biological regulation	6214	389	3438	239	1,1105	0,0017988	0,011632
carbohydrate metabolic process	6214	389	380	37	1,5554	0,0019021	0,012033
digestion	6214	389	5	3	9,5846	0,0021422	0,012467
heterocycle metabolic process	6214	389	266	28	1,6815	0,0021384	0,012467
response to endogenous stimulus	6214	389	422	40	1,5142	0,0020604	0,012467
amine metabolic process	6214	389	331	33	1,5926	0,0022007	0,012557
detection of stimulus	6214	389	70	11	2,5102	0,0026339	0,01474
response to biotic stimulus	6214	389	222	24	1,727	0,0029413	0,01585
extracellular matrix organization	6214	389	187	21	1,7939	0,0033086	0,0166
extracellular structure organization	6214	389	187	21	1,7939	0,0033086	0,0166
cellular ion homeostasis	6214	389	176	20	1,8153	0,0035486	0,017364
response to oxidative stress	6214	389	152	18	1,8917	0,0035801	0,017364
cellular homeostasis	6214	389	253	26	1,6416	0,0038528	0,01838

Fibroblast-like synoviocytes in osteoarthritis

66 **Supplementary Table 5.** List of GO-terms of mesenchymal stromal cells.

Category value	Total size	Selection size	Category size	Intersection size	Enrichment factor	P-value	Benj. Hoch. FDR
extracellular matrix organization	6214	209	187	28	4,4519	1,20E-11	1,75E-09
extracellular structure organization	6214	209	187	28	4,4519	1,20E-11	1,75E-09
biological adhesion	6214	209	276	33	3,5549	7,88E-11	5,73E-09
cell adhesion	6214	209	275	33	3,5678	7,15E-11	5,73E-09
cellular amino acid metabolic process	6214	209	230	27	3,4903	7,05E-09	4,10E-07
tRNA aminoacylation for protein translation	6214	209	43	12	8,2973	8,64E-09	4,19E-07
amine metabolic process	6214	209	331	32	2,8744	3,01E-08	1,25E-06
muscle contraction	6214	209	81	14	5,1389	3,26E-07	1,19E-05
organic acid metabolic process	6214	209	428	34	2,3619	1,12E-06	3,62E-05
cellular ketone metabolic process	6214	209	434	34	2,3292	1,52E-06	4,44E-05
tRNA metabolic process	6214	209	88	13	4,3922	5,19E-06	0,00013724
cell junction organization	6214	209	105	14	3,9643	7,55E-06	0,00018317
multicellular organismal process	6214	209	873	52	1,771	8,69E-06	0,00019455
locomotion	6214	209	431	30	2,0695	5,69E-05	0,0011823
cellular component movement	6214	209	420	29	2,0529	8,61E-05	0,001671
cellular metabolic process	6214	209	3385	89	0,78173	0,00012276	0,0022326
cell motility	6214	209	276	21	2,2622	0,00022402	0,0036217
cytoskeleton organization	6214	209	374	25	1,9874	0,00040339	0,0058693
primary metabolic process	6214	209	3237	88	0,80829	0,00075078	0,010404
organic acid transport	6214	209	49	7	4,2474	0,00094031	0,012047
RNA processing	6214	209	490	6	0,36407	0,0013197	0,015361
phosphorus metabolic process	6214	209	436	5	0,34096	0,001728	0,018624
developmental process	6214	209	1555	69	1,3193	0,001866	0,018931
homeostatic process	6214	209	431	5	0,34492	0,0019516	0,018931
response to external stimulus	6214	209	472	27	1,7008	0,0021092	0,019799

Mesenchymal stromal cells

68 **Supplementary Table 6.** Identification of mitochondrial proteins using mass spectrometry.

	<b>Mitochondrial proteins</b>	<b>Mitochondrial proteins membrane</b>	<b>Mitochondrial proteins respiratory chain</b>	<b>Mitochondrial proteins ribosome</b>
<b>all</b>	697	228	59	40
<b>regulated FDR5%</b>	121	40	5	2
<b>regulated FDR1%</b>	45	15	0	0
<b>FLS FDR5%</b>	99	36	4	2
<b>FLS FDR1%</b>	35	15	0	0
<b>MSC FDR5%</b>	22	4	1	0
<b>MSC FDR1%</b>	10	0	0	0

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