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Virus-induced senescence is driver and therapeutic target in 2 COVID-19

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Derailed cytokine and immune cell networks account for organ damage and clinical severity of COVID-19^{1.4}. Here we show that SARS-CoV-2, like other viruses, evokes cellular senescence as a primary stress response in infected cells. Virus-induced senescence (VIS) is indistinguishable from other forms of cellular senescence and accompanied by a senescence-associated secretory phenotype (SASP), composed of pro-inflammatory cytokines, extracellular matrix-active factors and pro-coagulatory mediators⁵⁻⁷. COVID-19 patients displayed markers of senescence in their airway mucosa *in situ* and elevated serum levels of SASP factors. Mirroring COVID-19 hallmark features such as macrophage and neutrophil infiltration, endothelial damage and widespread thrombosis in affected lung tissue^{1,8,9}, *in vitro*-assays demonstrated macrophage activation

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79 with SASP-reminiscent secretion, complement lysis and SASP-amplifying secondary 80 senescence of endothelial cells, neutrophil extracellular trap (NET) formation as well as 81 activation of platelets and the clotting cascade in response to supernatant of VIS cells, 82 including SARS-CoV-2-induced senescence. Senolytics such as Navitoclax and 83 Dasatinib/Quercetin selectively eliminated VIS cells, mitigated COVID-19-reminiscent 84 lung disease and reduced inflammation in SARS-CoV-2-driven hamster and mouse 85 models. Our findings mark VIS as pathogenic trigger of COVID-19-related cytokine 86 escalation and organ damage, and suggest senolytic targeting of virus-infected cells as a 87 novel treatment option against SARS-CoV-2 and perhaps other viral infections.

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The pandemic human pathogenic SARS-CoV-2 coronavirus causes upper respiratory infections and subsequently COVID-19 lung disease that may get further complicated by septic multiorgan failure and comes with significant mortality^{10,11}. Escalating immune activation with massive cytokine release seems to drive severe COVID-19¹⁻³, possibly more than the virus

93 infection itself. Mechanisms of viral entry – primarily *via* interaction of CoV-2 spike protein S
94 with the host cell receptor ACE2 (angiotensin-converting enzyme 2) – and consecutive steps of
95 RNA replication, virus assembly and budding represent therapeutic targets^{12,13}. While anti96 inflammatory drugs are clinically being used or currently tested with mixed results^{14,15}, more
97 comprehensive and causal measurements to control the cytokine storm are needed.

98 Viral entry reflects a major cellular insult, and evokes profound biological changes in infected host cells – potentially leading to cellular senescence as a virus-triggered state switch^{16,17}, with 99 controversial impact on virus propagation^{18,19}. Senescence is also acutely stress-induced by 100 101 activated oncogenes (OIS) or DNA-damaging cancer therapy, and physiologically occurs in embryonic development, wound healing and ageing⁶. Little is known about systemic 102 103 ramifications of cellular senescence as an anti-viral host defense. We hypothesize here that 104 cellular senescence with its massive SASP, largely composed of pro-inflammatory cytokines, matrix-degrading proteases and pro-coagulatory factors⁵⁻⁷, underlies the cytokine storm, 105 106 macrophage activation, NET formation, endothelialitis and widespread pulmonary thrombosis frequently observed in COVID-19 patients^{1,8,9}. 107

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109 **Properties of virus-induced senescence**

We first tested signs of senescence in human diploid fibroblast (HDF) models exposed to hightiter retrovirus. At day 5 post infection (p.i.), most of the cells presented with a senescencetypical flattened, enlarged morphology, stained positive in the senescence-associated β galactosidase (SA- β -gal) assay²⁰, exhibited DAPI (4',6-diamidin-2-phenylindol)-dense chromatin reminiscent of senescence-associated heterochromatin foci (SAHF)²¹, and overexpressed p16^{INK4a}, an inhibitor of cyclin-dependent kinases (CDK) 4 and 6, in the nucleus

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116 (Fig. 1a, Extended Data Fig. 1a). Gene set enrichment analyses (GSEA) of HDF RNA 117 sequencing (RNA-seq) datasets found senescence- and SASP-related gene ontology (GO) terms 118 skewed towards the VIS state, and to overlap with the OIS state of the very same cells in Ras-119 induced senescence (Fig. 1b). Further underlining the context-overarching role of a senescent 120 stress response, GSEA retrieved host responses to viral infection in OIS (Extended Data 121 Fig. 1b). Specific analyses of VIS-associated expression changes by quantitative RT-PCR (qRT-PCR) found senescence-typical transcriptional changes^{21,22} in VIS (Fig. 1c, Extended 122 123 Data Fig. 1c). Notably, lower virus titers did not evoke a senescent cell-cycle arrest, as aimed 124 for in retro- or lentivirus-assisted gene transfer experiments (Extended Data Fig. 1d). Multiplex 125 protein analysis found VIS cells to secrete a plethora of SASP factors, many of them bona fide NF- κ B targets^{23,24} (Fig. 1d). Importantly, these responses depended on senescence-essential 126 127 gene activities: HDF expressing the H3K9me3-active demethylase JMJD2C or engineered with 128 a small hairpin stably knocking down p53 (*shp53*) to genetically disable $OIS^{22,25}$, as well as 129 mouse embryo fibroblasts (MEF) without intact p53 alleles failed to enter VIS, and lacked 130 senescence-typical changes by qRT-PCR and multiplex secretome analyses (Fig. 1e, Extended 131 Data Fig. 1e-g). Upon viral infection, only VIS-capable cells presented with cGAS/STING 132 activation (Extended Data Fig. 1h), a SASP-underlying interferon response-driving cytoplasmic DNA sensor²⁶. Importantly, blocking retroviral replication via the reverse 133 134 transcriptase inhibitor Azidothymidine prevented VIS, and blunted cGAS/STING activation 135 (Extended Data Fig. 1i, j). cGAS/STING-mediated phospho-activation of the interferon regulatory factor IRF3²⁷, the NF- κ B transcription factor p65²⁸, and other nuclear senescence 136 137 markers such as p21^{CIP1} and heterochromatin-associated H3K9me3 were strongly increased, or, 138 regarding non-G1-phase-hyperphosphorylated retinoblastoma (Rb) protein, markedly 139 decreased in VIS (Fig. 1f). Hence, viral infection evokes a host cell response reminiscent of

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and genetically dependent on key features of other well-established types of cellular senescence and their associated secretome.

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142 Notably, VIS became detectable in response to a broad spectrum of viruses, including 143 lentivirus, adeno-associated virus (AAV), vesicular stomatitis virus (VSV) and the low-144 pathogenic human alpha-coronavirus NL63 (HCoV-NL63) in human lung carcinoma and non-145 malignant epithelial cells (Fig. 1g, Extended Data Fig. 2a; see human primary bronchial 146 HBEpC and nasal HNEpC epithelial cells, and multiplicity-of-infection [MOI]/SA-β-gal 147 relationships in Extended Data Fig. 2b-d). To more closely mimic SARS-CoV-2 infection, we 148 exposed ACE2-expressing HNEpC to SARS-CoV spike protein-pseudotyped VSV 149 glycoprotein G-deletion mutants (VSV- $\Delta G^*/CoV$ -S and VSV- $\Delta G^*/CoV$ -2-S), which all 150 induced senescence in these cells in a spike protein-dependent manner, since ACE2-negative NIH3T3 cells²⁹ failed to senesce (Fig. 1h, Extended Data Fig. 2e). Retrovirus- as well as VSV-151 152 induced senescence exhibited enhanced reactive oxygen species (ROS) and γ -H2AX DNA damage foci (Extended Data Fig. 2f). Conversely, the ROS scavenger N-acetylcysteine (NAC) 153 154 reduced γ -H2AX foci and abrogated VIS. Similarly affecting γ -H2AX foci, GS-441524, the 155 active metabolite of the viral RNA polymerase inhibitor Remdesivir, blunted cGAS/STING 156 activation in VSV-infected cells (Extended Data Fig. 2g, h).

Importantly, HNEpC infected with the authentic SARS-CoV-2 virus also displayed SASPpositive senescence that was preventable by *shp53*-mediated inability to senesce or by GS-441524 treatment (Fig. 1i, j, Extended Data Fig. 2i, j). Moreover, RNA-seq analysis of SARS-CoV-2-infected alveolar epithelial cells (AEC) as well as publicly available RNA-seq datasets of normal human bronchus epithelial (NHBE) cells and lung cancer cell lines⁴ corroborated robust signs of senescence induction (Fig. 1k, Extended Data Fig. 2k). Thus, virus infection in general and SARS-CoV-2 infection of respiratory epithelial cells in particular evoke full-

164 featured cellular senescence, underscoring our hypothesis that VIS might play a critical165 pathogenic role in COVID-19 lung disease.

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167 Cellular senescence in COVID-19 patients

168 Next, we asked whether VIS would be a typical feature detectable in SARS-CoV-2-infected 169 patients and specifically analyzed nasopharyngeal and lung tissue specimens from patients with 170 a fatal course of PCR-proven COVID-19. Strikingly, immunohistochemical analyses (IHA) of the senescence markers lipofuscin, $p16^{INK4a}$, $p21^{CIP1}$, H3K9me3 and IL-8 as a SASP 171 172 representative unveiled robust reactivity in samples from infected individuals with or without 173 remaining SARS-CoV-2 RNA in situ but not in non-COVID-19 controls (Fig. 2a, Extended 174 Data Fig. 3a). Single-cell (sc)RNA-seq analyses of upper airway mucosa samples provided further evidence of a senescence switch in COVID-19 patients³⁰, showing induced transcript 175 levels of p16^{INK4a} (CDKN2A) and multiple SASP factors not only in SARS-CoV-2-permissive 176 177 ciliated respiratory epithelial cells but also in macrophages, implying paracrine senescence 178 spreading to SASP-attracted macrophages as well as to other less virus-susceptible p16^{INK4a}-179 elevated mucosal epithelial cell types in the nasopharyngeal specimens (Fig. 2b). By gene 180 expression profiling (GEP) of upper and lower airway specimens, we found SASP-reminiscent 181 cytokines in COVID-19 specimens induced at the transcript level (Fig. 2c). scRNA-seq data 182 further underscored that predominantly ciliated epithelial cells and macrophages scored positive for p16^{INK4a}/CDKN2A transcripts (Extended Data Fig. 3b). 183

184 Key components of severe COVID-19 are a cytokine storm and macrophage activation 185 syndrome³. We reasoned that the SASP of senescent upper airway epithelial cells may attract 186 and activate macrophages through paracrine senescence induction³¹, thereby contributing to

187 MAS escalation, a condition in which macrophages subsequently infiltrate the lungs. Notably, 188 COVID-19 lungs showed infiltration by pro-inflammatory CD86⁺ macrophages and an M1macrophage polarization profile^{32,33} (Fig. 2d, Extended Data Fig. 3c). In serum samples of 189 190 COVID-19 patients, we found SASP peptides such as IL-8, PAI-1/Serpin E1, CCL2/MCP-1, 191 MMP1, MMP9, and TIMP-1 among the most strongly upregulated factors (Fig. 2e). Selective 192 scanning for clotting-relevant factors by ultra-high-throughput mass spectrometry-based proteomics³⁴ also unveiled a massive induction of those factors in COVID-19 serum probes 193 194 (Fig. 2f), in line with the transcriptional skewing of GO terms "coagulation" and "complement" 195 in SARS-CoV-2-infected NHBE cells, retrovirally senescent and even OIS or irradiation-196 senescent HDF cells (Extended Data Fig. 1b, 2k)⁷. Further underscoring the pro-thrombogenic 197 propensity in COVID-19 patients, we detected elevated CD62⁺-marked platelet activation in 198 their blood samples (Extended Data Fig. 3d). Accordingly, clinically more severe cases of 199 COVID-19 exhibited a tight association of higher SASP serum levels, clotting-relevant factors 200 and activated coagulation³⁵ (Fig. 2g, Extended Data Fig. 3e, f), and a close correlation between 201 senescence marker transcripts and microthrombosis in COVID-19 lungs in situ (Extended Data 202 Fig. 3g, h). Thus, findings in COVID-19 patient material unveiled alterations consistent with 203 VIS and its SASP in the upper airway epithelia, and suggest SASP-mediated effects as critical 204 contributors to the respective lung disease and associated pro-inflammatory, tissue-damaging 205 and pro-thrombogenic features.

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207 Linking COVID-19 features to VIS

Next, we mechanistically interrogated whether supernatant (SN) from VIS cells (SN_{VIS}) might evoke COVID-19-typical functionalities in critical target cell types. Indeed, human THP-1 macrophages turned to a CD86⁺ or CD13⁺ M1-like state³² when incubated with SN_{VIS}, but not

211 SN of non-infected proliferating cells (SN_{prol}) or genetically senescence-incapable virus-212 infected HDF (Fig. 3a, Extended Data Fig. 4a). They themselves exhibited a strong SASP-213 reminiscent secretory profile, indicative of paracrine senescence, since only replication-214 incompetent viruses were used here (Fig. 3b, Extended Data Fig. 4b). Notably, transcripts reminiscent of SN_{VIS}-induced CD86⁺-associated THP1 were similarly detected in COVID-19 215 216 lungs (Fig. 3c). Indeed, SN_{VIS} exposure enforced paracrine, SA-β-gal-positive senescence in 217 macrophages (Fig. 3d), all in line with their contribution as a VIS-triggered SASP-amplifying 218 cellular messenger to COVID-19 disease. Underscoring the critical role of an altered 219 endothelium as a cytokine-releasing relay³⁶, SN_{VIS} also evoked paracrine senescence in 220 HUVEC human endothelial cells, which, in turn, launched a pro-inflammatory and pro-221 thrombogenic SASP (Fig. 3e, Extended Data Fig. 4c). Consistent with microangiopathic 222 thrombosis observed in severely affected COVID-19 lungs, transfer of SN_{VIS}, but not SN_{prol}, or 223 SN of virus-infected senescence-incapable HDF, prompted platelet activation³⁷ (Fig. 3f), 224 accelerated clotting time (Fig. 3g), and provoked NET formation in vitro⁹ (Fig. 3h). Moreover, 225 mirroring the strongly elevated complement-activating factors in COVID-19 patient samples, 226 we observed enhanced formation of the C5b-C9 membrane attack complex and its ultimate 227 cytotoxic action on HUVEC cells in response to SN_{VIS}-activated human serum (Fig. 3i, j). In 228 essence, the pathogenesis of COVID-19 lung disease appears to be closely linked to 229 senescence-governed immune escalation and pro-thrombotic effects.

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231 Eliminating VIS cells by senolytic drugs

Based on these findings we considered VIS cells a central therapeutic target in SARS-CoV-2 infection whose early elimination might mitigate the course of disease. Previously, we and others presented evidence that senolysis, *i.e.* the selective depletion of senescent cells by drugs

235	such as Bafilomycin, the BCL-2 family inhibitor ABT-263 (a.k.a. Navitoclax) or the multiple
236	kinases-inhibiting flavonoids Fisetin and Quercetin, the latter typically in combination with the
237	tyrosine kinase inhibitor Dasatinib (D/Q), reduced undesirable local and system-wide effects
238	that persistent senescent cells might otherwise exert ³⁸⁻⁴² . We first profiled transcript and protein
239	expression of anti-apoptotic BCL-2 family members in VIS cells, and found BCL-xL
240	(BCL2L1), BCL-w (BCL2L2), and MCL-1 (BCL2L3) induced (Fig. 4a, Extended Data Fig. 5a;
241	see also Fig. 2a, Extended Data Fig. 3a, b for elevated BCL2L1 and BCL2L2 expression in
242	COVID-19 patients), thereby providing a rationale for Navitoclax to selectively kill VIS cells.
243	We also found the PI3K/AKT/p70S6K axis, p38MAPK and the tyrosine kinase SRC to be
244	deregulated in VIS, and, hence, to serve as potential targets especially for Fisetin and D/Q
245	according to predicted protein-chemical interactions ⁴³⁻⁴⁵ (Fig. 4a, Extended Data Fig. 5b).
246	Indeed, Navitoclax, unlike the BCL-2-specific Venetoclax (a.k.a. ABT-199), as well as Fisetin
247	and D/Q exerted cytotoxic potential selectively against retrovirus- or VSV-driven VIS cells but
248	not equally infected senescence-incapable HDF in vitro (Fig. 4b, Extended Data Fig. 5c-e).
249	Considering release of infectious virions as a potential concern, we found no enhanced
250	infectivity upon lysis of VIS cells (Extended Data Fig. 5f, g).

251 Importantly, infection by the authentic SARS-CoV-2 virus rendered HNEpC susceptible to 252 Navitoclax, Fisetin or D/Q (Fig. 4c). Moreover, as seen before with other viruses, SN transfer 253 from SARS-CoV-2-infected cells expanded CD86⁺ THP-1 macrophages, and led to paracrine 254 senescence or complement-mediated lysis of HUVEC cells, if not carried out in shp53- or GS-255 441524-pretreated epithelial cells or under exposure to any of the three senolytic treatment 256 options (Fig. 4d-f, Extended Data Fig. 5h, and i-l regarding VIS, SASP and senolytic 257 susceptibility in the context of the spike protein-affecting SARS-CoV-2 mutations alpha and 258 beta).

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260 Senolytic targeting of COVID-19 in vivo

261 To determine the impact of senolytic treatment on clinical severity of COVID-19-like lung 262 disease, we first tested early intervention with Navitoclax in the well-established Syrian golden hamster model of SARS-CoV-2-driven lung disease ^{46,47}. After intranasal infection with SARS-263 264 CoV-2 virus, animals developed COVID19-like pneumonia within the first three to five days. 265 scRNA-seq profiling of SARS-CoV-2-infected vs. mock-infected hamster lungs unveiled upregulated p16^{INK4a}/CDKN2A, core senescence and SASP factor as well as SRC transcript 266 267 expression in alveolar epithelial cells, macrophages and neutrophils due to primary virus 268 infection or paracrine senescence induction during days 3 to 5 p.i. (Extended Data Fig. 6a). This 269 analysis also demonstrated induction of BCL-w transcripts in these cell types at day 5 p.i. 270 (Extended Data Fig. 6b), in support of Navitoclax as a suitable senolytic. Animals on the 271 Navitoclax protocol exhibited moderate adverse effects (Extended Data Fig. 6c, d), presented 272 with profoundly reduced senescent cells and improvement of some histopathological features 273 when compared to a solvent-only-treated but equally SARS-CoV-2-infected cohort on day 7 274 p.i. (Fig. 5a, Extended Data Fig. 6e-g, Extended Data Table 1). Strikingly, we detected much 275 lower concentrations of key pro-inflammatory SASP factors in the serum of Navitoclax-276 exposed hamsters on day 7 p.i., virtually indistinguishable from uninfected controls (Extended 277 Data Fig. 6h).

To evaluate the potential of senolytic intervention in model systems with a more severe COVID-19-like clinical course, we next considered the Roborovski dwarf hamster model⁴⁸. On day 4 p.i. and treatment with either Navitoclax, D/Q or solvent-only, animals with senolytic intervention presented with a substantial reduction of H3K9me3- or lipofuscin-marked senescent cells in their respiratory epithelium, and a profound reduction in lung disease features,

283 especially in the D/O arm (Fig. 5b-d). Both senolytic regimens also produced in this model a dramatic reduction in SASP-reminiscent serum cytokines on day 4 p.i., close to healthy controls 284 285 (Fig. 5e). Effects in the D/Q-treated group were particularly meaningful; 5/5 animals survived, 286 displayed no apparent signs of disease and no or only moderate weight loss (Extended Data 287 Fig. 7a). By contrast, 4/5 animals in the Navitoclax- and 3/5 animals in the placebo-treated 288 group had to be terminated due to weight loss and clinical impairment by day 4 p.i. Lastly, we 289 investigated the K18-hACE2-transgenic mouse model, which also supports a more severe and typically lethal SARS-CoV-2 infection^{49,50}. Mice were treated comparably to the dwarf hamster 290 291 model with oral administrations of Navitoclax, D/Q and here also Fisetin, and scheduled for 292 lung analysis on day 6 p.i.. While 2/5 solvent-only-treated and 1/5 Navitoclax-treated mice died 293 on or before day 6, and another Navitoclax-treated mouse just slipped underneath the 294 acceptable weight limit on day 6, all D/Q- and Fisetin-treated mice were alive, had limited 295 weight loss and presented clinically well on day 6 (Extended Data Fig. 7a, b). Although overall 296 histopathological analyses could not unveil overt differences regarding COVID-19-like 297 parameters (Extended Data Fig. 7c, and d regarding virus loads in this and the hamster models), 298 markers of senescent cells were found to significantly lesser extents in the lungs of senolytics-299 treated mice across all regimens applied (Extended Data Fig. 7e). Moreover, Quercetin was 300 recently tested as an oral formulation with sunflower lecithin against standard care (SC) in two 301 randomized clinical trials (NCT04578158 and NCT04861298) for patients with confirmed 302 SARS-CoV-2 infection and mild COVID-19-associated symptoms. Both trials, based on 152 303 and 42 patients, respectively, demonstrated clinical improvement by the senolytic intervention^{51,52}. Agglomerative hierarchical clustering of the second trial across numerous 304 305 parameters separated the baseline-indistinguishable patient population by Quercetin vs. SC at 306 day 7 (Fig. 5f, Extended Data Table 2). Moreover, collective analysis of all 194 patients 307 concluded significant risk reductions regarding the needs of hospitalization and oxygen therapy

for the Quercetin group, which was also superior to SC in terms of length of hospitalization, referral to the intensive care unit and number of deaths (Extended Data Fig. 8a, b). Taken together, early senolytic intervention during SARS-CoV-2 infection significantly attenuates COVID-19like lung disease and systemic inflammation.

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312 Our investigation marks VIS as a central pathogenic principle and valid therapeutic target in 313 SARS-CoV-2 infection to prevent severe COVID-19 lung disease. The primary virus/host cell 314 encounter evokes a senescence response associated with massive pro-inflammatory cytokine 315 secretion that complements virus spreading to the lower airway tract. Our data pinpoint 316 macrophages as pivotal cellular messengers in this process. Attracted to and primed by upper 317 airway VIS cells, macrophages undergo a secondary, SASP-amplifying senescent state switch. 318 Subsequently deployed in the lungs, they further induce senescence, particularly in endothelial 319 cells. System-wide and locally active pro-coagulatory and complement-activating SASP factors 320 contribute to hallmark histopathological features and clinical severity of COVID-19. Hence, 321 early senolytic intervention is an appealing strategy to interrupt such escalating immune 322 cascade at its beginnings. The D/Q-, Fisetin-, and Navitoclax-mediated effects we observed 323 here are encouraging, but optimized dose-scheduling to maximize their clinical potential and 324 limit potential toxicities is needed. Due to their excellent safety profiles, compounds such as 325 the flavonoids Quercetin and Fisetin are particularly attractive candidates as VIS-targeting 326 senolytics. As already demonstrated for Quercetin^{51,52}, Fisetin is currently being investigated in COVID-19 trials. Robbins and colleagues recently reported enhanced SASP production of pre-327 328 existing senescent cells in old mice by pathogen-associated molecular pattern factors such as lipopolysaccharide or the SARS-CoV-2 spike protein⁵³. In turn, pharmacological removal of 329 330 senescent cells by Fisetin or D/Q in mouse β -coronavirus-infected animals was clinically 331 effective - thereby adding to the rationale of senolytic VIS cell elimination as proposed here

for SARS-CoV-2-evoked senescence. Moreover, it will be interesting to explore whether early senolytic intervention may also mitigate chronic post-COVID-19 impairment known as long COVID⁵⁴. Finally, we highlight that although effective vaccinations are available worldwide and will hopefully make COVID-19 history soon, our approach remains conceptually valid in the context of other viral epidemics or pandemics in the future.

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378	D.N.Y.F. outlined and performed molecular genetic, biochemical and cell biological
379	experiments in cell lines, primary human and hamster material. Ja.Tr., J.M.A. and N.O.
380	conceptualized and conducted hamster experiments. P.RP. carried out bioinformatical
381	analyses. E.W., M.L. and R.E. conceptualized and generated scRNA-seq data. M.P., Se.Ku.,
382	B.P., R.M. and R.L. analyzed tissue specimens from COVID-19 patients and healthy controls.
383	L.K., Ma.Ma. and Jo.To. conceptualized and conducted clotting-related experiments. T.C.F.,
384	K.D., E.G.M. and A.D.G. analyzed the histopathology of hamster and mouse tissues. M.S.,
385	C.MR., G.S., M.U. and A.GS. conceptualized and conducted mouse experiments. D.N. and
386	C.D. enabled SARS-CoV-2 infections of human cells and contributed to experimental design.
387	R.G., H.J.F.S. and B.L. provided clinical insights and blood samples from COVID-19 patients.
388	C.P. and A.H. processed blood samples and carried out SARS-CoV-2 PCR testing. Mi.Mü. and
389	Ma.Ra. conducted proteome data analysis and interpretation. Su.Ki. and W.H. contributed
390	conceptual input and logistic support regarding specimen collection and virus-based
391	experiments. A.K. and F.D.P. designed and conducted clinical trials on Quercetin in COVID-
392	19 patients. H.S. provided neutralizing antibodies targeting the spike protein of SARS-CoV-2
393	virus and gave experimental recommendations in this regard. S.L. and C.A.S. designed the
394	project, supervised the data analysis and wrote the manuscript.

395

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409 Author Information Reprints and permissions information is available at 410 www.nature.com/reprints. The authors declare no competing financial interests. 411 Correspondence and requests for materials should be addressed to C.A.S. 412 (clemens.schmitt@charite.de; clemens.schmitt@kepleruniklinikum.at).

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550 FIGURE LEGENDS

551 Figure 1 | Senescence is a universal host cell response to viral stress. a, SA-β-gal, SAHF formation by DAPI, and p16^{INK4a} staining of IMR90 five days after retroviral infection or mock 552 553 control. b, GSEA probing senescence-associated genes in WI38 HDF in VIS and OIS. Positive 554 Normalized Enrichment Scores (NES) indicate enrichment compared to proliferating 555 counterparts. Presented NES are statistically significant (FDR q-value < 0.05, Supplementary 556 Information for individual values). c, Relative expression of core senescence and SASP 557 transcripts in cells as in a by qRT-PCR compared to mock control. **d**, Multiplex bead-based 558 protein analysis in the SN of HDF IMR90 (as in *a*), WI38 and Tig3. **e**, SA-β-gal staining of 559 IMR90 cells expressing JMJD2C, *shp53*, or control vector. **f**, Immunoblot analysis of nuclear 560 senescence markers in samples as in d. α -Tubulin as a loading control. g, Quantification of SA-561 β-gal positivity in human cell lines (RPE1, A549) infected with AAV, lentivirus, HCoV-NL63, 562 and VSV. h, Quantification of SA-β-gal positivity in human cell lines and primary HNEpC 563 infected with VSV- ΔG^* -CoV-S, VSV- ΔG^* -CoV-2-S, or VSV- ΔG^* /empty vector (VSV- ΔG^* -564 emp). NIH3T3 as ACE2-negative, infection-resistant control. i, SA- β -gal staining of stably 565 hACE2-engineered primary nasal epithelial cells (HNEpC-hACE2) infected with SARS-CoV-566 2 and treated as indicated at 48 hours p.i., i, Relative expression of the indicated transcripts by 567 qRT-PCR of cells as in i. k. GSEA of RNA-seq-based GEP from AEC infected with SARS-568 CoV-2 vs. uninfected controls (n = 4). Preselected senescence-associated terms with FDR q-569 value ≤ 0.01 are shown (see Supplementary Information for individual values). All scale bars 570 in this figure represent 100 µm, except 5 µm for SAHF in a. All quantifications in this figure 571 refer to mean \pm s.d. of n = 3 independent experiments (except k) with individual values as dots 572 in bar plots or representative photomicrographs shown.

23

574	Figure 2 COVID-19 patients exhibit features of VIS. a, Immunohistochemical analysis
575	(IHA) of senescence markers, BCL-w, and in situ hybridization of SARS-CoV-2 RNA in the
576	respiratory mucosa of nasopharyngeal specimens from COVID-19 patients ($n = 6$ for p16 ^{INK4a}
577	and IL-8, otherwise $n = 5$) vs. non-COVID-19 individuals ($n = 2$). Quantification of affected
578	areas as mean percentages of positive cells \pm s.d. or mean percentage of positive area \pm s.d
579	(lipofuscin only). b, scRNA-seq-based GEP of upper airway tissue from COVID-19 patients
580	(n = 19) and normal controls $(n = 5)$. Color-coded average-scaled (z-scores) expression levels
581	of the respective transcripts and cell types. (n)rMa = (non-)residential macrophage. \mathbf{c} , GEP of
582	SASP-reminiscent cytokines in upper (nasopharynx) and lower airway (lung) tissue samples
583	from COVID-19 vs. non-COVID-19 autopsies ($n = 3$ each) by oligonucleotide-based transcript
584	hybridization. d , CD86-IHA of macrophages in lung specimens from COVID-19 ($n = 13$) vs.
585	non-COVID-19 patients ($n = 6$). Mean number of positive non-epithelial cells in 0.1 mm ² ±
586	s.d., $p = 0.0005$. e, Multiplex bead-based protein analysis of serum samples from COVID-19
587	patients ($n = 32$) and healthy donors ($n = 8$). f , Mass spectrometry-based proteome analysis of
588	serum from COVID-19 patients ($n = 26$) and healthy donors (serum $n = 3$ and plasma $n = 11$).
589	Heatmaps in e and f present scaled (z-scores) protein intensities. g, 3D-plot showing serum
590	levels of D-Dimer (clotting activity), SERPINA3 (coagulation-related SASP factor), and IL6
591	(pro-inflammatory SASP factor) correlated to WHO-graded clinical COVID-19 severity.
592	n = 133 patients; size of the sphere is proportional to the population size. All photomicrographs
593	are representative and scale bars mark 50 μ m in this figure.

594

Figure 3 | The VIS-associated secretome drives key immune-thrombotic components of COVID-19. a, Percentage of CD86⁺ cells in the THP-1 macrophage population exposed to SN from retroviral VIS *vs.* proliferating (left) or senescence-incapable (right) IMR90 cells. b,

598	Multiplex bead-based protein analysis of the SN of THP-1 exposed to SN as in a (SN _{prol.} = SN
599	of proliferating cells, $SN_{VIS} = SN$ of VIS cells), SN_{VIS} without THP-1 cells shown on the right.
600	c, GEP of M1-macrophage polarization-related transcripts by RNA-seq of THP-1 cells exposed
601	to $SN_{prol.}$ or SN_{VIS} and sorted for CD86-positivity ($n = 2$ each, left) and by oligonucleotide-
602	based transcript hybridization of lung tissue from COVID-19 vs. non-COVID-19 autopsies
603	($n = 3$ each, right). d , SA- β -gal and the CD86 ⁺ fraction of THP-1 exposed to SN as indicated.
604	e, SA- β -gal and transcript expression by qRT-PCR of HUVEC endothelial cells incubated with
605	the SN as indicated. f , Platelet activation measured by ADP release from healthy donor platelets
606	incubated with the SN of IMR90 as in a . $n = 5$ donors. g , Clotting time in whole blood samples
607	($n = 4$ healthy donors) mixed with indicated SN volumes (WI38, as in b). h, NET formation
608	after exposing neutrophils to SN from HDF as in b . $n = 4$ healthy donors, two measurements
609	each. i, Quantification of the cytolytic complement complex C5b-9 on HUVEC incubated with
610	human serum and SN as indicated. \mathbf{j} , Cytotoxicity assay of HUVEC as in i . All quantifications
611	(mean \pm s.d. with individual values as dots) and representative photomicrographs are from $n = 3$
612	independent experiments except otherwise noted. '*' indicates $p < 0.05$ by unpaired-t-test (two-
613	tailed; a, f, h, i, j), unpaired-t-test (one-tailed; d), paired-t-test (two-tailed; g). All scale bars in
614	this figure represent 100 μm.

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615

616 Figure 4 | VIS cells are sensitive to senolytic targeting. a, Immunoblot of BCL2 family 617 members (left) and kinases (right) in HDF lysates as indicated. α-Tubulin as a loading control. 618 b, Relative viability of IMR90 cells as in Fig. 1e, 48 hours after treatment with senolytics as 619 indicated or solvent-only (DMSO). c, Viability of HNEpC-hACE2 infected with SARS-CoV-620 2 or mock, and treated with senolytics as indicated for *c-f.* d, Relative change of the CD86⁺ 621 fraction in the THP-1 cell population after receiving SN of HNEpC-hACE2 as in *c*. Of note, SN transfer experiments were carried out in the presence of SARS-CoV-2 neutralizing antispike antibodies, preventing transmission of infection (as evidenced by negative target cell SARS-CoV-2 PCR, data not shown). **e**, SA-β-gal staining of HUVEC endothelial cells after receiving SN of HNEpC-hACE2 as in *d*. **f**, Quantification of C5b-9 on HUVEC cells exposed to human serum with SN of HNEpC-hACE2 as in *d*. All bar plots in this figure show mean results \pm s.d. of *n* = 3 independent experiments with individual values as dots. All '*' in this figure indicate *p* < 0.05 by unpaired t-test (two-tailed).

629

630 Figure 5 | Senolytic targeting mitigates disease features of COVID-19 in animal models 631 and patients. a, H3K9me3 IHA in nasopharyngeal (top) and lung (middle) specimens, as well 632 as lipofuscin-based detection (bottom) of senescent cells in the lung of golden hamsters infected 633 with SARS-CoV-2 and treated with Navitoclax or solvent-only (n = 5 animals each), or mock-634 infected and untreated (n = 3 animals) at day 7 p.i.. **b**, H3K9me3 IHA and lipofuscin staining 635 in nasopharyngeal sections of Roborovski dwarf hamsters infected with SARS-CoV-2 or mock, 636 at day 4 p.i. after treatment as indicated. c Hematoxylin-eosin (H/E)-stained lung tissue of dwarf 637 hamsters as in b on day 4 p.i.; uninfected healthy hamsters (mock) for comparison (xiv-xvii). 638 Lung sections for overview (i, v, x) with signs of COVID-19-like pneumonia and hemorrhage: 639 hyperplasia of bronchial epithelium (double-headed arrow), hemorrhage (asterisks) and 640 necrosis (black arrows) of alveolar epithelial cells with neutrophil infiltration (white arrows), 641 and endothelialitis (lined black arrows). '*' indicates p < 0.05 by unpaired-t-test (one-tailed). 642 d, Quantification of the findings in c. e, Multiplex bead-based protein analysis of dwarf hamster 643 serum samples on day 4 p.i. (as in *b*-*d*). n = 5 each (*b*-*d*; n = 4 each in *e*) for SARS-CoV-2-644 infected and treated animals. n = 2 for healthy (mock) control. **f**, Constellation plots of COVID-19 patients⁵² before (day 0) and after 7 days of standard care (SC) only, or Quercetin plus SC. 645

646	Variables (Extended Data Table 2) were simultaneously analyzed by agglomerative
647	hierarchical clustering to visualize similarity (distance) between patients and separation of the
648	cohorts after treatment. $n = 21$ for each group. All quantifications are mean \pm s.d. All
649	photomicrographs in this figure are representative with scale bars indicating 50 μ m (except as
650	indicated in c).

27

652 METHODS

653 Cell culture and virus production

654 Cell lines were maintained according to the guideline of suppliers. Human diploid fibroblast (HDF) IMR90, WI38, Tig3 were described previously²². Human cell lines RPE1 (hTERT 655 656 RPE1), A549 and HUVEC were purchased from ATCC. Primary human nasal or bronchial 657 epithelial cells (HNEpC and HBEpC) were purchased from PromoCell. HNEpC cells with 658 exogenous ACE2 expression (HNEpC-hACE2) were generated by lentiviral infection (hACE2 659 lentivirus, BPS Bioscience). THP-1 cells were kindly provided by Anna Walter (Charité). 660 Senescence-incapable cell lines were generated by transduction with lentiviruses encoding JMJD2C or *shp53* as previously described^{22,55}. 661

662 All viruses used in this work are tagged with GFP, with the exception of HCoV-NL63 and 663 SARS-CoV-2, and infection efficiency was monitored by detecting fluorescence in infected 664 cells. Retrovirus was produced by transfecting Phoenix packaging cells with a murine stem cell virus (MSCV) GFP plasmid⁵⁶. Lentivirus was produced by transfecting 293T cells with 665 666 psPAX2, pMD2.G (Addgene nr. 12260 and 12259) and pCDH-CMV-MCS-EF1-GFP plasmids²². AAV was obtained from the Charité Viral Core Facility. Caco-2 cell-adapted wild-667 type HCoV-NL63 virus at a titer of 3 x 10^6 pfu/ml was provided by the M.L. lab. VSV-GFP 668 669 was a kind gift from W. Brune (Heinrich Pette Institute, Hamburg, Germany). VSV-ΔG* GFP 670 (Kerafast) and plasmids encoding SARS-CoV spike (pKS SARS St19; kindly provided by S. 671 Fukushi, National Institute of Infectious Disease, Tokyo, Japan), SARS-CoV-2 spike (Wuhan 672 SARS-CoV-2 spike deltaCT28; kindly provided by C. Ratswohl and K. de la Rosa, MDC), 673 SARS-CoV-2 spike variants Alpha and Beta (pCDH-CMV-spike-B117-EF1-puro and pCDH-674 CMV-spike-B1351-EF1-puro synthesized by GENEWIZ, China) proteins were used to

675 generate mutant pseudotypes. SARS-CoV-2 (hCoV-19/Germany/BY-ChVir-984/2020, 676 sequence reference EPI ISL 406862) was propagated for in vitro applications in Vero E6 cells 677 (ATCC CRL-1586) and genome-sequenced to exclude stocks with mutations from further 678 experiments. Infection was monitored by PCR, detecting viral genomic RNA in the supernatant 679 48 or 72 h p.i., as previously described⁵⁷. Experiments were conducted under appropriate 680 biosafety conditions with enhanced respiratory personal protection equipment in the BSL-3 681 facility at the Institute for Virology, Charité, Berlin. Self-made virus stocks were concentrated 682 10-times using virus concentrations kit (TaKaRa Bio and Abcam). High-titer virus infection to 683 induce VIS reflect MOI of 50 for replication-incompetent retrovirus and lentivirus, 10 for 684 replication-incompetent AAV and VSV-AG*, 10 as well for replication-competent HCoV-685 NL63, 1 for replication-competent VSV, and 0.1 for replication-competent SARS-CoV-2. VIS 686 features were assessed on day 5 (retrovirus, lentivirus), day 3 (HCoV-NL63, VSV- ΔG^* , SARS-CoV-2) or day 2 (VSV) p.i. 687

688

689 COVID-19 patients, non-COVID-19 patients and healthy donor material

690 Upper (nasopharyngeal) and lower airway (lung) tissue FFPE samples were derived from 691 deceased SARS-CoV-2-infected COVID-19 patients as well as archive material from patients 692 who passed away without significant clinical signs of a respiratory infection prior to October 693 2019 (i.e. non-COVID-19 patients), blood samples of SARS-CoV-2-infected and hospitalized patients in the course of their COVID-19 disease, or blood samples from healthy volunteers 694 695 were used based on approval by the local ethics commission of the Johannes Kepler University 696 (reference number 1070/2020). All COVID-19 patients were PCR-proven SARS-CoV-2-697 positive, however, SARS-CoV-2 RNA was detectable in 4/5 COVID-19 cases shown in Fig.

698 2a. All participants gave informed consent. In addition, we conducted re-analyses of additional
 699 patient and control materials that were obtained before and published elsewhere^{30,34,51,52}.

700

Flow cytometry, immunoblotting, immunofluorescence, and immunohistochemical analysis

703 Flow cytometry, immunoblotting (IB), immunofluorescence (IF), and immunohistochemical 704 analysis (IHA) were performed as described previously^{24,58}. Surface antigen detection by flow 705 cytometry was carried out with fluorescence-conjugated antibodies against human CD86-PE-706 Cy7 (BioLegend, #374209, 1:200), CD13-APC-Cy7 (BioLegend, #301709, 1:200), CD62P-PE 707 (BioLegend, #304905, 1:200). Antigen detection by IB was carried out with antibodies against 708 BCL2 (Cell Signaling Technology [CST], #15071, 1:1000), BCLXL (CST, #2764, 1:1000), 709 BCLW (CST, #2724, 1:1000), MCL1 (CST, #39224, 1:1000), phospho-p65-Ser536 (CST, 710 #3033, 1:1000), phospho-IRF3-Ser386 (CST, #37829, 1:1000), phospho-Rb-Ser807/811 (CST, #8516, 1:1000), p21^{CIP1} (Santa Cruz Biotechnology [SCBT], #sc-6246, 1:200), p16^{INK4a} 711 712 (SCBT, #sc-1661, 1:200), H3K9me3 (Abcam, #ab8898, 1:2000), phospho-Akt (Thr308) (CST, 713 #13038T, 1:2000), phospho-p38 MAPK (Thr180/Tyr182) (CST, #4511T, 1:1000), phospho-714 p70 S6 Kinase (Thr389) (CST, #9234T, 1:1000), phospho-Src (Tyr416) (CST, #6943T, 1:1000) 715 and a-Tubulin (Sigma, #T5168, 1:2000). Anti-mouse or anti-rabbit horseradish peroxidase-716 conjugated antibodies were used as secondary antibodies (GE Healthcare, #RPN4301 and 717 #NA931V, respectively). Antigen detection by IF was performed with antibodies against 718 phospho-H2A.X (Cell Signaling, #9718, 1:400), p16^{INK4a} (Abcam, #ab211542, 1:250), C5b-9 719 (SCBT, #sc-58935, 1:250), anti-mouse-Cy3 secondary antibody (Thermo Fisher, #A10521, 720 1:1000), anti-rabbit-594 secondary antibody (Thermo Fisher, #A11012, 1:1000). Antigen 721 detection by IHA was performed using the HiDef Detection HRP Polymer System (Cell

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Marque, #954D-30) with antibodies against p21^{CIP1} (SCBT, #sc-6246, 1:200), IL-8 (Abcam, 722 723 #ab18672, 1:200), H3K9me3 (Abcam, #ab8898, 1:2000), BCL2L2 (Abcam, #ab190952, 724 1:1000), CD86 (Antibodies-online, ABIN736701, 1:100). 725 Original scans of the immunoblot information presented in Fig. 1f and 4a, with molecular

726 weight markers and crop area indicated, are shown in Supplementary Information.

727

728 In situ hybridization (ISH)

ISH was performed as previously described⁴⁶ using the ViewRNA[™] Tissue Assay Core Kit 729 730 (Invitrogen, #19931) and the ViewRNA[™] Tissue Assay Blue Module (Invitrogen, #19932) 731 according to the manufacturer's instructions. For the detection of SARS-CoV-2, ViewRNA™ 732 Type 1 Probe Set COVID19 polyprotein (Invitrogen, #CVX-06, Assay ID VPNKRHH) and 733 ViewRNA[™] Type 6 Probe Set Human ACTB (Invitrogen, #VX-06, Assay ID VA6-10506) 734 were used. Following hybridization, sections were counterstained with hematoxylin and mounted with ProLongTM Glass Antifade Mountant (Invitrogen, #P36982). Images were taken 735 736 using the Olympus Slide Scanner VS200.

737

738 Quantification of gene transcription

739 Quantitative reverse transcriptase PCR (qRT-PCR): RNA isolated from cell pellets using 740 Trizol (Invitrogen) was transcribed to cDNA using SuperScript II reverse transcriptase 741 (Invitrogen). Individual gene expression was analyzed by qRT-PCR using Tagman assays from 742 Applied Biosystems. A list of Taqman assays used here is available in Supplementary 743 Information.

744 RNA sequencing: Total RNA was isolated using the RNAeasy Mini kit (Qiagen) and sequenced

- 745 at the BGI Genomics. Single-cell RNA sequencing (scRNA-seq) was conducted as described⁵⁹.
- Further processing of the raw sequencing data is described in 'Statistics and data analysis'.

747 *Oligonucleotide hybridization-based transcriptome profiling:* RNA was extracted from FFPE

748 tissue sections with the PureLink[™] FFPE RNA Isolation Kit (Thermo Fisher Scientific, Cat.

No.: K156002), hybridized with the probe set of the NanoString nCounter[®] Human Tumor

750 Signaling 360 Panel (Cat. No.: XT-CSPS-H-T360-12), and analyzed on the NanoString
751 nCounter[®] SPRINT.

752

753 Quantification of protein expression

754 Multiplex bead-based protein detection (MAGPIX): MAGPIX assays were conducted 755 according to the manufacturer's manual with following bead panels: Custom Procartaplex 19-756 plex (Thermo Fisher Scientific, PPX-19, Assay ID MXAACDR), Custom Procartaplex 4-plex 757 (Thermo Fisher Scientific, PPX-04, Assay ID MXCE4XN), Bio-Plex Pro[™] Rat Cytokine 23-Plex Assay (Bio-Rad, 12005641). The assay was measured with the BioPlex[®] MagpixTM 758 759 Multiplex Reader (Bio-Rad) and analyzed with a 5PL algorithm provided by the Bio-Plex 760 ManagerTM software (Version 6.1). Detailed procedures for sample preparation and 761 measurement are described in Supplementary Information. Of note, due to a different 762 normalization procedure, values cannot be cross-read between different panels, e.g. Fig. 1d vs. 763 Fig. 3b.

Mass spectrometry-based proteome: Detailed protocol of sample preparation, mass spectrometry and data processing were previously described³⁴, for further details see also Supplementary Information. Briefly, serum samples were reduced, alkylated, digested and conditioned on a Biomek i7 workstation, and approximately 5 µg of peptides per injection were
used for the gradient LC-MS/MS analysis. The raw data were processed using DIA-NN 1.7.12.

33

769

770 VIS assays in vitro

- Growth curve analysis: HDF IMR90, WI38 or Tig3 cells were infected with MSCV retrovirus
 at day 0 and day 3, and SA-β-gal activity were measured at day 5. For growth curve analyses,
- 2×10^4 cells were seeded into 12-well plates and cell numbers were counted at day 3, 6 and 9.
- 2'3'-cGAMP ELISA assay: Cell cytoplasmic 2'3'-cGAMP concentration was measured using
- the Caymanchem ELISA kit. Briefly, cells were lysed in M-PER extraction reagent (Thermo
- Fisher) and 10 µg protein lysate was used to determine 2'3'-cGAMP content.
- Analysis of cell viability and senescence: Viability and cell numbers were analyzed by trypan
 blue dye exclusion or Guava Viacount (Millipore). SA-β-gal activity at pH 6.0 (for human cells)
 or pH 5.5 (for rodent cells) as a senescence marker in fresh or cryo-preserved cells was assessed
 as described⁶⁰. *In situ* detection of lipofuscin as a senescence marker in FFPE samples was
 carried out with the SenTraGorTM reagent (Lab Supplies Scientific; kindly provided by Vassilis
 G. Gorgoulis, University of Athens) according to the manufacturer's instructions.
- *ROS detection*: 20 µM Dihydroethidium (DHE, MedChemExpress) was directly added to cells
 and incubated at 37°C for 20 minutes. DHE was then washed away with PBS. Cells were fixed
 in 4% paraformaldehyde and staining intensity was analyzed with Nikon fluorescent
 microscope.

788

8 VIS supernatant transfer and secondary, paracrine senescence

Conditioned medium was then collected from proliferating and VIS cells after 24 hours of incubation and centrifuged at 5,000 rpm for 5 minutes, and the SN ($SN_{prol.}$ or SN_{VIS} , respectively) was transferred to HUVEC or THP-1 cells for further analysis. For the SN transfer from SARS-CoV-2-infected HNEpC, self-made neutralizing antibodies against SARS-CoV-2 (provided by the H.S. lab) were mixed in to block secondary infection.

794

795 **NET formation assay**

796 NET formation was measured by the concentration of NET-DNA bound to myeloperoxidase 797 (MPO). Neutrophils were isolated from whole blood of four healthy donors. NET were quantified as previously described⁶¹. Briefly, 10 µg/ml myeloperoxidase (MPO) antibody 798 799 (Abcam; #ab25989) was immobilized on the surface of black MaxiSorp-treated plates (Thermo 800 Scientific). The plate was subsequently washed with PBS and blocked with 5% non-fat milk 801 for 2 hours at RT. Neutrophils incubated for 4 hours at 37°C in RPMI medium from 802 proliferating or VIS WI-38 or IMR-90 cells were pipetted onto the MPO-coated plate and 803 incubated for 1h at RT. NET quantification was performed using the MPO-DNA PicoGreen 804 assay according to the manufacturer's instructions (Quant-iT PicoGreen dsDNA Assay Kit, 805 Invitrogen). Sample fluorescence was measured using the GloMax Discover microplate reader 806 (Promega).

807

808 Rotational thromboelastometry

To measure clotting time, a rotational thromboelastometry assay was performed on a ROTEM[®] delta (Werfen) device according to manufacturer's instructions. INTEM captures intrinsic, platelet-dependent and EXTEM extrinsic, non-platelet-dependent clotting. Whole blood samples of healthy donors were spiked with the SN of WI38 in proliferation or VIS. Exclusion criteria for the healthy donors were coagulation disorders and clotting-affecting medication. Gender distribution was equal among the donors.

815

816 Platelet activation and ADP release measurement by VIS supernatant

Platelet activation was measured by flow cytometry as percentage of CD62/P-selectin-positive cells in whole blood. To measure VIS-evoked ADP release, 2×10^6 platelets from healthy donors were resuspended in 200 µl conditioned medium and incubated at 37 °C for 1 hour. Supernatant was collected by centrifugation at 2,000 × g for 5 minutes, and ADP concentration was measured using the ADP Colorimetric Assay Kit II (BioVision) according to the manufacturer's instruction.

823

824 Complement-mediated cytotoxicity in HUVEC endothelial cells

 $825 - 500 \ \mu l$ normal human serum of healthy donors was incubated with proliferating or VIS HDF

826 (Fig. 3i, j) or HNEpC (Fig. 4f, Extended Data Fig. 5h) in 5 ml medium at 37°C for 30 minutes.

827 Heat-inactivated (56°C for 30 minutes) serum was used as a control. Supernatant was collected

828 and incubated with HUVEC endothelial cells at 37°C. 2 hours after incubation, HUVEC cells

829 were fixed in 4% paraformaldehyde, and C5b-9 immunofluorescent staining was carried out.

Alternatively, 24 hours after incubation, a cytotoxicity assay was performed using the
CyQUANT LDH Cytotoxicity commercial kit (Invitrogen).

832

833 Senolytic treatment *in vitro* and secondary viral infection

VIS cells were treated with Venetoclax (1 μ M), Navitoclax (1 μ M), Fisetin (20 μ M), D/Q (20 μ M, reflecting 2 μ M Dasatinib + 20 μ M Quercetin) or AT-101 (1 μ M) for 48 hours and cell viability was determined by trypan blue staining using the CountessTM II FL Automated Cell Counter (Thermo Fisher). To generate the SN used for secondary viral infection, wild-type MEF were infected with VSV for 6 hours and treated with 1 μ M Navitoclax for 24 hours. SN was centrifuged and filtered through a 0.22 μ m PVDF filter and added to THP-1 cells. After 24 hours, secondary infectivity was measured by counting GFP-positive THP-1 cells.

841

842 SARS-CoV-2-driven COVID-19 animal models

843 In vitro and in vivo work related to hamsters was conducted under appropriate biosafety 844 conditions in the BSL-3 facility at the Institute for Virology, Freie Universität Berlin, Germany. 845 All hamster experimentation was approved by the relevant state authority (Landesamt für 846 Gesundheit und Soziales Berlin, Germany [permit number 0086/20]), and performed in 847 compliance with national and international guidelines for care and humane use of animals. 848 Preparation of SARS-CoV-2 virus stock and intranasal infection of Syrian hamsters 849 (Mesocricetus auratus) as a faithful in vivo-model for COVID-19 lung disease were previously 850 described⁴⁶. Briefly, a SARS-CoV-2 wild-type isolate (BetaCoV/Munich/BavPat2-ChVir984-851 ChVir1017/2020) was grown in Vero E6 cells. To ensure genetic integrity, passage 3 stocks

852 were genome-sequenced, results showed conformity with the published sequence (GenBank 853 MT270112.1) and confirmed the presence of the furin cleavage site essential for in vivo 854 pathogenesis. Anaesthetized male and female hamsters at 6-10 weeks of age were inoculated with 1 x 10^5 pfu SARS-CoV-2 in a total volume of 60 µl cell culture medium. Control animals 855 856 were mock infected with the same volume of cell culture medium. One day after infection, 857 animals were randomized and half of the animals (n = 5) received a daily single 85 mg/kg body 858 weight dose of Navitoclax in solvent (60% Phosal PG, 30% PEG 300, 20% ethanol) 859 intraperitoneally for six consecutive days. The other half of infected animals (n = 5) received 860 the same volume of solvent only. The control group (n = 3) did neither receive virus nor 861 treatment. On day 7 p.i., one day after the last treatment, all hamsters were euthanized, and

37

tissue and peripheral blood samples were prepared for further analyses.

863 The Roborovski dwarf hamster (Phodopus roborovskii), a species highly susceptible to a severe 864 course of SARS-CoV-2 infection, was used under the permit mentioned above. Infections were performed as previously described⁴⁸. Female Roborovski dwarf hamsters at 5-7 weeks of age 865 866 underwent the procedure described above for Syrian hamsters with the exception that the total 867 volume of the inoculum was reduced to 20 µl. The same virus stock was used. Animals were 868 randomly distributed into three treatment groups (n = 5) and one non-infected, non-treated 869 group (n = 2). From 6 h hours p.i. on, animals were treated once daily with oral application of 870 Navitoclax at 85 mg/kg, D/Q at 5/50 mg/kg dissolved in 60% Phosal PG, 30% PEG 300, 20% 871 ethanol and mixed 1:1 with strawberry syrup, the placebo-treatment group received the same 872 solvent/syrup combination without drug. On Day 4 p.i., animals were sacrificed and tissue as 873 well as peripheral blood specimens were collected for downstream analyses.

874 Infection of *K18-hACE2* mice (Jax strain 034860) with SARS-CoV-2 was performed according
875 to the approval by the Institutional Animal Care and Use Committee (IACUC) of Icahn School

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876 of Medicine at Mount Sinai (ISMMS) as previously reported⁶². Briefly, 6-week old female mice were infected with 1 x 10⁴ pfu SARS-CoV-2 (USA-WA1/2020, BEI resources NR-52281) 877 878 grown in Vero E6 cells and validated by genome sequencing, and randomly distributed into 879 three treatment groups (n = 5 each) and one solvent control group (n = 5). From one day after 880 infection, randomly chosen animals were treated with oral application of Navitoclax at 881 85 mg/kg, D/Q at 5/50 mg/kg, and Fisetin at 100 mg/kg dissolved in 60% Phosal PG, 30% 882 PEG 300, 20% ethanol every other day. On Day 6 p.i. (one day after the last treatment), animals 883 were sacrificed and tissue specimens were collected for histopathological analyses.

Hamster and mouse lung tissues were processed for histopathology as described⁴⁷ and analyzed by board-certified veterinary pathologists following suggested standard criteria⁶³. Transmission electron microscopy was performed with trachea tissue from infected and treated Syrian golden hamsters. Fixation and further processing of the samples, as well as image acquisition procedures are described in Supplementary Information.

889

890 Statistics and data analysis

Based on previous experience^{22,24,41,47,50,53,54,57}, sample sizes typically reflect three to five, in 891 892 some experiments also much higher numbers of individual primary material as biological 893 replicates. All quantifications from staining reactions were carried out by an independent and 894 blinded second examiner and reflect at least three samples with at least 100 events counted 895 (typically in three different areas) each. For patients and animal models, IHA quantification 896 was carried out in SARS-CoV-2-affected areas. Regarding Fig. 5, Extended Data Fig. 6 and 7, 897 quantification of the indicated features was based on the following numbers of individual 898 photomicrographs from animals as indicated in legend and text: Fig. 5a – nasopharynx 899 H3K9me3 (n = 3 for mock, n = 6 for solvent and Navitoclax), lung H3K9me3 and lipofuscin 900 (n = 3 for mock, n = 5 for solvent and Navitoclax); Fig. 5b - H3K9me3 (n = 5 for solvent and901 Navitoclax, n = 6 for D/Q), lipofuscin (n = 5 for all three groups); Extended Data Fig. 7e -902 p16^{INK4a} (n = 5 for solvent, Navitoclax and D/Q, n = 4 for Fisetin), H3K9me3 (n = 4 for solvent903 and Navitoclax, n = 5 for Fisetin and D/Q), lipofuscin (n = 5 for solvent and Navitoclax, n = 4904 for Fisetin, n = 7 for D/Q).

39

905 Data analysis was performed with GraphPad Prism 9. For statistical comparisons, a t-test was 906 applied. Unless otherwise stated, a p-value < 0.05 was considered statistically significant. For 907 multiple testing corrections the method by Benjamini & Hochberg (BH) to control for false 908 discovery rate was applied⁶⁴. Bioinformatics Analysis was performed in R, version 4.0.3, and 909 Bioconductor 3.12 using various R packages as described in the Supplementary Information in 910 greater detail. High-performance computation has been performed on the Research/Clinic 911 cluster of the Berlin Institute of Health. For further analyses of COVID-19 patient clinical data^{51,52} as presented in Fig. 5f and Extended Data Fig. 8a, b, JMP Pro 14 (SAS Institute) was 912 913 used for agglomerative hierarchical clustering, GraphPad Prism9 was used for Fisher's exact 914 test for *p*-values, and a Haldane-Anscombe correction was applied to calculate relative risks. 915 Lipofuscin (SenTraGor[®]) staining was quantified with the pixel counting function of the ImageJ 916 program (bundled with Java 1.8.0 172, NIH)⁶⁵.

917

918 Data availability

919 The WI38 VIS- and OIS-derived raw RNA-seq data (Fig. 1b and Extended Data Fig. 1b) were 920 deposited at the Gene Expression Omnibus (GEO) repository of the National Center for 921 Biotechnology Information (NCBI) under accession number GSE165532 922 (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE165532). Gene expression data of 40 *Targeting virus-induced senescence underlying COVID-19*

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923 human AEC cells infected with SARS-CoV-2 (Fig. 1k) are publicly available from at the NCBI 924 GEO under the accession number GSE148729 925 (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE148729). Raw sequencing data of 926 NHBE, Calu-3 and A549 cells infected with SARS-CoV-2 (Extended Data Fig. 2k) are publicly 927 available at the NCBI GEO under the accession number 928 GSE147507⁴(https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE147507). Seurat 929 objects comprising scRNA-seq datasets of nasopharyngeal, protected specimen brush, and bronchial lavage samples of 19 COVID-19 patients and five healthy controls³⁰, comprising a 930 931 total of 36 samples that were analyzed in this study (Fig. 2b), are available at FigShare 932 (https://doi.org/10.6084/m9.figshare.12436517; covid nbt main.rds, covid nct loc.rds). The 933 mass spectrometry-based proteome data of serum from COVID-19 patients and healthy donors in Fig. 2f are described³⁴. Patient proteomics data (Fig. 2g, Extended Data Fig. 3e) are publicly 934 935 available at https://www.who.int/teams/blueprint/covid-19, in which disease severity was 936 defined: g3 = hospitalized, no oxygen therapy; g4 = oxygen by mask or nasal prongs; g5 = non-937 invasive ventilation or high-flow oxygen; g6 = intubation and mechanical ventilation; g7 =938 ventilation and additional organ support. scRNA-seq data of hamsters infected with SARS-939 CoV-2 (Extended Fig. 6a, b) available Data are (GSE162208, https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE162208)⁵⁹. All information related 940 941 to the two randomized trials on early Quercetin intervention in COVID-19 patients (NCT04578158 and NCT04861298) can be found in the respective publications^{51,52} and in 942 943 Extended Data Table 2.

944

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983

984 EXTENDED DATA FIGURE LEGENDS

Extended Data Figure 1 | Additional biological properties of retroviral VIS. a, SA-β-gal 985 staining, SAHF formation by DAPI, and p16^{INK4a} staining of HDFs (Tig3 and WI38) five days 986 987 after retroviral infection or mock control. Representative photomicrographs of n = 3988 independent experiments. b, Gene set enrichment analysis (GSEA) of virus infection-relevant 989 GO terms probing RNA-seq datasets of WI38 HDF in VIS and OIS. Positive normalized 990 enrichment scores (NES) indicate enrichment in VIS (dark grey bars) or OIS (light grey bars) 991 compared to proliferating counterparts (mock infection for VIS, or empty vector control for 992 OIS). NES with FDR q-value ≤ 0.1 are considered statistically significant and presented (for 993 individual *q*-values, see Supplementary Information); n = 3 biological replicates each. c, Gene 994 expression analysis for core senescence and SASP genes by quantitative RT-PCR in WI38 and 995 Tig3 as in a. Mean relative transcript level compared to mock control + s.d. of n = 3 independent 996 experiments are shown. d, Growth curve analyses of HDF infected with retrovirus at different 997 MOI as indicated, showing that high-titer virus induced VIS, reflected by stable cell numbers 998 over time, while lower virus titer remained compatible with exponential cell growth. n = 3999 independent experiments are presented as mean cell numbers \pm s.d., e, SA- β -gal staining (left) and gene expression analysis of the indicated transcripts by qRT-PCR (right) in wild-type (WT) 1000 1001 or senescence-defective $p53^{-/-}$ MEF, five days after infection with high-titer retrovirus or mock 1002 as a control. Representative photomicrographs with fractions of SA-β-gal-positive cells, and 1003 mean relative transcript levels normalized to mock control \pm s.d. of n = 4 independent 1004 experiments are shown. f, Gene expression analysis of the indicated transcripts by qRT-PCR in 1005 IMR90 cells expressing JMJD2C, shp53, or control vector as in Fig. 1e. g, Multiplex bead-1006 based protein analysis of SN of senescence-incapable IMR90 as in Fig. 1e. $SN_{mock} = SN$ of 1007 mock-infected cells; $SN_{virus} = SN$ of retrovirus-infected cells. Mean expression levels of n = 31008 biological replicates are shown. h, cGAS/STING activation upon viral infection, as evidenced

1009 by a higher induction of cyclic guanosine monophosphate-adenosine monophosphate (2'3'-1010 cGAMP) by ELISA analysis in matched pairs of HDF after either mock or retrovirus infection 1011 (mean of n = 4 independent experiments for each cell line, upper panel). Mean cGAMP levels 1012 + s.d. for senescence-incapable IMR90 as in Fig. 1e (n = 4 independent experiments, lower 1013 panel). i, SA-β-gal staining of IMR90 cells, treated with reverse transcriptase inhibitor 1014 azidothymidine Zidovudine (50 µM), cGAS inhibitor G150 (5 µM), STING inhibitor H-151 1015 (1 µM), or DMSO. Mock infection and DMSO solvent treatment as negative controls. 1016 Representative photomicrographs and quantification of positively stained cells as mean \pm s.d. 1017 of n = 3 independent experiments are shown. j, 2'3'-cGAMP ELISA analysis of VIS IMR90 1018 cells as in *i*.

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1020 Extended Data Figure 2 | Additional biological properties of VIS exerted by a variety of 1021 viruses. a, SA-β-gal staining in human cell lines (RPE1, A549) infected with AAV, lentivirus, 1022 HCoV-NL63, and VSV as in Fig. 1g. **b**, SA- β -gal staining of human primary bronchial or nasal 1023 epithelial cells (HBEpC and HNEpC, respectively) infected with HCoV-NL63 and VSV. Mock 1024 infected cells as negative control. Quantification of positive cells for n = 3 independent 1025 experiments is shown as mean \pm s.d.; scale bar = 100 µm. c, Quantification result of SA-β-gal-1026 positive cells (RPE1, A549) after lentiviral infection at MOI as indicated are shown as mean 1027 percentage \pm s.d. for n = 3 independent experiments. Note that MOI 50 was chosen for VIS 1028 induction. **d**, Quantification result of SA-β-gal-positive RPE1 cells after infection with VSV-1029 ΔG^* -CoV-S or VSV- ΔG^* -CoV-2-S at MOI as indicated are shown as mean percentage \pm s.d. 1030 for n = 3 independent experiments. Note that MOI 10 was chosen for VIS induction. e, SA- β -1031 gal staining in human cell lines (RPE1, A549) and primary HNEpC infected with VSV- ΔG^* -1032 CoV-S, VSV- ΔG^* -CoV-2-S, or VSV- ΔG^* /empty vector (VSV- ΔG^* -emp) as in Fig. 1g.

1033	NIH3T3 as ACE2-negative, infection-resistant control.f, Fluorescence detection of ROS in
1034	IMR90 after infection with retrovirus or VSV and treatment with NAC as indicated (upper
1035	panels). SA-β-gal staining and quantification of corresponding samples (lower panels). Mock
1036	infection or solvent treatment controls (UT) are shown. Representative photomicrographs and
1037	quantification are shown as mean percentages \pm s.d. for $n = 3$ independent experiments. Scale
1038	bar for ROS and SA- β -gal = 100 μ m; for γ H2A.X (insets; pink dots reflect foci) 5 μ m. g,
1039	Quantification of γ H2A.X-positive IMR90 cells as in <i>f</i> . <i>n</i> = 3 independent experiments is shown
1040	as mean \pm s.d. h , 2'3'-cGAMP ELISA analysis of IMR90 infected and treated with GS-441524
1041	as in g. $n = 8$ independent experiments is shown as mean \pm s.d. i , Viral RNA detection in the
1042	supernatant of primary nasal epithelial cells with exogenous hACE2 expression (HNEpC-
1043	hACE2) infected with SARS-CoV-2, at the indicated time-points. shp53 renders cells
1044	senescence–incapable, but, unlike treatment with 10 μ M GS-441524 (GS), does not block viral
1045	replication. Data are shown as mean values $+$ s.d. for $n = 3$ independent experiments. j , Relative
1046	viability of the indicated conditions, each compared to the corresponding untreated (UT) control
1047	of SARS-CoV-2-infected or mock-infected cells as in <i>i</i> , 72 hours p.i. Data are shown as mean
1048	values + s.d. for $n = 3$ independent experiments. k , GSEA probing selected senescence-related
1049	gene sets ⁶⁶ by RNA-seq (GSE147507) analysis of NHBE, Calu-3, and A549 cells infected with
1050	SARS-CoV-2, compared to corresponding mock-infected controls. Positive NES indicate
1051	enrichment in virus-infected cells (dark grey bars), negative NES indicate downregulation in
1052	virus-infected cells (light grey bars). NES of FDR q -value < 0.05 are considered statistically
1053	significant and presented (for individual q-values, see Supplementary Information). Biological
1054	replicates comprise $n = 7$ control and $n = 3$ infected regarding NHBE, $n = 3$ for each condition
1055	regarding Calu-3, and $n = 5$ control and $n = 3$ infected regarding A549.

1057 Extended Data Figure 3 | Vignettes of VIS in human COVID-19 lung specimens. a. IHA 1058 of senescence markers in autopsy lung specimens from non-COVID-19 individuals (with no 1059 obvious airway pathology) vs. SARS-CoV-2-PCR-proven COVID-19 patients. Representative 1060 photomicrographs and quantification of affected area as mean percentages of positive cells \pm 1061 s.d. or mean percentage of positive area \pm s.d (only for lipofuscin) of COVID-19 patients (lipofuscin, p21^{CIP1}, H3K9me3, BCL2L2, n = 5; IL-8, n = 9; SARS-CoV-2 RNA, n = 4) and 1062 1063 Non-COVID-19 individuals (n = 2). Note that *in situ* hybridization of SARS-CoV-2 RNA was 1064 occasionally, but not consistently positive in COVID-19 samples at autopsy (2/4). Scale bars 1065 represent 50 µm. b, scRNA-sequencing-based expression analysis of CDKN2A and targets of 1066 Navitoclax (BCL2L1 and BCL2L2) in bronchiolar protected specimen brushes (PS), and bronchoalveolar lavages (BL) of COVID-19 patients with critical course of the disease (n = 4). 1067 1068 UMAPs of cell types (top). Orange color code marks cells expressing CDKN2A, purple BCL2L1 1069 (lower left) or BCL2L2 (lower right), and red for both. c, Gene expression profile (GEP) 1070 indicating elevated transcript expression of cytokines and markers related to M1 macrophage polarization and activation^{32,33} by oligonucleotide-based transcript hybridization of lung 1071 1072 specimens as in a (n = 3 each). d, CD62/P-selectin-marked platelet activation by flow 1073 cytometry in whole blood samples of healthy donors (n = 7) or COVID-19 patients (n = 10). 1074 Mean \pm s.d. with individual values as dots. *p = 0.0368 by unpaired t-test (two-tailed). e, 1075 Volcano plot of proteins differentially (p < 0.05) expressed in COVID-19 patient serum; SASP factor SERPINA3⁶⁷ highlighted in red as presented in Fig. 2g. Combined clinical COVID-19 1076 1077 severity WHO grade 3 and grade 4 (n = 86 patients) vs. grade 7 (n = 52 patients) are compared. 1078 Log2-fold changes are plotted against log10 adjusted (Benjamini-Hochberg) p-values. Vertical 1079 red lines indicate log-fold change cutoffs -0.5/0.5, horizontal red line indicates a significance 1080 cutoff p = 0.05. Analysis was performed using the DEqMS software package. **f**, Scatter plot 1081 showing average level of 16 SASP factors measured as in Fig. 2e and fibrinogen concentration

1082 in the serum (y-axis) of the same individual patients. n = 3 severe, n = 5 moderate, and n = 181083 mild COVID-19 patients and healthy control (n = 6) are shown as color-coded dots. Correlation 1084 coefficiency (Pearson) r = 0.4139 with p = 0.0103. g, Expression levels of senescence-related transcripts (gene sets: Reactome SASP and SASP Schleich⁶⁸) by oligonucleotide-based 1085 transcript hybridization of nasopharyngeal and lung specimens of COVID-19 patients (n = 3)1086 1087 separated by their histopathological microthrombosis status. Shown are genes with fold-1088 change > 1.5. h, Percentages of IL-8-positive cells in COVID-19 lung specimens as in a, now 1089 stratified by their microthrombosis status (positive, n = 4; negative n = 5), are shown as mean values + s.d.. p = 0.0397 by unpaired t-test (two-tailed). 1090

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1092 Extended Data Figure 4 | Additional COVID-19-relevant biological features evoked by 1093 the VIS-associated secretome. a, Percentage of CD13⁺ THP-1 macrophages exposed to SN 1094 from retroviral VIS vs. proliferating HDF as indicated and shown in Fig. 3a. n = 3 (n = 4 for medium control) independent experiments; shown are mean percentages + s.d.. '*' indicates p1095 1096 = 0.0017 for IMR90 and 0.0029 for WI38 by unpaired t-test (two-tailed). **b**, GSEA of SN_{VIS}-1097 primed macrophages unveiled vignettes of senescence and inflammation in the CD86⁺ 1098 population by probing of selected senescence- or macrophage activation-related GO terms and gene sets^{66,68} in RNA-seq analyses of THP-1 macrophages incubated with IMR90 SN_{VIS} and 1099 1100 sorted by CD86 expression status (as in Fig. 3c, left). n = 2 for each condition. Gene sets with 1101 FDR q-value ≤ 0.05 are shown. c, SA- β -gal staining (left) and gene expression analysis by qRT-1102 PCR (right) of HUVEC endothelial cells that entered secondary, paracrine senescence upon 1103 exposure to SN_{VIS} of WI38 as indicated. Representative photomicrographs and quantification 1104 of n = 3 independent experiments; shown are mean percentages \pm s.d.. Relative expression

levels of core senescence-related transcripts (left panel) and SASP transcripts (right panel) are
shown as mean values + s.d.

1107

1108 Extended Data Figure 5 | Targets of senolytic drugs are induced after viral infection and 1109 render VIS cells sensitive to senolytics. a, Gene expression analysis of BCL2 family 1110 transcripts by qRT-PCR in VIS HDF, with mock infection as a control, as indicated. n = 31111 independent experiments for each cell line and infection. b, STITCH plot showing interactions 1112 between senolytic drugs (Navitoclax, Fisetin, Dasatinib, Quercetin) and their potential targets. Protein-protein interactions are shown in grey, chemical-protein interactions in green and 1113 1114 interactions between chemicals in red. Modified from http://stitch.embl.de. Note that all 1115 senolytics shown are working in close proximity and have overlapping targets at the level of 1116 kinase networks and BCL2-family members. c, Relative viability of proliferating or VIS 1117 (retrovirus) WI38 and Tig3 HDF as in Extended Data Fig. 1a, 24 hours after treatment with 1118 1 μ M Venetoclax, 1 μ M Navitoclax, or solvent-only (DMSO). n = 3 independent experiments. 1119 d, Relative viability of senescence-incapable IMR90 (as in Fig. 1e and 4b) infected with VSV, 1120 and 24 hours after treatment with 1 µM Venetoclax, 1 µM Navitoclax, 20 µM Fisetin, 20 µM 1121 D/Q or solvent-only (DMSO). n = 3 independent experiments. e, Relative viability of 1122 proliferating or VIS IMR90 HDF compared to solvent-only (DMSO) control, two days after treatments with 1 µM Navitoclax, 1 µM MCL1 inhibitor AT101, or both. Results shown as 1123 1124 mean relative viability + s.d. for n = 3 independent experiments. Of note, strongly Mcl-1-1125 expressing IMR90 VIS cells (see Fig. 4a) were not more susceptible to combined treatment 1126 with Navitoclax plus an Mcl-1 inhibitor as compared to Navitoclax alone. f, Secondary viral 1127 infectivity by SN transfer. Wild-type MEF that entered VIS in response to replication-1128 competent VSV/GFP (or mock) were treated with 1 µM Navitoclax before transferring the SN

1129 to uninfected THP-1 macrophages, here used as an infectivity reporter line. SA-B-gal staining 1130 to illustrate VIS, and GFP detection to visualize VSV infection of MEF. Secondary infectivity 1131 was measured as the GFP-positive fraction of THP-1 cells exposed to SN from MEF after 1132 Navitoclax or solvent-only treatment (bar plot). Senescence-dependent killing of VIS MEF did 1133 not increase GFP-positive THP-1 cells, thereby demonstrating that non-assembled cytoplasmic 1134 virus material potentially released upon senolysis does not add to infectivity. n = 3 independent 1135 experiments. g, Secondary viral infectivity (% GFP) and relative viability (Rel. viability) of 1136 THP-1 cells after SN transfer from VSV (or mock)-infected MEFs. Dilution of VIS SN as 1137 indicated below decreases secondary infection and increases viability. n = 3 independent 1138 experiments. h, Viability of HUVEC endothelial cells after exposure to human serum and SN 1139 of proliferating (SN_{prol.}) or VIS (SN_{VIS}) primary nasal epithelial cells (HNEpC-ACE2) as in 1140 Fig. 4f. n = 3 independent experiments. i - I, SARS-CoV-2 spike protein-pseudotyped VSV-1141 $\Delta G^*/CoV-2-S$ system to probe VIS in response to spike protein-affecting mutations. i, SA- β -1142 gal staining of human cell line RPE1 infected with VSV- ΔG^* -CoV-2-S (WT), VSV- ΔG^* -CoV-1143 2-S variant B.1.1.7 (Alpha), VSV-AG*-CoV-2-S variant B.1.351 (Beta), or mock infection as 1144 control. No obvious difference in the ability to drive VIS was detected. Representative 1145 photomicrographs and quantifications are shown as mean percentages \pm s.d. for n = 31146 independent experiments. Scale bar represents 100 µm. j, CD86-marked activation of THP-1 1147 cells exposed to SN of RPE1 cells in VIS after infection with VSV- ΔG^* pseudotypes as 1148 indicated, or mock infection, as in *i*. Fractions of $CD86^+$ cells relative to mock are shown. SN 1149 of cells infected with either mutant- or wild-type-pseudotyped virus equally enhance the 1150 fraction of CD86⁺ THP-1 cells. n = 3 independent experiments. **k**, Viability of cells as in *i*, after 1151 senolytic treatments as indicated. n = 3 independent experiments. All senolytic regimens, 1152 Navitoclax, Fisetin and D/Q proved equally effective in selectively eliminating VIS cells 1153 induced by the wild-type or the alpha or beta mutants. I, Gene expression analysis of 1154 senescence-related genes by qRT-PCR in RPE1 cells as in *i*. While transcript profiles of cell-1155 autonomous senescence markers and pro-coagulatory SASP factors were similar between wild-1156 type and mutants, pro-inflammatory cytokines and extracellular matrix-active factors appeared 1157 to be significantly higher expressed in the two mutant scenarios compared to wild-type. n = 31158 independent experiments. All bar plots in this figure show mean results + s.d. with individual 1159 values as dots. '*' indicates p < 0.05 by unpaired t-test (two-tailed) in all panels of this figure.

1160

1161 Extended Data Figure 6 | Senolysis as a novel treatment concept in the COVID-19 golden 1162 hamster model. a, scRNA-seq-based expression analysis of viral RNA and senescence-1163 associated genes in SARS-CoV-2-infected Syrian golden hamster lungs (n = 3 per time-point). 1164 UMAPs of cell types (top left, cell types of special interest in red), core senescence genes (top 1165 right), CDKN2A (bottom left), SASP genes (bottom second from left), and SRC (bottom right) 1166 on the indicated day p.i.; orange color code marks cells expressing senescence-associated genes, 1167 purple viral RNA, and red both. b, scRNA-seq-based expression analysis of BCL-w, BCL2 and 1168 MCL1 transcripts in the indicated cell types in SARS-CoV-2-infected Syrian golden hamster 1169 lungs (n = 3 per time-point) at the indicated days p.i.; average-scaled (z-scores) expression 1170 levels are shown in color code. Note that BCL-2 and MCL-1 transcript levels followed no clear 1171 trend, while BCL-w transcripts were induced at day 5 p.i. in all cell types presented. c, Daily 1172 body weight assessment of Syrian golden hamsters infected with SARS-CoV-2 (or uninfected 1173 healthy controls), and subsequently treated with Navitoclax or solvent-only as in Fig. 5a. n = 51174 each for SARS-CoV-2-infected solvent-only- and Navitoclax-treated animals; n = 3 for the 1175 healthy control group. d, Number of platelets per 500 erythrocytes in blood smears of golden 1176 hamsters infected with SARS-CoV-2 and treated as in c, on day 7 p.i.. Mean counts \pm s.d. of n = 5 hamsters per treatment group. *p = 0.0127 by unpaired t-test (two-tailed). Note for c and 1177

1178 d: Although the Navitoclax group presented with relative weight loss of around nine percent 1179 and a reduction of nearly 40% of the initial thrombocyte concentration compared to the 1180 infection-only group at the end of therapy, a prominent adverse effect of Navitoclax, no obvious 1181 external or internal signs of enhanced hemorrhage was observed. e, Transmission electron 1182 microscopy analysis of trachea epithelial cells from hamsters as in b and c. In infected and 1183 solvent treated animals (with the enlarged photomicrograph of a nucleus on the right), ciliated 1184 epithelial cells show senescent features as dilated endoplasmic reticulum (*), disrupted and 1185 dilated nuclear envelope (N = nucleus), vacuolization and altered mitochondria. Scale bar = 1µm. n = 4 for SARS-CoV-2 infected groups and n = 3 for the mock infection group. f, 1186 1187 Representative photomicrographs of H/E-stained lung tissue of Syrian golden hamsters as in 1188 Fig. 5a and *c-e* at day 7 p.i.. Lung sections for overview (i, v, ix) with active inflammation (arrow), signs of necrosis (inset, arrowhead), and hyperplasia (arrowheads) of alveolar 1189 1190 epithelial cells (AEC) II (ii, vi). Vascular endothelialitis (iii, vii) with sloughing of endothelial 1191 cells (arrow), and subendothelial infiltration by lymphocytes (arrowhead). Regeneration of 1192 bronchial epithelium (iv, viii; double-headed arrow). Lung of mock-infected, untreated animals 1193 as control (ix, x, xi, xii). General signs of inflammation and AEC II hyperplasia in the 1194 Navitoclax group were rather similar to untreated animals. while the Navitoclax group 1195 presented with a less extensive patchy pneumonia pattern when compared to the solvent-only 1196 group (compare f-v to f-i). n = 5 each for SARS-CoV-2-infected solvent-only- and Navitoclax-1197 treated animals. n = 3 for the healthy control group. Scale bars in i, v, ix = 1 mm, ii-iv, vi-viii, x-xii = 50 μ m, insets ii, vi, x = 20 μ m. g, Quantification of the findings shown in f. *p = 0.0042 1198 1199 by unpaired t-test (two-tailed). h, Multiplex bead-based protein analysis of golden hamster 1200 serum samples at day 7 p.i.; hamsters as in c-g. All bar plots in this figure show mean results + 1201 s.d. with individual values as dots.

1202

1203	Extended Data Figure 7 Senolysis as a novel treatment concept in COVID-19 in
1204	additional animal models. a, Daily body weight assessment of dwarf hamsters and K18-
1205	hACE2 mice infected with SARS-CoV-2 (or uninfected healthy controls), and subsequently
1206	treated with senolytics as in <i>b-e</i> and Fig. 5b-e. Dwarf hamsters: $n = 5$ each for SARS-CoV-2-
1207	infected solvent-only-, Navitoclax- or D/Q-treated; $n = 2$ for the healthy control group. K18-
1208	<i>hACE2</i> -transgenic mice: $n = 5$ for solvent, Navitoclax, and D/Q; $n = 4$ for Fisetin. b , Survival
1209	rate of K18-hACE2-transgenic mice on day 6d p.i. with SARS-CoV-2 and subsequent senolytic
1210	treatment as in a . c , Histological scoring of H/E-stained lung tissue of K18-hACE2 mice as in
1211	a, b. d, Viral load in hamster and mouse tissues on day 6 (mouse, as in a-c), day 7 (golden
1212	hamster, as in Fig. 5a and Extended data 6), and day 4 (dwarf hamster, as in Fig. 5b-e) p.i e,
1213	IHA of senescence markers (p16 ^{INK4a} , H3K9me3) and lipofuscin-staining in lung specimens of
1214	<i>K18-hACE2</i> -transgenic mice as in <i>a</i> - <i>d</i> . All bar plots in this figure show mean results $+$ s.d. with
1215	individual values as dots.

1217 Extended Data Figure 8 | Senolysis as a novel treatment concept in COVID-19 patients. a, 1218 Frequency (bars) and risk (odds ratio) of COVID-19 patients to be hospitalized or in need of 1219 oxygen support after either standard care (SC) or Quercetin plus standard care (Quercetin). 1220 n = 97 for each group, based on two randomized trials combined and re-analyzed here^{51,52}. **b**, Days of hospitalization (left) of COVID-19 patients (left; p < 0.0001 by unpaired t-test, two-1221 1222 tailed), the fraction of patients admitted to the intensive care unit (ICU; middle) or deceased in 1223 the course of the disease (right). Note that there was no patient in ICU or deceased in the 1224 Quercetin group. Patients as in n; n = 97 for each group.

1	225
1	44 5

1226	Extended Data Table 1 Histological scoring of COVID-19 features in the SARS-CoV-2-
1227	infected hamsters. Histopathological scoring of FFPE lung tissue from hamsters infected and
1228	treated as indicated.
1229	* % affected score is scaled as (0) not present, (1) present but $\leq 25\%$, (2) > 25 but $\leq 50\%$, (3)
1230	$> 50 \text{ but} \le 75\%, (4) > 75\%;$
1231	** degree of inflammation is scaled as (1) minimal, (2) mild, (3) moderate or (4) severe.
1232	For all other parameters, rating refers to occurrence rate of (1) sporadic, (2) mild, (3) moderate,
1233	(4) severe.
1234	¹ Pneumonia score is the average of five pneumonia criteria (% affected score, degree of
1235	inflammation, occurrence rates of lymphocytes, macrophages, neutrophils).
1236	² Alveolar damage is the average of alveolar epithelial necrosis and alveolar edema.
1237	³ Endothelial damage is the average of endothelialitis and endothelial activation
1238	
1239	Extended Data Table 2 Input data for Figure 5f. Treatment, sex, age, symptoms, CRP,
1240	LDH, RT-PCR were collectively analyzed in a multi-variant analysis by agglomerative
1241	hierarchical clustering underlying the constellation plots.
1242	











50 µm





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		-	1	
4				

b

lipofuscin	p21 ^{CIP1}	H3K9me3	IL-8	BCL2L2 (BCL-w)	SARS-CoV-2 RNA
5.1% ± 1.4	15.8% ± 12.0	14.2% ± 13.1	31.9% ± 5.9	31.5% ± 6.6	A state of
Non-COVID					
32.0% ± 18.7	44.5% ± 15.9	65.0% ± 8.1	82.7% ± 13.2	86.4% ± 10.0	

















negative

positive

lung

nasopharynx









(e. (a) = + + (
FRIDMAN_SENESCENCE_
CLASSICAL_SA
HALLMARK_P53_PATHW
GO_MACROPHAGE_ACTIVATI
HALLMARK_IL6_JAK_STAT3_SIGNALI
HALLMARK_INFLAMMATORY_RESPON











row min row max





Roborovski dwarf hamster Animal Nr.	Infection	Treatment	Time (dpi)		Pr	Pneumonia score ¹	Bronchial epithelial necrosis	Bronchial inflammation	Bronchial epithelial hyperplasia	Alveolar epithelial necrosis	Alveolar edema	Alveolar damage ²	Perivascular edema	Perivascular lymphocytic cuffing	Hyperplasia ATII	Endothelialitis			
				% affected score*	Degree of inflammation**	Lymphocytes	Macrophages	Neutro phils											
ND/Q_1	SARS-CoV-2	solvent	4	3	2-3	2	3	2	2.5	1-2	2	2	2-3	2-3	2.5	1	1	1-2	1
ND/Q_2	SARS-CoV-2	solvent	4	4	3	1	2-3	3	2.7	2-3	2	2-3	3	3	3.0	2	0	1	2
ND/Q_3	SARS-CoV-2	solvent	4	0	1	1	1	1	1.0	0	0	0	0	0	0.0	0	1	0	0
ND/Q_4	SARS-CoV-2	solvent	2	3	2	1-2	2	1-2	2.0	2	2	1	1	1	1.0	0	1	1	1
ND/Q_5	SARS-CoV-2	solvent	3	3	2-3	1	2	2-3	2.2	1-2	2	3	2-3	2	2.3	1-2	0	0	1
ND/Q_6	SARS-CoV-2	navitoclax	4	1	1	1	2	1	1.2	1	1	1	0	0	0,0	1	0	0	0
ND/Q_7	SARS-CoV-2	navitoclax	3	4	3	1	2-3	2	2.5	2	1	2-3	3	3	3.0	2	0	1	1
ND/Q_8	SARS-CoV-2	navitoclax	3	2	2	1	2	2	2.0	3	1	1	2	2	2.0	2	0	1	1
ND/Q_9	SARS-CoV-2	navitoclax	2	2	2-3	1	2	2	1.9	3	1-2	1	2	2	2.0	1	0	1	1-2
ND/Q_10	SARS-CoV-2	navitoclax	3	3	2-3	1	2-3	2	2.2	3	1	1	2	2-3	2.3	1	0	1	1
ND/Q_11	SARS-CoV-2	D/Q	4	0	1	1	2	1	1.2	0	0	0	0	1	0.5	0	0	0	1
ND/Q_12	SARS-CoV-2	D/Q	4	1	1	1	1-2	1	1.1	0	1	1	0	1	0.5	0	0	0	0
ND/Q_13	SARS-CoV-2	D/Q	4	2	1	1	1-2	1-2	1.4	1	1	1	1	1-2	1.3	1	0	0	1
ND/Q_14	SARS-CoV-2	D/Q	4	2	1	1	2	1	1.4	1	1	1	1	1	1.0	0	0	0	0
ND/Q_15	SARS-CoV-2	D/Q	4	2	2	1	2	2	1.8	2	1	1-2	2	2	2.0	1-2	1	1	1-2
ND/Q_16	mock	mock	4	0	1	1	2	1	1.2	0	0	0	0	1	0.5	0	0	0	0
ND/Q_17	mock	mock	4	0	1	1-2	2	1	1.3	0	0	0	0	1	0.5	0	1	0	0

Syrian Golden hamster Animal Nr.	Infection	Treatment	Time (dpi)		Pneumonia								Alveolar epithelial necrosis	Alveolar edema	Alveolar damage ²	Perivascular edema	Perivascular lymphocytic cuffing	Hyperplasia ATII	Endothe -litis	Endothelial activation	Endothelaial damage ³	Mesothelial activation
				% affected score*	Degree of inflammation**	Lymphocytes	Macrophages	Neutrophils														
NX1	SARS-CoV2	Navitoclax	7	2	2-3	3	2-3	2	2.4	0	1	2	2-3	0	1.3	2	2	3	0	2	1	3
NX2	SARS-CoV2	Navitoclax	7	3	2-3	3	2-3	2	2.6	0	0	3-4	3.5	2	2.8	1-2	1	4	0	3	1.5	4
NX3	SARS-CoV2	Navitoclax	7	2	2-3	2	2-3	3	2.4	0	2	2-3	2-3	0	1.3	0	1	2-3	0	2	1	1
NX4	SARS-CoV2	Navitoclax	7	2	3	2-3	3	3	2.7	0	1	2	3	2	2.5	2	2	3-4	0	3	1.5	0
NX5	SARS-CoV2	Navitoclax	7	3	4	3	3-4	3	3.3	0	0	0	4	2-3	3.3	2-3	2	4	0	2-3	1.25	3
NX6	SARS-CoV2	solvent	7	2	3	3	3	3	2.8	0	1	3	3	2-3	2.8	2-3	2	3	1-2	3	2.25	2-3
NX7	SARS-CoV2	solvent	7	2	2-3	3	2-3	2-3	2.5	0	0	3	2	0	1.0	2-3	2-3	3	0	3	1.5	3
NX8	SARS-CoV2	solvent	7	2	3	3	3	3	2.8	0	0	2	2	2	2.0	3	1	3-4	1-2	3	2.25	2
NX9	SARS-CoV2	solvent	7	3	4	4	3-4	2-3	3.4	0	0	3-4	2	2-3	2.3	3	3	4	2	3	2.5	4
NX10	SARS-CoV2	solvent	7	1	2-3	3	2-3	3	2.4	0	0	3	2-3	0	1.3	2	2-3	3	1	3	2	2
NX11	mock	mock	7	0	0	0	0	0	0.0	0	0	0	0	0	0.0	0	0	0	0	0	0	0
NX12	mock	mock	7	0	0	0	0	0	0.0	0	0	0	0	0	0.0	0	1	0	0	0	0	0
NX13	mock	mock	7	0	0	0	0	0	0.0	0	0	0	0	0	0.0	0	1	0	0	0	0	0

Patient	Treatment	Sex	Gender	Age	CRP	CRP	CPR	LDH	LDH	LDH	Symptoms	RT-PCR	RT-PCR
Nr.			code	(years)	d1	d7	d7 - d1	d1	d7	d7 - d1	d7 - d1	d1	d7
1	Q	F	0	45	4,05	0,43	-3,62	240	190	-50	-3	Positive	Negative
2	Q	F	0	20	6,7	0,99	-5,71	341	230	-111	-2	Positive	Negative
3	Q	М	1	68	3,54	0,34	-3,2	298	240	-58	-2	Positive	Negative
4	Q	F	0	40	3	0,5	-2,5	220	140	-80	0	Positive	Negative
5	Q	м	1	29	10,2	1,5	-8,7	560	331	-229	-1	Positive	Negative
6	Q	F	0	32	19	0,75	-18,25	605	256	-349	-2	Positive	Negative
7	Q	M	1	38	0,42	0,41	-0,01	175	127	-48	-3	Positive	Negative
8	Q	м	1	30	1	1	0	300	202	-98	-2	Positive	Negative
9	Q	F	0	24	2,1	0,5	-1,6	402	264	-138	-2	Positive	Negative
10	Q	м	1	56	38	55	17	709	678	-31	-3	Positive	Positive
11	Q	F	0	53	5	1	-4	340	220	-120	-3	Positive	Negative
12	Q	M	1	70	37	46	9	300	309	9	-2	Positive	Positive
13	Q	F	0	66	15	3	-12	267	220	-47	-2	Positive	Negative
14	Q	м	1	30	24	5	-19	176	160	-16	-4	Positive	Negative
15	Q	F	0	32	16	21	5	250	274	24	-1	Positive	Positive
16	Q	F	0	34	67	3,1	-63,9	345	213	-132	-4	Positive	Negative
17	Q	M	1	43	45	10	-35	678	248	-430	-3	Positive	Negative
18	Q	М	1	38	60	25	-35	770	279	-491	-2	Positive	Negative
19	Q	F	0	45	80	27	-53	670	370	-300	-3	Positive	Negative
20	Q	F	0	47	75	30	-45	535	270	-265	-3	Positive	Positive
21	Q	М	1	52	60	25	-35	610	450	-160	-2	Positive	Positive
22	Standard	F	0	54	62	40	-22	352	320	-32	-2	Positive	Positive
23	Standard	F	0	56	80	77	-3	512	459	-53	-3	Positive	Positive
24	Standard	м	1	62	55	43	-12	323	310	-13	-3	Positive	Positive
25	Standard	F	0	45	66	48	-18	402	380	-22	-2	Positive	Positive
26	Standard	F	0	59	78	66	-12	612	551	-61	-3	Positive	Positive
27	Standard	м	1	95	17,14	12,2	-4,94	320	280	-40	-2	Positive	Positive
28	Standard	M	1	37	12,5	1,6	-10,9	262	257	-5	-3	Positive	Positive
29	Standard	F	0	33	7,3	2,3	-5	203	285	82	-1	Positive	Negative
30	Standard	F	0	73	16	3,3	-12,7	615	359	-256	-1	Positive	Positive
31	Standard	F	0	57	17,5	5	-12,5	267	231	-36	-2	Positive	Positive
32	Standard	M	1	72	73	5	-68	256	231	-25	-1	Positive	Positive
33	Standard	F	0	57	12	24	12	232	250	18	-2	Positive	Positive
34	Standard	M	1	60	34	11,4	-22,6	640	250	-390	-1	Positive	Positive
35	Standard	M	1	51	48,7	12	-36,7	305	259	-46	-2	Positive	Positive
36	Standard	М	1	73	15	6	-9	347	243	-104	-1	Positive	Positive
37	Standard	M	1	68	4,78	1	-3,78	573	433	-140	-2	Positive	Positive
38	Standard	М	1	50	0,9	0,5	-0,4	344	250	-94	-2	Positive	Positive
39	Standard	М	1	42	0,5	0,5	0	250	253	3	-3	Positive	Negative
40	Standard	F	1	69	5,51	6,2	0,69	358	745	387	-2	Positive	Positive
41	Standard	F	0	42	1	0,5	-0,5	240	320	80	-1	Positive	Positive
42	Standard	F	0	25	33,9	15,2	-18,7	250	214	-36	-2	Positive	Positive